



# Region 8 Congress 2004 Schedule

June 3-6, 2004

Sheraton Music City, Nashville, TN

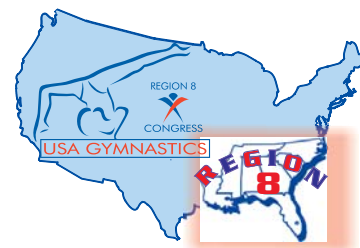


**TENTATIVE SCHEDULE:** Every attempt has been made to obtain complete course descriptions. Final details were not available for this printing. Additional Clinicians and topics will be added as Championship of USA competitors are confirmed. Check for updates at [www.Region8Gymnastics.org](http://www.Region8Gymnastics.org)

TIME	EVENT	SPEAKER
<b>Wednesday, June 2, 2004</b>		
<b>3:00 - 9:00 Registration for Congress - Plantation Lobby</b>		
9:00 am - 11:30 am	Region 8 State Chairman Workshop - <b>CLOSED</b>	<i>Debby Kornegay</i>
1:00 pm - 10:00 pm	Region 8 Board Meeting - <b>CLOSED</b>	<i>Debby Kornegay</i>
2:00 pm - 9:00 pm	KAT - <b>PRE-REGISTRATION REQUIRED</b>	<i>Judy Weckerly</i>
5:00 pm - 9:00 pm	Safety Certification - <b>PRE-REGISTRATION REQUIRED</b>	<i>Chris Calvert</i>
5:00 pm - 10:00 pm	Judges Certification Exam (Written & Film) - <b>PRE-REGISTRATION REQUIRED</b>	<i>René Niccollai</i>
<b>Thursday, June 3, 2004</b>		
<b>8:00 am - Registration for Congress - Plantation Lobby</b>		
8:50 am - 9:45 am	Understanding Giant Swings for Blind Changes and Beyond	<i>Larry Denham</i>
	JO Update	<i>Maloney, Padron, Dykes</i>
	Pre-School	<i>Sandi Stevens</i>
	Ballet on Beam	<i>Melisse Makaroff</i>
	Communicating with Staff	<i>Judy Weckerly</i>
9:45 am - 10:05 am	<b>Visit the Exhibition Hall for a Coffee Break</b>	
10:05 am - 11:00 am	Preschool 101	<i>Lee Ann Denham</i>
	Overcoming Bar Phobia	<i>Cookie Batsche</i>
	Microsoft Office for Computers	<i>TG Hawkins</i>
	Spotting Bars - Part I	<i>Bob Valley</i>
11:10 am - 12:05 pm	Level 7	<i>Elena Piskun</i>
	Level 4 thru Optional Vault	<i>Paul Padron</i>
	Unusual Judging Situations	<i>René Niccollai</i>
	Spotting Bars - Part II	<i>Bob Valley</i>
	Business	<i>Tom Burgdorf</i>
12:05 pm - 1:30 pm	<b>LUNCH ON YOUR OWN</b>	
12:05 pm - 1:30 pm	<b>NAWGJ / USAG Regionals Board Lunch - CLOSED</b>	
1:30 pm - 2:20 pm	Level 8 Jumps and Tumbling	<i>Elena Piskun</i>
	Comparison of Amp. & Exec. on Optional Tumbling	<i>Connie Maloney</i>
	Pre-School	<i>Sandi Stevens</i>
	Business	<i>Tom Burgdorf</i>
	Beginning Optional Bars Level 7 & 8	<i>Brad Harris</i>
2:30 pm - 3:20 pm	Advanced Computer Skills	<i>TG Hawkins</i>
	Judging Optional Vault	<i>Paul Padron</i>
	Lost in Translation - Organizational Dis-Ease Part I	<i>Linda Johnson</i>
3:20 pm - 3:40 pm	<b>Visit the Exhibition Hall for a Coffee Break</b>	
3:40 pm - 4:30 pm	Level 7 Bars - Do the Circles Have you Going in Circles?	<i>Connie Maloney</i>
	Making a Smooth Transition from Compulsories to Optionals	<i>Brad Harris</i>
	Lost in Translation - Organizational Dis-Ease Part II	<i>Linda Johnson</i>
5:00 pm - 10:00 pm	American Association of Cheerleading Safety Course - <b>PRE-REGISTRATION REQUIRED</b>	<i>Chris Calvert</i>

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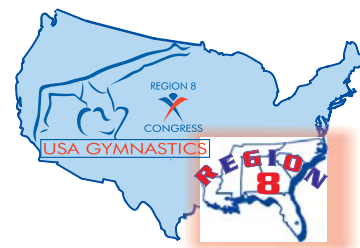
### Friday, June 4, 2004

### 8:00 am Registration for Congress - Plantation Lobby

8:50 am - 5:30 pm	NAWGJ National Board - <b>CLOSED</b>	<i>Carole Ide</i>
8:50 am - 9:45 am	Judges Morning Wake Up	<i>Melisse Makaroff</i>
	Express Yourself	<i>Linda Johnson</i>
	Common Orthopedic Injuries in the Female Gymnasts	<i>David Marshall, MD</i>
	Release Moves on Bars: Seeing the Difference	<i>Cookie Batsche</i>
	Parents & Tots (Part I)	<i>Judy Weckerly</i>
9:45 am - 10:05 am	<b>Visit the Exhibition Hall for a Coffee Break</b>	
10:05 am - 11:00 am	Running a Great Meet	<i>Paul Padron, Deb Walls Tim Keckler, Diane Berry</i>
	Teaching & Understanding Bar Skills Levels 4-6	<i>Dennis Hayden</i>
	Optional Bars - Execution vs Composition	<i>Connie Maloney</i>
	Parents & Tots (Part II)	<i>Judy Weckerly</i>
11:10 am - 12:05 pm	Beam Artistry	<i>Linda Johnson</i>
	Triad Issues in the Female Gymnasts	<i>David Marshall, MD</i>
	Getting the Most Out of Our Athletes in Today's Society (Train in 20 hours or less)	<i>Brad Harris</i>
	What is that Vault?	<i>Cindy McLane</i>
	Business	<i>Tom Burgdorf</i>
12:05 pm - 1:30 pm	<b>LUNCH ON YOUR OWN</b>	
1:30 pm - 2:05 pm	<b>USAG Open Meeting</b>	<i>Deb Kornegay</i>
2:15 pm - 3:10 pm	Systematizing Your Recreational Program for Success	<i>Brad Harris</i>
	How to Stay on the Beam	<i>Tanya Hayden</i>
	Clean Sweep for Your Computer - Part I	<i>TG Hawkins</i>
	Comparison of Amplitude & Execution on Compulsory Tumbling	<i>Connie Maloney</i>
	Teaching Gross Motor Skills	<i>Judy Weckerly</i>
3:10 pm - 3:30 pm	<b>Visit the Exhibition Hall for a Coffee Break</b>	
3:30 pm - 4:25 pm	Pirouetting on Bars	<i>Tim Rand, René Niccollai</i>
	Floor Choreography	<i>Linda Johnson</i>
	Leaps, Jumps & Turns	<i>Cindy McLane</i>
	Business	<i>Tom Burgdorf</i>
4:35 pm - 5:30 pm	Saltos on Beam; From Drills to Competition	<i>Tim Rand</i>
	Starting a Cheerleading Program in Your Gym	<i>Dennis Hayden</i>
	The Importance of Dance	<i>Lucy Fox</i>
	Comparing Execution & Amplitude on Acro Elements on Balance Beam	<i>Connie Maloney</i>
	A Fly Girls Top Ten Coaching Tips	<i>Diane Hewlitt</i>
6:00 pm - 7:00 pm	<b>Silent Auction</b>	
7:00 pm - 12:00 am	<b>Banquet and Entertainment</b>	

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### Saturday, June 5, 2004

8:50 - 9:45 am	Teaching Beginning Vault: Running, Hurdling, Punching the Board, Preflight, Repulsion - Part I	<i>Jim Gault</i>
	Preschool Skills & Themes	<i>Lee Ann Denham</i>
	2005 Compulsories	<i>Connie Maloney, Paul Padron</i>
	Composition	<i>René Niccollai</i>
9:45 am - 10:05 am	<b>Visit the Exhibition Hall for a Coffee Break</b>	
10:05 am - 11:00 am	Teaching Beginning Vault Continued - Part II	<i>Jim Gault</i>
	Dance Back to Basics	<i>Linda Johnson</i>
	Hands on Spotting Basic Tumbling - Part I	<i>Bob Valley</i>
	Business	<i>Tom Burgdorf</i>
11:10 am - 12:05 pm	Preschool Warm-up	<i>Judy Weckerly</i>
	Hands on Spotting Basic Tumbling - Part II	<i>Bob Valley</i>
	Series on Beam	<i>Paul Padron, Marian Dykes</i>
12:05 pm - 1:30 pm	<b>LUNCH ON YOUR OWN</b>	
1:30 pm - 2:20 pm	Teaching a Full Step by Step	<i>Dennis Hayden</i>
	Clean Sweep for Your Computer - Part II	<i>TG Hawkins</i>
	Dynamic Alignment	<i>Linda Johnson</i>
2:30 pm - 3:20 pm	Floor Choreography 101	<i>Tanya Hayden</i>
	Business	<i>Tom Burgdorf</i>
	How Much Should I Deduct?	<i>Paul Padron</i>
3:20 pm - 3:40 pm	<b>Visit the Exhibition Hall for a Coffee Break</b>	
3:40 pm - 4:30 pm	Yurchenko Drills	<i>Dennis Hayden</i>
	Common Sense Physics Tumbling	<i>Larry Denham</i>
	Ideas, Ideas - More Ideas for Preschool Classes	<i>Judy Weckerly</i>
	Cheerleading Choreography	<i>Chris Calvert</i>

### Sunday, June 6, 2004

9:00 am - 5:00 pm	NAWGJ Workshop - <b>CLOSED</b>	<i>Carole Ide</i>
12:00 pm - 1:00 pm	SJD Luncheon - <b>CLOSED</b>	<i>Carole Ide</i>

*Sheraton Music City*

(615) 885-2200

Room Rate: \$110.00 per night

(Ask for Region 8 Congress)

**Free Parking & Airport Shuttle**

*Reserve Early!*

*Lots of Southern Charm!*