

# All Around News

**VOL. 13**

**REGION EIGHT NEWSLETTER**  
[WWW.REGION8GYMNASTICS.ORG](http://WWW.REGION8GYMNASTICS.ORG)

**2004**

## Region 8 Committee Increases Number of Competitors at Level 8 Regionals

*Deb Kornegay, RACC*

The Region 8 Committee increased the number of competitors at Level 8 Regionals by adding a session of 54 gymnasts on Friday night. To guarantee quality, these additional athletes will be determined by a percentage per state of those scoring a 34.00 or more qualifying to State Competition.

## REGION 8 TOPs Position Open for Nominations

*Deb Kornegay, RACC*

Due to James Linderholm's resignation, Region 8 is looking for a new TOPs Coordinator. This person needs to have been involved in the Region 8 TOPs program, a USAG member in good standing with good organizational skills and a volunteer's attitude. This is a volunteer position with no salary, but travel expenses are reimbursed for approved activities. TOPs Coordinator has the responsibility of running Region 8 TOPs testings and clinics, willing to attend National testing and to attend designated Region 8 Committee Meetings. This position is appointed by Toni Rand, RECC and under her jurisdiction.

Please mail resumes to

Debby Kornegay  
394 Stonebridge Road  
Birmingham, AL 35210

OR

Fax to 205-951-0184

OR

Email to [DebGK@Bellsouth.net](mailto:DebGK@Bellsouth.net).

## Mileage Increase

*Deb Kornegay, RACC*

Effective 1/1/2004 mileage paid to judges will be 37¢ per mile.

## Moneys Spent on Region 8 Athletes

*Deb Kornegay, RACC*

Region 8 spends **\$28,000 to \$30,000 per year** on apparel for athletes and their coaches. These funds are raised through our **three Training Camps and donations**. A huge thank you to all the **coaches, judges, USAG and NAWGJ officers** who volunteer their time for these camps. The profits from these camps would not be anywhere close to the above figure without all these wonderful volunteers. See a list of all volunteers in this newsletter.

## Web Winner Award

*Deb Kornegay, RACC*

Congratulations to **Nancy and TG Hawkins** for winning the **2003 Region 8 Best Web page!**

Here are some of the comments from the voters:

- *I vote for the Mississippi. I can appreciate the amount of work going onto that lovely site!*
- *They're all great and very creative but I voted for Mississippi because the appearance was clean and sharp and it was easy to navigate.*
- *Mississippi - Clean, artistically appealing, easy to navigate.*

Please note change of e-mail address for Debby Kornegay to  
[DebGK@Bellsouth.net](mailto:DebGK@Bellsouth.net)

# LOOK

**FOR THESE ITEMS IN NEWSLETTER**

- ❖ Address Book Forms
- ❖ Apparel Order Form
- ❖ Elite Entry Form
- ❖ Judges Availability Form
- ❖ Regional Entry Form
- ❖ Regional Petition Form
- ❖ TOPs Bid Form

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## REGIONAL

### REGION 8 Loses Two Great Supporters

*Marian Dykes, RTCC*

It is with great sadness that I tell you about the deaths of Joe Hancock and Wilma Guy.

Joe Hancock passed away November 11, 2003. Joe and Judy Hancock have been a part of Region 8 for many years. As parents of gymnasts and with Judy's judging, gymnastics was a big part of their life. Judy continually contributes to the Region 8 apparel fund. We will miss seeing Joe's awesome smile.

Wilma Guy passed away New Year's Day. Region 8 is saddened by the passing of one of the pioneers of gymnastics in the Southeast. Wilma served as the first Regional Chairman of what was then USGF. She served as Regional Chair from 1977 to 1987. In those early years, there was no Junior Olympic Director, no Elite Director. The Regional Chair did it all. And Wilma did it all. She even served as NAWGJ Regional Judging Director for several years. In addition to her volunteer work in gymnastics, Wilma was also owner and director of Birmingham Gymnastics School, an active member of Brookwood Baptist Church, a loving wife and a wonderful mother. She continued to be a strong supporter of gymnastics even after her retirement.

Wilma had a reputation for being firm but fair. She initiated the first regional newsletter with the goal of keeping the region informed. Her determination that Region 8 would follow the rules in every situation helped bring the region from developmental gymnastics to the strong region we have become. The championship gymnastics Region 8 is known for today is in large part attributable to the groundwork that Wilma Guy helped lay.

Wilma is survived by her husband, William L. Guy; daughter, Debby Kornegay (current Region 8 Chair); son, Robert Jackson Guy, all of Irondale, AL; four grandchildren, Patrick Guy, Mary Jane Guy, Rebecca Kornegay, and Marla Kornegay; brother, Jack Barefield of San Diego, CA; sister, Irma Sanders of Vestavia Hills, AL.

Wilma Guy touched the lives of many gymnasts, coaches and judges. Her death leaves a hole in the hearts of many in the gymnastics community. Contributions can be made in Wilma's memory to Alzheimer's of Central Alabama, P. O. Box 2273, Birmingham, AL 35201-2273, 205-871-7970

### 2003 TOPs National Team

*Deb Kornegay, RACC*

<b>Haley Bodeheimer</b>	The Gym Company
<b>Chelsea Howes</b>	Classics
<b>Meghan Hughes</b>	Let It Shine
<b>Meghan Kessler</b>	Sun Country
<b>Kailee Kovacs</b>	Orlando Metro
<b>Emily Reckard</b>	Cabarrus County

### Requirement for Judges Being Assigned to Nationals

*Deb Kornegay, RACC*

Region 8 Committee changed the requirement for a judge to be assigned to Nationals to:

A judge must have judged Regional Championships in the current year and judged **or coached** Regional Championships in one of the two prior years.

### Thank You

*Deb Kornegay, RACC*

Region 8 thanks **Tim and Toni Rand** and *American Twisters* for donating \$600 from the golf tournament, \$1,000 from Regional Congress profits and \$1,500 for a luncheon for USAG and NAWGJ officers for a total of over **\$3,000 to Region 8**.

Region 8 thanks **James Linderholm** for his service to Region 8 as TOPs Coordinator. James was presented with a gift at the last Region 8 Committee Meeting.

Thank you to **Auburn Gymnastics Academy** for letting Region 8 use their awesome facility for Level 9, 10 and Elite Training Camp. Everyone loved it so much we are having Training Camp there again next year.

Thanks to **Orlando Metro** for once again hosting Region 8 Elite Competition and Clinic in December.

### Congratulation go to Evelyn

**Chandler**, Brevet Judge from Florida. Evelyn was elected Vice-President of NAWGJ in December.

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### State Administrative Committee Chairman ELECTIONS

*Deb Kornegay, RACC*

Listed below are the results of a poll taken of present State Chairman and their decision to run for election:

Alabama	Deb Walls	Plans to seek re-election
Florida	Mikc McCabe	Plans to seek re-election
Georgia	Peggy Simpson	Plans to seek re-election
Louisiana	Michelle Waguespack	Does NOT plan to seek re-election
Mississippi	Nancy Hawkins	Plans to seek re-election
North Carolina	Jennie Adams	Plans to seek re-election
South Carolina	Joanne Child	Plans to seek re-election
Tennessee	Bob Valley	Plans to seek re-election

Please read the following article for the criterion for nomination.

### Criterion for Nomination

Nominees must be USAG Women's Program professional members for a minimum of two years in the state program in which they seek election.

Nominees must be at least 21 years old and be members in good standing.

It is strongly recommended that State Committee Chairman candidates have financial skills, organizational skills, communication skills, a working knowledge of the program, and the willingness to fulfill the duties and responsibilities of the position.

Duties and responsibilities of the SACC:

1. The SACC is responsible for the overall organization of the USAG program and events in the state.
2. The SACC provides for the State Administrative Committee, consisting of other members as determined by the state to best serve the needs of the program in the state.
3. The SACC oversees and sets up (in conjunction with the state committee) the following:
  - A. JO Competitions for all Levels
  - B. Sectional or qualifying meets and State Championships
  - C. Qualifying scores and procedures in the state.
  - D. Meet sites for qualifying, Sectional and State meets.
4. The SACC has the responsibility to:
  - A. Support the USAG Women's Program.
  - B. Follow Women's Program Committee rules, policies, procedures, Operating Code, and Code of Ethics.
  - C. Work to assure that the USAG competitions in the state follow the USAG Rules & Policies.
5. The SACC is responsible for helping to keep members informed of important information about the USAG program and about particular dates and items pertinent to the program in the state and region, (Region 8.)
  - A. The SACC should publish state newsletters on a periodic basis.
  - B. The SACC should conduct a minimum of 1 annual state meeting of the USAG professional members.
  - C. The SACC serves as the Women's Program Committee consultant for the state and should answer all correspondence directed to him/her.

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6. The SACC is accountable for all state USAG funds.
  - A. The SACC is to keep a state checking account in accordance with the established financial procedures.
  - B. The SACC must file quarterly financial reports with the Regional Administrative Committee Chairman.
7. The SACC is a member of the Regional Administrative Committee.
  - A. The SACC is expected to attend the meetings of the Regional Administrative Committee.
  - B. The SACC is directly responsible to the RACC and should work closely with all of the Regional personnel.

## ELECTION PROCEDURE

State Administrative Committee Chairmen are elected by the women's professional members in their respective states. Elections are conducted by the RACC.

Ballots and resumes for the candidates will be sent out using the February 2004 USAG membership list. **(Please make sure your address and membership information at the national office is current!)** Only official ballots will be counted. No signature will be required, and no write-in votes will be allowed.

Elections will be completed by May 1, 2004, one month earlier than directed by the Operating Code. Term of office to begin June 1, 2004, due to the early date of USAG National Congress this year. An election commission of three people will be established to tabulate the votes.

State Administrative Committee Chairmen are elected by a majority vote (1 over 50% of votes cast.) If no candidate receives a majority on the first ballot, a run-off election will be held between the 2 candidates receiving the most votes. In the case of a tie in the run-off election, the State Administrative Committee will vote to break the tie. If only 1 nomination is received, the Regional Administrative Committee Chairman will cast one vote and the nominee will be elected by acclamation.

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## Nomination Form for State Committee Chairman

(Please type or print clearly)

Name of state: \_\_\_\_\_

**I nominate the following person for State Chairman:**

Name of Nominee: \_\_\_\_\_

Address of Nominee: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone(home): \_\_\_\_\_ Phone(Work): \_\_\_\_\_

E-mail: \_\_\_\_\_@\_\_\_\_\_

Return completed form to: Debby Kornegay, RACC, 394 Stonebridge Road, Birmingham, AL 35210 **OR**

E-mail completed form to: DebGK@Bellsouth.net **OR**

Fax completed form to: 205-951-0184

**All forms must be received by February 28, 2004**

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## REGIONAL

### MARIAN DYKES

Regional Technical Comm. Chairman  
4651 Buford Highway  
Atlanta, GA 30341

### TECHNICAL NOTES

Work 770-451-6910  
Fax 770-457-0943  
Home 404-325-3745  
Cell 404-408-6699

Coaches and judges should review all rules for the 2003-2004 competitive season. There are several rules changes. Make sure that these changes have been taken into account for all of your athletes' routines. In addition there are two equipment changes I would like to remind you of.

- A board used to mount Bars or Beam may be placed on the competition landing mat(s) (1 or 2 10/12 cm mats or one 20 cm for Jr. Olympic; 20 cm for Elite/Pre-Elite) or on the supplemental matting of 5-10 cm (sting mat or 4" throw mat type skill cushions.) The reference for this can be found on page 71 of the 2003-2004 Women's Program Rules and Policies.
- Whenever additional matting is placed on the Floor Exercise area and covers any portion of the boundary line(s), the mat must be marked clearly with tape or chalk to indicate the actual boundary line(s). Failure to mark the mat will result in a 0.10 neutral deduction taken from the average by the Chief Judge. The reference for this can be found on page 125 of the third edition, revised September 2003 of the Technical Handbook for Coaches and Judges.

There has been some confusion on uneven bars skill #3.201 and #3.301 — underswing on LB release and counter movement forward in flight to hang on HB. This skill was discussed in Auburn, AL at the Level 9, 10, Elite Training Camp. I have checked with Cheryl Hamilton, WTC Chair and feel I have a final answer. I have found that there are two completely different updates floating around. After much research, I have found that one version is not correct. Skill #3.201 is with a 1/2 turn only.

Therefore the big question becomes what do you do with an underswing on LB release and counter movement forward in flight to hang on HB — (the description for #3.301) with very poor execution. The answer is that with or without good execution, the skill would receive a "C" and execution is taken based on what you see. The skill will always be awarded a "C". The execution amount will be based on what you see as a judge.

The question and answers section of my web page is a great resource for rules clarifications. If you cannot find the answer to your question check the Q&A section of my Web Page. If the answer is not already there, submit a question and check back for the answer. You can access my Web Page at <http://www.wutka.com/marian> or through the link on the Region 8 Web Page at <http://www.region8gymnastics.org> A big thank you to Ceal and Mark Wutka who continue to do a wonderful job hosting my web site.

Availability forms for Regional Championships are in this newsletter. You will not receive an individual mailing. Completed forms must be returned to Marian Dykes by **June 1, 2004**.

In closing, I would like to share how proud and grateful I feel for having Wilma Guy as my friend and mentor. Wilma was such a special lady with a gift for bringing people together and getting them involved. I will truly miss her.

# All Around News

## REGIONAL

### PAUL PADRON

Regional JO Comm. Chairman  
1 Cutchin Court  
Charleston, SC 29414

## JO INFORMATION UPDATE

Phone / Fax 843-766-3008  
E-mail: [phpadron@knology.net](mailto:phpadron@knology.net)

Dear Region 8 Colleagues,

I hope the holiday season gave everyone some rest and family time and that you are ready for the hectic optional season. This years training camps were a great success. I would like to take this time out to personally thank each and every volunteer from all three of the training camps. It is such an honor to work with such dedicated professionals like we have in region 8. A special thanks goes to the host of the training camps, **Auburn Gymnastics, Lightning City Gymnastics** and **Orlando Metro**, your generous donation of your facility and time makes these training camps possible. The region has made an effort to provide as many training camps as possible so that all athletes in Region 8 will have an opportunity to learn and work together. It is my sincere hope that many clubs will take advantage of the wonderful learning opportunity for this coming years training camps. Please remember that the camps fill up very quickly, so get your entries in as soon as possible. Training Camp registration forms are available in this newsletter.

The new compulsories are complete and will be presented in June of 2005. I am sure you will be pleased with them, since they have been developed from input of coaches like yourselves. We are still finalizing the Level 7 program and would like any input that you may have. Please feel free to email me and give me your ideas and concerns regarding the Level 7-10 program for the new cycle. I hope everyone has a safe and successful competition season.

## 2003 TRAINING CAMP VOLUNTEERS

Region 8's success is largely based on the many people who have volunteered their time to help our gymnasts. A standing ovation to our volunteers.

Be sure to check the Newsletter for information on the 2004 Training Camps. Also included are applications for gymnasts, clinicians and judges and coaches. See you there!

Joan Gnat	ACE Gymnastics	Doug Nieman	Balcony
Ray Gnat	ACE Gymnastics	Jason Rawlings	Balcony
Michelle Waguespack	AIM / SACC	Mikara Stienberg	Balcony
Kim Grinestaff	All American Gymnastics	Erin Holdefer-Kightenger	Bama Bounders
Molly Hines	All American Gymnastics	Clayton Kent	Boca Twisters
Kim Mosely	All American Gymnastics	Brian Kushniruk	Boca Twisters
Tim Rand	American Twisters	Mark Lee Robbins	Boca Twisters
Toni Rand	American Twisters / RECC	Evelyn Chandler	Brevet Judge
Benjamin Morrow	Armory Gymnastics	Cookie Batsche	Brevet Judge/SJD
Christy Tumlison	Armory Gymnastics	Delene Darst	Brevet Judge
Jay Cook	Auburn Gymnastics Acad.	Mary Lou Dillard	Brevet Judge
Becky Thornton	Auburn Gymnastics Acad.	Marian Dykes	Brevet Judge / RTCC
Michea Hamer	Balcony	Lucy Fox	Brevet Judge

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### TRAINING CAMP VOLUNTEERS (Continued)

Deb Kornegay	Brevet Judge/RACC	Kathy Semok	Park Ave Gymnastics
Cindy McLane	Brevet Judge	Tamrelyn Banning	River City Gymnastics
Rene Nicollai	Brevet Judge	Gus VanDerVoort	River City Gymnastics
Sheila Ragle	Brevet Judge / RJD	Andrey Ageev	Rose's
Tranquil Shirley	Brevet Judge	Jennie Adams	SACC
Diane Thompson	Brevet Judge	Mike McCabe	SACC
Winnie Witten	Brevet Judge	Deb Walls	Shoals Gymn. / SACC
Melisse Makaroff	Brown's Gymn. Central	Jean DeArmon	SJD
Joanne Child	Carolina Gymnastics / SACC	Brenda Eberhardt	SJD
Andrea Kouznetsov	Cartersville Gymnastics	Mary Hoagland	SJD
Irina Podgornaya	Cartersville Gymnastics	Mendi Knisley	SJD
Paul Padron	Charleston Gymn. / RJOCC	Sibby Lane	SJD
Jennifer Risell	Charleston Gymnastics	Mary Thacker	SJD
Elena Pankratova	Dream It Gymnastics	Mary Ann Wallace	SJD
Shawn Smolen	Electric City	Sean Olone	Southern Starz
Hebert Hillary	Elmwood	Nancy Hawkins	Starkville Gymn. / SACC
Scott Randy	Elmwood	Vessilina Ivanov	Starlight Gymnastics
Richard Masters	Florida GymMasters	Valentin Marinov-Ivanov	Starlight Gymnastics
Natalia Valter	GAA	Jon Lee	Sun Country Gymnastics
Gabriela Geiculescu	Gaby's Gymnastics	Brad Harris	Tampa Bay Turners
Thoma Parker	Gaby's Gymnastics	Adam Byrd	Tatarus
Sennie Clark	Georgia All-Stars	Emily Gray	Tatarus
Tish Opie	Georgia All-Stars	Peggy Simpson	Team Northwind / SACC
Judy Prestigiacommo	GGA Law	Larry Denham	Tennessee Acad. of Gym
Pam Kitchen	Gymnastics Plus	Elena Brodrikova	The Gym Company
Buddy Thorburn	High Point Gymnastics	Kristie Phillips-Bannister	The Gym Company
Kathy Stuenkel	Horizon Gymnastics	Bobby Bains	Thomas Gymnastics
James Linderholm	Huntsville Gymnastics	Angela Parlow	TKG
Mandy Mosby	Let It Shine	Stephanie Dehapp	TNT Gymnastics
Tim Keckler	Lightning City Gymn.	Kevin McAfee	TNT Gymnastics
Bob Valley	Masters / SACC	Meg Henry	United Gymstars
Denise Brumsey	North Florida Gymnastics	Missy West	United Gymstars
James Guidry	North Shore Flairs	Billy Abrehu	Universal
Bryan Neal	North Shore Flairs	Toby Barentine	US Gold Gymnastics
Olga Mokhov	Orlando Metro	Terry Weeks	US Gold Gymnastics
Vassili Mokhov	Orlando Metro	Donna Alexin	USA Gymstars
Jeff Wood	Orlando Metro	Gene Alexin	USA Gymstars
Stu Greenberg	Park Ave Gymnastics		

# REGION 8 USA GYMNASTICS REGIONAL MEET ENTRY FORM

**Please Check One Level [Separate sheet for each level]**

**LEVEL 8 Regionals**     
  **LEVEL 9 Regionals**     
  **LEVEL 10 Regionals**

TEAM NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE # GYM \_\_\_\_\_ HOME \_\_\_\_\_

FAX # \_\_\_\_\_ E-MAIL: \_\_\_\_\_ @ \_\_\_\_\_

List **ALL** coaches attending Regional competition:

NAME	USAG#	SAFETY EXPIRATION DATE
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I give my permission for the above information to be used in the Region 8 Address book.

Signature \_\_\_\_\_

COMPETITOR NAME (Last Name, First Name)	ATHLETE REGISTRATION	DATE OF BIRTH	GRADUATING SENIOR	U.S. CITIZEN?
1. _____	_____	_____	Y ___ N ___	Y ___ N ___
2. _____	_____	_____	Y ___ N ___	Y ___ N ___
3. _____	_____	_____	Y ___ N ___	Y ___ N ___
4. _____	_____	_____	Y ___ N ___	Y ___ N ___
5. _____	_____	_____	Y ___ N ___	Y ___ N ___
6. _____	_____	_____	Y ___ N ___	Y ___ N ___
7. _____	_____	_____	Y ___ N ___	Y ___ N ___
8. _____	_____	_____	Y ___ N ___	Y ___ N ___
9. _____	_____	_____	Y ___ N ___	Y ___ N ___
10. _____	_____	_____	Y ___ N ___	Y ___ N ___

**PETITIONS:** MUST fill out separate forms and separate check must be received by MARIAN DYKES, RTCC, by **WEDNESDAY**.

1. _____	_____	_____	Y ___ N ___	Y ___ N ___
2. _____	_____	_____	Y ___ N ___	Y ___ N ___
3. _____	_____	_____	Y ___ N ___	Y ___ N ___
4. _____	_____	_____	Y ___ N ___	Y ___ N ___

TOTAL NUMBER OF ENTRIES : \_\_\_\_\_ X \$85.00 Level 8, 9 & 10 CHECK FOR \$ \_\_\_\_\_ ENCLOSED.

TOTAL NUMBER OF PETITIONS: \_\_\_\_\_ x \$85.00 LEVEL 9 & 10 CHECK FOR \$ \_\_\_\_\_ SENT TO RTCC

**MAKE CHECKS PAYABLE TO MEET DIRECTOR - as instructed in meet information.**

**GIVE TO STATE ADMINISTRATIVE CHAIRMAN AT STATE CHAMPIONSHIPS**  
**SEPARATE SHEET FOR EACH LEVEL**

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## REGIONAL

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### IMPORTANT INFORMATION FOR COACHES OF REGIONAL QUALIFIERS

#### REGIONAL MEET ENTRY:

Please be sure that you have **ALL necessary information** at your State Meet to enter your gymnasts in the Regional Meets -- USAG athlete number, birthdate, etc. - and one club check per Regional Meet for entry fees. **No checks from parents are allowed.**

Regional Meet entry fees and forms **MUST** be turned in to your State Chairman (or designated official) at your **State Meet -- within the specified time.**

If a gymnast's Regional Meet entry is **NOT** turned in at the State Meet; in order to enter the gymnast(s) in the Regional Meet the following penalty will apply to the coach:

- a \$25.00 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director
- a \$200.00 fine payable to Region 8 USA Gymnastics for each meet involved.

PLEASE MAKE SURE THAT YOUR GYMNAST HAS QUALIFIED (according to the **official** announcement of qualifiers) -- AND ENTER HER PROPERLY WITHIN THE SPECIFIED TIME.

#### PETITIONS: (No petitions for Level 8 Regionals)

1. Any petitions should be mailed to the RTC, Marian Dykes -- it is YOUR responsibility to get all information needed for petitions.
2. Marian must RECEIVE petition NO LATER THAN **WEDNESDAY** following State Meet.
3. You should call or FAX Marian to notify her that a petition is coming. (770-451-6910 Ph or 770-457-0943 Fax)
4. List all petitioning gymnasts on bottom of entry form under petition section.
5. Complete Petition Form from Region 8 Winter Newsletter.
6. **A photocopy of at least one pre-state, sanctioned meet results from the current season (at the level to which they are petitioning) showing a score at least one (1.00) point greater than the regional qualifying score.**
7. A club check for entry fee **MUST** accompany petition to Marian. She will forward check to Meet Director if petition is accepted. (Check will be returned if not accepted.)

#### AT REGIONALS:

To be allowed onto the floor of competition, all coaches **MUST** wear their **current** USA Gymnastics pro membership card with safety certification expiration date.

Level 9 & 10 coaches - you need to have with you ALL necessary information to enter your gymnasts in the National meets - including club checks for entry fees, extra T-shirt purchases, and any JO National apparel that you wish to purchase.

**CHECK REGION 8 WEB PAGE FOR REGIONAL MEET SCHEDULES!**  
[www.region8gymnastics.org](http://www.region8gymnastics.org)

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## REGIONAL

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### Region 8 Petition Form for Level 9/10 Regionals

Deadline **receipt** by Wednesday following your state meet

Level of Regionals petitioning to: \_\_\_\_\_  
Gymnast's Name: \_\_\_\_\_ USAG #: \_\_\_\_\_  
Birth date: \_\_\_\_\_ Level & Age Division: \_\_\_\_\_  
Coach's Name: \_\_\_\_\_ Coach's Phone #: \_\_\_\_\_  
E-Mail: \_\_\_\_\_ @ \_\_\_\_\_  
Gym Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Zip: \_\_\_\_\_ Gym Phone \_\_\_\_\_

- I. Attach a physician's written verification of illness or injury & release to return to activity.
- II. A written request from the coach or parent.
- III. Attach a check for \$85 made out to the **Gwinnett Gymnastics**
- IV. Please list the scores from one sanction meet that the AA score is 35.00 or greater. Attach a photocopy Results of a minimum of 1 Sanctioned Meet: (Scores from 2003 Regionals, Eastern's or National's may be used to satisfy this criteria.)

Vault \_\_\_\_\_

Bars \_\_\_\_\_

Beam \_\_\_\_\_

Floor \_\_\_\_\_

AA \_\_\_\_\_

Return completed form and all attachments to

**Marian Dykes**

Region 8 Technical Chair

4651 Buford Highway

Atlanta, GA 30341

Fax (770) 457-0943

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## REGIONAL

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### Toni Rand, RECC

954-725-9199 Phone  
954-755-1750 Fax  
AmTwist@aol.com E-mail

MAILING ADDRESS (GYM)  
6805 Lyons Technology Circle  
Coconut Creek, FL 33073

Thanks to everyone who helped make the elite clinic and competition held in Orlando in December a great success. We had 24 athletes participate in the clinic and 14 athletes in the competition. I want to thank **Jeff Wood** from *Orlando Metro* and his staff for their use of their facility. I also want to thank **Jeff Wood** and **Tammy Biggs** for their time and knowledge that they gave to everyone at the clinic. Everyone appreciated their hard work. And I want to thank the **15 Brevet judges** who volunteered their time to judge the meet and to assist with all aspects of the clinic. It was great to have everyone working together and involved in the training and judging of all the athletes.

There are a few things that I would like to clarify. If you are involved in the elite program, please take the time to read your information and stay informed. There have been some changes in the program and the season is very early this year due to the Olympics so please read your information. And it is advisable that you enter the Elite National qualifiers and the regional meets that we have set up to qualify as these are the only opportunities that are available to qualify!

- 1 – There will **NOT** be a regional elite qualifier in May. **The last qualifier for the May Classic/Challenge is April 16-17 in Tampa, Florida.** If you wish to host a qualifier for the Challenge competition ONLY, you need to pick a date, contact both **Marian Dykes** and **Toni Rand**, set up and pay for the competition and we need to have at least 30 days notice. The last date that this meet will be allowed is May 1 & 2nd, so please plan accordingly.
- 2 – An athlete is **NOT** considered an elite athlete until they enter and compete at least one event at a Classic meet. If you have a JO athlete that is attempting to qualify as an Elite, until they enter and compete in a Classic they are **NOT** considered an elite and they may enter both JO and elite qualifiers without jeopardizing their JO status. Attending Challenge does **NOT** make the athlete an elite athlete.
- 3 – Scores from any of the National qualifiers or from the regional meets that you attend may be used to enter the May classic/challenge even if you attend JO Nationals (provided you did not qualify and compete at the March Classic)
- 4 – Athletes may attempt to achieve the TESTING/Compulsory score as many times as they want. Even if an athlete does not have the testing score to qualify to Classic or Challenge they may enter and compete in an optional elite qualifier. You may compete in any order. The athletes will bank their scores and may continue to try to achieve the qualifying scores that they need for challenge or classic. The only restriction is that athletes attempting to go to Elite Classic must achieve the optional score in a National qualifier or in the designated regional qualifier. Athletes may compete the testing as many times as they want and if they are only trying to go to Challenge, they may attend as many optional meets as they want to achieve the Challenge score.
- 5 – The region will designate the **Charleston Cup Classic** held on **February 27-29, 2004** as an additional Classic/Challenge regional qualifier for any athlete that may need it. We will have a February 1st deadline date to enter this competition and you must send in entry fee with entry form to **Deb Kornegay** with copy to **Toni Rand** by this date in order for the meet to be held. If no athletes are entered by **February 1st**, the competition will be cancelled. Athletes may qualify to Classic from this meet.

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## REGIONAL

CONTINUED

6 – At the end of each season (the May classic), if your athlete does not compete in the Classic meet, they will need to achieve both the testing and the optional scores again next year in order to attend either the Challenge or the Classic meet. Your scores are only good for this season.

I hope that these clarifications will help you to understand the system better. I had a lot of questions about these items at the clinic and I just want to make sure that everyone understands how the system works. If you have any questions, please email me at [AmTwist@aol.com](mailto:AmTwist@aol.com), or fax me your questions at 954-755-1750. Please leave me an email address or fax number that I can respond to. I prefer to have both questions and answers in writing so that there is no confusion and I have a record of my response.

## Elite Results

### 3 Region 8 Gymnasts Compete in USA vs Japan Meet

Shayla Worley  
Orlando Metro

Kassi Price  
Orlando Metro

Grace Taylor  
Aiken Gymnastics

January 11, 2004 the USA defeated Japan 146.225 to 131.900 in a dual competition held at the Women's National Team Training Center in Houston. Three of the eight members of the USA team were from Region 8. They were **Shayla Worley** and **Kassi Price** from Orlando Metro and **Grace Taylor** from Aiken Gymnastics.

**Kassi Price** won the All Around with a 36.950 and Vault (9.375), **Shayla Worley** won Bars (9.425) and Beam (9.450) and **Grace Taylor** placed second on Beam (9.225) and fourth All Around (34.800).

Congratulations to our Region 8 gymnasts!

## Auction Donation Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

Fax: (     ) \_\_\_\_\_ Special fax instructions: \_\_\_\_\_

E-mail: \_\_\_\_\_ @ \_\_\_\_\_

Item for auction: \_\_\_\_\_

Estimated price \$ \_\_\_\_\_

Mail to **DEB WALLS**, 308 East Sixth Street, Tuscumbia, AL 35674 or FAX 256-381-1243

**DEADLINE: May 21, 2004**

# ELITE COMPETITION ENTRY FORM

CHECK ALL THAT APPLY

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> <b>Feb. 27 Nat'l. Test /Opt. Comp. Charleston Classic</b><br>Charleston, SC \$75.00<br><b>DEADLINE: Feb. 1, 2004</b> | <input type="checkbox"/> <b>April 16 Optional Comp. Level 8 Regional Meet Site</b><br>Tampa, FL \$75.00<br><b>DEADLINE: March 15, 2004</b> | <input type="checkbox"/> <b>April 17 Testing Comp. Lightning City</b><br>Tampa, FL \$75.00<br><b>DEADLINE: March 15, 2004</b> |
|---|--|---|

Team Name: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_ Phone: \_\_\_\_\_

Team Address: \_\_\_\_\_ Fax #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

- |                |              |                 |                        |
|----------------|--------------|-----------------|------------------------|
| 1. Coach _____ | USAG # _____ | Exp. Date _____ | Safety Exp. Date _____ |
| 2. Coach _____ | USAG # _____ | Exp. Date _____ | Safety Exp. Date _____ |
| 3. Coach _____ | USAG # _____ | Exp. Date _____ | Safety Exp. Date _____ |
| 4. Coach _____ | USAG # _____ | Exp. Date _____ | Safety Exp. Date _____ |

**I give my permission for the above information to be used in the Region 8 Address book.**

Signature

Competitor Name	Athlete Registration #	Nat. Test	OPT.	Date of Birth
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				

Number of **GYMNASTS** for **Optional Competition** \_\_\_\_\_ x \$75.00 = \_\_\_\_\_

Number of **GYMNASTS** for **Nat. Test. Competition** \_\_\_\_\_ x \$75.00 = \_\_\_\_\_

**TOTAL AMOUNT \$** \_\_\_\_\_

**NOTE:**

Gymnasts competing National Testing and Optional competition **pay only one fee of \$75.00** per gymnast

**MAKE CHECK PAYABLE TO REGION 8 USAG. ONE CHECK PER CLUB. NO PERSONAL CHECKS.**

**ELITE MEET - MAIL ENTRY**

**FORM WITH CHECK TO:** Deb Kornegay • 394 Stonebridge Road • Birmingham, AL 35210

**MAIL COPY OF FORM TO:** Toni Rand • 6805 Lyons Technology Circle, Coconut Creek, FL 33073

**OR FAX TO** (954) 755-1750

# All Around News

## UPCOMING EVENTS

# LEVEL 9 & 10 REGIONALS

Atlanta, Ga.

2004

April 2 - 4

### HOST CLUB

Gwinnett Gymnastics  
Booster Club

*Gwyn Puckett*

(678) 468-7999

Email: [ralph.x.puckett@gsk.co](mailto:ralph.x.puckett@gsk.co)

### COMPETITION SITE

PROVIDENCE  
CHRISTIAN ACADEMY

AAI Elite Equipment - Wynn Wynn Athletics

Capitol Cup Format

### AIRPORT

Atlanta Hartsfield

[ATL]

### SCHEDULE

- Thursday April 1** Open Training Day  
(advanced sign-up required)
- Friday April 2** Level 9 Competition
- Saturday April 3** Level 9 & 10 Competition
- Sunday April 4** Level 10 Competition

*Final Schedule Posted at*  
[www.Region8Gymnastics.org](http://www.Region8Gymnastics.org)  
by 3/20/04

The Region 8 Board voted in their July 2003 meeting that at Level 9 & 10 Regionals, the RACC will set meet schedule (order of age groups) to facilitate the schedule of the entire competition. The order of competition will not be guaranteed to be youngest to oldest.

### HOST HOTELS

GWINNETT PLACE MARRIOTT  
1775 Pleasant Hill Road  
Duluth, Ga  
770-923-1775

Room Rate \$89.00/night  
To receive this rate ask for rooms  
reserved by  
Gwinnett Gymnastics Center Booster Club.

**REMEMBER:** If you have athletes that qualify to Level 9 Eastern Nationals and/or Level 10 Nationals, you must fill out the **new entry forms** at Regionals immediately after each session. You will need a separate club check per level (NO PERSONAL CHECKS ACCEPTED) plus an extra check to purchase the great Region 8 apparel available for sale at Level 9 & 10 Regionals.

# All Around News

## UPCOMING EVENTS

# LEVEL 8 REGIONALS

Tampa, Florida

2004

April 16 - 18

### HOST CLUB

**LIGHTNING CITY GYMNASTICS**  
and City of Tampa Rec. Dept.  
*Tim Keckler*

(813) 558-0035 phone  
(813) 558-0038 fax

14214 N. Nebraska Avenue  
Tampa, FL 33613

Email: LCGymnasts@aol.com

Web Site: www.lightningcity.com

### AIRPORT

Tampa International

[TPA]

[ten minutes from meet]

### COMPETITION SITE

**TAMPA CONVENTION CENTER**

333 South Franklin Street  
Tampa, Florida 33602

AAI Elite Equipment -  
Lightning City Gymnastics

Capitol Cup Format

### SCHEDULE

#### Friday April 16

8:00 a.m. - 4:00 p.m.

Open Training Day

(advanced sign-up required)

4:00 p.m. - 10:00 p.m.

Level 8 individual competition Session 1

#### Saturday April 17

Level 8 individual competition Sessions 2 & 3

Team Competition Session 4

#### Sunday April 18

Level 8 individual competition Sessions 5 & 6

*Final Schedule Posted at*

**www.Region8Gymnastics.org**

by 3/31/04 (last Level 8 State Meet 3/27/04)

### HOST HOTELS

#### WYNDHAM WESTSHORE HOTEL

4860 W. Kennedy Boulevard  
Tampa, FL 33609  
813-286-4400

#### Room Rate \$80.00 up to 4 people

Ask for USAG Level 8 Region Championship

Located 10 minutes from meet site  
and 5 minutes from airport.

Across from Large Westshore Shopping Mall

#### WYNDHAM HARBOR ISLAND HOTEL

725 S. Harbor Island Boulevard  
Tampa, FL 33602-5707  
813-229-5000

#### Room rate \$89.00

Ask for USAG Level 8 Region Championship

Located 1 minute (walking distance) from meet site  
and 10 minutes from airport

### LEVEL 8 ALTERNATES: Please call your State Chair or Deb Kornegay if you have a scratch.

Alternates for all-star (individual) slots will be replaced up to 48 hours before the start of timed warm-ups for the first competitive session, which is 4:00 P.M. Friday. Therefore **no all-star (individual) alternates will be added after 4:00 P.M. Wednesday.**

Team alternates will be added up to the beginning of timed warm-ups of the first session.

If a state does not have sufficient numbers to fill their assigned percentage numbers the Regional Chairman will notify the highest all-star (individual) from state meet results from all eight states to fill available slots.

# Region 8 TOPs Registration Form

Check each box that applies

**TOPs Testing**  
**TBD**  
**Friday, June 11, 2004**  
**\$35 *Deadline May 10th***  
**\$25 late fee per gymnast**

**TOPs / Clinic**  
**TBD**  
**June 12 - 13, 2004**  
**\$100 - [Same Fee for 1 or 2 days]**  
***Deadline May 10th***  
**\$25 late fee per gymnast / coach**

**TOPs Testing**  
**Lightning City Gymn.**  
**Tampa, Florida**  
**July 9, 2004**  
**\$35 *Deadline May 20th***  
**\$25 late fee per gymnast**  
 Held with Region 8  
 Future Stars Training Camp

**ALL TESTINGS  
 ARE ON A 1st COME  
 1st SERVE BASIS!**

**ENTRIES WITHOUT PAYMENT or USAG NUMBERS  
 WILL NOT BE PROCESSED!**

Team Name \_\_\_\_\_ Email: \_\_\_\_\_@\_\_\_\_\_

Team Address \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_ Fax: \_\_\_\_\_

Team USAG Number: \_\_\_\_\_

Coach \_\_\_\_\_ USAG# \_\_\_\_\_ Exp. Date \_\_\_\_\_ Safety Exp. Date \_\_\_\_\_

Coach \_\_\_\_\_ USAG# \_\_\_\_\_ Exp. Date \_\_\_\_\_ Safety Exp. Date \_\_\_\_\_

ATHLETE NAME	USAG #	AGE AS OF 12/31/2003	DATE OF BIRTH	1st Test, Clinic or 2nd Test (Please check above.)
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

Number of **GYMNASTS** for TOPs Testing - June 11, 2004 \_\_\_\_\_ x \$ 35.00 = \_\_\_\_\_

Number of **GYMNASTS** for TOPs Clinic - June 12-13, 2004 \_\_\_\_\_ x \$100.00 = \_\_\_\_\_  
 (Coaches free with registered athletes)

Number of **COACHES** without registered athletes \_\_\_\_\_ x \$ 50.00 = \_\_\_\_\_  
 (for TOPs Clinic in June 12-13, 2004)

Number of **GYMNASTS** for TOP's Testing July 9, 2004 \_\_\_\_\_ x \$ 35.00 = \_\_\_\_\_

**LATE FEE \$25.00 PER GYMNAST/COACH** registered after **deadline date.** \_\_\_\_\_ x \$ 25.00 = \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

**Make check payable to Region 8 USAG.  
 One Check per club. No personal checks.**

**REMEMBER: TOPs Testing requires  
 TOPs forms from TOPs manual also!!**

**MAIL ENTRY FORM to: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210**

# All Around News

## UPCOMING EVENTS

### REGION 8 CALENDAR • 2004

#### April 2004

- 2-4 Level 9 & 10 Regionals  
Gwinnett Gymnastics, Atlanta, GA
- 16 Elite Qualifier  
Tampa, FL
- 16-18 Level 8 Regionals  
Lightning City Gymn., Tampa, FL
- 17 Elite Testing Competition  
Tampa, FL
- 23-25 Level 9 Eastern Nationals  
Virginia Beach, VA

#### May 2004

- 1 SACC Elections Complete
- 1-2 Level 10 Nationals  
Orlando, FL
- 13-16 US Classic & Challenge  
Rochester, NY

#### June 2004

- 2-5 US Gymnastics Championships  
Nashville, TN
- 3-6 Region 8 Congress  
Nashville, TN
- 11 TOPs Testing  
**NEED BID**
- 12-13 TOPs Clinic  
**NEED BID**
- 24-27 Olympic Trials  
Anaheim, CA
- 25-27 USA Gymnastics Congress  
Anaheim, CA

#### July 2004

- 9-10 TOPs Testing  
Lightning City Gymn., Tampa, FL
- 9-11 Future Stars Camp  
Lightning City Gymn., Tampa, FL
- 25-27 Level 8 & 9 Training Camp  
Tampa Bay Turners, Tampa, FL

#### October 2004

- 1-3 Level 9, 10 & Elite T C  
Auburn Gymnastics, Auburn, AL

#### November 2004

- 6 Region 8 Committee Meeting  
Charleston, SC

#### REGION 8 ADVERTISEMENTS

The Region 8 Newsletter  
accepts advertisements for publication

**1/4 page \_\_\_\_\_ \$50.00**  
**1/2 page \_\_\_\_\_ \$75.00**  
**full page \_\_\_\_\_ \$100.00**

**Make checks payable to Region 8 USAG**

Dates of publication may vary.

For further information, please contact:

**Debby Kornegay, RACC**

394 Stonebridge Road

Birmingham, AL 35210-4111

(205) 951-0184 Phone/Fax

Email: DebGK@Bellsouth.net

Your ad will also be with the Newsletter  
on the Region 8 Web Page!

**Please send your ad "Camera Ready"**

# 2004 REGION 8 TRAINING CAMPS

**JULY 9-11, 2004 • FUTURE STARS CAMP**

***Lightning City Gymnastics • Tampa, Florida***

TOPs  
Testing  
held on  
Friday  
7/9/04

**Compulsory Level 5-7 (must have already competed Level 5)  
For gymnasts with outstanding optional promise**

**FEE: \$130.00 per athlete** (includes camp, lunch on Saturday and T-shirt)  
**\$50.00 per coach or judge** (discounts if bringing athletes)

**JULY 23-25, 2004 • Level 8 & 9**

***Tampa Bay Turners - Tampa, Florida***

**Open to all Level 8 and Level 9 athletes  
who competed in Level 8 or 9 State or above**

**FEE: \$130.00 per athlete** (includes camp, lunch on Saturday and T-shirt)  
**\$50.00 per coach or judge** (discounts if bringing athletes)

**OCTOBER 1-3, 2004 • Level 9, 10 & Elite**

***Auburn Gymnastics Academy - Auburn, Alabama***

**Open to all Level 9, 10 & Elite athletes who competed at Regionals and  
Level 9 athletes who competed ONLY at State are NOT eligible for this camp.**

**FEE: \$130.00 per athlete** (includes camp, lunch on Saturday and T-Shirt)  
**\$50.00 per coach or judge** (discounts if bringing athletes)

## **Tentative Schedule for ALL camps:**

**FRIDAY: 3:00 P.M. - 8:30 P.M. • SATURDAY: 10:30 A.M. - 6:00 P.M.  
SUNDAY: 9:30 A.M. - 1:00 P.M.**

**PROVIDE EMAIL INFORMATION FOR CONFIRMATION OF ENTRY AND FINAL SCHEDULE**

**Camps will fill on a first-come basis.**

Registration forms are available at Regionals and in Region 8 newsletter. There will be **NO** direct mailing to clubs.

***NAWGJ Region 8 Symposium will be held with the October camps. Clinic for Elite  
Testing will be offered at October camp. Camps open to all USAG Professional***

## **VOLUNTEERS:**

**No fee is required to attend camp and you will be eligible for apparel if your athlete qualifies to JO Nationals!**

**MAIL ALL FORMS WITH FEES TO: Debby Kornegay**

**394 Stonebridge Road, Birmingham, AL 35210**

# REGION 8 TRAINING CAMP

**CHECK ONE:**

**FUTURE STARS CAMP**  
Tampa, Florida

**LEVEL 8 & 9 CAMP**  
Tampa, Florida

**LEVEL 9, 10 & ELITE CAMP**  
Auburn, Alabama

TEAM NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACHES NAME: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

NIGHT PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

If your coach is not planning to attend,  
please designate 1 person to pick up all packets for your team: \_\_\_\_\_

**If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address**

GYMNAST	USAG#	DOB	AGE	CURRENT LEVEL	2004 REGIONAL SCORE	T-Shirt SIZE	FEE \$130.00

**PETITION: Must fill out separate petition form**

**(Region 8 Petition Form for Level 9/10 Regionals) and mail to Marian Dykes and Paul Padron.**


COACHES ATTENDING	USAG#	Clubs with 1-4 gymnasts attending 1 COACH - \$25 / 2 COACHES - \$50

ADDITIONAL COACHES ATTENDING	USAG#	FEE - \$50.00 EACH COACH

**I give my permission for the above information to be used in the Region 8 Address book.**

\_\_\_\_\_  
Signature

**FIRST COME - FIRST SERVE!**

**TOTALS \$** \_\_\_\_\_

\$25.00 processing fee on all refunds -  
refunds will only be given if gymnast can be replaced  
*No refunds within two weeks of Training Camp*

**MAIL TO: Debby Kornegay**  
394 Stonebridge Road  
Birmingham, AL 35210  
(205) 951-0184

Please make checks payable to: **REGION 8 USA GYMNASTICS**

# TRAINING CAMP REGISTRATION FORM

## FOR COACHES & JUDGES WITHOUT PARTICIPATING GYMNASTS

Judges registered for the October Camp are automatically registered for NAWGJ symposium.

NAME \_\_\_\_\_  COACH  JUDGE

USAG# \_\_\_\_\_ EXP DATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE \_\_\_\_\_ FAX \_\_\_\_\_

NIGHT PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_ @ \_\_\_\_\_

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

\_\_\_\_\_  
Signature

**COST: \$50.00**

**Make checks payable to REGION 8 USA GYMNASTICS**

**FUTURE STARS CAMP** (Tampa, Florida [7/9-11/04]) DEADLINE 6/9/04 - FIRST COME, FIRST SERVE

**LEVEL 8 & 9 CAMP** (Tampa, Florida [7/23-25/04]) DEADLINE 6/23/04 - FIRST COME, FIRST SERVE

**LEVEL 9, 10 & ELITE CAMP** (Auburn, AL [10/1-3/04]) DEADLINE 9/1/04 - FIRST COME, FIRST SERVE

MAIL TO:

Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

# TRAINING CAMP REGISTRATION FORM

## FOR VOLUNTEER JUDGES

NAME \_\_\_\_\_ RATING \_\_\_\_\_

USAG# \_\_\_\_\_ EXP DATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE \_\_\_\_\_ FAX \_\_\_\_\_

NIGHT PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_ @ \_\_\_\_\_

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

\_\_\_\_\_  
Signature

You will be actively working on the floor. Please check below any event(s) that the judge would **NOT** want to be assigned to?  VAULT  BARS  BEAM  FLOOR

**COST: FREE - If assigned to work camp**

**FUTURE STARS CAMP** (Tampa, Florida [7/9-11/04]) DEADLINE 6/9/04 - FIRST COME, FIRST SERVE

**LEVEL 8 & 9 CAMP** (Tampa, Florida [7/23-25/04]) DEADLINE 6/23/04 - FIRST COME, FIRST SERVE

**LEVEL 9, 10 & ELITE CAMP** (Auburn, AL [10/1-3/04]) DEADLINE 9/1/04 - FIRST COME, FIRST SERVE

MAIL TO:

Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

# REGION 8 TRAINING CAMP 2004

## CLINICIAN APPLICATION

If you will have coaches at the training camp and would like to offer their services to assist as clinicians, please fill in the form below. **THIS IS A VOLUNTARY POSITION.** Clubs will be notified in advance if services will be required. Thank you for your offer!

NAME OF GYM: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

NIGHT PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

**I give my permission for the above information to be used in the Region 8 Address book.**

Signature

### TRAINING CAMP YOUR COACHES WILL BE ATTENDING AND ARE ABLE TO WORK:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> <b>FUTURE STARS CAMP</b><br>July 9-11, 2004<br>Tampa, Florida<br><b>Lightning City Gymnastics</b> | <input type="checkbox"/> <b>LEVEL 8 &amp; 9</b><br>July 23-25, 2004<br>Tampa, Florida<br><b>Tampa Bay Turners</b> | <input type="checkbox"/> <b>LEVEL 9, 10 &amp; ELITE</b><br>October 1-3, 2004<br>Auburn, Alabama<br><b>Auburn Gymnastics</b> |
|--|---|---|

NAME OF COACHES ATTENDING CAMP FROM YOUR GYM:

1. \_\_\_\_\_ USAG# \_\_\_\_\_ 2. \_\_\_\_\_ USAG# \_\_\_\_\_

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 NATIONALS IN 2004?  YES  NO

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 REGIONALS IN 2003?  YES  NO

IS THERE AN EVENT(S) THAT THE COACHES WOULD **NOT** WANT TO BE ASSIGNED TO?

1. \_\_\_\_\_ 2. \_\_\_\_\_

### PLEASE SEND THIS FORM IN BY:

**June 9 (Future Stars Camp), June 23, 2004 (Lev. 8 & 9), September 1 (Lev. 9, 10 & Elite)**

**TO:** Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

**Thank you for offering to help! Your assistance will be greatly appreciated!** You will be contacted with your event and day approximately 30-45 days prior to the Camp date. Everyone who volunteers that had an athlete at Level 9 Regionals or above will be assigned to work! All proceeds from these events will go to the 2005 Region 8 Apparel Fund.

**Support your Region - Support your athletes - Volunteer to work today!**

Clubs that have coaches work the camps will be eligible to receive apparel if they have athletes qualify to Nationals in 2005. Clubs who do not work and contribute at least \$1000.00 will also be eligible to receive apparel if athletes qualify to Nationals!



**Nashville, TN**  
**June 3-5, 2004**  
*at the*  
**Sheraton Music**  
**City**

## **US Gymnastics Championships**

**June 2-5, 2004**

*Priority seating and discount tickets will be available. Information to be included with registration confirmation.*

### **Registration:**

\$155.00      *Early Bird by March 20th*  
\$140.00      *For 5 or more paid with one check*  
\$195.00      *After March 20th/On-Site*

*No Discounts After March 20th*

### **SESSIONS TO INCLUDE:**

**Beginner-Advanced Sessions for Coaching & Judging**  
**Pre-School and Class Programs**  
**Business**

### **JCI JUDGES EXAMS**

***Minimum Registration Required***

**Sheraton Music City**

**(615) 885-2200**

**Room Rate: \$110.00 per night**

*(Ask for Region 8 Congress)*

**Free Parking & Airport Shuttle**

*Reserve Early!*

*Lots of Southern Charm!*

### **For More Information Contact:**

**Marian Dykes**

**(770) 451-6910**

**mariandykes@aol.com**

**Sheila Ragle**

**(770) 513-7015**

**sraglesjd@aol.com**

PLEASE USE ONE (1) FORM PER PERSON

# REGION 8 CONGRESS

June 3-5, 2004 with USA Championships

NASHVILLE, TN

FOR INFORMATION CONTACT: SHEILA RAGLE OR MARIAN DYKES

NAME \_\_\_\_\_

USAG # \_\_\_\_\_ EXP. DATE \_\_\_\_\_ SAFETY EXP. \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY

STATE

ZIP

HOME PHONE \_\_\_\_\_ WORK \_\_\_\_\_

FAX \_\_\_\_\_ E-MAIL \_\_\_\_\_

GYM AFFILIATION \_\_\_\_\_ JUDGING RATINGS \_\_\_\_\_

I GIVE PERMISSION TO PUBLISH THIS INFORMATION \_\_\_\_\_  
SIGNATURE

**\$155**     *Early Registration by March 20th*

**\$140**     *For 5 or more on one check*

**\$195**     *After March 20th and on site - no discounts*

Please make checks payable to: **Region 8 Congress**

I **WILL** OR **WILL NOT** ATTEND THE BANQUET. (Please Circle One).

**MAIL REGISTRATION TO:**

**SHEILA RAGLE**  
**Region 8 Congress**  
**1870 Eagle Summit Court**  
**Lawrenceville, GA 30043-6669**  
**(770) 513-7015**

**E-Mail:**

**Sheila Ragle**  
**Marian Dykes**

**sraglesjd@aol.com**  
**marianandykes@aol.com**

**FOR OFFICE USE ONLY:**

DATE RECEIVED

AMOUNT RECEIVED:

CHECK #

PAID BY:

# Raise Money for your Regional Fund!

## and SAVE more than 50% on

# The Gymnastics Library

(Each item bought individually would total more than \$500)

### Limited Time Offer - \$250

The CD-ROM includes the following book and report titles:

- Welcome to the Team Manual
- Employee Manual: Gymnastics
- Gymnastics Business Forms
- 101 Ways to Increase Class Enrollment
- How to Create Exciting Lesson Plans
- Safety Basics Every Gymnastics Instructor Should Know
- Gymnastics: A Guide for Parents and Athletes
- Hire Great Gymnastics Coaches and Instructors
- Fabulous Brochures and Newsletter
- GymText (all five disks!)
- Raising Funds for the Team!
- The Flip Flop Clinic
- Gymnastics Progressions
- Run a Great Gymnastics Meet
- Employee Job Descriptions
- Planning an Exhibition
- Gymnastics Birthday Party Program
- Write Tight to Excite!

Save time and money by downloading, editing, and then presenting to your staff, your gymnasts, or your clientele a finished product. Why start from scratch? It's all here on CD for you. Get your copy at the special price of \$250

**THE FUNDRAISER:** For every CD purchased during this offer marked "Regional Fund" on the check or somewhere on the order, I will donate \$25.00 toward that regions fundraising program.

**FREE BOOK:** I know \$250 is a lot to part with in one shot, so I'll prove the worth of my program by sending you a free electronic copy of "**How to Create Exciting Lesson Plans!**" Simply send me the email and snail mail address of your gymnastics program (no Hotmail).

**FREE SHIPPING & HANDLING:** If a \$25 donation to your regional fund and a free book are not enough; my final perk is to offer you FREE SHIPPING & HANDLING. That is \$250 dollars in savings, a \$25 donation, a free book worth \$39.95, and a minimum of \$4.00 saved in shipping and handling. It doesn't get any better than this! Order your copy now, before this offer ends.

To order and pay by credit card, go to [www.PayPal.com](http://www.PayPal.com).

My account is [coachrik@aol.com](mailto:coachrik@aol.com), or you can order directly from my web page at <http://hometown.aol.com/coachrik/index.html>. For regular mail send check or money order to: Richardson Publishing, PO Box 162115, Altamonte Springs, FL 32716

# 2005

## AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

*Check here if any of this info is different from last year*

Name: \_\_\_\_\_ Home #: \_\_\_\_\_

Address: \_\_\_\_\_ Work # \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail address \_\_\_\_\_@\_\_\_\_\_

USA Gymnastics #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Current Ratings Held (2001-2005): \_\_\_\_\_

AVAILABLE	NOT AVAILABLE	NAME OF MEET	SITE	DATES
<input type="checkbox"/>	<input type="checkbox"/>	Level 8 Regionals	Ft. Lauderdale, FL	April 8-10, 2005*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 & 10 Regionals	Nashville, TN	April 15-17, 2005*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 Eastern Nationals**	St. Pete, FL	May 6-7, 2005*
<input type="checkbox"/>	<input type="checkbox"/>	Level 10 J.O. Nationals**	TBD	May 12-15, 2005*

\* Please note that travel may be necessary on Thursday, Friday and/or Monday if you are assigned to one of these meets.

\*\* Please refer to criteria in the Region 8 Rules and Regulation in Fall 2003 Region 8 Newsletter.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have attended at least one of the following clinics. Please indicate which clinic(s) you have attended:

- 2003 Region 8 Congress (Coral Springs, FL)
- 2003 Region 8 Level 8 Training Camp (Tampa, FL) (For Level 8 Regionals only)
- 2003 USA Gymnastics National Congress (Anaheim, CA)
- 2003 Region 8 Level 9/10 Training Camp (Auburn, AL)

If you wish to have any other clinic(s) considered, you must submit your request **in writing** to Marian Dykes for approval by the Region 8 USAG committee. Please list the date, site, instructors and what this experience afforded you.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have at least 9 hours in-gym experience at the level of regional you are assigned to or higher. Was this card completed and filed by 6/01/04?  Yes  No

How many Junior Olympic optional invitationals have you judged or contracted to judge from 6/14/2003 to 6/1/2004? \_\_\_\_\_

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2004 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

*...continued on other side*

# 2005

## AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Please specify miscellaneous expenses for which you would expect reimbursement:

\$ \_\_\_\_\_ Airport Parking  
\$ \_\_\_\_\_ Travel to/from the Airport @ 36¢ x \_\_\_\_\_ miles round-trip  
\$ \_\_\_\_\_ Tolls  
\$ \_\_\_\_\_ Other Expenses (be specific)

---

---

Please indicate the nearest departure airport: \_\_\_\_\_

Do you have any special dietary restraints?  Yes  No

Please list dietary restraints \_\_\_\_\_

### OTHER INFORMATION

Gym Affiliation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_ How early can you leave? \_\_\_\_\_

You must return this form to: **Marian Dykes**  
4651 Buford Highway  
Atlanta, GA 30341

Please send a copy to: **Sheila Ragle**  
1870 Eagle Summit Court  
Lawrenceville, GA 30043-6669

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2004 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

# All Around News

## BUSINESS

Region 8 USA Gymnastics Administrative Committee Meeting  
October 10, 2003  
Region 8 Level 9, 10 and Elite Training Camp • Auburn, AL

The meeting was called to order at 9:00 P.M. James Linderholm agreed to be secretary.

Roll call

Debby Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC
Toni Rand	RECC (absent)
James Linderholm	RTOPC (Non Voting)
Sheila Ragle	NAWGJ (Non Voting)
Deb Walls	Alabama
Mike McCabe	Florida
Peggy Simpson	Georgia
Michelle Waguespack	Louisiana
Nancy Hawkins	Mississippi
Jennie Adams	N. Carolina
Joanne Child	S. Carolina
Bob Valley	Tennessee (absent)

Deb welcomed the committee. Updated *Region 8 Rules and Regulations* were distributed for Chairman's use.

Deb shared with the committee favorable comments that had been received on the various state web sites.

Marian reported that one judge had declined the 2004 Level 9 and 10 Regionals and had been replaced by the alternate. The Committee must name a new alternate.

**Motion to accept Mary Lou Dillard as the alternate for the 2004 Level 9 & 10 Regionals.**

Proposed: Jennie  
Seconded: Deb W.

**APPROVED**

**Motion that all Judging Availability Forms and In-Gym Cards for regional assignments must be received by the appropriate recipient (RTCC and RJD) by the deadline date to be considered for Regional assignments.**

Proposed: Jennie  
Seconded: Mike

**APPROVED**

Marian reminded the SACC's that they need to report the judges they contract for State meets to the RTCC by November 1, 2003.

**Motion to accept the bid from The Gym Company for the TOPS Clinic for January 3rd and 4th, 2004.**

Proposed: Peggy  
Seconded: Jennie

**APPROVED**

National team members are not required to pay for the Regional Elite Clinic in December. Their presence is seen as a benefit to the clinic.

A decision on the location of the 9/10/Elite Regional Training Camp and Future Stars Camp for 2004 will be postponed until the December Committee meeting. Bids continue to be solicited.

The Committee authorized the Regional Chair to enter into fundraising arrangements with Rik Feney.

The winter meeting will be December 19th 9:00-5:00 Orlando, FL Hotel Radisson Twin Towers, 5780 Major Boulevard, Orlando, FL 32819 407-351-1000. Group name: Region 8 Elite Qualifiers. Rate: \$79.00. Region 8 Committee meeting will be held at the hotel.

The meeting adjourned at 10:05 PM

# All Around News

## BUSINESS

Region 8 USA Gymnastics Administrative Committee Meeting  
December 19, 2003  
Radisson • Orlando, FL

The meeting was called to order at 9:13 am.

In attendance:

Deb Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC
Toni Rand	RECC
James Linderholm	TOPS (non-voting)
Deb Walls	Alabama
Mike McCabe	Florida
Peggy Simpson	Georgia
Michelle Waguespack	Louisiana
Nancy Hawkins	Mississippi
Jennie Adams	North Carolina
Joanne Child	South Carolina
Robert Valley	Tennessee

Jennie Adams was appointed secretary.

### Motion to accept the October 2003 minutes as presented.

Motion Deb W.  
Second Jennie

### APPROVED

Thank you notes were shared and read by all.

The regional and national calendar was reviewed. Toni indicated that an Elite qualifier has been added to the calendar on April 16-17, 2004 weekend in conjunction with the Level 8 Regional.

Region 8 financial reports were presented.

Region 8 Congress 2004 was discussed. Marian updated the committee as follows:

- Hotel room availability has been adjusted to be acceptable for the extra days before and after the event.
- Clinician contracts are coming together.
- Marian handed out registration forms to the committee. State Chair registration is one fee for the congress and coffee breaks.
- Congress sessions will start on Thursday at approximately 9:00 am. Attendees are encouraged to come in Wednesday.
- Banquet will be held on Friday evening. It will be a sit down affair.

- Discussion to increase Region 8 Congress use fee starting in 2005.

### Motion to add to the \$1000 base fee charged by Region 8 for hosting Region 8 Congress a \$5 per paid registrants in excess of 350 participants.

Motion Nancy  
Second Mike

### ACCEPTED

Auction update - Deb W.

- The auction will be on Friday night before the banquet.
- Items collected should be a little more upscale than in the past. Each state should have a \$1000 minimum total. The final goal for the 8 states is \$8000 total.
- A suggestion was made to have a low-cost table (a bargain table) separate from the more expensive area.

The Committee discussed 2004 bids.

### Motion to accept bids for 2004 Training camp:

**July 9-11, 2004**

**Future Stars Camp**

**Lightning City, Tampa FL**

**Oct. 1-3, 2004**

**Level 9, 10, & Elite**

**Auburn University, Auburn, AL**

Motion Joanne  
Second Deb W.

### ACCEPTED

The Committee wants to be sure that it is clear that the NAWGJ Symposium is a separate event with separate fees. Deb K. will work with Sheila Ragle to insure the preliminary information regarding Level 9, 10 & Elite Training Camp and the NAWGJ Symposium is very clear.

Bob Valley handed out a three page bid request, with pictures, for the April 15-17, 2005 Level 9 & 10 Regionals.

### Motion to accept the bid from Bob Valley for 2005 Level 9/10 Regionals.

Motion Mike  
Second Deb W.

### ACCEPTED



# All Around News

## BUSINESS

Reminder of accepted bid:

April 8-10, 2005

**Level 8 Regionals**

Boca Raton, FL @ the Convention Center.

April 15-17, 2005

**Level 9/10 Regionals**

Nashville, TN @ the Curb Event Center

Paul asked for a review of requirement for National assignments for judges that coach Level 9 & 10.

**Motion that the requirement be changed that a judge must have judged Regional Championships in the current year or coached Regional Championships in one of the two prior years.**

Motion Joanne

Second Peggy

**ACCEPTED**

Sheila Ragle requested a set policy by the Committee for enforcement of the deadline for contracts for Regionals.

**Motion that if a contract for Regionals is not received by the deadline indicated on the contract, the contract is void. The RJD will go to the next designated alternate in consultation with the RTCC.**

Motion Deb W.

Second Mike

**ACCEPTED**

Discussion was held to add athletes to Level 8 Regionals. Athletes qualify to Level 8 Regionals by a percentage of qualifiers to states from all 8 states. It has been indicated that high-level gymnasts (36+) have remained at home. The discussion ensued to add more gymnasts, yet still keep the percentage process viable. More gymnasts can be added by holding a Friday night session.

**Motion to add 54 athletes to the 2004 Level 8 Regional.**

Motion Toni

Second Michelle

**ACCEPTED**

**Motion that the additional 54 athletes be determined by a % of those scoring a 34.00+, by designated deadline date, from all 8 states.**

Motion Bob

Second Jennie

**ACCEPTED** (10 for 1 opposed)

### Regional JO program

Discussion about the apparel for National qualifiers. Apparel will be shipped to Orlando to be distributed at Nationals. Paul will need help from the Region 8 Committee in distributing the apparel.

Deb K. indicated the following amounts of money spent on apparel for gymnasts:

Level 10	\$120.83	per athlete
Level 9	\$ 61.57	per athlete
Level 10	\$ 98.23	per coach that worked TC
Level 9	\$ 20.48	per coach that worked TC

**Total** \$28,000.00 - \$30,000.00

Given back to Athletes, Coaches and Judges

Discussion was held on publishing financial information regarding Training Camps. The Regional Newsletter will publish how much was raised from the Training Camps after expenses.

Financial report form distributed. Deb K. asked that all state chairs use the new form for the 4th quarter 2003.

Deb K. reminded each state that Regional Competition Fees are due. Deb K. distributed a list of registered athletes for 2003. Each state should pay the \$1.50 per gymnast to the regional account.

### Regional Entry Forms

A release signature for the Regional Address Form has been added.

Alternate Information Form – only need to have 5 or 6 names indicated.

State Meet Reporting Procedure – Note – please sign the “no signature” release on the Express Mail form. Be sure to Express Mail a copy of entries to Deb, Marian, & Paul.

Double check team entry form for errors.

Deb will re-send the Qualification to Regionals sheet for Level 8.

Important Information for Coaches of Regional Qualifiers needs to go in newsletter.

Need names of people from each state to help with apparel at Regionals.

A poll of SACC’s was taken to see who planned to run for 2004-2006 term. All present SACC’s plan to run with the exception of Louisiana.

# All Around News

## BUSINESS

### **TOPS Information James Linderholm**

The Mooresville clinic now has 30 entries. Would like to have 50. Friday night is physical ability. Saturday has skill work. Sunday is only a half-day. Staff will be from The Gym Company. Deb asked for a schedule as soon as possible, for web posting.

July 9/10, 2004 was set as a TOPS testing date in conjunction with the Future Stars Camp in Tampa. The testing should be held on Friday with an overflow on Saturday morning.

June 11-13, 2004 was set as a June TOPS testing date. Testing on Friday, with Clinic on Saturday and Sunday. Cost has been \$35 per gymnast. Bids are needed.

James expressed concerns that from the beginning, the program is a good program. But the structure does not lend itself to input from regional personnel. He will continue to have his gymnasts in TOPS, but has decided to not continue his participation administratively. He expressed the possible desire to re-enter the leadership of the program at some future date. James thanked the Committee for his position and for the experiences and insights he's gained.

Rebecca Reyher, Davita Ivey, and Kristie Phillips have indicated interest in assuming responsibilities. Duties may include attending the National Testing. The Committee asked Deb to request resumes from anyone interested. RECC Toni will make the choice of administrator with recommendations from the Committee.

### **Elite Program Toni Rand, RECC**

For the gymnasts wanting to go to Classic, and they have a score in the first season, they may go to JO nationals, and keep the score.

A gymnast is not an Elite until they have competed an event at Classic.

Charleston Cup could be used as an elite qualifier, if needed

If one wants to become an international elite, she must go to:

- a regional qualifier or
- any National qualifier

There will not be a May qualifier.

April 16th is the last chance to qualify for Spring season.

Deb K. asked Toni to please help with the sizes for the elite gymnasts for Region 8 apparel.

The Committee recommended an update of the apparel guidelines to reflect the changes in the elite program. All athletes competing at an elite Classic or higher competition or qualifying to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.

### **WTC Marian Dykes, RTCC**

Reminder: Region 8 Petition Form for Level 9/10 Regionals was presented. Worked well last year.

Reminded SACC's to use Base score videos for State Meets

In-gym cards have been mailed to all Level 10 judges responding to Availability Form. Extra cards were sent to SJD's.

### **JO Paul Padron, RJOCC**

Master Compulsory Clinics and WTC Symposiums dates have been published.

June 2-5, 2005 Louisville, KY

June 9-12, 2005 Reno, NV

July 10th is the first date Master Clinicians may work without approval of National office.

Nancy handed out computer information to state chairs who are ordering lap tops.

State Chair nominations must be received by the end of February, and elections must be completed by May 1, 2004.

Next meeting is set for Wednesday June 2, 2004 in Nashville. State Chairs workshop at 12:00. Meeting at 5:00.

National State Chairs meeting workshop is Wednesday June 23, 2004 in Anaheim, CA at Congress.

The 2004 Winter Committee meeting will be November 6, 2004 at 9:00 am in Charleston, SC.

Meeting was adjourned at 2:30 pm.

# All Around News

## BUSINESS

Financial  
Report  
1/1/03 - 12/31/03

**INCOME:**

Clinics/Workshop - - - -	43,579.02
Competition Fees - - - -	27,366.00
Competitions - - - - -	6,638.56
Donations - - - - -	4,464.59
Promotional - - - - -	6,997.00
Rebates Athlete - - - -	12,640.04
Rebates Pro - - - - -	10,086.57
<b>Total Income - - - - -</b>	<b>\$111,771.78</b>

**EXPENSES:**

Awards/Apparel - - - -	28,296.52
Competitions - - - - -	3,789.24
Certification-Testing Ex - - -	77.00
Travel - Meetings - - - -	15,676.99
Clinics/Workshop Exp. - -	20,783.95
Communications - - - -	19,984.12
Office - - - - -	9,164.16
Promotions - - - - -	800.00
<b>Total Expenses - - - - -</b>	<b>\$ 98,571.98</b>

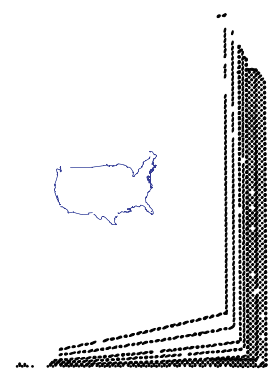
# 2003-2004

## REGION 8 ADDRESS BOOK & DISK

Wire bound booklet with Addresses, Phone & Fax Numbers,  
and Email Addresses for

- **Region 8 Clubs**
- **Head & Assistant Coaches**
- **Region 8 Board**
- **Judges**
- **Region 8 NAWGJ Board**

**BOOK ONLY**  
**\$15.00**  
**BOOK & DISK**  
(to make your own labels)  
**\$25.00**



**ORDER NOW**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_@\_\_\_\_\_

**AMOUNT  
ENCLOSED**

\$ \_\_\_\_\_

MAIL TO: Region 8 Gymnastics, Debby Kornegay: 394 Stonebridge Road, Birmingham, AL 35210-4111

# Updated Changes from WTC & JO May 2003 Meetings

## JO OPTIONAL & COMPULSORY RESOURCES

For Coaches & Judges

### BAR INDEX

Price \$3.00

List of bar elements cross referenced to give value for JO and FIG, element number, and *Code of Points* page number. Now in full color. **UPDATED 6/02**

### COMPULSORY CARDS

Price \$6.00 for set

Level 4, 5 and 6 compulsory elements and deductions on a 5½" x 8½" card. Cards are color coded by event and level. **UPDATED 6/02.**



### EVENT CHARTS

Price \$8.00

4 - 2 sided code size cards

For easy reference of Value Parts—these charts for Bars, Beam and Floor are great to use for that quick element value part check while judging. These charts list value parts in ENGLISH and judges shorthand and each value part letter is printed in its own color for rapid identification. **UPDATED 8/03**

### FLASH CARDS

Price \$25.00

Business Card size—these two sided cards have every element from the new *JO Supplement* and *Code of Points* for Bars, Beam and Floor. One side has word description and shorthand symbols and the other side gives code reference number with JO and FIG value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event. **UPDATED 6/02**



### LEVEL 7 OPTIONAL CARD

Price \$2.00

8½" x 11" cardstock with Level 7 rules and requirements. **UPDATED 8/06/03**



### OMNI CARD

Price \$6.00

FORMERLY KNOWN AS LAMINATED CARD.

You have to see it to believe it! Now in full color by event. One card with Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for Level 8, 9 and 10. **UPDATED 8/03**



### NCAA OMNI CARD

Price \$6.00

Same as above with NCAA requirements.

### VAULT JUDGING NOTEBOOK

Price \$12.00

Bound notebook with alternating highlighted line to judge vaulting. Comes with laminated strips with deductions for JO and Elite, Optional, Level 4, 5 & 6 compulsory vaults. **UPDATED 1/02**



### VAULT STRIPS

Price \$8.00

Laminated strips with deductions for JO and Elite, Optional, Level 4, 5, & 6 Compulsory Vaults.



### WALL CHARTS

Price \$12.00

6 - 1 sided charts

Easy reference of Value Parts. Just like the code size charts but enlarged to 11" x 17" to hang on the gym wall. The skills are all written out in ENGLISH as well as shorthand symbols. **UPDATED 8/03**

**SOLD OUT**

**CONTACT: DEBBY KORNEGAY**

394 Stonebridge Road • Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email:dkornegay@mindspring.com

ORDER FORM

# JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name \_\_\_\_\_

Shipping Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_ @ \_\_\_\_\_

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	BAR INDEX	\$ 3.00 each	
	COMPULSORY CARDS	\$ 6.00 set	
	EVENT CHARTS	\$ 8.00 set	
	FLASH CARDS	\$ 25.00 set	SOLD OUT
	LEVEL 7 OPTIONAL CARD	\$ 2.00 each	
	OMNI CARD (FORMERLY LAMINATED CARD)	\$ 6.00 each	
	NCAA OMNI CARD	\$ 6.00 each	
	VAULT JUDGING NOTEBOOK	\$ 12.00 each	
	VAULT STRIPS	\$ 8.00 set	
	WALL CHARTS	\$ 12.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 44.50 packet	
	JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE	\$ 44.50 packet	
<b>SHIPPING CHARGES:</b>			<b>SUB TOTAL</b>
up to \$11.00	_____ \$3.50	\$22.01 - \$44.00 _____ \$7.50	<b>SHIPPING</b>
\$11.01 - \$22.00	_____ \$5.50	\$44.01 - \$66.00 _____ \$9.50	<b>TOTAL</b>
		\$66.01 and up _____ \$12.50	

**PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS**

**Make all checks payable to: GYMNASTICS EVENTS**  
 email: dkornegay@mindspring.com • phone/fax (205) 951-0184

**Mail to: Debby Kornegay**  
 394 Stonebridge Road • Birmingham, AL 35210-4111

## COACHES PACKET

- Bar Index
- Compulsory Cards
- Event Charts
- Level 7 Opt. Card
- Omni Card
- Wall Charts

**Cost Including Shipping**

\$44.50

## JUDGES PACKET

- Bar Index
- Compulsory Cards
- Event Charts
- Level 7 Opt. Card
- Omni Card
- Vault Judging Notebook

**Cost Including Shipping**

\$44.50

# REGION 8 ATHLETE FUND

1. All athletes competing to an elite Classic or higher competition or qualifying to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.
2. A club will receive no more than a combined total of three sets or pieces of coach's apparel.
  - a) All clubs that provided one coach who worked at the regional training camps will receive:
    - 1) One set of coach's apparel per Level 10 athlete qualified to Nationals (6/30/99)
    - 2) One piece of coach's apparel per Level 9 athlete qualified to Eastern Nationals (6/30/99)
  - b) All clubs that provided additional coaches to work at any regional training camps will receive one additional set of apparel. (7/9/03)
3. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel only.
5. All coaches with qualified athletes may purchase a shirt to wear for competition.
6. Apparel items will be offered for sale.
7. All coaches and judges who have worked camp or donated \$50 will receive a regional shirt.
8. Gymnasts qualified to Nationals who attended Training Camp or whose coaches worked camp will receive a bonus pack.
9. Apparel will be provided to the current members of the Regional Committee.

## REGION 8 ATHLETE FUND -

This fund supports our efforts in the region to give some extra rewards for our gymnasts who qualify to Regional and National meets in their respective levels - Elite, Level 10, Level 9 and Level 8.

**WE NEED  
EVERYONE'S  
SUPPORT!**

### **THANK YOU TO THESE CONTRIBUTORS!**

Alabama NAWGJ / Mary Ann Wallace and Cookie Batsche

## REGION 8 ATHLETE FUND CONTRIBUTION

Name \_\_\_\_\_

Club \_\_\_\_\_

Address \_\_\_\_\_

Amount \$ \_\_\_\_\_ Make checks payable to Region 8 USA Gymnastics

**PLEASE MAIL YOUR CONTRIBUTION TO:  
Debby Kornegay  
394 Stonebridge Road • Birmingham, AL 35210**

# REGION 8 CONGRESS BID FORM - 2005 or 2006

[CIRCLE ONE]

There will be a \$1,000.00 fee for use of the "Region 8 Congress" name plus a \$5.00 fee per paid Registrant over 350 participants.

Region 8 will include Regional Congress information and registration forms in Regional Newsletter.

Director will work in conjunction with Region 8 officers concerning events schedule, meeting schedule, and testing.

Director provides discount registration to USAG State Chairmen who will assist Director during the event.

Regional officers (RACC, RTCC, RECC, RJOCC) are to be used as clinicians and director covers expenses of these officers.

Name of Event Director \_\_\_\_\_

Address \_\_\_\_\_

Phone (Work) \_\_\_\_\_ (Home) \_\_\_\_\_ Email \_\_\_\_\_ @ \_\_\_\_\_

How many meets have you hosted in the last 5 years?

Meets: Sectional \_\_\_\_\_ State \_\_\_\_\_ Regional \_\_\_\_\_ National \_\_\_\_\_ Invitational \_\_\_\_\_

Clinics: State \_\_\_\_\_ Regional \_\_\_\_\_ National \_\_\_\_\_

How many events did you attend in the last 2 years?

Meets: Sectional \_\_\_\_\_ State \_\_\_\_\_ Regional \_\_\_\_\_ National \_\_\_\_\_ Invitational \_\_\_\_\_

Clinics: State \_\_\_\_\_ Regional \_\_\_\_\_ National \_\_\_\_\_

Facility Name \_\_\_\_\_

Address \_\_\_\_\_

Date available for Regional Contress \_\_\_\_\_

List size of meeting rooms: 1) Size \_\_\_\_\_ Ceiling Height \_\_\_\_\_

2) Size \_\_\_\_\_ Ceiling Height \_\_\_\_\_

3) Size \_\_\_\_\_ Ceiling Height \_\_\_\_\_

4) Size \_\_\_\_\_ Ceiling Height \_\_\_\_\_

5) Size \_\_\_\_\_ Ceiling Height \_\_\_\_\_

Planned Registration fee \$ \_\_\_\_\_ Is Audio/Visual available? \_\_\_\_\_ Cost \_\_\_\_\_

Nearest Airport \_\_\_\_\_ Distance from site \_\_\_\_\_

Is there airport/hotel shuttle? \_\_\_\_\_ Cost \_\_\_\_\_

Hotel \_\_\_\_\_ Cost of Room \_\_\_\_\_

Please give us a list of topics you are considering and Clinicians you intend to invite:

Topic \_\_\_\_\_ Clinician \_\_\_\_\_

Topic \_\_\_\_\_ Clinician \_\_\_\_\_

Topic \_\_\_\_\_ Clinician \_\_\_\_\_

Topic \_\_\_\_\_ Clinician \_\_\_\_\_

Date \_\_\_\_\_ Signature \_\_\_\_\_

RETURN TO: Debby Kornegay - 394 Stonebridge Road • Birmingham AL 35210-4111 • (205) 951-0184 Phone/Fax

**MUST BE RECEIVED BY May 21, 2004**

# BID FORM for Region 8 USAG

## TOPS Testing & Clinic • June 11-13, 2004

*Please read Forms Section in Newsletter on Regional Meet Bids.*

**If you have any questions about hosting a TOPs Clinic please contact  
DEBBY KORNEGAY  
(205) 951-0184 • Email: DebGK@Bellsouth.net**

NAME OF MEET DIRECTOR \_\_\_\_\_ DATE \_\_\_\_\_  
(MUST HAVE MEET DIRECTOR CERTIFICATION)

ADDRESS \_\_\_\_\_

PHONE NUMBER (GYM) \_\_\_\_\_ (HOME) \_\_\_\_\_

EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

HOW MANY TOPs TESTINGS HAVE YOU ATTENDED IN THE PAST 5 YEARS? REG \_\_\_\_\_ NAT'L \_\_\_\_\_

FACILITY NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

SIZE OF COMPETITION AREA \_\_\_\_\_ SPECTATOR CAPACITY \_\_\_\_\_

LENGTH OF VAULTING AREA (including runway, horse, mat area) \_\_\_\_\_

DO YOU HAVE 2" ROPE? YES \_\_\_ NO \_\_\_ HOW HIGH? \_\_\_\_\_

DO YOU HAVE WALL BARS? YES \_\_\_ NO \_\_\_ IS TOP BAR OFFSET? YES \_\_\_ NO \_\_\_

NUMBER OF RESTROOMS: WOMEN \_\_\_ MEN \_\_\_ DRESSING ROOM FOR GYMNASTS: YES \_\_\_ NO \_\_\_

AIR CONDITIONED YES \_\_\_ NO \_\_\_

DESCRIBE PARKING FACILITIES \_\_\_\_\_

NEAREST AIRPORT(S) \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

HOTEL ACCOMMODATIONS \_\_\_\_\_

COST \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

HOTEL ACCOMMODATIONS \_\_\_\_\_

COST \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

HOTEL ACCOMMODATIONS \_\_\_\_\_

COST \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

I certify that the above information is accurate.

MEET DIRECTOR \_\_\_\_\_ DATE \_\_\_\_\_

**MAIL BID TO: DEB KORNEGAY • 394 Stonebridge Road, Birmingham, AL 35210 • (205) 951-0184 FAX**

**DEADLINE FOR TOPs CLINIC BID MUST BE RECEIVED BY May 21, 2004**

# BID FORM FOR

**2005 Future Stars Training Camp • TBD, 2005**

**2005 Level 8 & 9 TRAINING CAMP • July 29-31, 2005**

**2005 Level 9, 10 & Elite REGION 8 TRAINING CAMP • Oct. TBD, 2005**

*Bid is for the site of the Camp. Region 8 Board will still organize and direct the event.*

*Site Coordinator is responsible for arranging host hotel and meals for gymnasts.*

PLEASE CHECK YOUR PREFERENCE:

FUTURE STARS       LEVEL 8 & 9       LEVELS 9, 10 & ELITE

SITE COORDINATOR \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE (gym) \_\_\_\_\_ (home) \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_

NAME OF FACILITY \_\_\_\_\_

ADDRESS \_\_\_\_\_

HAVE YOU ATTENDED A REGION 8 TRAINING CAMP?       Yes       No

LEVEL(S) ATTENDED:       Future Stars       8 & 9       9, 10 & Elite

SIZE OF FACILITY: \_\_\_\_\_

# OF VAULTS \_\_\_\_\_ # OF VAULT RUNWAYS \_\_\_\_\_

# OF BARS \_\_\_\_\_ # OF SINGLE BARS \_\_\_\_\_

# OF BEAMS(high) \_\_\_\_\_ # OF BEAMS(low) \_\_\_\_\_

# OF FULL FX MATS \_\_\_\_\_ # OF TUMBLING STRIPS \_\_\_\_\_

# OF PITS \_\_\_\_\_ SIZE \_\_\_\_\_

LIST EQUIPMENT OVER PITS \_\_\_\_\_

IS THERE A SEPARATE DANCE AREA?       Yes       No      SIZE \_\_\_\_\_ SURFACE \_\_\_\_\_

LIST OTHER EQUIPMENT/APPARATUS/GYM AREAS THAT COULD BE USEFUL FOR A TRAINING CAMP \_\_\_\_\_

AIRPORT \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

NAME OF HOTEL \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

ROOM RATE \_\_\_\_\_

PLEASE INCLUDE A DESCRIPTION AND DIAGRAM OF FACILITY LAYOUT FOR A TRAINING CAMP SET-UP;

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

RETURN TO:      **DEB KORNEGAY**  
394 Stonebridge Road  
Birmingham, AL 35210  
FAX 205-951-0184

**DEADLINE FOR TRAINING CAMP BIDS MUST BE RECEIVED BY May 21, 2004**

# All Around News

## REGIONAL JO MEET BID INFORMATION

- Level 9 and 10 Meet will have 17 judges including Meet Referee.
- Level 8 Meet will have 17 judges including Meet Referee. There must be 2 judges per state.
- Cost for awards for Level 9 & 10 will be divided between Region and Meet Director. Level 8 is responsible for purchasing awards through the Regional Chairman.
- Meet Director receives entry fees, admissions, concessions, & other sales.
- Meet Director pays judges fees & expenses and any other expenses associated with meet (except ½ awards for Levels 9 & 10).
- Meet Director has responsibility to arrange for equipment contract for the meet and is responsible for this meet expense.
- Meet Director arranges for necessary skill cushion matting and score flashing equipment.
- Meet Director makes hotel arrangements and arrangements for judges transportation.
- Meet Director furnishes room accommodations for Regional officers acting in an official capacity at the meet (RACC, RTCC, RJOCC) - if not already covered as a judge or coach.
- An outside facility (other than a gymnastics business) must be used for JO Regional Meets (high school, college, convention center, city arena, etc.).
- The competitive gym area must accommodate 4 simultaneous events with proper distance and spacing requirements (refer to equipment section in R & P Book). There must be adequate seating for gymnasts and 4 judges per event.
- It is strongly recommended that a separate warm-up area be available. Equipment should be identical to competition equipment. (Floor may be a spring tumbling strip comparable to competition floor exercise mat).
- The spectator area must be adequate to accommodate the families and friends of 132 gymnasts per day. This includes adequate restroom facilities and parking.
- All equipment must meet the specifications as listed in the R & P Book.
- A separate meeting room adequate for 17 officials must be provided with TV & VCR.
- An area for changing clothes/leotards must be provided for the gymnasts.
- An EMT or equivalent personnel should be present at the site and a physician be on call should one be needed.
- Experienced computer scoring personnel is required with electronic score flashing.
- The facility must be air conditioned.
- The hotel should provide facilities and atmosphere conducive to athletes in a competitive situation.
- Facility must be available for open work-out on the day before competition begins.
- Competition fee of \$10.00 per gymnast must be paid to Region 8 USA Gymnastics.

### BIDS NEEDED

**Level 8 Regionals**

**April (TBD), 2006**

**Level 9 & 10 Regionals**

**April (TBD), 2006**

# BID FORM FOR REGION 8 USAG REGIONAL COMPETITIONS

## Please read section on Regional Meet Bid Information

NAME OF COMPETITION \_\_\_\_\_ DATE \_\_\_\_\_

NAME OF HOST GROUP \_\_\_\_\_ HOW LARGE IS GROUP? \_\_\_\_\_

NAME OF MEET DIRECTOR \_\_\_\_\_ USAG # \_\_\_\_\_  
(MUST HAVE MEET DIRECTOR CERTIFICATION)

ADDRESS \_\_\_\_\_

PHONE # (GYM) \_\_\_\_\_ (HOME) \_\_\_\_\_ E-MAIL: \_\_\_\_\_@\_\_\_\_\_

HOW MANY MEETS DID YOU CONDUCT IN THE LAST 2 YRS.? Inv. \_\_\_\_ Sect. \_\_\_\_ State \_\_\_\_ Reg. \_\_\_\_ Nat'l \_\_\_\_

WHAT WAS THE NUMBER OF ATTENDANCE AT YOUR LARGEST MEET? \_\_\_\_\_

HOW MANY MEETS DID YOU ATTEND IN THE PAST 2 YRS.? State \_\_\_\_ Reg. \_\_\_\_ Nat'l \_\_\_\_

FACILITY NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

SIZE OF COMPETITION AREA \_\_\_\_\_ SPECTATOR CAPACITY \_\_\_\_\_

NUMBER OF RESTROOMS: WOMEN \_\_\_\_ MEN \_\_\_\_ DRESSING ROOM FOR GYMNASTS: YES \_\_\_\_ NO \_\_\_\_

AIR CONDITIONED? YES \_\_\_\_ NO \_\_\_\_ SEPARATE MEETING ROOM FOR 17 JUDGES/OFFICIALS: YES \_\_\_\_ NO \_\_\_\_

DESCRIBE PARKING FACILITIES: \_\_\_\_\_

LENGTH OF VAULTING AREA (including runway, horse, mat area) \_\_\_\_\_

CLEARANCE DISTANCES: END OF VAULT MAT TO WALL \_\_\_\_\_ AROUND FX MAT \_\_\_\_\_

ENDS OF BEAM \_\_\_\_\_ ON BOTH SIDES (front & back) OF BARS \_\_\_\_\_

TYPE OF EQUIPMENT TO BE USED: (list manufacturer) \_\_\_\_\_

BAR SPREAD: MIN. \_\_\_\_ MAX. \_\_\_\_ TYPE OF RAILS \_\_\_\_\_

NO OF IDENTICAL WARM-UP EQUIPMENT: VAULT \_\_\_\_ BARS \_\_\_\_ BEAM \_\_\_\_ FLOOR \_\_\_\_

SEPARATE WARM-UP AREA? YES \_\_\_\_ NO \_\_\_\_ DIMENSIONS OF WARM-UP FACILITY \_\_\_\_\_

DISTANCE FROM WARM-UP AREA TO COMPETITIVE GYM \_\_\_\_\_

AMOUNT OF GATE TO BE CHARGED \_\_\_\_\_

WHAT TYPE OF EMERGENCY MEDICAL PERSONNEL AND SUPPLIES WILL BE AVAILABLE AT THE MEET SITE? \_\_\_\_\_

NEAREST AIRPORT(S) \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

HOTEL ACCOMMODATIONS \_\_\_\_\_ COST \_\_\_\_\_ DISTANCE FROM SITE \_\_\_\_\_

*I certify that the above information is accurate. I agree to follow the guidelines as listed in the  
USAG Women's Rules and Policies in the conduct of this meet.*

MEET DIRECTOR: \_\_\_\_\_ DATE: \_\_\_\_\_

**MAIL ELITE BIDS TO: TONI RAND:** 6805 Lyons Technology Circle, Coconut Creek, FL 32750 • (954) 755-1750 FAX  
[You must mail a copy of your Elite Bids to Deb Kornegay]

**MAIL JO BIDS TO: DEB KORNEGAY:** 394 Stonebridge Road, Birmingham, AL 35210 • (205) 951-0184 FAX

**DEADLINE FOR ELITE REGIONAL BIDS & JO REGIONAL BIDS MUST BE RECEIVED BY May 21, 2004**

# All Around News

## REGIONAL

### WHAT COACHES WANT TO KNOW! QUESTIONS COACHES WOULD MOST LIKE TO ASK JUDGES

**Cookie Batsche**  
State Judging Director, Florida

#### INTRODUCTION

This document was prepared for a presentation at Region 8 Congress. The questions from coaches were obtained by emailing several coaches in Region 8 and asking them to provide questions they would most like to ask judges. The questions were then given to groups of judges who attended the Regional Congress. Their answers are summarized in this document in an effort to enhance communications between judges and coaches. The questions themselves provided valuable insights and will be valuable to the professional development of our judges. We hope coaches find the answers to be helpful.

The document has been reviewed for accuracy by Marian Dykes and Deb Kornegay and reflects rules and policies in place as of July 2003. However, this is not an official publication of USAG and is intended solely to enhance communication between coaches and judges. USAG Rules and Policies should be followed if information in this document appears to conflict with official policy. We hope you find the questions and answers helpful.

#### CONTINUED FROM FALL 2003 NEWSLETTER

- 4. Does a gymnast's "appearance" really have an impact on your scoring, i.e., neat hair, the way she walks out on the floor? Is there such a thing as the "cute" factor?**

*A gymnast who is well groomed and exudes confidence establishes a positive first impression. However, the judging is based on the performance of the athlete, not her appearance. If the gymnast's disorderly appearance detracts from the overall artistry of the routine, it may have an impact on the deductions a judge takes in the artistry category. This would be a rare situation however.*

*Judges do deduct for incorrect attire of a gymnast (leotards not meeting specifications, jewelry other than stud earrings, underwear showing) but only after a warning is issued.*

*It is not uncommon for judges to smile when very young gymnasts perform hence the notion of the "cute" factor. However, judges are trained to evaluate the routine, not the appearance of the athlete, no matter how cute they are.*

- 5. Much has been made of the stuck landing by television commentators. Does the "stick" really have more of an impact on the score than other components of the routine or is it just the difference in the points deducted for landing errors?**

*No. Judges only deduct for the landing error. Sometimes an athlete may "stick" her landing but still receive a deduction for a body position error in the landing as specified in the Code of Points.*

# All Around News

## REGIONAL

### WHAT COACHES WANT TO KNOW! QUESTIONS COACHES WOULD MOST LIKE TO ASK JUDGES

**Cookie Batsche**  
State Judging Director, Florida

#### INTRODUCTION

This document was prepared for a presentation at Region 8 Congress. The questions from coaches were obtained by emailing several coaches in Region 8 and asking them to provide questions they would most like to ask judges. The questions were then given to groups of judges who attended the Regional Congress. Their answers are summarized in this document in an effort to enhance communications between judges and coaches. The questions themselves provided valuable insights and will be valuable to the professional development of our judges. We hope coaches find the answers to be helpful.

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#### CONTINUED FROM FALL 2003 NEWSLETTER

4. Does a gymnast's "appearance" really have an impact on your scoring, i.e., neat hair, the way she walks out on the floor? Is there such a thing as the "cute" factor?

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## REGION 8 SPECIAL RECOGNITION AWARD NOMINATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

List contributions to Region 8: \_\_\_\_\_

Explain other reason(s) why you think this person should be recognized: \_\_\_\_\_

RETURN TO: *Debby Kornegay*, 394 Stonebridge Road, Birmingham, AL 35210 • (205) 951-0184 Fax

**DEADLINE FOR NOMINATION POSTMARKED BY May 21, 2004**

# Region 8 USA Gymnastics 2004 State Team Information

**In order to keep the Address Book current, you MUST return this form to be listed. We will NOT carry over any names from last year's Address Book.**

Please fill in the below information, as you would like it printed in the State and Regional address books:

Team Name \_\_\_\_\_

Address to be shown in Address Book :

City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_

Gym Phone: (\_\_\_\_\_) \_\_\_\_\_

Fax (\_\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_ @ \_\_\_\_\_ Web page: \_\_\_\_\_

**I give my permission for the above information to be published in  
Region 8 Address book and State Address list or book.**

\_\_\_\_\_  
Signature

Please list employees below: **(Each individual employee must sign Okay to print or information can not be used)**

Gym Director \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Head Coach \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Assistant Coach \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Assistant Coach \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Assistant Coach \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Assistant Coach \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Okay to Print \_\_\_\_\_

Signature

**Please mail or fax to your USA GYMNASTICS STATE CHAIRMAN - DEADLINE March 20, 2004  
or FAX to DEBBY KORNEGAY (205) 951-0184 by April 1, 2004**

# Region 8 USA Gymnastics 2004 Judges Information

**In order to keep the Address Book current, you MUST return this form to be listed. We will NOT carry over any names from last year's Address Book.**

Please fill in the below information, as you would like it printed in the State and Regional address books:

Name \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_

Day Phone: (\_\_\_\_\_) \_\_\_\_\_ Night Phone: (\_\_\_\_\_) \_\_\_\_\_

Fax: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_@\_\_\_\_\_

Rating \_\_\_\_\_ Gym Affiliation \_\_\_\_\_

**I give my permission for the above information to be published in  
Region 8 Address book and State Address list or book.**

\_\_\_\_\_  
Signature

Please mail to SJD or Fax SJD by **March 20, 2004** or Fax to D. KORNEGAY (205) 951-0184 by 4/1/2004

## Region 8 NAWGJ Regional and State Directors

<b>REGIONAL JUDGING DIRECTOR</b>	<b>SHEILA RAGLE</b> SRagleSjG@aol.com	1870 Eagle Summit Court Lawrenceville, GA 30043-6669	770-513-7015 Home 770-682-6289 Fax 770-945-8419 Work 770-361-4249 Cell
<b>ALABAMA</b>	<b>MARY ANN WALLACE</b> Mawalsjd@bellsouth.net	P. O. Box 145 Killen, AL 35645	256-757-3184 Phone/Fax 256-335-0192 Cell
<b>FLORIDA</b>	<b>CATHERINE (COOKIE) BATSCHÉ</b> cbatsche@tampabay.rr.com	17817 Green Willow Drive Tampa, FL 33647	813-973-1240 Home 813-974-7196 Work 813-974-8795 Fax 813-334-5386 Cell
<b>GEORGIA</b>	<b>JEAN DeARMON</b> jeangasjd@yahoo.com	544 James Street Lilburn, GA 30047	770-921-4182
<b>LOUISIANA</b>	<b>BRENDA EBERHARDT</b> BLEgym@aol.com www.GymnasticsLA.com	4008 Ellen Drive Marrero, LA 70072-6222	504-347-4089 Home 504-785-0968 Work 504-341-8153 Fax 504-400-8213 Cell
<b>MISSISSIPPI</b>	<b>MARY THACKER</b> mssjdmmt@msusag.org	926 Jackson Avenue Yazoo City, MS 39194	662-746-5639
<b>NORTH CAROLINA</b>	<b>MARY W. HOAGLAND</b> marygymjud@aol.com	6614 Creekr Ridge Road Wilmington, NC 28411	910-392-0885 910-790-3378 Fax
<b>SOUTH CAROLINA</b>	<b>MENDI KNISLEY</b> Mendi-Gary@Juno.com	400 McCue Street Easley, SC 29642	864-306-9180 Day 864-646-9420 Night 864-306-9180 Fax
<b>TENNESSEE</b>	<b>SIBBY LANE</b> tnnawgj2@cs.com	2121 Mark Lane Maryville, TN 37803	865-984-3738 Home/Fax 865-970-3038 Work

# REGION 8 USAG WOMEN'S ADMINISTRATIVE COMMITTEE

REGION 8 WEB PAGE: [Region8gymnastics.org](http://Region8gymnastics.org)

REGIONAL ADMIN. COMM. CHAIRMAN	<b>DEBBY KORNEGAY</b> DebGK@Bellsouth.net	394 Stonebridge Road Birmingham, AL 35210-4111	205-951-0184 Ph/Fax
REGIONAL TECHNICAL COMM. CHAIRMAN	<b>MARIAN DYKES</b> mariandykes@aol.com www.wutka.com/marian	4651 Buford Highway Atlanta, GA 30341	770-451-6910 Work 770-457-0943 Fax 404-325-3745 Home 404-408-6699 Cell
REGIONAL JO COMM. CHAIRMAN	<b>PAUL PADRON</b> phpadron@knology.net	1 Cutchin Court Charleston, SC 29414	843-766-3008 Phone/Fax 843-200-5429 Cell
REGIONAL ELITE COMM. CHAIRMAN	<b>TONI RAND</b> AmTwist@aol.com	6805 Lyons Technology Circle Coconut Creek, FL 33073	954-725-9199 Phone 954-755-1750 Fax
REGIONAL TOPS COORDINATOR			

## STATE ADMINISTRATIVE COMMITTEE CHAIRMEN

ALABAMA SACC	<b>DEB TAPSCOTT-WALLS</b> DebWallsALASACC@aol.com www.gymnasticsalusa.com	308 East 6th Street Tuscumbia, AL 35674	256-381-1441 Gym 256-412-4152 USAG 256-381-1243 Fax
FLORIDA SACC	<b>MIKE McCABE</b> mmccabe@cfl.rr.com www.usag-fl.org	416 E. Hillcrest Street Altamonte Springs, FL 32701	407-830-9222 Phone/Fax 888-839-8872 Fax 407-461-3435 Cell
GEORGIA SACC	<b>PEGGY SIMPSON</b> psimpson@gymnasticsamerica.com www.gausag.org	7545 Industrial Court Alpharetta, GA 30004	770-475-6103 Work 770-753-4546 Fax
LOUISIANA SACC	<b>MICHELLE WAGUESPACK</b> aimathletics@yahoo.com www.GymnasticsLA.com	37140 Longwood Avenue Prairieville, LA 70769	225-673-4966 Gym 225-673-4977 USAG Fax
MISSISSIPPI SACC	<b>NANCY HAWKINS</b> nancy@msusag.org www.msusag.org	101 Miley Drive Starkville, MS 39759	662-615-5533 USAG Line 662-323-9795 USAG Fax
NORTH CAROLINA SACC	<b>JENNIE KENNEL ADAMS</b> jenniekadams@coastalnet.com www.nc-usag.org	86 Rollo Road Kennel's Beach Grantsboro, NC 28529	252-249-2825 Day/Night/Fax 252-514-5870 Cell
SOUTH CAROLINA SACC	<b>JOANNE CHILD</b> jchildscgym@bellsouth.net	403 Waterville Drive Columbia, SC 29229	803-788-1303 Phone 803-788-2808 Work 803-788-2911 Fax
TENNESSEE SACC	<b>ROBERT VALLEY</b> Bobvalley_masters@hotmail.com www.tngym.org	175 Old Shackle Island Road Hendersonville, TN 37075	615-822-8116 Gym 615-824-2003 Fax 615-824-USAG Phone

### DEBBY KORNEGAY

Regional Administrative Committee Chairman  
394 Stonebridge Road  
Birmingham, AL 35210-4111