

All Around News

VOL. 15

WWW.REGION8GYMNASTICS.ORG

2004

Nominations

Deb Kornegay, RACC



A call for nominations for Region 8 Junior Olympic Committee Chairman and Technical Committee Chairman will be issued in the Winter 2005 Region 8 Newsletter. The election will be held in the Spring of 2005. Terms for Regional Administrative Committee Chairman and Elite Committee

Chairman have been extended for two years by National Women's Administrative Committee. Nominations and elections for Administrative and Elite Committee Chairman will be held in 2007.

Level 9 & 10 Regional Schedule

Deb Kornegay, RACC

Due to the large number of competitors at Level 9 & 10 Regionals, competition will probably begin on Thursday night. In 2004 we competed from 8:00a.m. to 10:00p.m. Friday, Saturday and Sunday. With competition on Thursday, open workout time will be shortened or done away with. Please train your athletes accordingly.

2004 Region 8 Congress

Deb Kornegay, RACC

If you did not come to Nashville, boy did you miss it! Special thanks to **Marian Dykes, Sheila Ragle and their crew!** I can not say it any better than the quote from Deb Walls, Alabama USAG State Chairman:

"Thank you for the best to date congress in our history!!!! Everything from the credential holder to the pillows on the bed was First Class!!!! I am so proud to have the opportunity to work with all of you. You are our measurable assets!!!!"

First class, 5 Stars, beyond expectations! Well, you raised the bar again-you created an experience that not only educated our region, but gave us the well needed fellowship that keeps us the proud bearer of the standard known as Region 8!!!!!"

2004 Olympics - Athens

Deb Kornegay, RACC

WOW! What a great 10 days for gymnastics. NINE medals. I hope all of your gyms are busting at the seams with students. Aren't you proud? Even with all the controversy and the press trying to create negative vibes, gymnastics came away with a great image. Thank you athletes, coaches, judges and USA Gymnastics staff who made what seemed like an impossible dream come true for all of us.

2005-2006 Regionals

Deb Kornegay, RACC

Bids have been awarded for 2005 and 2006 Level 8 and 9 & 10 Regionals.

2005

Level 8 Regionals

April 8-10

Randy Sikora and Boca Twisters Ft Lauderdale, FL

Level 9 & 10 Regionals

April 14-17

Bob Valley and Masters Gymnastics Nashville, TN

2006

Level 9 & 10 Regionals

March 31-April 2

Jon Aardema and Gymnastics Academy of Atlanta Kennesaw, GA

Level 8 Regionals

April 7-9

James Linderholm and Huntsville Gymnastics Huntsville, AL

Deb Kornegay, RACC

Region 8 thanks **Lightning City Gymnastics** and **Tampa Bay**

Turners for hosting Future Stars and Level 8 & 9 Training Camps. Both camps were very successful for athletes and coaches and raised money for the Region 8 Athlete Fund.

Region 8 also thanks **Diane Hewitt** from *Gymnastics Academy of Atlanta* for donating her fee for teaching at Region 8 Congress to Region 8. Also thanks go to **Alabama, North Carolina and Georgia** for donating funds won at the State Games contest to Region 8.

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Rules and Policies

Deb Kornegay, RACC

The 2004-2005 *Rules and Policies* is available online at

<http://www.usa-gymnastics.org/women/rulesand-policies/>.

You can also request a hard copy through USAG membership at

http://www.usa-gymnastics.org/membership/wrp_request.html

All changes are in **Bold**.

It is your responsibility as a Professional member to know all the rule and policies that affect our sport.

2005 Region 8 Congress

Deb Kornegay, RACC

Due to National Compulsory and Technical Workshops and Congress, Region 8 will not host a regional congress in the Summer of 2005. **We are planning to host Region 8 Congress with Level 9, 10 & Elite Training Camp October 7-9, 2005.** If you have a great gym with a quality hotel located close by, please consider bidding on Level 9, 10 & Elite Training Camp.

Web Winner Award

Deb Kornegay, RACC

Region 8 will award the Web Winner Award to the best State Web page in Region 8 at Level 9, 10 & Elite Training Camp. View the following pages and vote by e-mail.

Alabama	http://www.alausag.org
Florida	http://www.usag-fl.org
Georgia	http://www.gausag.org
Louisiana	http://www.gymnasticsla.com
Mississippi	http://www.msusag.org/index.htm
No. Carolina	http://www.nc-usag.org
So. Carolina	http://www.eteamz.com/scgym
Tennessee	http://www.tngym.org

For links to above pages go to Region 8 web page
<http://www.region8gymnastics.org>

E-mail your vote and any comments by **September 24, 2004** to DebGK@Bellsouth.net.

The Internet Connection

Deb Kornegay, RACC

If you sign up for e-mail newsletter you will receive your Region 8 Newsletter 7-10 days before it can be received by regular mail. When the newsletter is ready to go to the printer to be printed, folded, stapled, labeled, stamped and mailed, it is ready to be zapped to you over the internet. This costs you NOTHING, but saves Region 8 money in printing and mailing costs. Sign up by e-mailing Deb at: DebGK@Bellsouth.net.

Please include your name, address and USAG# so that you can be pulled off the label sheets. You will be notified that we have received your request.

You can also sign up for Web page updates. Just e-mail Deb at DebGK@Bellsouth.net to sign up. Each time the Region 8 web page is updated you will receive an e-mail telling you the update and giving you a link to view the updated page.

State Calendars

Deb Kornegay, RACC

The state calendars that are normally listed in this edition of the Region 8 Newsletter are available on the web. Below are the links to each state's calendar:

Alabama	http://www.alausag.org/pages/calendar.html
Florida	http://www.usag-fl.org/fall04spring05.htm
Georgia	http://www.wutka.com/gymsched/showusagmeets.php
Louisiana	http://www.gymnasticsla.com/Calendar/LouisianaCalendar.htm
Mississippi	http://www.msusag.org/pages/Calendar.htm
No. Carolina	http://www.nc-usag.org/calendar.htm
So. Carolina	http://eteamz.active.com/scgym/files/04CompCal.pdf
Tennessee	http://www.tngym.org/calendar

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Region 8 Rules and Regulations

Deb Kornegay, RACC

This Region 8 newsletter contains a copy of Region 8 Rules and Regulations. These Rules and Regulations are a compilation of rules from Region 8 Committee meeting minutes. Thank you to **Marian Dykes** for compiling this document.

••• Special Thank You •••

I would like to thank each of you for the Special Recognition Award given to me at Region 8 Congress. The glass sculpture is truly beautiful, but your recognition and love that I felt at the banquet mean much, much more. It is an honor to serve the outstanding members of Region 8 USA Gymnastics.

Debby Kornegay

Best State Newsletter and Web Page Awarded at National Congress

Deb Kornegay, RACC

Each year USA Gymnastics awards the silver quill award to the best state USAG newsletter in the nation and this year added an award for the best state web page. I am proud to announce that **Mississippi won the Silver Quill for the best State USAG newsletter and also the best state USAG web page.** Way to go **Nancy Hawkins!** **Deb Walls** won the **Regional Silver Quill award for the best newsletter in Region 8.** Congratulations to these ladies for keeping their membership informed.

Compulsory Elements Out of Order *by Marian Dykes, RTCC*

If a JO athlete omits a major element in a compulsory exercise and then performs it later (out of order) or at the completion of the routine, the deduction for deliberate omission will be applied. The element is not to be evaluated, except in the case of a fall, for which a 0.50 deduction will be applied. Once the deduction listed above is taken it is as if the skill does not exist. Do not take a second omission deduction for the same occurrence.

The following examples may help understand this new rule.

Level 5 Beam:

Routine 1 - Gymnast does the routine in the following order:

Mount, backward swing turn, Cross handstand, 1/2 turn, arabesque scale, arabesque, straight leg leap, 1/2 squat turn, cartwheel, 1/2 pivot turns (L&R), straight jump, straight jump, split jump, cartwheel dismount

No deduction - all elements done in order

Routine 2 - Gymnast does the routine in the following order:

Mount, backward swing turn, Cross handstand, 1/2 turn, arabesque scale, arabesque, straight leg leap, 1/2 squat turn, 1/2 pivot turns (L&R), two straight jumps & split

jump, cartwheel dismount — gets back on the beam and does the cartwheel

The routine is considered ended with the dismount. The cartwheel is considered changed or omitted — deduct 1.00 + 0.80 (the value of the element) = 1.80 total deduction, do not take execution for the cartwheel since it is considered omitted but take a fall if it occurs on the cartwheel. The time ends with the dismount; do not restart the time or take any execution deduction for getting back on the beam. The only deduction would be for a fall if it occurs on the cartwheel.

Routine 3 - Gymnast does the routine in the following order:

Mount, backward swing turn, Cross handstand, 1/2 turn, arabesque scale, arabesque, straight leg leap, 1/2 squat turn, cartwheel, 1/2 pivot turns (L&R), straight jump, split jump, straight jump, cartwheel dismount

One of the straight jumps are out of order, therefore changed or omitted — deduct 1.00 + 0.40 (the value of the element) = 1.40 total deduction, do not take execution on the second straight jump since it is considered omitted, but take a fall if it occurs on the second straight jump.

Have a great compulsory season.

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TECHNICAL NOTES

4651 Buford Highway
Atlanta, GA 30341
Work 770-451-6910
Fax 770-457-0943
Home 404-325-3745
Cell 404-408-6699

Region 8 Again Performs New Skills at JO Nationals

Region 8 has a national reputation for new and original skills at the Junior Olympic level. Once again Region 8 had original skills performed at J.O. Nationals for the first time. Two gymnasts from Region 8 competed never before seen skills at Level 10 J.O. Nationals in May. Because of their originality, these skills have been added to the USA Gymnastics J.O. Supplement and will carry the name of the gymnast performing them.

North Florida Gymnastics **Beth Bronson** performed Bounce-back/Tanac 2/1 - from a cast, uprise or backswing, straddle cut to salto backward tucked or stretched with 2/1 twist or more on LB or HB. This bar skill will be called a **Bronson** with a "D" value. On balance beam, **Rheagan Courville** of *Elite Gymnastics* performed a split leap with leg change to cross split (over 180° split) and backward bending (arch) of upper body with head release (Switch-leg Yang Bo). This dynamic leap was awarded an "E" value.

Congratulations to these outstanding Region 8 gymnasts.

Region 8 Represented at Olympic Trials and 2004 Congress

Region 8 was well represented in Anaheim at the Olympic Trials and at the 2004 Congress.

At Olympic Trials, **Melanie Sinclair** of *Orlando Metro* in Florida was impressive. Melanie was accompanied by her coaches **Jeff Wood** and **Christy Bearenau**. The competition was judged by **Lucy Fox** of Region 8. In addition Lucy was honored as a member of the 1984 Olympic Team on their 20 year anniversary.

Several Congress lectures were presented by Region 8 representatives including **Paul Padron**, **Brad Harris**, **Chris Calvert** and **Marian Dykes**. In addition to presenting his own lecture, Paul Padron provided all of the hardware enabling the audience interactive participation in evaluating the videos at several lectures.

Deb Kornegay and **Kim Boyd** worked throughout the Congress on the administrative side helping the "Congress Team" manage sessions. Way to go Region 8!

Sanction Violations - What Do I Do?

What happens when there is a meet that breaks a rule listed in the Rules & Policies? Most Meet Directors would be surprised that rules violations are often reported in writing to the State or Regional Committee Chair even if the person reporting is not comfortable enough to list the problem on the sanction form. Every Meet Director must be familiar with the many meet rules and guidelines in the Rules and Policies. Here are several of the rules that are often seen broken:

- ◆ Number of gymnast in the session. There is no provision to allow more than the number of gymnast listed no matter what the circumstances.
- ◆ Athletes cannot be on the competitive floor for more than 5 hours. Be careful to design the meet schedule to allow for rotating, judging and even a stop in the meet due to an unexpected occurrence such as a lengthy fall, music breaking, etc.
- ◆ Meets should finish by 10:00 p.m. Be sure and allow time for march in and to march from event to event.
- ◆ Judges must have breaks. Your schedule should provide a minimum of 30 minutes after 3 1/2 - 4 hours of judging time and a minimum of 45 minutes after 7 hours of judging time.

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Gymnastics is such a close community, most professional members request that complaints they lodge be kept confidential. Every effort is made to make all levels of the investigation confidential. With this in mind, all sanction violations are taken very seriously. A list of penalties for sanction violations can be found in the *Rules and Policies*.

Meet Directors are encouraged to read their *Rules and Policies* and be familiar with it. This book was designed with the combined efforts of many experienced coaches and judges. The rules listed in the R&P will help make your meet a fantastic experience for all.

As a coach or judge, please report any sanction violation to **RACC, Debby Kornegay**, or your **SACC**, by e-mail or mail. Addresses for e-mail and mail are available on the back page of this newsletter.

As a meet director, please be reminded that Sanction Rules are in effect for the safety of our athletes and any violations could result in warnings, fines, revoking of current sanction or denying sanction for future events.

Technical Notes

The Region 8 USAG Committee will continue to make regional assignments in the summer. The USAG Region 8 Committee at their summer meeting made assignments for both 2005 regional championships. These assignments can be found in the minutes in this newsletter as well as on my web page.

In gym experience cards for regionals 2006 have already been sent. These cards were sent to all Level 10 and higher judges that submit a regional availability for 2005. These cards can be completed using in gym experiences from June 16, 2004 - June 1, 2005. This June 1 due date is a date received. Please be sure you meet this firm deadline. Any Level 10 or higher judge must complete this card to be eligible for consideration by the Region 8 Board for assignment to a regional meet in 2006. If you did not receive a card, you may print one from my web site or contact Marian Dykes.

Availability forms for Regional Championships are in this newsletter. You will **not** receive an individual mailing. Completed forms must be returned to Marian Dykes by June 1, 2005. Many questions continue to arise regarding regional assignments. The following items may help clarify this procedure.

1. Your USAG Region 8 Board will make Junior Olympic regional assignments. Please remember the requirement for **IN GYM EXPERIENCE**. Please remember that an Active Status must be on file with JCI.
2. Please remember your **IN GYM EXPERIENCE** must be at the level of meet you wish to qualify for assignment to. For example, to satisfy the requirement for Level 9/10 regionals, **IN GYM EXPERIENCE** must be at Level 10 or higher.
3. Your USAG Region 8 Board will make recommendations from Region 8 for Level 10 J.O. Nationals and Level 9 J.O. Easterns. If a judge does not satisfy the current elite active-status requirements as well as work at one of the Region 8 training camps, they will drop to the bottom of the rotation for Level 10 Nationals and Level 9 Easterns and will therefore be ineligible for the year.

Clarifications for the 2004-05 season include the following:

- ♦ **COMPULSORY** - If a JO athlete omits a major element in a compulsory exercise and then performs it later (out of order) or at the completion of the routine, the deduction for deliberate omission will be applied. The element is not be evaluated, except in the case of a fall, for which a 0.50 deduction will be applied.
- ♦ **FOR INJURY PETITIONS PROCEDURES** - If a gymnast completes all four events at the qualifying meet, she is not eligible to petition and advance to the next competition.
- ♦ **TIMED WARM-UPS** - When using a modified warm-up procedure, an adult monitor (not the judges) must be assigned to regulate the number of athletes on the floor at onetime and to keep track of the competitive order.
- ♦ **CELL PHONES USAGE** - All individuals involved in the competition "field of play" are required to either turn off their cell phone or set it at vibrate mode during competition. Any calls should be made outside the field of play. This applies to coaches, judges, volunteers and athletes.
- ♦ **EMERGENCY CANCELLATION BY A JUDGE** - As a professional courtesy, if a judge has to come off a meet due to personal emergency and he/she has an airline ticket, he/she should work with

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- ♦ the airlines to try to recoup the airfare either through a refund or paying a change fee to use the ticket for themselves at a later date. If any money is recouped, the Meet Director should be refunded.

Please visit www.usa-gymnastics.org and checkout, "What's New for the Women's Jr. Olympic Program in 2004-2005," Connie Maloney, USA Gymnastics Women's Jr. Olympic Program Manager for all 2004-05 changes.

All judges will be required to recertify in 2005. In June of 2005, new compulsory routines as well as new Optional rules for the next cycle will be presented at the Master Compulsory Workshops and Technical Symposiums. **The present Compulsory rating is valid through December 31, 2005.** All judges will be required to re-certify for the new Compulsories (for the 2006-2013 cycle) by passing a written exam. Optional judges will also be required to recertify by passing an exam. The following schedule has been announced:

2005 BREVET/NATIONAL/LEVEL 10 RECERTIFICATION COURSES

Brevet Courses:	January 15-22	Intercontinental Course	Osaka, Japan
	February 2-5	Continental Brevet Course	Indianapolis, IN
	February 6-9	USAG Brevet Course	Indianapolis, IN

Level 10 Re-certification Courses: (Held a Level 10 rating in 2 cycles 1997-2001 & 2001-2005)

June 4-5	at Technical Symposium	Louisville, KY
June 11-12	at Technical Symposium	Reno, NV
July 14-17	at NAWGJ Symposium	Portland, OR
August 11-13	at National Congress	Indianapolis, IN

National Courses:

1st course-for current National-rated officials	August 14-17 -	Indianapolis, IN
2nd course-first time invitees	August 18-21	Indianapolis, IN

(Held a Level 10 rating since at least Dec. 31, 1997)

EXAMS for Level 5-10:

The first exam to recertify will be at the NAWGJ National Symposium in Portland, Oregon July 13-17, 2005. Please contact your SJD for a list of testing opportunities in your state.

The question and answers section of my web page continues to be a great resource of information for frequently asked questions. A big thank you to **Ceal and Mark Wutka** who continue to do a wonderful job hosting my web site. You can access my Web Page at

<http://www.wutka.com/marian> or the Region 8 Web Page at <http://www.region8gymnastics.org>

*Congratulations to
Region 8 Olympians*

Carly Patterson & Mohini Bhardwaj

2006

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Check here if any of this info is different from last year

Name: _____ Home #: _____

Address: _____ Work # _____

City: _____ State: _____ Zip: _____

E-mail address _____@_____

USA Gymnastics #: _____ Expiration Date: _____

Current Ratings Held (2001-2005): _____

AVAILABLE	NOT AVAILABLE	NAME OF MEET	SITE	DATES
<input type="checkbox"/>	<input type="checkbox"/>	Level 8 Regionals	Huntsville, AL	April 7-9, 2006*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 & 10 Regionals	Kennesaw, GA	Mar 30-Apr 2, 2006*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 Eastern Nationals**	TBD	April 21-23, 2006*
<input type="checkbox"/>	<input type="checkbox"/>	Level 10 J.O. Nationals**	TBD	April 28-30, 2006*

* Please note that travel may be necessary on Thursday, Friday and/or Monday if you are assigned to one of these meets.

** Please refer to criteria in the Region 8 Rules and Regulation in Fall 2003 Region 8 Newsletter.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have attended at least one of the following clinics. Please indicate which clinic(s) you have attended:

- 2004 Region 8 Congress (Nashville, TN)
- 2004 Region 8 Level 8 & 9 Training Camp (Tampa, FL) (For Level 8 Regionals only)
- 2004 USA Gymnastics National Congress (Anaheim, CA)
- 2004 Region 8 Level 9/10 Training Camp (Auburn, AL)

If you wish to have any other clinic(s) considered, you must submit your request **in writing** to Marian Dykes for approval by the Region 8 USAG committee. Please list the date, site, instructors and what this experience afforded you.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have at least 9 hours in-gym experience **at the level of regional you are assigned to or higher**. Was this card completed and filed by 6/01/05? Yes No

How many Junior Olympic optional invitationals have you judged or contracted to judge from 6/14/2004 to 6/1/2005? _____

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2005 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

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2006

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Please specify miscellaneous expenses for which you would expect reimbursement:

\$ _____ Airport Parking
\$ _____ Travel to/from the Airport @ 37¢ x _____ miles round-trip
\$ _____ Tolls
\$ _____ Other Expenses (be specific)

Please indicate the nearest departure airport: _____

Do you have any special dietary restraints? Yes No

Please list dietary restraints _____

OTHER INFORMATION

Gym Affiliation: _____

Place of Employment: _____ How early can you leave? _____

You must return this form to: **Marian Dykes**
4651 Buford Highway
Atlanta, GA 30341

Please send a copy to: **Sheila Ragle**
1870 Eagle Summit Court
Lawrenceville, GA 30043-6669

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2005 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

All Around News

JO INFORMATION UPDATE

1 Cutchin Court
Charleston, SC 29414
Phone / Fax 843-766-3008
E-mail: phpadron@knology.net

The success of our Olympic Team is a wonderful way to begin the 2004-2005 competition season. We are especially proud of the women's all-around champion, Carly Patterson who has her roots in Region 8.

The summer training camps were a complete success with both the Future Stars and Level 8 & 9 Camp filled to capacity. A special thanks goes to **Tim Keckler** - *Lightning City Gymnastics* and **Brad Harris-**

Tampa Bay Turners for hosting the summer training camps. Thank you to all of the volunteer coaches at these camps for their support and dedication to Region 8 athletes. The Level 9, 10 and Elite training camp at Auburn University is currently filled and we are taking names for the waiting list.

My next national JO committee meeting will be in early October. We will be discussing the level 7-10

optional program. It is not too late to get your input regarding the optional levels. Please send any ideas or suggestions to me as soon as possible.

In closing, I wish all of our athletes, coaches and judges a very successful and enjoyable competition season and I look forward to seeing everyone either at the Auburn training camp or at competitions throughout the region.

Level 8 & 9 Training Camp July 23-25, 2004 Tampa Bay Turners Tampa, Florida

Bar Station

Physical Therapy Station

Beam Game

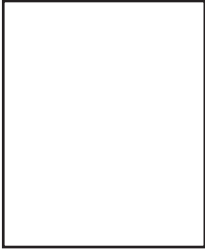
Beam Station

René Niccolai with visiting
international coach, Dale Ali
from Trinidad

Raffle Tickets
for Prizes

Receiving Prizes

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ELITE & TOPS

MAILING ADDRESS (GYM)
6805 Lyons Technology Circle
Coconut Creek, FL 33073
954-725-9199 Phone
954-755-1750 Fax
AmTwist@aol.com E-mail

Toni Rand, RECC

Score Changes for TOPs and Juniors to Qualify to Challenge for the 2005 Season:

Compulsory score to TOPs will increase to 31.00 AA
Optional Score for Jr. Pre-Elite will increase to 32.00 AA

TOPS:

Testing has concluded in our region. Athletes will be notified in late August or early September if they have qualified to National TOPS testing in October. All results will be sent to the clubs.

National Tops Testing:

Please remember that at the National testing, athletes will be tested on the Skills as well as physical abilities. We have made changes in the National routines and these changes **WILL** be in effect for this season so please take the time to go to the National TOPS website at USAG and get a copy of the routines with the changes. The changes have been minimal, however, you will need to know them in October.

Pre-Elite Testing Manual:

The new Pre-Elite Testing manual is available on the USAG web site at <http://www.usa-gymnastics.org/women/tops/nationaltesting.pdf>.

Elite/TOPS Clinic:

Due to low registration numbers we have cancelled the clinic scheduled for September in Atlanta for the TOPS athletes.

Elite/TOPS Clinic:

On December 18 & 19 we will have our annual Elite clinic and a TOPS clinic at American Twisters in Coconut Creek, Florida. **Tammy Biggs** from the USA National staff will be a clinician along with Coaches/Judges from our region.

TOPs Coordinators:

Our committee is working on a restructure of the TOPS program in an effort to bring it to the State level to encourage more club participation. As soon as everything is official, information will be included in newsletters and the website.

Elite Qualifiers:

Pre elites and Elites in our region will need to qualify to the Challenge or Classics by attending any of the National Elite qualifiers or the regional International qualifier that the region will host in July. The region will not offer a winter Regional competition this season as we have one of the National qualifiers in our region and that will serve as our regional qualifier. Athletes may attend as many of the National qualifiers as they wish.

Athletes Qualified to Classic:

Any Elite athlete that competed at Classic or Championships in the 2004 season AND scored a 34.00AA to qualify to Junior or a 35.00AA to qualify to Senior are automatically qualified to the Classic meet. If you competed at Classic and did not achieve the above score you will need to qualify to Classic at one of the National Elite qualifiers. Athletes from our region that are already qualified to Classic are:

Jana Bieger	(Senior)
Shayla Worley	(Junior/Senior)
Kassi Price	(Senior)
Melanie Sinclair	(Senior)

If you think this list is in error please contact me so I can update my records – thank you.

Pre elites will need to compete compulsory and optional to qualify to the Challenge or Classic. Athletes that qualify to the Challenge will compete compulsory, optional and the physical abilities. Elite athletes that qualify to the Classic will compete optional only.

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Dates For Pre Elite and Elite Athletes:

All of the competitions below may be used for qualification to Challenge or Classic

December 18,	2004	Testing competition at American Twisters
January 21-23,	2005	Cincinnati Invite in Ohio
		Aerials Invite in Colorado Springs
January 28-30,	2005	Parkette Invitational in Allentown, PA
February 11-13,	2005	Scats Invite in Huntington Beach, CA
February 18-21,	2005	American Twister invite in Coral Springs, FL
March 4-6,	2005	American Classic/Challenge in Orlando, FL
July 9/10,	2005	Region 8 elite qualifier- bids needed
July 22-24,	2005	US Classic in Virginia Beach
August 10-14,	2005	Championships of USA in Indianapolis, IN

**Scores may be banked for an entire season. Athletes are not considered elite until they enter and compete in a CLASSIC Competition. Pre-Elites are considered JO and may compete in both JO meets, Elite qualifiers and the Challenge without being considered an elite athlete.

Elite Results

Competed in Mexico (USA vs Mexico)

USA Team won GOLD

Jana Beiger	American Twisters
	2nd AA, 1st Vault, 1st Bars, 1st Floor
Kassi Price	Orlando Metro
	3rd AA, tied 1st Bars, 2nd Vault

Competed at 2004 Olympic Trials

Melanie Sinclair	Orlando Metro
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Competed at 2004 Championships of the USA

Grace Taylor	Aiken Gymnastics
Melanie Sinclair	Orlando Metro

Junior National Elite Team

Shayla Worley	Orlando Metro
Jana Bieger	American Twisters
Kassi Price	Orlando Metro

Competed at 2004 US Classic

Senior International

Grace Taylor	Aiken Gymnastics
	10th Bars, 5th Floor

Junior International

Jana Beiger	American Twisters
	1st Vault, 4th Bars, 5th Beam, 2nd Floor 2nd All Around
Shayla Worley	Orlando Metro
	3rd Bars, 1st Beam, 6th Floor 3rd All Around
Kassi Price	Orlando Metro
	4th Vault, 5th Bars, 4th Beam, 7th Floor 4th All Around

Brittney Emmons	First City Gymnastics
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Child Elite Challenge

Haley Bodenheimer	The Gym Company
	6th Vault, 3rd Bars, 3rd Beam, 6th Floor 5th All Around

Junior Pre Elite Challenge

Kyra Platt	Coast Elite
	9th Vault and 5th Floor
Devin Mann	Cartersville
Melanie Root	Cartersville

Region 8 TOPs / Elite Clinic Registration

- ELITE / TOPs Clinic**
Amer. Twisters Gymn. - FL
December 18-19, 2004
 \$100 - [Same Fee for 1 or 2 days]
Deadline November 17th • \$25 late fee per gymnast / coach
Mail Entry form and check to Toni Rand (See address below)

ENTRIES WITHOUT PAYMENT, USAG NUMBERS or COMPLETED FORMS WILL NOT BE PROCESSED!

Team Name _____ Email: _____@_____

Team Address _____ Phone: _____

City: _____ State _____ Zip: _____ Fax: _____

Team USAG Number: _____

Coach _____ USAG# _____ Exp. Date _____ Safety Exp. Date _____

Coach _____ USAG# _____ Exp. Date _____ Safety Exp. Date _____

ATHLETE NAME	USAG #	AGE AS OF 12/31/2004	DATE OF BIRTH
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

Number of **GYMNASTS** for ELITE / TOP's Clinic - Dec. 18-19, 2004 _____ x \$100.00 = _____

LATE FEE \$25.00 PER GYMNAST/COACH registered after **deadline date.** _____ x \$ 25.00 = _____

TOTAL \$ _____

Make check payable to Region 8 USAG.
One Check per club. No personal checks.

MAIL CLINIC ENTRY FORM to: Toni Rand, 6808 Lyons Technology Circle, Coconut Creek, FL 33073

SOPHOMORE / JUNIOR FORM

FOR JUNIORS GRADUATING 2005 AND SOPHOMORES GRADUATING 2006
LEVEL 9 & ABOVE OPTIONAL GYMNASTS ONLY

PERSONAL INFORMATION

Name _____ Height _____ Weight _____
Address _____
City _____ State _____ ZIP _____
Phone (_____) _____ Email: _____@_____

ACADEMIC INFORMATION

Please check one of the following: Junior Graduating 2005 Sophomore Graduating 2006
High School: _____ City _____ State _____
College Major: _____
GPA: _____ Out of: _____ ACT: _____ Date test was/will be taken: _____
(Grade Point Average) (4.0, 100, etc.) SAT: _____ Date test was/will be taken: _____

GYMNASTICS INFORMATION

Gym: _____ Present Level: _____ # of Years: _____
Address: _____ Previous Level: _____ # of Years: _____

Gym Phone: (_____) _____ Strongest Event(s): _____
Coach: _____

GYMNASTICS ACCOMPLISHMENTS

- ❖ **ONLY USAG Meets** qualify to be listed for Nationals, Regionals and State
- ❖ All other Meets should be listed under invitationals
- ❖ Only list event scores **if you placed in that event**

	YEAR	NAME OF MEET	AA SCORE	PLACE	VAULT	PLACE	BARS	PLACE	BEAM	PLACE	FLOOR	PLACE
Nationals:												
Regionals:												
State:												
Invitationals: (Limit 3)												

MAIL FORM TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 OR
FAX FORM TO: (205) 951-0184

FORMS MUST BE RETURNED BY OCTOBER 3, 2004!

All Around News

Meet Your Region 8 Committee

Debby Kornegay

Region 8 Administrative
Committee Chairman

- Region 8 USA Gymnastics
Administrative Chairman since 1997
- Alabama USAG State Chairman 18 years
- Mississippi USAG State Chairman 2 years
- Judges rating since 1975; Brevet Judge since
1993; also holds JO Level 5/6 Compulsory rating
- Gymnast for 11 years. Competed in 1972
Olympic Trials. Coached 15 years.
- Volunteer for Habitat for Humanity.
- Married to Tuck for 26 years. Two children
Rebecca 20 and Marla 16.

Paul Padron

Region 8 Junior Olympic
Committee Chairman

- Region 8 USA Junior Olympic Chair
2002 to present
- South Carolina USAG State Chairman 18 years
- Judge Brevet 4 years
- Middle School Vice Principal
- Club Head Coach 1976 Present
- Married to Theresa for 23 years. Three children
Aaron 22, Daniel 17 and Elena 16.

Marian Dykes

Region 8 Technical
Committee Chairman

- Regional Technical Committee
Chair 1979 to present
- Judges rating since 1972; Brevet since 1993;
also holds JO Level 5/6 Compulsory rating
- Volunteered since 1976 to both USA
Gymnastics and NAWGJ
- Also volunteered to the auxiliary group at
Children's Hospital of Atlanta and Peachtree
Road Methodist Church
- Blessed to have two wonderful parents, two
sisters who are married to brothers and two
terrific nieces - Danielle and Lindsey
- Own a CPA firm - often wonder which is my full
time job - gymnastics volunteer and judge or my
job as a CPA

Toni Rand

Region 8 Elite Committee Chairman

- Region 8 Elite Chairman since 2003
- Brevet Judge & USA National Team Coach
- Owner of American Twisters Gymnastics in
Florida with husband Tim
- Started LaFleurs Gymnastic club in 1981
- State Chairman of Florida from 1986-2000
- Married to Tim Rand for 15 years with two
daughters, Alissa and Serena

Deb Walls

SACC Alabama

- Alabama SACC for 9 years.
- Owner/director of Shoals School of
Gymnastics and Cheer in Tuscumbia, Alabama
and Lawrenceburg, Tennessee for the past
twenty-eight years.
- Vice-Chair of the Shoals Chamber of Commerce
- President elect of The Tuscumbia Business and
Merchant's Association
- President elect of the Tuscumbia Civitan Club.
- Committee member of the Shoals Youth
Leadership Organization.
- Married for 23 years to Bobby H. Walls, and
they have daughter, Alex.

Michael P. McCabe

SACC Florida

- USAG SACC since 2002
- USAG Florida sectional board
representative
- TOPS administrator - PDCP course
administrator
- Meet Director US Classic, Easterns
- Program Director Orlando Metro -
Waterford Lakes
- Married to Denise - Children: Cody 11 years and
Max 5 years; Both athletes and artists - children
extraordinaire
- Coach both the boys' soccer teams 2 seasons a
year

Peggy Simpson

SACC Georgia

- USAG Georgia SACC for 6 years
- Owner/Director NorthWind Gymnastics Center
- USAG Georgia State Board Member 10 years
- Meet Director for 16 years
- Coach and instructor for 20 years and still counting
- Married to Terry for 23 years
- Two children Ian 19 years old and Loren 22 years old

Patricia Boudreaux

SACC Louisiana

- Years in Gymnastics: 21
- Dance Instructor & Pre-School Instructor & Coach: 15 years (Dance instructor for an additional 16 years prior to gymnastics involvement)
- Judge: 15 years
- Years as volunteer: state administrative committee for NAWGJ & USAG: 9 years
- Full-time office manager and part-time children's coordinator at New Covenant Baptist Church.
- I am married to Barry Boudreaux - celebrating our 35th wedding anniversary on August 23rd.
- Two daughters: Marcie Boudreaux; Beth Boudreaux McKnight - married 2 years

Nancy S. Hawkins

SACC Mississippi

- USA Gymnastics SACC 2000-Present
- USA Gymnastics member 1986-Present
- Mississippi USA Gymnastics Board Member 1994-2000
- National Association Women's Gymnastics Judge 1993-Present
- 1989-Present President Starkville Gymnastics, Inc. Starkville, MS
- B.S., Health, Physical Education, and Recreation and M.S., Physical Education Mississippi State
- Married Thomas G. Hawkins, One son Charles A. (Sandy) Lay

Jennie Kennel Adams

SACC North Carolina

- SACC for North Carolina USA Gymnastics for 16 years.
- Women's' rated judge since 1975. Currently hold National rating.
- Coached high school gymnastics in Raleigh, NC for 19 years.
- Have taught for 35 years in physical education, science, or math. Helped create Arapahoe Charter School and currently teaching there.
- Married to Dale. Currently have 5 dogs, no children. Live on the Neuse River in Pamlico County at Kennel's Beach, often in the path of errant hurricanes.

Joanne Child

SACC South Carolina

- Years Coaching Gymnastics: 32
- USAG SACC since 2002
- State Administrative Committee Volunteer since 1980
- NAWGJ Judge since 1977- Level 10 judge since 1996
- Co-owner and head coach of Carolina Gymnastics Center, Inc since 1977 (first privately owned gym in South Carolina)
- Assistant Gymnastics Coach for the University of South Carolina: 1973-76
- Head Coach Columbia YMCA: 1972-76
- Married to Michael Child in 1999

Robert Valley

SACC Tennessee

- 2002 Current Tennessee SACC
- 1986 - Current President & CEO of The Master's School of Gymnastics
- Meet Director of 5 invitational meets per year
- Meet Director of 2003 Level 4-6 Compulsory State Meet, 2004 Level 9/10 Regional Meet.
- Opened first gym, Gym for Him, in Nashville, Tennessee in 1980. Opened current Master's Gymnastics in Hendersonville, TN in 1986. Opened new location in Gallatin, TN in July 2004.
- Married to Barbara for 28 years Children Jonathan, Sarah, Matthew, Joshua and Nathan
- NCAA Division III Men's National Champions 1977

Region 8 Congress

16

June 3-5, 2004 • Nashville, Tennessee

We watched...

We honored...

**HOSTED BY
Region 8 Committee
AND
NAWGJ Regional Board**

REGION 8 CONGRESS BID FORM - 2005 or 2006

[CIRCLE ONE]

There will be a \$1,000.00 fee for use of the "Region 8 Congress" name plus a \$5.00 fee per paid Registrant over 350 participants.

Region 8 will include Regional Congress information and registration forms in Regional Newsletter.

Director will work in conjunction with Region 8 officers concerning events schedule, meeting schedule, and testing.

Director provides discount registration to USAG State Chairmen who will assist Director during the event.

Regional officers (RACC, RTCC, RECC, RJOCC) are to be used as clinicians and director covers expenses of these officers.

Name of Event Director _____

Address _____

Phone (Work) _____ (Home) _____ Email _____ @ _____

How many meets have you hosted in the last 5 years?

Meets: Sectional _____ State _____ Regional _____ National _____ Invitational _____

Clinics: State _____ Regional _____ National _____

How many events did you attend in the last 2 years?

Meets: Sectional _____ State _____ Regional _____ National _____ Invitational _____

Clinics: State _____ Regional _____ National _____

Facility Name _____

Address _____

Date available for Regional Contress _____

List size of meeting rooms: 1) Size _____ Ceiling Height _____

2) Size _____ Ceiling Height _____

3) Size _____ Ceiling Height _____

4) Size _____ Ceiling Height _____

5) Size _____ Ceiling Height _____

Planned Registration fee \$ _____ Is Audio/Visual available? _____ Cost _____

Nearest Airport _____ Distance from site _____

Is there airport/hotel shuttle? _____ Cost _____

Hotel _____ Cost of Room _____

Please give us a list of topics you are considering and Clinicians you intend to invite:

Topic _____ Clinician _____

Topic _____ Clinician _____

Topic _____ Clinician _____

Topic _____ Clinician _____

Date _____ Signature _____

RETURN TO: Debby Kornegay - 394 Stonebridge Road • Birmingham AL 35210-4111 • (205) 951-0184 Phone/Fax

MUST BE RECEIVED BY September 25, 2004

All Around News

REGION 8 CALENDAR • 2004 - 2005

October 2004

- 1-3 Level 9, 10 & Elite Training Camp
Auburn Gymnastics, Auburn, AL
- 1-3 National TOPs Testing
Houston, TX
- 8-10 Joint JO/WTC Meeting

November 2004

- 6 Region 8 Committee Meeting
Charleston, SC

December 2004

- 4-8 National TOPs Training Camp
Houston, TX
- 8-12 National TOPs B Training Camp
Houston, TX
- 18-19 Elite/TOPs Clinic
American Twisters Gymn., FL

January 2005

- 21-23 Elite Qualifier
Cincinnati, Ohio & Colorado
- 28-30 Elite Qualifier
Allentown, PA

February 2005

- 2-5 Continental Brevet Course
Indianapolis, IN
- 6-9 USA Brevet Course
Indianapolis, IN
- 11-13 Elite Qualifier
SCATS, CA
- 18-20 Elite Qualifier
American Twisters, FL

March 2005

- 4-6 American Classic
Orlando, FL

April 2005

- 8-10 Level 8 Regionals
Boca Twisters, Fort Lauderdale, FL
- 14-17 Level 9 & 10 Regionals
Nashville, TN

May 2005

- 6-8 Level 9 Easterns Manatee Civic Center
Palmetto, FL
- 13-15 Level 10 Nationals Ontario Conv. Center
Ontario, CA

June 2005

- 2-5 Compulsory WTC Master Workshop
Louisville, KY
- 9-12 Compulsory WTC Master Workshop
Reno, NV
- TBD Future Stars Training Camp
NEED BID

July 2005

- 9-10 Region 8 Elite Qualifier
NEED BID
- 22-24 US Classic
Virginia Beach, VA
- 29-31 Level 8 & 9 Training Camp
NEED BID

August 2005

- 10-14 Championships of USA
Indianapolis, IN
- 11-14 USA Gymnastics Congress
Indianapolis, IN

October 2005

- 7-9 Level 9, 10 & Elite Training Camp &
Regional Congress
NEED BID

Level 9, 10 & Elite
2004 Region 8 Training Camp
OCTOBER 1-3, 2004

Auburn Gymnastics Academy - Auburn, Alabama

CAMP IS FULL FOR ATHLETES
COACHES AND JUDGES MAY STILL REGISTER
Camp open to all USAG Professional Members.

Tentative Schedule for Camp:

FRIDAY: 3:00 P.M. - 8:30 P.M.
SATURDAY: 10:30 A.M. - 6:00 P.M.
SUNDAY: 9:30 A.M. - 1:00 P.M.

**COACHES AND JUDGES REGISTERED FOR TRAINING CAMP MAY
ATTEND ALL TRAINING CAMP AND NAWGJ SESSIONS AND LECTURES.**

NAWGJ Symposium Times:

SATURDAY - AT GYM:	8:15 - 9:20A.M.	LECTURE 1
	9:25 - 10:30A.M.	LECTURE 2
SUNDAY - AT HOTEL:	8:45 - 9:45A.M.	LECTURE 3
	10:00 - 11:00A.M.	LECTURE 4
	11:15 - 12:15P.M.	LECTURE 5

HOTEL: Auburn University Hotel & Dixon Conference Center
241 South College Street
334-821-8200 Phone
334-826-8755 Fax
\$95.00 - Ask for Region 8 Gymnastics rate

FEES: \$50 per coach or judge (discounts if bringing athletes)

PROVIDE EMAIL INFORMATION FOR CONFIRMATION OF ENTRY AND FINAL SCHEDULE

VOLUNTEERS:

No fee is required to attend camp and you will be eligible for apparel if your athlete qualifies to JO Nationals!

MAIL ALL FORMS WITH FEES TO: Debby Kornegay
394 Stonebridge Road, Birmingham, AL 35210

REGION 8 TRAINING CAMP 2004

CLINICIAN APPLICATION

If you will have coaches at the training camp and would like to offer their services to assist as clinicians, please fill in the form below. **THIS IS A VOLUNTARY POSITION.** Clubs will be notified in advance if services will be required. Thank you for your offer!

NAME OF GYM: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ FAX: _____

NIGHT PHONE: _____ EMAIL: _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

TRAINING CAMP YOUR COACHES WILL BE ATTENDING AND ARE ABLE TO WORK:

LEVEL 9, 10 & ELITE
October 1-3, 2004
Auburn, Alabama
Auburn Gymnastics

NAME OF COACHES ATTENDING CAMP FROM YOUR GYM:

1. _____ USAG# _____ 2. _____ USAG# _____

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 NATIONALS IN 2004? YES NO

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 REGIONALS IN 2003? YES NO

IS THERE AN EVENT(S) THAT THE COACHES WOULD **NOT** WANT TO BE ASSIGNED TO?

1. _____ 2. _____

PLEASE SEND THIS FORM IN BY: September 15 (Levels 9, 10 & Elite)

TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

Thank you for offering to help! Your assistance will be greatly appreciated! You will be contacted with your event and day approximately 30-45 days prior to the Camp date. Everyone who volunteers that had an athlete at Level 9 Regionals or above will be assigned to work! All proceeds from these events will go to the 2005 Region 8 Apparel Fund.

Support your Region - Support your athletes - Volunteer to work today!

Clubs that have coaches work the camps will be eligible to receive apparel if they have athletes qualify to Nationals in 2005. Clubs who do not work and contribute at least \$1000.00 will also be eligible to receive apparel if athletes qualify to Nationals!

TRAINING CAMP REGISTRATION FORM

FOR COACHES & JUDGES WITHOUT PARTICIPATING GYMNASTS

Judges registered for the October Camp are automatically registered for NAWGJ symposium.

NAME _____ COACH JUDGE _____ RATING _____
USAG# _____ EXP DATE _____
MAILING ADDRESS _____
CITY: _____ STATE: _____ ZIP: _____
DAY PHONE _____ FAX _____
NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

COST: \$50.00

Make checks payable to REGION 8 USA GYMNASTICS

LEVEL 9, 10 & ELITE CAMP (Auburn, AL [10/1-3/04]) **DEADLINE 9/15/04 - FIRST COME, FIRST SERVE**



Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

TRAINING CAMP REGISTRATION FORM

FOR VOLUNTEER JUDGES

NAME _____ RATING _____
USAG# _____ EXP DATE _____
MAILING ADDRESS _____
CITY: _____ STATE: _____ ZIP: _____
DAY PHONE _____ FAX _____
NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

You will be actively working on the floor. Please check below any event(s) that the judge would **NOT** want to be assigned to? VAULT BARS BEAM FLOOR

COST: FREE - If assigned to work camp

LEVEL 9, 10 & ELITE CAMP (Auburn, AL [10/1-3/04]) **DEADLINE 9/15/04 - FIRST COME, FIRST SERVE**



Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

All Around News

BUSINESS

Region 8 Committee Meeting Minutes

June 2, 2004

Sheraton Music City, Nashville TN

Region 8 Congress

The meeting was called to order at 1:15 P.M. Jennie Adams agreed to be secretary.

Roll call

Debby Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC (absent)
Toni Rand	RECC
Sheila Ragle	NAWGJ (Non Vote)
Deb Walls	Alabama
Mike McCabe	Florida
Peggy Simpson	Georgia
Patricia Boudreaux	Louisiana
Nancy Hawkins	Mississippi
Jennie Adams	N. Carolina
Joanne Child	S. Carolina
Bob Valley	Tennessee

Deb K. distributed to P. Boudreaux and T. Rand a confidentiality statement for signature and reminded all SACC's of the need for adherence to the confidentiality policy. She then read a note from Michelle Waguespack, outgoing LA SACC, thanking the Committee for a wedding gift. All Committee members were reminded to place cell phones on silent mode

MOTION To renew contract with NAWGJ as regional judge assignor.

Motion J. Adams
Second M. McCabe
Passed unanimously

Marian led discussion about the fact that National and Eastern judging assignment criteria might need adjustment if the meet is in our region. (i.e. A National meet in FL to which no judge from FL was assigned.)

MOTION Adjust criteria so that at least one judge recommended reflect representation from hosts geographical area.

Motion M. Dykes
Second T. Rand

Passed unanimously

MOTION Adjust criteria so that no more than one-half of the Level 10 National judges recommended from Region 8 be from the same state.

Motion J. Adams
Second P. Boudreaux

Passed unanimously

MOTION In unusual gymnastics related circumstances, the Regional Committee delegates last minute assignment decisions to Region 8 JO Committee.

Motion J. Adams
Second P. Simpson

Passed unanimously

MOTION International judging assignments supersede Region 8 Judges Criteria.

Motion J. Adams
Second P. Simpson

Passed unanimously

Marian then gave an explanation of the chart for judge availability for Region 8 Regionals

MOTION Accept the 2005 Level 9/10 Regional slate of judges as amended.

Deb Kornegay	Mary Lou Dillard
Cookie Batsche	Cindy McLane
René Niccollai	Kim Joye
Sheila Ragle	Patricia Boudreaux
Teri Jenkins	Delene Darst

All Around News

BUSINESS

Region 8 Committee Minutes
June 2, 2004

Diane Thompson Shirley Tranquil
Winnie Witten Lucy Fox
Sibby Lane Jeanna Lane

Meet Referee Marian Dykes and Paul Padron

Alternates Out of state Carole Ide and in
geographic area Mary Ann Wallace

Motion D. Walls
Second B. Valley

Passed unanimously

MOTION Accept the 2005 Level 8 Regional slate of judges as amended.

Deb Kornegay Mary Ann Wallace
Sharyn Strickland Terry Doster
Jean DeArmon Brock White
Brenda Eberhardt Susan Sommer
Wei Huang Teri Jenkins
Jennie Adams Portia Bodenheimer
Janet Efland Louise Peck
Kerma Headrick Lucy Fox

Meet Referee Marian Dykes

No alternates named. Replacement would be based on state representation per the regional guidelines.

Motion P. Simpson
Second D. Walls

Passed unanimously

MOTION Accept the proposed 2005 Level 10 National slate of judges.

Paul Padron Cindy McLane
Cookie Batsche Sheila Ragle

Alternate Mary Lou Dillard

Motion D. Walls
Second B. Valley

Passed unanimously

MOTION Accept the proposed 2005 Level 9 Easterns slate of judges.

Delene Darst Diane Thompson
Cookie Batsche

Since Level 9 Easterns are in Region 8 the following judges will be submitted in hopes that Region 8 will get additional slots.

Marian Dykes Shirley Tranquil
Deb Kornegay Cindy McLane
Winnie Witten Mary Lou Dillard
Paul Padron

Motion M. McCabe
Second J. Child

Passed unanimously

Marian reminded SACC's to publish the fact that in-gym cards and judges' availability forms are hereafter due on June 1st. She asked that SACC's provide to Marian the names of judges assigned to 2005 optional state meets by Nov. 1, 2004.

Regional Committee concerns:

- A) SACC's confirmed correctness of address list for Newsletter & emergencies
- B) SACC's were asked to link state's calendars to regional web page by August
- C) Deb distributed new 2004-07 Calendar Planners. Thanked by all.
- D) All 8, 9, 10 Optional State Meet dates are March 18-20 except AL which is March 11-13.
- E) It was announced that the qualifying score for Level 9 Regionals will remain at 34.00, if the numbers remain as large as previous year's competition must begin on Thursday night. There will be less time allocated for a training day. Clubs wishing to arrange training time in the host city with local gyms in the host city are encouraged to do so.
- F) 2006 Regional Meet dates were selected.
Level 8 April 7-9, 2006
Level 9/10 March 31-April 2, 2006
- G) Deb stated that National Workshop clinicians may be used within four weeks of June 12, 2005 only if a percentage is paid to the National office.

All Around News

BUSINESS

Region 8 Committee Minutes
June 2, 2004

MOTION That 2005 Regional Congress and Training Camp be combined.

Motion N. Hawkins

Second P. Simpson

Passed unanimously

H) Bids were received and reviewed for 2006 Regional competition.

MOTION To accept the bid from Gymnastics Academy of Atlanta for 2006 Level 9/10 Regionals.

Motion N. Hawkins

Second P. Boudreaux

Passed unanimously

MOTION To accept the bid from Huntsville Gymnastics Parent Association for 2006 Level 8 Regionals.

Motion D. Walls

Second N. Hawkins

Passed unanimously

I) Setting the date for 2005 Future Stars Training Camp was tabled.

J) The 2005 9, 10, Elite Training Camp will be held in conjunction with Regional Congress on Oct. 7, 8, & 9, 2005. Deb K. will publish bid request for the Training Camp. The bid will indicate that Regional Congress will be held in conjunction with this Training Camp hosted by the Region 8 committee. Acceptance of the bid may be effected by availability of a site for Regional Congress.

K) After viewing sample newsletters from states, SACC's voted on Silver Quill Award by secret ballot.

L) Updated 2004-2005 Regional Address books were distributed to Committee.

M) Deb K. distributed Regional financial report and asked for questions. None.

N) Query was presented about R & P's interpretation of the 8th place individual's tie-

breaker procedure as relates to each state's Level 8 team placement. How does the presence of a foreign athlete affect this procedure? Discussion continued as to the inequity of the National rules about foreign athletes who have competed in the JO program for multiple years.

O) Regional newsletter deadline is Aug. 10, 2004.

P) Deb K. reviewed SACC's responsibilities at the Nashville Region 8 Congress.

Q) Deb K. reminded SACC's to include Sophomore/Junior Sheets in next state newsletter.

R) Discussion of Elite Meet entry fees was tabled.

S) Deb K. explained about the Hall of Fame Ceremony to be held at National Congress on Saturday 6:30-9:30. Regions were encouraged to purchase spaces at a table for the ceremony. Each SC wrote a check for \$100 and gave to Deb K. Region 8 will add \$200 and send Kathy Feldmann a check for \$1,000.00.

The financial statement for 2004 9/10 Regional from Gwinnett was reviewed. No financial statement has yet been received from 2004 Level 8 Regionals.

Toni Rand TOPS report

Toni distributed a sheet listing the dates for TOPS testing for 2004 and requested publication in state newsletters. It is the SACC's responsibility to choose each state's TOPS coordinator. It is up to the State TOPs Coordinator to determine how many testings are desired in each state. Toni re-emphasized that the TOPS position is a volunteer position and that the Regional position will be chosen from the state coordinators later this year.

Toni Rand Elite report

Toni reported that Dec 18 & 19 is set for Elite testing as well as TOPS testing at American Twisters in FL. Later testing sites will be geographically moved as needed. Toni reminded the Committee that she's available for questions and answers, but can best be contacted through e-mail.

All Around News

BUSINESS

Region 8 Committee Minutes
June 2, 2004

Deb K. State Chairman Concerns

Financial Statements and Inventory reports are due July 10, 2004. USAG Competitive information report is due Aug. 31, 2004. Deb reminded everyone, that when sending state meet results by e-mail in Excel, not to use spaces before the names or numbers. Please double check spelling of names (so consequent certificates will be correct) and only use capital letters for the first letter of names.

Marian D. RTCC report

Marian reported that the RTCC's and JO's had a joint meeting 3 weeks ago, but no minutes have been published. In that meeting, a time frame had been set for coming year. Work on the new compulsories and code are almost completed with books to be published and available for sale at the National Workshops and after.

Latest Technique has updated National information for judges' recertification. Marian encouraged all SACC's to financially help recertifying Brevets when able. Brevet course will be held in Feb. 2005. The registration fee has not been announced.

Marian suggested that membership be mindful of dates when reading the JO Update, because some changes will take place on Aug. 1, 2004 and others will take effect Aug. 1, 2005.

Another discussion followed concerning the inclusion of foreign athletes in the National levels of JO competition. All regional officers are encouraged by the SACC's to reopen the discussion in order to protect the rights of our long-term foreign athletes who are having difficulty obtaining citizenship with the cumbersome INS process. It appears some athletes who are less than honest about their citizenship, may be unfairly receiving an advantage.

Marian relayed that there may be changes in the USAG contract with JCI. More will be explained by the USAG national office.

Deb K. Regional Chairs Report

Deb reported that there will be changes in the terms of office for Regional officers because the present format

could allow for all new officers to be elected in the same year. 2005 will be the year for RTCC and RJOC elections. 2007 will be the year for RECC and RACC elections.

Deb asked that all committee and regional officers meet for a new photo at 4:30, before the auction on Friday.

§ Deb told the Committee that Region 8's Chris Calvert is an At-Large candidate for USAG's Board of Directors

§ Clarification on athlete petitions: if an athlete completes all four events she is not eligible to petition to the next level.

§ New ruling: All cell phones on the competition floor should be placed on silent.

Next Committee meeting will be at 9:00 am on Nov. 6th in Charleston. Committee members are encouraged to come in on Friday and should plan to fly out on Sunday.

MOTION To adjourn @ 6:05

Motion J. Adams

Second D.Walls

Passed unanimously

E-mail vote taken as requested by Women's Program Committee.

MOTION Region 8 will not run an election for RACC or RECC in 2005.

Passed unanimously

All Around News

BUSINESS

Financial
Report
4/1/04 - 6/30/04

INCOME:

Clinics/Workshop - - - -	10,690.00
Competition Fees - - - -	8,296.00
Donations - - - - - - -	1,340.00
Travel Reimbursement - - -	270.40
Returned Check - - - - -	1,220.88
Promotional - - - - - - -	14,769.00
Rebates Athlete - - - - -	1,644.25
Rebates Pro - - - - - - -	1,608.00
Total Income - - - - -	\$39,838.53

EXPENSES:

Awards/Apparel - - - - -	19,381.68
Competitions - - - - - - -	1,322.10
Certification-Testing Ex - - - -	50.00
Travel - Meetings - - - - -	3,329.37
Clinics/Workshop Exp. - - - -	2,902.00
Communications - - - - - - -	8,000.95
Office - - - - - - - - - - -	1,208.38
Promotions - - - - - - - - -	1,000.00
Bank Charge - - - - - - - - -	36.03
Total Expenses - - - - - - -	\$ 37,230.51

TOTAL INCOME/EXPENSE - \$ 2,608.02

2004 - 2005 REGION 8 ADDRESS BOOK & DISK

Wire bound booklet with Addresses, Phone & Fax Numbers,
and Email Addresses for

- **Region 8 Clubs**
- **Head & Assistant Coaches**
- **Region 8 Board**
- **Judges**
- **Region 8 NAWGJ Board**

BOOK ONLY
\$15.00

BOOK & DISK
(to make your own labels)
\$25.00

ORDER NOW

Name _____
 Address _____

 Phone _____
 Email _____@_____

**AMOUNT
ENCLOSED**

\$ _____

MAIL TO: Region 8 Gymnastics, Debby Kornegay: 394 Stonebridge Road, Birmingham, AL 35210-4111

All Around News

RULES & REGULATIONS FOR REGION 8

Compilation of Region 8 USA Gymnastics Committee Minutes

Prepared by Marian Dykes, RTCC

Revised 6/2/04

JUNIOR OLYMPIC PROGRAM

The JOCC will form a Regional JO Committee. Each state must appoint one person for the JO Committee. Brad Harris will serve as Assistant JO Chairman and will work with Paul Padron to setup and administer Training Camps. (7/3/02)

The WTC is encouraging the flashing of Start Values at all Level 8, 9 & 10 competitions. (7/3/02)

STATE MEETS

Base score video were discussed. SACC's must mandate the use of base score videos at Level 8, 9 & 10 State Meets. (7/3/02)

SACC's were reminded to have judging selection for Optional State Meet to Marian Dykes, RTCC by November 1st of each year. (7/3/02)

Region 8 strongly recommends that each state use 4-judge panels for all state championships. (12/20/02)

Region 8 USAG Committee suggest the Optional State Meet entry fees, set by USAG State Committees, not exceed \$75, with consideration to facility, equipment, judging expenses and awards. (10/18/99) (12/20/02)

Regional Meet entry forms should be Xeroxed (copied) from form. Four copies should be made:

1 to RACC, 1 to RTCC, 1 for Meet Director, 1 for State Chair to keep. (12/18/99)

Regional Meet entries must be paid with one club check. Individual checks cannot be used. (12/18/99)

ELITE REGIONALS

If a gymnast's Regional Meet entry is NOT turned in by deadline date, in order to enter the gymnast(s) in the Regional Meet, the following penalty will apply to the coach:

- A \$25 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director.
- \$200 fine payable to Regional 8 USA Gymnastics for each meet involved.
- Fines must be received prior to training day (6/7/00)

REGIONALS

The Level 8, 9 & 10 Regional entry fee be \$85 because of the required use of outside facility, air conditioning, equipment rental, and regional representation of judges. (7/27/01)

The Meet Director will pay a fee of \$10 per athlete from all Regional Championships to the regional account. (7/27/01)

Region 8 will pay half the cost of awards at Level 9/10 Regional Championships, the other half to be paid by the Meet Director. The Level 8 Meet Director pays the entire awards expenses. (7/27/01)

Region 8 will give all-around awards to 33% of competitors at Level 8, 9 & 10 Regionals, or at Level 10 to all athletes qualifying to Nationals, whichever is greater. (7/27/01)

All graduating seniors at Regional Meets will be presented with flowers by the region. (1/4/97)

If a gymnast's Regional Meet entry is NOT turned in at the State Meet, in order to enter the gymnast(s) in the Regional Meet, the following penalty will apply to the coach:

- A \$25 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director.
- A \$200 fine payable to Regional 8 USA Gymnastics for each meet involved.
- Fines must be received prior to training day (6/7/00)

Injury petitions are accepted for Level 9 & 10 regionals. All petition information along with the entry check still must be sent to Marian Dykes, RTCC with a copy to Paul Padron, RJOCC. A regional Entry Form will be published in the Winter Region 8 Newsletter and will include a place for petitioned gymnasts. (7/3/02)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform and that females wear skirts and men wear ties. (7/9/03)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

LEVEL 10 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

Qualification to Regionals 34.00 AA at State meet with no minimum number guaranteed (6/27/96)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform and that females wear skirts and men wear ties. (7/9/03)

LEVEL 10 NATIONALS

Region 8 Level 10 National alternates work out in the work out gym. These alternates will not be included during the designated Region 8 workout on the competition equipment. (7/9/03)

LEVEL 9 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform and that females wear skirts and men wear ties. (7/9/03)

LEVEL 8 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8, 9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

The number of gymnasts at Level 8 Regionals All Stars is 208 + all ties + an additional 54 athletes. The number of team members is 64 (8 per state with 5 scores counting for team). There are no petitions accepted to Level 8 Regionals. The additional 54 athletes are determined by a percentage of those scoring a 34.00+, by the designated deadline, from all 8 states. (6/7/00) (12/19/03)

A foreign athlete is eligible to compete as an all star at Level 8 Regionals as long as an additional gymnast from that state is accepted to Level 8 Regionals. The foreign athlete would receive duplicate awards at Regionals. Foreign athletes would be in addition to the percentage Level 8 numbers for each state. Foreign athletes cannot qualify on a state team. (7/3/02)

If a state does not have sufficient athletes to fulfill allotted spaces on state team at Level 8 Regionals, RACC will notify all-star with the highest All Around score from all State Meet results to fill available slots. (6/30/99)

Level 8 all-star alternates will be placed in any slots that become available up to forty-eight hours prior to the start of warm-ups of the first session of competition. (6/30/99)

Level 8 team alternate will be placed in any slots that become available up to the start of warm-ups of the first session of competition. (6/30/99)

All regional teams will receive plaques at Level 8 Regionals. The plaques will be presented prior to the team competition as the official state photograph is taken. The teams finishing first through third will receive additional tabs to attach to the plaques reflecting their respective finishing positions at the awards ceremony. (7/3/02)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform and that females wear skirts and men wear ties. (7/9/03)

If a tie for state team occurs at Level 8 Regionals Team competition the tie will not be broken. (7/9/03)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

MINI-CONGRESS

The fee for using the Region 8 name for Regional Congress is \$1,000 base fee plus a \$5 per paid registrant in excess of 350 participants charged by Region 8 for hosting Region 8 Congress. (12/19/03)

TRAINING CAMP

The entry fee for the Regional 8/9 and 9/10 training camps is \$130. (7/27/01)

10% of all profits from regional training camps, elite clinics and TOPs testing will be earmarked for regional administrative cost. (6/17/98)

The region will administer as many training camps as needed. The Region will accept bids for a site for all training camps. Level 9's will be offered the option of attending either the 8/9 or the 9/10/E camp. (7/9/03)

TOPS National Team Members from the current or previous year be permitted to register for the Regional 9/10/Elite training camp. (12/16/00)

Petitions will be considered for acceptance to the training camps. Petitions are to be sent to the RTCC and a copy to RJOCC and reviewed under normal Rules & Policies petition guidelines. (6/27/96) (7/9/03)

Level 8 - All Level 8 gymnast who qualify to the State Meet and above are permitted to register for the Level 8/9 Regional Training Camp. (7/9/03)

Level 9 - All Level 9 gymnasts who qualify to the State Meet, but do not qualify to Level 9 Regionals Championships are permitted to register for the Level 8/9 Regional Training Camp. (1/9/99)

Level 9 - All Level 9 gymnasts who qualified to Regionals at State Meet, who competed at Regionals or had petitions accepted to regionals are eligible for the 9/10/E camp. (6/7/00)

Level 10 - All Level 10 gymnasts who qualified to Regionals at State Meet, who competed at Regionals, or had petitions accepted to Regionals are eligible for the 9/10/E camp (6/7/00)

Elite all current Elite gymnasts would be eligible for the 9/10/E camp. (6/27/96)

No fees will be paid for clinician service at training camps. Services will be donated to the region in order to use this as a fund-raiser for the Regional Apparel Fund. (6/27/96)

TOPs

The TOPs Coordinator is authorized to use proceeds of TOPs testing to pay TOPs testers as necessary, up to \$10 an hour, and to reimburse necessary expenses. (6/17/98)

FINANCIAL STATEMENTS

Quarterly financial reports are required. Hard copies of receipts are needed if reports are faxed in. (7/3/02)

Each state chairman should publish financial statements in their newsletters on a regular basis. (7/3/02) (12/20/02)

JUDGING ASSIGNMENTS

Region 8 will use NAWGJ as the regional judging contractor. (6/2/04)

All Judging Availability Forms and In-Gym Cards for regional assignments must be received by the appropriate recipient (RTCC and RJD) by the deadline date to be considered for Regional Assignments (10/10/03)

Judging contracts for Regionals must be received by the deadline indicated on the contract or the contract is void. The RJD will go to the next designated alternate in consultation with the RTCC. (12/19/03)

In unusual gymnastics related circumstances, the Regional Committee delegates last minute assignment decisions to Region 8 JO Committee. (6/2/04)

The number of judging slots received by Region 8 will be filled based on the corresponding number of judges at the top of the judges' rotation. Should a Brevet who would be in a slot eligible for assignment make the decision not to take the assignment, or not judge once assigned, he/she will automatically be dropped to the bottom of the rotation.

Extenuating Circumstances: Should an emergency situation occur and cause the assigned Brevet to miss his/her assignment, the next judge in the rotation will move up. The situation will be presented to the committee to determine if the effected judge takes the rotation slot of the replacement judge or is dropped to the bottom of the rotation.

Should the circumstances occur in which Region 8 received additional slots because a meet is hosted in our region, consideration will be given to assigning National rated officials who are not formally in the rotation but meet the criteria (see below.)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

CRITERIA FOR NATIONAL ASSIGNMENTS

- In gym experience per existing regional guidelines every year. (12/20/02)
- Volunteer to teach or work actively with the athletes at least one Region 8 training camp each year. In the case of a valid conflict, a written request for a waiver may be submitted with the Availability Form to Marian Dykes. Requests for waiver will then be submitted to the Regional Committee. Must work one camp the year of assignment and at least one of the three years before. (1/9/99) (12/20/02)
- Actively judging at the Junior Olympic level as required by *Rules and Policies*.
- Judge or coached Regional Championship in the current year and 1 of the 2 prior years. (12/20/02).
- If a judge recommended to Nationals does not judge at Regionals, the committee will replace that judge unless it decides, based on financial considerations, to keep the original judge (6/30/99)
- International judging assignments supersede Region 8 Judges Criteria. (6/2/04)
- If a judge does not satisfy the current elite active-status requirements, they will drop to the bottom of the rotation for Level 10 Nationals and Level 9 Easterns and will therefore be ineligible for that year. (7/27/01)
- If a JO National meet or an Eastern national meet is held in Region 8, at least one judge recommended will reflect representation from hosts geographical area. (6/2/04)
- No more than one-half of the Level 10 National judges recommended from Region 8 will be from the same state. (6/2/04)

PROCEDURE

The Regional Committee will decide upon judges assignments for each national and regional meet independently. Every attempt will be made to assign different judges to Level 10 Nationals and Level 9 Eastern Nationals within each year.

The order is as follows:

- Level 10 Nationals
- Level 9 Easterns
- Level 10 Regionals
- Level 9 Regionals
- Level 8 Regionals (8/21/98)

Judges attending the Level 8/9 Training Camp be permitted to use that to satisfy their clinic attendance requirement for assignment to the following year's regional Level 8 or 9 meet. (1/4/97)

APPAREL

Level 8 State Team to Level 8 Regionals must have a minimum of competitive leotard provided by SACC at no cost to those athletes or their parents. (6/17/98)

10% of all profits from regional training camps, elite clinics and TOPs testing will be earmarked for regional administrative cost. (6/17/98)

Elite athletes competing at an elite Classic or higher competition who did not receive apparel as a J.O.athlete in the same season will receive a full set of Regional apparel. (Elite season from August to August) (12/19/03)

A committee will compile a slate of apparel items. This list will be presented to the gymnasts at Level 9, 10 and Elite Training Camp to vote on their selection. (1/4/97) (7/3/02)

Regional apparel as follows:

1. All athletes competing at an Elite Classic or higher competition or to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated. (12/19/03)
2. A club will receive no more than a combined total of three sets or pieces of coach's apparel.
 - a) All clubs that provided one coach who worked at the regional training camps will receive:
 - 1) One set of coach's apparel per Level 10 athlete qualified to Nationals (6/30/99)
 - 2) One piece of coach's apparel per Level 9 athlete qualified to Eastern Nationals (6/30/99)
 - b) All clubs that provided additional coaches to work at any regional training camps will receive one additional set of apparel. (7/9/03)
3. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel only.

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

5. All coaches with qualified athletes may purchase a shirt to wear for competition.
6. Apparel items will be offered for sale.
7. All coaches and judges who have worked camp or donated \$50 will receive a regional shirt.
8. Gymnasts qualified to Nationals who attended Training Camp or who coaches worked camp will receive a bonus pack.
9. Apparel will be provided to the current members of the Regional Committee.

The Sophomore/Junior Information sheets should be placed in each state's newsletters at least once a year. (6/7/00)

ANNUAL REPORT

State Chairmen must submit an annual summary report. Office equipment purchases, the state chair is responsible for sending a copy of the annual equipment form to the RACC by July 10th of each year. (8/21/98) (12/20/02)

STATE COMMITTEE

A list of elected state committees should be sent to the RACC annually. Also a list of all other persons attending State Committee meetings. (8/21/98) (12/20/02)

Any appointed committee member or invited guests to a state or regional board meeting need only participate in a meeting during that portion that pertains to them. (8/21/98)

MISCELLANEOUS

Region 8 will charge a regional competition fee based on the number of registered athletes from the previous year. Each state should pay \$1.50 per gymnast to the regional account. (7/27/01) (12/19/03)

NEWSLETTERS

Regional Committee recommends that each state chairman produce 3-4 newsletters per year. (8/21/98)

Each state chairman should publish financial statements in their newsletters on a regular basis. (7/3/02) (12/20/02)

The Regional Newsletter will publish how much was raised from the Training Camps after expenses. (12/19/03)

There was no need to send newsletters to both officers at the USA Gymnastics office. Choose either Connie Maloney or Kathy Kelly. (6/7/00)

A Web Winner Award will be give annually as part of the best State communication effort for gymnastics. (7/9/03)

REGION 8 ADVERTISEMENTS

THE REGION 8 NEWSLETTER ACCEPTS ADVERTISEMENTS FOR PUBLICATION.

1/4 page - - - - - \$50.00

1/2 page - - - - - \$75.00

full page- - - - - \$100.00

*Your ad will also be with the Newsletter
on the Region 8 Web Page!*

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Dates of publication may vary.

For further information, please contact: Deb Kornegay

Debby Kornegay, RACC

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BID FORM FOR

2005 Future Stars Training Camp • TBD, 2005

2005 Level 8 & 9 TRAINING CAMP • July 29-31, 2005

2005 Level 9, 10 & Elite REGION 8 TRAINING CAMP • Oct. 7-9, 2005

*Bid is for the site of the Camp. Region 8 Board will still organize and direct the event.
Site Coordinator is responsible for arranging host hotel and meals for gymnasts.*

PLEASE CHECK YOUR PREFERENCE:

FUTURE STARS LEVEL 8 & 9 LEVELS 9, 10 & ELITE

SITE COORDINATOR _____

ADDRESS _____

PHONE (gym) _____ (home) _____

Email: _____ @ _____

NAME OF FACILITY _____

ADDRESS _____

HAVE YOU ATTENDED A REGION 8 TRAINING CAMP? Yes No

LEVEL(S) ATTENDED: Future Stars 8 & 9 9, 10 & Elite

SIZE OF FACILITY: _____

OF VAULTS _____ # OF VAULT RUNWAYS _____

OF BARS _____ # OF SINGLE BARS _____

OF BEAMS(high) _____ # OF BEAMS(low) _____

OF FULL FX MATS _____ # OF TUMBLING STRIPS _____

OF PITS _____ SIZE _____

LIST EQUIPMENT OVER PITS _____

IS THERE A SEPARATE DANCE AREA? Yes No SIZE _____ SURFACE _____

LIST OTHER EQUIPMENT/APPARATUS/GYM AREAS THAT COULD BE USEFUL FOR A TRAINING CAMP _____

AIRPORT _____ DISTANCE FROM SITE _____

NAME OF HOTEL _____ DISTANCE FROM SITE _____

ROOM RATE _____

PLEASE INCLUDE A DESCRIPTION AND DIAGRAM OF FACILITY LAYOUT FOR A TRAINING CAMP SET-UP;

DATE _____ SIGNATURE _____

RETURN TO: **DEB KORNEGAY**
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DEADLINE FOR TRAINING CAMP BIDS MUST BE RECEIVED BY September 25, 2004

Updated Changes from WTC & JO May 2004 Meetings

JO OPTIONAL & COMPULSORY RESOURCES

For Coaches & Judges

BAR INDEX

Price \$3.00

List of bar elements cross referenced to give value for JO and FIG, element number, and *Code of Points* page number. Now in full color. **UPDATED 6/02**

COMPULSORY CARDS

Price \$6.00 for set

Level 4, 5 and 6 compulsory elements and deductions on a 5½"x8½" card. Cards are color coded by event and level. **UPDATED 6/02.**

EVENT CHARTS

Price \$8.00

4 - 2 sided code size cards

For easy reference of Value Parts—these charts for Bars, Beam and Floor are great to use for that quick element value part check while judging. These charts list value parts in ENGLISH and judges shorthand and each value part letter is printed in its own color for rapid identification. **UPDATED 8/04**

LEVEL 7 OPTIONAL CARD

Price \$2.00

8½"x11" cardstock with Level 7 rules and requirements. **UPDATED 8/06/03**

OMNI CARD

Price \$6.00

FORMERLY KNOWN AS LAMINATED CARD.

You have to see it to believe it! Now in full color by event. One card with Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for Level 8, 9 and 10. **UPDATED 8/04**

NCAA OMNI CARD

Price \$6.00

Same as above with NCAA requirements.

WALL CHARTS

Price \$12.00

6 - 1 sided charts

Easy reference of Value Parts. Just like the code size charts but enlarged to 11"x17" to hang on the gym wall. The skills are all written out in ENGLISH as well as shorthand symbols. **UPDATED 8/04**

CONTACT: DEBBY KORNEGAY

394 Stonebridge Road • Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email: DebGK@Bellsouth.net

REGION 8 ATHLETE FUND

1. All athletes competing to an elite Classic or higher competition or qualifying to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.
2. A club will receive no more than a combined total of three sets or pieces of coach's apparel.
 - a) All clubs that provided one coach who worked at the regional training camps will receive:
 - 1) One set of coach's apparel per Level 10 athlete qualified to Nationals (6/30/99)
 - 2) One piece of coach's apparel per Level 9 athlete qualified to Eastern Nationals (6/30/99)
 - b) All clubs that provided additional coaches to work at any regional training camps will receive one additional set of apparel. (7/9/03)
3. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel only.
5. All coaches with qualified athletes may purchase a shirt to wear for competition.
6. Apparel items will be offered for sale.
7. All coaches and judges who have worked camp or donated \$50 will receive a regional shirt.
8. Gymnasts qualified to Nationals who attended Training Camp or whose coaches worked camp will receive a bonus pack.
9. Apparel will be provided to the current members of the Regional Committee.

REGION 8 ATHLETE FUND -

This fund supports our efforts in the region to give some extra rewards for our gymnasts who qualify to Regional and National meets in their respective levels - Elite, Level 10, Level 9 and Level 8.

**WE NEED
EVERYONE'S
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THANK YOU TO THESE CONTRIBUTORS!

Brock White in memory of Harriette McMillan

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Region 8 NAWGJ Regional and State Directors

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REGION 8 USAG WOMEN'S ADMINISTRATIVE COMMITTEE

REGION 8 WEB PAGE: Region8gymnastics.org

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STATE ADMINISTRATIVE COMMITTEE CHAIRMEN

Effective 6/1/04

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All Around News

DEBBY KORNEGAY

Regional Administrative Committee Chairman
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