

All Around News

LEVEL 8 REGIONALS

**Fort Lauderdale
Florida**

2 0 0 5

April 8 - 10, 2005

HOST CLUB

Boca Twisters

Randy Sikora

800-841-4977 phone
3100 NW Boca Raton Blvd., # 308
Boca Raton, FL 33431
Email: captwist@aol.com
Web Site: www.usacompetitions.com

AIRPORT

**Fort Lauderdale
[FLL]**

COMPETITION SITE

**Greater Ft Lauderdale/Broward
County Convention Center**
1950 Eisenhower Blvd.
Ft Lauderdale, Florida 33316
Equipment -AAI Elite - Lightning City

SCHEDULE

Friday April 8

8:00 a.m. - 4:00 p.m. Open Training Day
(advanced sign-up required)

4:00 p.m. - 10:00 p.m.
Level 8 individual competition Session 1

Saturday April 9

Level 8 individual competition Sessions 2 & 3
Team Competition Session 4

Sunday April 10

Level 8 individual competition Sessions 5 & 6

Final Schedule Posted at
www.Region8Gymnastics.org
by 3/23/05

HOST HOTELS

EMBASSY SUITES HOTEL

1100 SE 17th Street
Ft Lauderdale, FL 33316
954-527-2700

Room Rate \$159.00 up to 4 people
Ask for Twisters Gymnastics

AMERISUITES HOTEL

1851 SE 10th Avenue
Ft Lauderdale, FL 33316
954-763-7670

Room rate \$119.00
Ask for USA Competition

HOLIDAY INN

999 Ft. Lauderdale Beach Blvd
Ft Lauderdale, FL
954-563-5961

Room rate \$99.00

LEVEL 8 ALTERNATES: Please call your State Chair or Deb Kornegay if you have a scratch.

Alternates for all-star (individual) slots will be replaced up to 48 hours before the start of timed warm-ups for the first competitive session, which is 4:00 P.M. Friday. Therefore **no all-star (individual) alternates will be added after 4:00 P.M. Wednesday.**

Team alternates will be added up to the beginning of timed warm-ups of the first session.

If a state does not have sufficient numbers to fill their assigned percentage numbers the Regional Chairman will notify the highest all-star (individual) from state meet results from all eight states to fill available slots.

All Around News

LEVEL 9 & 10 REGIONALS

Nashville, TN

2005

April 14 - 17

HOST CLUB

The Master's School of
Gymnastics
Robert Valley

(615) 822-8116

Email: Bobvalley_masters@hotmail.com

Web Page: mastersgym.com

COMPETITION SITE

Memorial Gym at Vanderbilt University

AAI Elite Equipment - Mid West Equipmaent

Capitol Cup Format

AIRPORT

Nashville, TN

[BNA]

SCHEDULE

Thursday April 14 Level 9 Competition
Friday April 15 Level 9 Competition
Saturday April 16 Level 9 & 10 Competition
Sunday April 17 Level 10 Competition

Final Schedule Posted at
www.Region8Gymnastics.org
by 3/29/05

The Region 8 Board voted in their July 2003 meeting that at Level 9 & 10 Regionals, the RACC will set meet schedule (order of age groups) to facilitate the schedule of the entire competition. The order of competition will not be guaranteed to be youngest to oldest.

HOST HOTELS

MARRIOTT at VANDERBILT

615-340-5141 or 800-285-0190

Room Rate \$119.00/night

Block: Region 8 Gymnastics Competition

HOLIDAY INN at VANDERBILT

615-327-4707 or 800-633-4427

Room Rate \$119.00/night

Block: Region 8 Gymnastics Competition

COURTYARD by MARRIOTT

615-327-9900 or 800-245-1959

Room Rate \$99.00/night

Block: Region 8 Level 9 & 10 Regionals

REMEMBER: If you have athletes that qualify to Level 9 Eastern Nationals and/or Level 10 Nationals, you must fill out the **new entry forms** at Regionals immediately after each session. You will need a separate club check per level (NO PERSONAL CHECKS ACCEPTED) plus an extra check to purchase the great Region 8 apparel available for sale at Level 9 & 10 Regionals.