



All Around News

Region 8 Congress Changed to Coaches and Judges Optional Update for 2005

Deb Kornegay, RACC



Due to all the National Courses and Workshops in the Summer of 2005 (National flyer in this newsletter), Region 8 has decided not to do a full regional congress this year. Instead we have planned a **Coaches and Judges Optional Update** in October of 2005. This Update will be held on the same weekend and in the same town as Level 9,

10 & Elite Training Camp. We will review the changes in the USAG competitive rules. Flyer and registration form are in the center of this newsletter. Please make plans for your optional staff to attend.

October 14-16, 2005

The Hotel at Auburn University & Dixie Conf. Ctr.

2005 Level 9 & 10 Regionals

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If you attended last year's Level 9 & 10 Regionals you know we competed from 8 AM to 10PM on Friday, Saturday and Sunday. With the expectation of more athletes in 2005, there is a very good possibility that competition will begin on Thursday afternoon. With competition on Thursday, there will not be sufficient time for all teams to participate in open workout normally held on Thursday. In order to provide a fair situation to all athletes, the Region 8 Committee decided that there will be **NO** open work out at 2005 Level 9 & 10 Regionals.

Regional JO Committee Chairman and Regional Technical Committee Chairman Nominations Now Open

Deb Kornegay, RACC

You will find nomination criteria, requirements for nomination, terms and duties for both positions and a nomination form in this newsletter. Please return this form to me by the end of February.

2005 Training Camps

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Future Stars Training Camp

To reach more athletes and coaches Region 8 plans to host **two Future Stars Training Camps** this year. **July 7th and 8th** we will have a Future Stars Training Camp in **Clermont, Florida at Brandy Johnson's Global Gymnastics** and **July 9th and 10th** in **Myrtle Beach, South Carolina at Gymnastics, Inc.** TOPs Testings will be held with each of the Future Stars Training Camps.

Level 8 & 9 Training Camp

Level 8 & 9 Training Camp will be held at **ACE Gymnastics in Longwood, Florida on July 29th - 31st**. We will also plan to host a TOPs Testing with this Training Camp.

Level 9, 10 & Elite Training Camp

Level 9, 10 & Elite Training Camp will be held in **Auburn, Alabama** at the **McWhorter Center on October 15th and 16th**. To help these advanced athletes who miss so much school due to gymnastics, the Region 8 Committee has changed the schedule for this Training Camp. **Level 9, 10 & Elite Training Camp will begin on Saturday instead of Friday and go later on Sunday**. Also plan to bring your Optional staff to the Region 8 Coaches and Judges Optional Update being held October 14-16 at The Hotel at Auburn University and Convention Center. (See flyer and registration form in the center of this newsletter).

NOTE: There is an evaluation form for Level 9, 10 & Elite Training Camp in this newsletter. If you attended this camp as an athlete, coach or judge, please help us to make the camp better for all by completing and mailing or faxing in this form.

Region 8 Web Page

Deb Kornegay, RACC

Be sure to check out the Region 8 Web page at <http://www.region8gymnastics.org>. We are undergoing a total makeover and the new look should be available when you get this newsletter. Visit this site often as we keep a year of newsletters, all the forms that you need, contact information for the states and regional officers as well as national. There is a place for you to sign up for the newsletter by email. We look forward to hearing from you.



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Regional Entry Form

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There is an entry form for Level 8 and Level 9 & 10 Regionals in this newsletter. Your State Chairman will have additional copies at your State meet, but feel free to fill this form out before state meet and bring it with you. This way you can fill out the important information about all your gymnasts and coaches in the calm before the storm! If any of your gymnasts fail to qualify, you can simply mark a line through them after competition. Also, if you have any injured gymnasts who need to petition to Level 9 & 10 Regionals, (**NO PETITIONS TO LEVEL 8 REGIONALS**), their names need to be listed under Petitions on the entry form **AND** you also must complete the Petition Form and mail all required information to Marian Dykes, RTCC by the Wednesday after your State Meet. Please send checks for all petitions with petition form to Marian Dykes, RTCC. All checks for athletes that are not released will be returned to coach.

Funds Spent on Athletes and Coaches

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Region 8 spent almost \$34,000.00 on athletes and coaches apparel in 2004 from funds raised by the 2003 Training Camps. The Region 8 Committee has also voted to earmark some funds to put aside for each year with hopes of taking some of our top athletes from Nationals on an international trip in the future. It is with the support of all of our gymnastics community that this has been possible. We ask that you continue your support of these training camps by volunteering as well as sending athletes.

Mileage Increase

Deb Kornegay, RACC

January 1, 2005, the mileage will increase to **40 cents** for judges travel.

Melanie Sinclair Places at World Cup in Ghent, Belgium and at Pan American Individual Event Championships in Maracaibo, Venezuela

Deb Kornegay, RACC



Ghent, Belgium

Congratulations to Melanie Sinclair from Orlando Metro who qualified to compete in the World Cup in Ghent, Belgium. **Melanie won a silver medal on bars and took fourth on vault** competing against Olympic champions Monica Rosu, Catalina Ponor and Anna Pavlova.

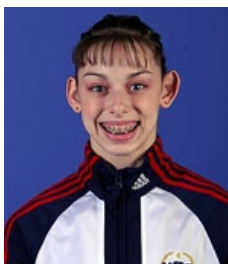
Melanie also represented the USA at the senior **Pan Am Games** in Venezuela, December 2-5, and **won 2nd on Vault, Bars and Floor** in the Finals.



Melanie Sinclair - Maracaibo, Venezuela

Kassi Price Junior PAGU All-Around Champion

Deb Kornegay, RACC



Kassi Price

Congratulations to Kassi Price from Orlando Metro who qualified to compete for the USA team in San Salvador at Junior Pan American Championships. Kassi placed **5th on vault, 2nd on Bars, 3rd on Beam, 3rd on Floor** and **1st place All Around**. The USA team placed 1st.

Kassi also represented the US women in the annual Chunichi Cup in Nagoya, Japan in December. She placed **5th AA, 8th V, 5th UB, 5th Beam and 4th Floor**.



Kassi Price - San Salvador



Chunichi Cup, Nagoya, Japan