

# All Around News



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**New FIG Code of Points:** The new Code of Points will be available by the end of this year and the Elite Program will use the new code for the 2006 season. The Elite Code is entirely separate from the JO code and it is very different. As soon as we have official information about the code we will email clubs that are involved in the elite program with the information. Please make sure Deb Kornegay and Toni Rand have your current e-mail address by e-mailing them at [DebGK@Bellsouth.net](mailto:DebGK@Bellsouth.net) and [AmTwist@aol.com](mailto:AmTwist@aol.com)

**Reminder:** An athlete is not considered Elite until they qualify and compete in a Classic competition. An athlete that has competed in Elite National qualifiers, regional elite meets and the Challenge competitions (& did not compete in a classic meet) is **NOT** considered an elite. These athletes are JO athletes and may compete in any JO competition that they wish to enter.

**Elite Testing:** Elite testing scores do not carry over to the next season. Athletes that did not compete in a Classic meet (Pre Elites/JO athletes) must pass the elite testing again in 2006.

## Elite Committee Notes

- ☐ Elite athletes that competed at the 2005 Championships will be directly qualified to 2006 Classic meets.
- ☐ In 2006, Elite athletes may attempt to qualify to the Classic meet from either the regional/zone meets or by selection
- ☐ In 2006, Elite athletes may attempt to qualify to Classic or Championships from the training camps by score (score TBD)
- ☐ There will be no National qualifiers with invitational meets in 2006
- ☐ In 2006, Elites may qualify to Classic or Championships with a 2 or 3 event qualification score. (Score TBD)

## Tentative Calendar for 2006 for Elites and Pre Elites

<b>January 6- 8 2006</b>	Date for Region 8 clinic and testing (at Starlight Gymnastics in Jacksonville, Florida) TOPS and Pre Elite athletes, coaches/judges
<b>May</b>	Training camp qualifier with compulsory testing
<b>June</b>	National qualifier
<b>June</b>	Pre Elite regional qualifier to Challenge
<b>July</b>	National qualifier
<b>July</b>	US Classic/Challenge
<b>August</b>	Visa Championships of USA

## Changes in Pre Elite Physical Abilities Tests:

Change the leg flexibility test to the current TOPS flexibility test using the 2 vaulting boards

Change the rope climb to 12 feet

## Qualifying scores for Elite Compulsory: 2006

TOP athletes will need a 32.00 AA to qualify to a Challenge

This is the only change in qualification scores for elite compulsory testing

## Qualifying Scores for Pre Elites to Challenge and Elites to Classic

Qualifying scores will not be set for 2006 until the new code becomes official and the committees are able to determine how the new scoring system will work.

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## Region 8 Elite/TOPS Clinic and Compulsory Testing

Our region will host a clinic for TOPS, Pre Elite athletes and Coaches/Judges interested in the Elite program. A registration form is in this Newsletter.

**TOPS Clinic:** Any TOPS athlete or athlete under 12 that may be interested in the TOPS program is invited to attend. The TOPS clinic will be held on Saturday January 7th and conclude early on Sunday - The clinic will focus on physical abilities and Elite compulsory testing skills. The clinic will fill on a first come basis so please enter early if you are planning on attending with athletes. Please see entry form in this Newsletter.

**Pre Elite athletes:** For athletes 12 & older that are interested in the Elite program we will be offering a mini National camp format. These athletes will do physical abilities, National team warm up and have their routines/skills verified under the new FIG code of points.

**Elite Compulsory Testing competition:** We will be offering a testing competition at this event for anyone that wishes to enter.

**Coaches/Judges:** Coaches and judges without athletes may attend for a fee. In addition to observing athletes training with the staff, we will have sessions on the new code of points for FIG. We will have updated information and complete details on the new code by this clinic so please plan on attending if you are planning on participating in the Elite program during this cycle.

**STAFF:** In addition to Brevet Judges in our region as well as TOPS managers and coaches from our region we will bring in **Tammy Biggs**.

**HOTEL:** We have blocked 50 rooms for Friday, January 6 and Saturday, January 7 at the Jacksonville Courtyard by Marriott Butler Boulevard. The address is 46701 Lenoir Avenue South, Jacksonville, 32216. Telephone number is (904)296-2828. The rate is \$74.00 per night with two double beds. Check in is at 3:00 p.m. and check out is at 12:00 p.m. Please ask for the “**Starlight Gymnastics**” rate. Rooms will be held at this rate until December 7, 2005.



**TOPS:** Once again we had a lot of athletes testing this summer. National qualifiers have been determined and clubs will be notified. TOPS qualifiers are listed

at <http://www.usa-gymnastics.org/women/tops/0578yearoldmemo.html>

Special thanks to our State TOPS managers who volunteer their time to run this program for our region. They did a great job this year and their hard work has contributed to the success of the TOPS program. If you have any questions about the TOPS program, please contact the TOPS Manager in your state. There should be a link at your State USAG website.

That's the news for now. I will send emails to clubs on my email list as I get additional information on the code and elite program.

**One final note:** The region has set up a fund for Hurricane Katrina assistance for clubs and people in our gymnastic community that need help. Please contribute! And Meet Directors please consider sending \$1.00 - \$2.00 per athlete from meets that you host this season. Thanks so much!

## TENTATIVE SCHEDULE for ELITE/TOPS CLINIC & COMPULSORY TESTING January 7-8, 2006

### SATURDAY, January 7, 2005

1:00 - 6:00	TOPS & Pre-Elite (not competing)	<i>Tammy Biggs &amp; TOPS Managers</i>
4:00 - 4:30	Stretch for Elite Testing Competition	
4:30 - 7:00	Elite Testing Competition	
6:30 - 7:00	Lecture on New Elite Code (For All Attendees)	<i>Brevet Judges</i>

### SUNDAY, January 8, 2005

8:30 - 2:00	TOPS & Pre-Elite Clinic (emphasis on Pre-Elite)	
	National Team Warm-up & Physical Abilities	<i>Tammy Biggs</i>
	Verification of skills and partial routines by Pre-Elites under new code rules for start values	<i>Brevet Judges</i>