

2005-2006 Address Book Available
Order Form
Inside Back Cover

Judges and Coaches
Optional Update Schedule
page 8

2006 Region 8 Congress
Information & Registration
Center Pages

FALL EDITION



All Around News

VOL. 18

WWW.REGION8GYMNASTICS.ORG

2005

Region 8 USA Gymnastics Hurricane Victim Fund

Deb Kornegay, RACC

Through Steve Penny's hard work all disciplines will be working together under one fund for Hurricane relief. There has been a Committee set up to disperse these funds. *Ron Froehlich*, Chairman of USAG Board of Directors, *Kevin White*, Men's Regional Chairman, *Jay Thornton*, Former Olympian, *Nancy Hawkins*, MS SACC and I are on this committee.

I wish each of you could be with me each day as I open my mail and e-mail with all the donations, well wishes and offers of equipment, grips, leotards, gyms to workout in and jobs for coaches. I get chills everyday. Renews my faith in mankind!

Please help the Clubs, Athletes, Coaches, Judges in our Region with a contribution.

WAYS THAT YOU CAN HELP:

❑ **MEET DIRECTORS:** Please consider sending \$1.00 - \$2.00 per athlete in your meets this year to the Region 8 Hurricane Fund. If we could get every meet in our region to do this, we would raise a substantial amount of money to assist the people in need.

❑ **CLUBS – Please consider sending a cash donation to the fund. Any amount will help.**

Please ask class and team family to contribute \$5. Just think how much \$5 a family would raise. Please post this notice on your bulletin board for your clients that may wish to donate to our fund!

❑ **COACHES/JUDGES/FRIENDS OF GYMNASTICS –** Please consider sending a cash donation to the fund. Any amount will help!

Checks should be made out to **Region 8 Hurricane Fund** and sent to

Debby Kornegay
394 Stonebridge Road,
Birmingham, AL 35210-4111

Credit card contributions may be made at the Region 8 Website at: www.region8gymnastics.org

Funds collected will be used to assist hard hit clubs in our region. Please help – They need our help! Many clubs have been devastated by this storm and need assistance as soon as possible – **PLEASE DONATE TODAY!** All donations are tax deductible.

Support the USA Gymnastics Region 8 Hurricane Relief Fund

Since Hurricane Katrina hit the Gulf shores of Alabama, Florida, Louisiana and Mississippi, the USA Gymnastics family has banded together to support those members in the impacted areas. The many offers of assistance have been incredible. The Region 8 Hurricane Relief Fund is the centralized fund-raising effort of USA Gymnastics and its community to support the relief effort. Providing an avenue for those who want to provide financial support, the fund will provide assistance across all disciplines, and is being administered by a steering committee consisting of regional representatives. The fund-raising effort has grown rapidly. By working together, we can far exceed the initial goal and provide significant financial assistance to our members in the affected region. To provide a concentrated, industry-wide effort and eliminate any confusion, all of the independent fund-raising efforts have been rolled into this one fund. Donations from individuals, groups and corporations are welcome. To donate to the fund, go to www.region8gymnastics.org. Log on to usa-gymnastics.org for other Hurricane Katrina-related offers of assistance. Thank you for your support of the USA Gymnastics Family.

Sincerely,

The Steering Committee

Deb Kornegay

Kevin White

Nancy Hawkins

Jay Thornton

Ron Froehlich



*For those wishing
to donate by mail,
please see donation form
on page 7*

All donations are tax deductible.

All Around News

State Calendars

Deb Kornegay, RACC

All state calendars are available online. You may refer to them at the following addresses:

Alabama

<http://www.alausag.org/pages/calendar.html>

Florida

<http://www.usag-fl.org/0506/flsch0506.htm>

Georgia

<http://www.wutka.com/gymsched/showusagmeets.php>

Louisiana

<http://www.gymnasticsla.com/>

Mississippi

<http://www.msusag.org/pages/Calendar.htm>

North Carolina

<http://www.nc-usag.org/calendar.htm>

South Carolina

<http://www.eteamz.active.com/scgym/calendar/>

Tennessee

<http://www.tnusag.org/pages/calendar.php>

USA Gymnastics Hosts State Chairmen Workshop

Deb Kornegay, RACC

With Congress in Indianapolis, USA Gymnastics did a wonderful job of hosting the State Chairman workshop. We had a great tour of the office. Being able to put all those names we know and talk to with their faces was a real treat.



National Headquarters



Nat'l Silver Quill Award Winner Nancy Hawkins, MS SACC shown with USAG Pres., Steve Penny

Each year USA Gymnastics gives a Silver Quill award for the best newsletter in the Nation. For the second year in a row, **Nancy Hawkins, Mississippi SACC won!**

The regional Silver Mouse for the best state web page went to **Jennie Adams, North Carolina SACC** and her web master **Jack Panyakone**.

BIDS Awarded

Deb Kornegay, RACC

The following bids were awarded at the Region 8 USA Gymnastics Committee in our June meeting.

- | | |
|----------------|--|
| June 23-25 | Future Stars Training Camp
Balcony Gymnastics
Ocala, FL |
| June 29-July 2 | Region 8 Congress
USA Competitions
Ft. Lauderdale, FL
(Flyer & Registration form in this newsletter) |
| July 28-30 | Level 8 & 9 Training Camp
Salem Gymnastics
Winston-Salem, NC |
| October 6-8 | Level 9, 10 & Elite Training Camp
Ultimate Gymnastics
Duluth, GA |



*Deb Kornegay
RACC*

Region 8 sends out a big thank you to the hosts of the Summer Training Camps. **Brandy Johnson's Global Gymnastics, Gymnastics**

Inc. and ACE Gymnastics provided beautiful facilities to host these wonderful Future Stars and Level 8 and 9 Training Camps.

Special thanks go out to **The Gym Company** for hosting Region 8's Elite Qualifier in June. Region 8 appreciates your willingness to support these events.

State Chairman Nominations — *Deb Kornegay, RACC*

The office of USA Gymnastics State Chairman will be open for nominations in 2006. Nomination forms will be in the Winter Region 8 USA Gymnastics Newsletter. Nominate your choice for **YOUR** State Chairman (**your voice and leadership**) after confirming their desire to hold the office of USA Gymnastics State Chairman.