

# All Around News

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## Sanction Violations - What do I do?

Marian Dykes, RTCC

What happens when there is a meet that breaks a rule listed in the Rules & Policies? Most Meet Directors would be surprised that rules violations are often reported in writing to the State or Regional Committee Chair even if the person reporting is not comfortable enough to list the problem on the sanction form. Every Meet Director must be familiar with the many meet rules and guidelines in the *Rules and Policies*. Here are several of the rules that are often seen broken:

- ◆ Number of gymnast in the session. There is no provision to allow more than the number of gymnast listed no matter what the circumstances.
- ◆ Athletes cannot be on the competitive floor for more than 5 hours. Be careful to design the meet schedule to allow for rotating, judging and even a stop in the meet due to an unexpected occurrence such as a lengthy fall, music breaking, etc.
- ◆ Meets should finish by 10:00 p.m. Be sure and allow time for march in and to march from event to event.
- ◆ Judges must have breaks. Your schedule should provide a minimum of 30 minutes after 3 1/2 - 4 hours of judging time and a minimum of 45 minutes after 7 hours of judging time.

Gymnastics is such a close community, most professional members request that complaints they lodge be kept confidential. Every effort is made to make all levels of the investigation confidential. With this in mind, all sanction violations are taken very seriously. A list of penalties for sanction violations can be found in the *Rules and Policies*. Unfortunately, region 8 has had to issue several letters of reprimand. In rare cases when a second infraction occurs, monetary fine is assessed.

Meet Directors are encouraged to read their *Rules and Policies* and be familiar with it. This book was designed with the combined efforts of many experienced coaches and judges. The rules listed in the R&P will help make your meet a fantastic experience for all.

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## Optional Update for Coaches & Judges



**October 14-15, 2005**  
**Dixon Conference Center**  
**Auburn, Alabama**

## Tentative Schedule

### FRIDAY - October 14, 2005

9:00 - 10:10	JO Update & Regional Meeting	<i>Deb Kornegay, Paul Padron and Marian Dykes</i>
10:20 - 11:30	Optional Vault	<i>Paul Padron</i>
11:40 - 12:50	Optional Beam - Practice Judging & Technique	<i>Marian Dykes</i>

### LUNCH

2:15 - 3:25	Optional Floor - Practice Judging & Technique	<i>Marian Dykes</i>
3:35 - 4:45	Optional Bars - Practice Judging & Technique	<i>Marian Dykes and Deb Kornegay</i>
4:45 - 5:50	JO Changes Optional Bars	<i>Brad Harris</i>
6:00 - 7:00	Tumbling for Bonus	<i>Brad Harris</i>

### SATURDAY - October 15, 2005

9:00 - 11:00	Compulsory Q & A Practice Judging	<i>Marian Dykes and Sheila Ragle</i>
11:00 ON	View Training Camp	