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FALL EDITION

All Around News

VOL. 18

WWW.REGION8GYMNASTICS.ORG

2005

Region 8 USA Gymnastics Hurricane Victim Fund

Deb Kornegay, RACC

Through Steve Penny's hard work all disciplines will be working together under one fund for Hurricane relief. There has been a Committee set up to disperse these funds. *Ron Froehlich*, Chairman of USAG Board of Directors, *Kevin White*, Men's Regional Chairman, *Jay Thornton*, Former Olympian, *Nancy Hawkins*, MS SACC and I are on this committee.

I wish each of you could be with me each day as I open my mail and e-mail with all the donations, well wishes and offers of equipment, grips, leotards, gyms to workout in and jobs for coaches. I get chills everyday. Renews my faith in mankind!

Please help the Clubs, Athletes, Coaches, Judges in our Region with a contribution.

WAYS THAT YOU CAN HELP:

❑ **MEET DIRECTORS:** Please consider sending \$1.00 - \$2.00 per athlete in your meets this year to the Region 8 Hurricane Fund. If we could get every meet in our region to do this, we would raise a substantial amount of money to assist the people in need.

❑ **CLUBS – Please consider sending a cash donation to the fund. Any amount will help.**

Please ask class and team family to contribute \$5. Just think how much \$5 a family would raise. Please post this notice on your bulletin board for your clients that may wish to donate to our fund!

❑ **COACHES/JUDGES/FRIENDS OF GYMNASTICS –** Please consider sending a cash donation to the fund. Any amount will help!

Checks should be made out to **Region 8 Hurricane Fund** and sent to

Debby Kornegay
394 Stonebridge Road,
Birmingham, AL 35210-4111

Credit card contributions may be made at the Region 8 Website at: www.region8gymnastics.org

Funds collected will be used to assist hard hit clubs in our region. Please help – They need our help! Many clubs have been devastated by this storm and need assistance as soon as possible – **PLEASE DONATE TODAY!** All donations are tax deductible.

Support the USA Gymnastics Region 8 Hurricane Relief Fund

Since Hurricane Katrina hit the Gulf shores of Alabama, Florida, Louisiana and Mississippi, the USA Gymnastics family has banded together to support those members in the impacted areas. The many offers of assistance have been incredible. The Region 8 Hurricane Relief Fund is the centralized fund-raising effort of USA Gymnastics and its community to support the relief effort. Providing an avenue for those who want to provide financial support, the fund will provide assistance across all disciplines, and is being administered by a steering committee consisting of regional representatives. The fund-raising effort has grown rapidly. By working together, we can far exceed the initial goal and provide significant financial assistance to our members in the affected region. To provide a concentrated, industry-wide effort and eliminate any confusion, all of the independent fund-raising efforts have been rolled into this one fund. Donations from individuals, groups and corporations are welcome. To donate to the fund, go to www.region8gymnastics.org. Log on to usa-gymnastics.org for other Hurricane Katrina-related offers of assistance. Thank you for your support of the USA Gymnastics Family.

Sincerely,

The Steering Committee

Deb Kornegay

Jay Thornton

Kevin White

Ron Froehlich

Nancy Hawkins

*For those wishing
to donate by mail,
please see donation form
on page 7*

All donations are tax deductible.

All Around News

State Calendars

Deb Kornegay, RACC

All state calendars are available online. You may refer to them at the following addresses:

Alabama

<http://www.alausag.org/pages/calendar.html>

Florida

<http://www.usag-fl.org/0506/flsch0506.htm>

Georgia

<http://www.wutka.com/gymsched/showusagmeets.php>

Louisiana

<http://www.gymnasticsla.com/>

Mississippi

<http://www.msusag.org/pages/Calendar.htm>

North Carolina

<http://www.nc-usag.org/calendar.htm>

South Carolina

<http://www.eteamz.active.com/scgym/calendar/>

Tennessee

<http://www.tnusag.org/pages/calendar.php>

USA Gymnastics Hosts

State Chairmen Workshop

Deb Kornegay, RACC

With Congress in Indianapolis, USA Gymnastics did a wonderful job of hosting the State Chairman workshop. We had a great tour of the office. Being able to put all those names we know and talk to with their faces was a real treat.

Each year USA Gymnastics gives a Silver Quill award for the best newsletter in the Nation. For the second year in a row, **Nancy Hawkins, Mississippi SACC** won.

The regional Silver Mouse for the best state web page went to **Jennie Adams, North Carolina SACC** and her web master **Jack Panyakone**.

*Nat'l Silver Quill Award
Winner Nancy Hawkins,
MS SACC shown with
USAG Pres., Steve Penny*

BIDS Awarded

Deb Kornegay, RACC

The following bids were awarded at the Region 8 USA Gymnastics Committee in our June meeting.

- | | |
|----------------|--|
| June 23-25 | Future Stars Training Camp
Balcony Gymnastics
Ocala, FL |
| June 29-July 2 | Region 8 Congress
USA Competitions
Ft. Lauderdale, FL
(Flyer & Registration form in this newsletter) |
| July 28-30 | Level 8 & 9 Training Camp
Salem Gymnastics
Winston-Salem, NC |
| October 6-8 | Level 9, 10 & Elite Training Camp
Ultimate Gymnastics
Duluth, GA |

*Deb Kornegay
RACC*

Region 8 sends out a big thank you to the hosts of the Summer Training Camps. **Brandy Johnson's Global Gymnastics, Gymnastics Inc. and ACE Gymnastics** provided beautiful facilities to host these wonderful Future Stars and Level 8 and 9 Training Camps.

Special thanks go out to **The Gym Company** for hosting Region 8's Elite Qualifier in June. Region 8 appreciates your willingness to support these events.

State Chairman Nominations — *Deb Kornegay, RACC*

The office of USA Gymnastics State Chairman will be open for nominations in 2006. Nomination forms will be in the Winter Region 8 USA Gymnastics Newsletter. Nominate your choice for **YOUR** State Chairman (**your voice and leadership**) after confirming their desire to hold the office of USA Gymnastics State Chairman.

All Around News



Deb Kornegay, RACC

Congratulations and good luck to our Region 8 National Team Members:

Jana Bieger

Kassi Price

Shayla Worley

2005 Challenge Results

Pre-Elite Senior

Olga Bodrikova *The Gym Company*
2nd V, 5th UB, 4th BB, 4th Fx and 4th AA

Pre-Elite Child

Haley Bodenheimer *The Gym Company*
Optionals 4th V, 1st UB, 10th BB, 1st Fx and 3rd AA
Testing 3rd V, 3rd UB, 5th BB, 6th Fx and 2nd AA

Samantha Montgomery *Starlight Gymnastics*
Optionals 7th V, 4th UB, 3rd BB 5th Fx and 5th AA
Testing 9th V, 8th UB, 2nd BB, 8th Fx and 9th AA

Pre-Elite TOPs

Lillian Hardin *The Gym Company*
Testing 6th UB, 3rd Fx and 7th AA

2005 Classic Results

International Senior

Jana Bieger Twister Gymnastics
6th V, 2nd UB, 3rd BB, 3rd Fx 2nd AA

Kassi Price Orlando Metro
5th V, 4th UB, 4th Fx and 5th AA

Grace Taylor Aiken Gymnastics
6th BB, 6th Fx and 9th AA

Melanie Sinclair Orlando Metro
5th UB

International Junior

Shayla Worley Orlando Metro
4th UB, 1st BB and 4th AA

Kyra Platt Coast Elite
8th V

2005 Visa Championships

Junior Internationals

Shayla Worley Orlando Metro
3rd UB, 2nd BB 4th Fx and 3rd AA

Senior International

Jana Bieger Twister Gymnastics
4th V, 3rd UB, 4th BB, 5th Fx and 3rd AA

Kassi Price Orlando Metro
7th V, 4th UB, 4th FX and 5th AA

Region 8 Turchin Performs New Skill

Marian Dykes, RTCC

Region 8 has a national reputation for new and original skills at the Junior Olympic level. Once again Region 8 had an original skill performed at J.O.Nationals for the first time. A gymnast from Region 8 competed a never before seen skill at Level 10 J.O. Nationals in May. Because of the originality, this skill has been added to the USA Gymnastics J.O. Supplement and will carry the name of the gymnast performing it.

Madison Turchin of *Brandy Johnson Gymnastics* in Clermont, Florida performed a **Gienger in the tuck position on the low bar**. This skill was awarded a "C" value.

Congratulation to Madison on this outstanding accomplishment.

Rules and Policies

Deb Kornegay, RACC

The 2005-2006 version of USA Gymnastics *Rules and Policies* is available online at:

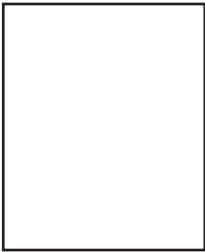
<http://www.usa-gymnastics.org/women/rules-and-policies/>

You may order a hard copy of *Rules and Policies* by e-mailing your request and confirming your correct mailing address to:

membership@usa-gymnastics.org

Please also refer to **Region 8's Rules and Regulations** published in this newsletter on pages 30-35

All Around News



Toni Rand, RECC

MAILING ADDRESS (GYM)
6805 Lyons Technology Circle
Coconut Creek, FL 33073
954-725-9199 Phone
954-725-9157 Fax
AmTwist@aol.com E-mail

New FIG Code of Points: The new Code of Points will be available by the end of this year and the Elite Program will use the new code for the 2006 season. The Elite Code is entirely separate from the JO code and it is very different. As soon as we have official information about the code we will email clubs that are involved in the elite program with the information. Please make sure Deb Kornegay and Toni Rand have your current e-mail address by e-mailing them at DebGK@Bellsouth.net and AmTwist@aol.com

Reminder: An athlete is not considered Elite until they qualify and compete in a Classic competition. An athlete that has competed in Elite National qualifiers, regional elite meets and the Challenge competitions (& did not compete in a classic meet) is **NOT** considered an elite. These athletes are JO athletes and may compete in any JO competition that they wish to enter.

Elite Testing: Elite testing scores do not carry over to the next season. Athletes that did not compete in a Classic meet (Pre Elites/JO athletes) must pass the elite testing again in 2006.

Elite Committee Notes

- ☐ Elite athletes that competed at the 2005 Championships will be directly qualified to 2006 Classic meets.
- ☐ In 2006, Elite athletes may attempt to qualify to the Classic meet from either the regional/zone meets or by selection
- ☐ In 2006, Elite athletes may attempt to qualify to Classic or Championships from the training camps by score (score TBD)
- ☐ There will be no National qualifiers with invitational meets in 2006
- ☐ In 2006, Elites may qualify to Classic or Championships with a 2 or 3 event qualification score. (Score TBD)

Tentative Calendar for 2006 for Elites and Pre Elites

January 6- 8 2006	Date for Region 8 clinic and testing (at Starlight Gymnastics in Jacksonville, Florida) TOPS and Pre Elite athletes, coaches/judges
May	Training camp qualifier with compulsory testing
June	National qualifier
June	Pre Elite regional qualifier to Challenge
July	National qualifier
July	US Classic/Challenge
August	Visa Championships of USA

Changes in Pre Elite Physical Abilities Tests:

Change the leg flexibility test to the current TOPS flexibility test using the 2 vaulting boards

Change the rope climb to 12 feet

Qualifying scores for Elite Compulsory: 2006

TOP athletes will need a 32.00 AA to qualify to a Challenge

This is the only change in qualification scores for elite compulsory testing

Qualifying Scores for Pre Elites to Challenge and Elites to Classic

Qualifying scores will not be set for 2006 until the new code becomes official and the committees are able to determine how the new scoring system will work.

CONTINUED →

All Around News

Region 8 Elite/TOPS Clinic and Compulsory Testing

Our region will host a clinic for TOPS, Pre Elite athletes and Coaches/Judges interested in the Elite program. A registration form is in this Newsletter.

TOPS Clinic: Any TOPS athlete or athlete under 12 that may be interested in the TOPS program is invited to attend. The TOPS clinic will be held on Saturday January 7th and conclude early on Sunday - The clinic will focus on physical abilities and Elite compulsory testing skills. The clinic will fill on a first come basis so please enter early if you are planning on attending with athletes. Please see entry form in this Newsletter.

Pre Elite athletes: For athletes 12 & older that are interested in the Elite program we will be offering a mini National camp format. These athletes will do physical abilities, National team warm up and have their routines/skills verified under the new FIG code of points.

Elite Compulsory Testing competition: We will be offering a testing competition at this event for anyone that wishes to enter.

Coaches/Judges: Coaches and judges without athletes may attend for a fee. In addition to observing athletes training with the staff, we will have sessions on the new code of points for FIG. We will have updated information and complete details on the new code by this clinic so please plan on attending if you are planning on participating in the Elite program during this cycle.

STAFF: In addition to Brevet Judges in our region as well as TOPS managers and coaches from our region we will bring in **Tammy Biggs**.

HOTEL: We have blocked 50 rooms for Friday, January 6 and Saturday, January 7 at the Jacksonville Courtyard by Marriott Butler Boulevard. The address is 46701 Lenoir Avenue South, Jacksonville, 32216. Telephone number is (904)296-2828. The rate is \$74.00 per night with two double beds. Check in is at 3:00 p.m. and check out is at 12:00 p.m. Please ask for the “**Starlight Gymnastics**” rate. Rooms will be held at this rate until December 7, 2005.

TOPS: Once again we had a lot of athletes testing this summer. National qualifiers have been determined and clubs will be notified. TOPS qualifiers are listed at <http://www.usa-gymnastics.org/women/tops/0578yearoldmemo.html>

Special thanks to our State TOPS managers who volunteer their time to run this program for our region. They did a great job this year and their hard work has contributed to the success of the TOPS program. If you have any questions about the TOPS program, please contact the TOPS Manager in your state. There should be a link at your State USAG website.

That's the news for now. I will send emails to clubs on my email list as I get additional information on the code and elite program.

One final note: The region has set up a fund for Hurricane Katrina assistance for clubs and people in our gymnastic community that need help. Please contribute! And Meet Directors please consider sending \$1.00 - \$2.00 per athlete from meets that you host this season. Thanks so much!

TENTATIVE SCHEDULE for ELITE/TOPS CLINIC & COMPULSORY TESTING January 7-8, 2006

SATURDAY, January 7, 2005

1:00 - 6:00	TOPS & Pre-Elite (not competing)	<i>Tammy Biggs & TOPS Managers</i>
4:00 - 4:30	Stretch for Elite Testing Competition	
4:30 - 7:00	Elite Testing Competition	
6:30 - 7:00	Lecture on New Elite Code (For All Attendees)	<i>Brevet Judges</i>

SUNDAY, January 8, 2005

8:30 - 2:00	TOPS & Pre-Elite Clinic (emphasis on Pre-Elite)	
	National Team Warm-up & Physical Abilities	<i>Tammy Biggs</i>
	Verification of skills and partial routines by Pre-Elites under new code rules for start values	<i>Brevet Judges</i>

ELITE / TOPS CLINIC & COMPULSORY TESTING ENTRY FORM 6

JANUARY 7-8, 2006
Starlight Gymnastics - Jacksonville, FL

FEE: TOPS Clinic	\$75.00
Pre-Elite Clinic (no testing)	\$100.00
Elite Competition Testing Only	\$100.00
Competition & Pre-Elite Clinic	\$150.00

Deadline: December 1, 2005 \$25 late fee per gymnast
Entry on first come basis so ENTER EARLY

Team Name: _____ Date: _____
 Club USAG #: _____ Phone: _____
 Team Address: _____ Fax #: _____
 City: _____ State: _____ Zip: _____
 1. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____
 2. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____

Competitor Name	Athlete #	Clinic	Competition	TOPs	Elite	Date of Birth
1)						
2)						
3)						
4)						
5)						
6)						
7)						
8)						
9)						
10)						

Number of GYMNASTS for

TOPS Clinic	_____ x \$75.00 = _____
Pre-Elite Clinic (no testing)	_____ x \$100.00 = _____
Elite Competition Testing Only	_____ x \$100.00 = _____
Elite Competition & Pre-elite clinic	_____ x \$150.00 = _____
Coaches & Judges Without athletes attending	_____ x \$50.00 = _____

Late fee per gymnast _____ x \$25.00 = _____

TOTAL AMOUNT \$ _____

MAKE CHECK PAYABLE TO REGION 8 USAG. ONE CHECK PER CLUB. NO PERSONAL CHECKS.

**MAIL ENTRY FORM
 WITH CHECK TO:**

Deb Kornegay • 394 Stonebridge Road • Birmingham, AL 35210

**MAIL COPY OF FORM TO:
 OR FAX TO:**

**Toni Rand • 6805 Lyons Technology Circle, Coconut Creek, FL 33073
 (954) 725-9157**

Please donate to the Hurricane Gymnastics Relief Fund

Thanks to the wonderful response from individuals and clubs throughout the USA, our \$50,000 goal was met in three weeks. We have expanded our goal to \$100,000. The need is great. Please donate today.

Name of Club / Business: _____

Name of Individual: _____

Mailing Address: _____

Phone #: _____

Email Address: _____

Name that you want to appear on donation list:

Please make our your check to **Region 8 Hurricane Fund**
and return this form with your donation to:

Debby Kornegay
394 Stonebridge Road
Birmingham, AL 35210-1000

All mail-in donations will be posted daily to the Region 8 web site
www.region8gymnastics.org

All Around News

Paul Padron
RJOC

JO
INFORMATION
UPDATE

1 Cutchin Court
Charleston, SC 29414
Phone / Fax 843-766-3008
E-mail: phpadron@knology.net

Dear Membership,

As many of you can already imagine, Hurricane Katrina has had a devastating effect on many in our gymnastics family. The response from our gymnastics community has been incredible however it is extremely important for us understand that the effects of this disaster will be felt for a very long time. Although insurance may cover lost possessions, the loss of income by our clubs and are families is much harder to replace. This loss may go on for months and we need your help to raise funds so that we can help our gym families rebuild. I have asked each student at my gym, recreational and competitive to pledge a \$5.00 donation to help our gym families in need. I challenge every club in our region regardless of size to do the same. If you are interested in taking on this challenge at your club, please look on our regional web-page for ready made forms that you can use. Together we have the power to make a difference.

During the past 2 years we have put away money from our training camps to sponsor a special trip for our top gymnasts from Level 9 East Nationals and Level 10 Nationals. We are extremely happy to announce that beginning with the 2005-2006 competitive season, the region will be sending the top 5 Level 10 athletes/National Champions and the top 5 Level 9 athletes/East National Champions to an all expense paid competition either to Hawaii in December or an international training camp during the summer. The region will also cover the cost of one male and one female coach and a delegation leader. A special thanks goes to the many clubs who have supported our training camps as well as the coaches and judges who volunteer their time to make this special trip a reality.

In our next newsletter, I will go over some of the changes that we are implementing to the national apparel program so that we can build team unity at our most important competition of the year. In closing I wish each of you a very successful season. Please do not hesitate to contact me should you have any questions or concerns.

Regards, Paul

2005 REGION 8 TRAINING CAMP **Levels 9, 10 & Elite** **October 14-16, 2005**

Auburn Gymnastics Academy - Auburn, Alabama

Camp is full for Athletes

SCHEDULE:

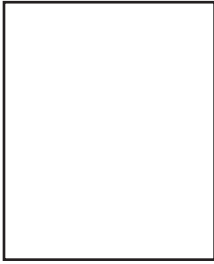
Fri. 10/14	7:00 - 8:00	TC Registration
Sat. 10/15	8:00 - 9:00	TC Registration
Sat. 10/15	9:00 - 7:00	Camp (lunch served)
Sun. 10/16	9:00 - 1:30	Camp

HOTEL:

Auburn Univ. Hotel & Dixon Conference Center
334-821-8200 Phone • 334-826-8755 Fax
241 South College Street
\$99.00 - ask for Region 8 Gymnastics Clinic

Region 8 Coaches & Judges Optional Update will be held with the October camp.
Additional fee must be paid to attend.

All Around News



MARIAN DYKES
RTCC

TECH
NOTES
ICAL

4651 Buford Highway
Atlanta, GA 30341
Work 770-451-6910
Fax 770-457-0943
Home 404-325-3745
Cell 404-408-6699

The Region 8 USAG Committee will continue to make regional assignments in the summer. The USAG Region 8 Committee at their summer meeting made assignments for both 2006 regional championships. These assignments can be found in the minutes in this newsletter as well as on my web page. If you are a judge interested in being considered for a regional meet, please read the article in this newsletter regarding fulfilling the criteria for a regional assignment. While no judge is guaranteed an assignment, meeting all of the criteria year after year is noticed.

In gym experience cards for regionals 2006 have already been sent. These cards were sent to all Level 10 and higher judges that submit a regional availability for 2006. These cards can be completed using in gym experiences from June 1, 2005 - June 1, 2006. This June 1 due date is a date received. Please be sure you meet this firm deadline. Any Level 10 or higher judge must complete this card to be eligible for consideration by the Region 8 Board for assignment to a regional meet in 2007. If you did not receive a card, you may print one from my web site or contact Marian Dykes.

Availability forms for Regional Championships are in this newsletter. You will not receive an individual mailing. Completed forms must be returned to Marian Dykes and received by June 1, 2006.

Your USAG Region 8 Board will make recommendations from Region 8 for Level 10 J.O. Nationals and Level 9 J.O. Easterns. If a judge does not satisfy the current elite active-status requirements as well as work at one of the Region 8 training camps, they will drop to the bottom of the rotation for Level 10 Nationals and Level 9 Easterns and will therefore be ineligible for the year.

Clarifications for the 2005-06 season include the following:

- ◆ Compulsory athletes must follow current mobility rules.
- ◆ Optional Levels 8, 9 & 10 are allowed to drop back one level without petitioning during the first year of the new cycle.
- ◆ For modified traditional format meets at Level 7-10, the timed warm-up period is now based on 2:00 minutes per gymnast.
- ◆ Meet Directors of all sanctioned events must allow entry to replacement athletes without any additional fee, provided that the replacement athlete is in the same session, age division and level.
- ◆ All age divisions may use the beam at any height within a minimum of 100 cm and maximum of 125 cm.
- ◆ An additional 8" mat may be used for Level 4 bar mounts to accommodate the size of the athlete.

All judges are required to recertify in 2005. In June of 2005, new compulsory routines as well as new Optional rules for the new cycle were introduced. While the past Compulsory rating is valid through December 31, 2005 all judges will be required to re-certify for the new Compulsories (for the 2006-2013 cycle) by passing a written exam. Optional judges will also be required to recertify by passing an exam.

All Around News

Do you want to judge regionals?

Your Region 8 Board is committed to having the best-prepared judges at all regional competitions. In order to be eligible to judge a Region 8 Regional Meet in 2007, a judge must satisfy the criteria listed in the Rules and Policies and the regional criteria listed below. For all regional meets in 2007, the Region 8 USAG Board will again require each judge to have in gym experience and attend an approved regional or national clinic.

Complete and return an in gym card.

1. In order to be eligible to judge a regional meet in 2007 in Region 8, a judge must have in gym experience. A judge must complete at least 9 hours of in gym experience between 6/2/05 and 6/1/06.
 - ◆ Each experience must be a minimum of 2 hours. The level of gymnasts must be equal to or greater than the level of meet the judge wishes to be considered for. (i.e. Level 10 regionals = in gym experience with Level 10 or elite, Level 9 regionals = in gym experience with Level 9, 10 or elite, etc.) Training sessions at a meet may not be used.
 - ◆ A maximum of 3 hours may be completed in a college setting.
 - ◆ A maximum of 3 hours may be from a Regional or National JO or Elite Training Camp. (A training camp may only count for either in gym experience or clinic experience not both.)
 - ◆ This experience must be an interactive experience; it is not sufficient to sit in the stands and watch workout. Judges must call ahead to schedule gym time. The judge's activities should be under the supervision of the gym's coach.
 - ◆ The judge should keep in mind that the gym club you are visiting is a business. The judge should remain professional and cordial at all times.

Attend an approved clinic.

2. In order to be considered to judge Level 10, 9 or 8 Regionals a judge must have attended at least one regional or national clinic from the following list: USA Gymnastics National Congress, National Technical Workshop, NAWGJ Symposium, Region 8 Congress/Optional Update/NAWGJ Symposium, Level 9/10 Training Camp, Level 8/9 Training Camp satisfies the requirement for Level 8 and 9 Regionals only. If a judge wishes to have any other clinics(s) considered, the judge must submit their request in writing to Marian Dykes for approval by the Region 8 USAG Committee. Please list the date, site, instructors and what this experience afforded you.

A card may be downloaded from the Region 8 website or obtained from Marian Dykes. This card is used to complete documenting this in gym experience. Marian Dykes must receive completed cards by June 1, 2006. The judge will receive confirmation via e-mail (or in writing if they do not have e-mail) within ten days of receipt. If a judge does not receive a confirmation of receipt, they should contact Marian Dykes immediately. Please note that if a state has an in gym experience requirement, it is each judge's responsibility to make a copy of this card and submit it directly to their state.

Complete your availability form.

3. Availability forms for Regional Championships will be in the Fall 2005 and Winter 2006 newsletter as well as online. Marian Dykes must receive completed forms (with a copy to Sheila Ragle) by June 1, 2006.

The Region 8 Committee reviews the list of all of the information submitted by all judges each year. Judges are encouraged to submit all of the required paperwork each year. In order for the USAG Region 8 Committee to select a judge for a regional assignment, all of the criteria must be met.

All Around News

Sanction Violations - What do I do?

Marian Dykes, RTCC

What happens when there is a meet that breaks a rule listed in the Rules & Policies? Most Meet Directors would be surprised that rules violations are often reported in writing to the State or Regional Committee Chair even if the person reporting is not comfortable enough to list the problem on the sanction form. Every Meet Director must be familiar with the many meet rules and guidelines in the *Rules and Policies*. Here are several of the rules that are often seen broken:

- ◆ Number of gymnast in the session. There is no provision to allow more than the number of gymnast listed no matter what the circumstances.
- ◆ Athletes cannot be on the competitive floor for more than 5 hours. Be careful to design the meet schedule to allow for rotating, judging and even a stop in the meet due to an unexpected occurrence such as a lengthy fall, music breaking, etc.
- ◆ Meets should finish by 10:00 p.m. Be sure and allow time for march in and to march from event to event.
- ◆ Judges must have breaks. Your schedule should provide a minimum of 30 minutes after 3 1/2 - 4 hours of judging time and a minimum of 45 minutes after 7 hours of judging time.

Gymnastics is such a close community, most professional members request that complaints they lodge be kept confidential. Every effort is made to make all levels of the investigation confidential. With this in mind, all sanction violations are taken very seriously. A list of penalties for sanction violations can be found in the *Rules and Policies*. Unfortunately, region 8 has had to issue several letters of reprimand. In rare cases when a second infraction occurs, monetary fine is assessed.

Meet Directors are encouraged to read their *Rules and Policies* and be familiar with it. This book was designed with the combined efforts of many experienced coaches and judges. The rules listed in the R&P will help make your meet a fantastic experience for all.

**Optional Update
for
Coaches & Judges**

**October 14-15, 2005
Dixon Conference Center
Auburn, Alabama**

Tentative Schedule

FRIDAY - October 14, 2005

9:00 - 10:10	JO Update & Regional Meeting	<i>Deb Kornegay, Paul Padron and Marian Dykes</i>
10:20 - 11:30	Optional Vault	<i>Paul Padron</i>
11:40 - 12:50	Optional Beam - Practice Judging & Technique	<i>Marian Dykes</i>

LUNCH

2:15 - 3:25	Optional Floor - Practice Judging & Technique	<i>Marian Dykes</i>
3:35 - 4:45	Optional Bars - Practice Judging & Technique	<i>Marian Dykes and Deb Kornegay</i>
4:45 - 5:50	JO Changes Optional Bars	<i>Brad Harris</i>
6:00 - 7:00	Tumbling for Bonus	<i>Brad Harris</i>

SATURDAY - October 15, 2005

9:00 - 11:00	Compulsory Q & A Practice Judging	<i>Marian Dykes and Sheila Ragle</i>
11:00 ON	View Training Camp	

All Around News

REGION 8 CALENDAR • 2005

September 2005

30 - Oct. 2 National TOPs Testing
New Waverly, TX

October 2005

14-16 Coaches and Judges Optional Update
Auburn, AL

15-16 Level 9, 10 & Elite Training Camp
Auburn, AL

December 2005

3-7 National TOPs Team Training Camp
New Waverly, TX

7-11 National TOPs B Team Training Camp
New Waverly, TX

January 2006

7-8 Elite/TOPs Clinic
Starlight Gymnastics,
Jacksonville, FL

March 2006

10-12 Last week for 9-10 State Meets

30-Apr. 2 Level 9 & 10 Regionals
Kennesaw, GA

April 2006

7-9 Level 8 Regionals
Huntsville, AL

21-23 Level 9 Eastern Nationals
Vanderbilt Memorial Gym
Nashville, TN

28-30 Level 10 Nationals
Oklahoma City, OK

June 2006

23-25 Future Stars Training Camp
Balcony Gymnastics, Ocala, FL

29-July 2 Region 8 Congress
Ft. Lauderdale, FL

July 2006

28-30 Level 8 & 9 Training Camp
Salem Gymnastics,
Winston-Salem, NC

August 2006

16-20 USAG National Congress &
Championships
Saint Paul, MN

October 2006

6-8 Level 9, 10 & Elite Training Camp
Ultimate Gymnastics,
Suwanee, GA

Deb Kornegay +
Region 8 Gymnastics,
Thank you so much for
all the hard work you'll put
in each season! I have
enjoyed the many years as
competing region 8 gymnastics!
It truly is an honor to
represent region 8! Thank you
so much for the support!

- J
Jurdsey Puckett

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Check here if any of this info is different from last year

Name: _____ Home #: _____

Address: _____ Work # _____

City: _____ State: _____ Zip: _____

E-mail address _____@_____

USA Gymnastics #: _____ Expiration Date: _____

Current Ratings Held (2005-2009): _____ (Must hold a new Level 10 or higher rating)

AVAILABLE	NOT AVAILABLE	NAME OF MEET	SITE	DATES
<input type="checkbox"/>	<input type="checkbox"/>	Level 8 Regionals	TBD	April 12-15, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 & 10 Regionals	TBD	April 19-22, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 Eastern Nationals**	TBD	May 11-13, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 10 J.O. Nationals**	TBD	May 18-20, 2007*

* Please note that travel may be necessary on Thursday, Friday and/or Monday if you are assigned to one of these meets.

** Please refer to criteria in the Region 8 Rules and Regulation in Fall 2005 Region 8 Newsletter.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have attended at least one of the following clinics. Please indicate which clinic(s) you have attended:

- 2005 National Technical Workshops (Louisville, KY or Reno, NV)
- 2005 NAWGJ Symposium (Portland, OR)
- 2005 Region 8 Level 8 & 9 Training Camp (Orlando, FL) (For Level 8 Regionals only)
- 2005 USA Gymnastics National Congress (Indianapolis, IN)
- 2005 Region 8 Level 9/10 Training Camp and Optional Update (Auburn, AL)

If you wish to have any other clinic(s) considered, you must submit your request **in writing** to Marian Dykes for approval by the Region 8 USAG committee. Please list the date, site, instructors and what this experience afforded you.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have at least 9 hours in-gym experience **at the level of regional you are assigned to or higher**. Was this card completed and filed by 6/01/06? Yes No

How many Junior Olympic optional invitationals have you judged or contracted to judge from 6/14/2005 to 6/1/2006? _____

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2006 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

...continued on other side

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Please specify miscellaneous expenses for which you would expect reimbursement:

- \$ _____ Airport Parking
 - \$ _____ Travel to/from the Airport @ current IRS rate x _____ miles round-trip
 - \$ _____ Tolls
 - \$ _____ Other Expenses (be specific)
-
-

Please indicate the nearest departure airport: _____

Do you have any special dietary restraints? Yes No

Please list dietary restraints _____

OTHER INFORMATION

Gym Affiliation: _____

Place of Employment: _____ How early can you leave? _____

You must return this form to: **Marian Dykes**
4651 Buford Highway
Atlanta, GA 30341

Please send a copy to: **Sheila Ragle**
1870 Eagle Summit Court
Lawrenceville, GA 30043-6669

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2006 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

Make plans now to attend the
14th Annual
Atlanta Crown
Gymnastics Invitational

Hosted by Gwinnett Gymnastics Center Booster Club

January 13th-15th, 2006

Gwinnett Civic Center

6400 Sugarloaf Parkway
Duluth, Ga. 30097

Women's USAG levels 4-open
Entry Fee: \$85 Team Entry: \$45
Late Fee: \$10
Entry Deadline: Nov. 1, 2005
Equipment: AAI Elite

Host Hotel:
Marriott Gwinnett Place
meet rate: \$69 (by Dec 1)
770.923.1775

Come see the new Atlanta Aquarium!
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Call for more details 770.921.5630
Meet Directors: Elizabeth Ables 404.805.6652
Robin Lant 404.316.7235

www.atlantacrown.com

2006 BATTLE OF CHAMPIONS

MEET DIRECTORS:

REGION 5

PAM HALKER

HALKER'S GOLD GYMNASTICS

310 Birch St.

Columbus Grove, OH 45830

419-659-5789 (Phone)

419-659-6091 (Fax)

E-Mail: gold@woh.rr.com

REGION 8

TOM WARD

BAYSIDE GYMNASTICS

4400 118th Ave. N. Ste. 103

Clearwater, FL 33762

727-643-3867 (Phone)

727-592-9319 (Fax)

E-Mail: tmtjward@aol.com

CHECK OUT OUR WEB SITE AT: battleofchamps.com

LEVEL 4-ELITE

This is a USAG Sanctioned Competition

THE LAKELAND CENTER 701 W. Lime St. Lakeland, FL 33815

- | Teams will not be split up by age group, you compete by team within the session!
- | Every gymnast receives a Battle Of Champions Bag.
- | Awesome Coaches Gift.
- | \$6000 Team Cash Prizes
- | \$3.00 Per Athlete Entered To the winning Regional Apparel Fund!
- | \$2.00 Per Athlete Entered to the losing Regional Apparel Fund!
- | All sessions in the Arena!
- | Great individual & team awards. Awarded by the Session!
- | Judges from both Regions!
- | All College Coaches will get a personal invitation to the competition!

**ENTRY FEES ARE \$90.00 PER GYMNAST
\$60.00 PER TEAM PER LEVEL**

Register Early! Send \$100 Deposit to Hold Your Spot!

**Please send entries to:
Pam Halker
Halker's Gold Gymnastics
310 Birch St.
Columbus Grove, OH 45830**

ENTRY DEADLINE: DECEMBER 1, 2005

Refund Deadline is December 1, 2005

Age groups will be divided when we receive all entries. Schedule will be posted by Dec. 20, 2005

New Year's Invitational
At Disney's Wide World of Sports® Complex
December 30, 2005 —January 1, 2006

Event Site: The Milkhouse at Disney's Sports Complex

Levels of Competition: Girls USAG Levels 4 - 10/Open
Girls AAU Levels 2 - 10
Boys USAG Levels 4 —Elite

Team Format : Top three scores count



South Florida Presidential Classic
January 13 —15, 2006 (Martin Luther King Weekend)

Event Site: Ft. Lauderdale/Broward County Convention Center

Levels of Competition: Girls USAG Levels 2 - 10/Open
Girls AAU Levels 2 - 10
Boys USAG Levels 4 —Elite

Team Format: 4-man team/3 scores count

*Cash Prizes for 1st-3rd place USAG team every session!

1 st Place	\$200 opt/ \$100 comp
2 nd Place	\$150 opt/ \$80 comp
3 rd Place	\$100 opt / \$50 comp



Junior Orange Bowl Invitational
February 17 -19, 2006 (President's Weekend)

Event Site: Coral Springs City Gymnasium, Coral Springs, Florida

Levels of Competition: Girls USAG Levels 2 - 10/Open
Girls AAU Levels 2 - 10

Team Format: 4-man team/3 scores count

For complete event details, visit our website at
www.usacompetition.com
or call us at
800-841-4977



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901 Tullis Rd

Lawrenceville, GA 30043

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Check out our new Web Site

www.Wynn-Wynn.com

TOLL FREE 877-996-6996

Ft. Lauderdale, FL June 29—July 2, 2006

At the
Hyatt Regency Pier 66 Resort

REGION 8 CONGRESS

Located on 22 tropical acres surrounded by
the beautiful Intracoastal Waterway

Registration:

\$197 Early Registration by April 17th, 2006

\$10 discount per entry for 4 or more on one club check (if entry received by June 1st)

\$217 After April 17th and on site—no discount

***Boca Twisters will rebate \$5.00 per attendee back to their “home state”
Administrative Committee!**

***SACC’s volunteering time will receive free Congress entry!**

SESSIONS TO INCLUDE:

Beginner-Advanced Sessions for Coaching and Judging
Pre-school and Class Programs
Business

JUDGES EXAMS

Hyatt Regency Pier 66 Resort

800-233-1234

Room Rate: \$149.00 per night

Bahia Mar Beach Resort

888-80-BAHIA

Room Rate: \$115 per night

(Ask for Congress 2006)

Reserve by June 5th to receive group rate!

Enjoy beautiful Ft. Lauderdale Beach!

For More Information, Contact :

Sharyn Strickland

800-841-4977

strickgym@earthlink.net

Or Visit:

www.USACompetitions.com

Featured clinicians will include :

- Region 8 Administrative Committee
- Tom Koll *Women’s J.O. Committee Chairman and Compulsory co -author.*
- Gary Anderson *National Elite Committee Chairman*
- Frank Sahlein *Owner of Wings Gymnastics, 3rd Level Business Consulting.*
- Brad Harris *Coach of Tampa Bay Turners, Florida USAG Board member*
- Rene` Niccollai *Brevet Judge, Florida USAG Board member*
- Catherine Batsche *Brevet Judge, Florida State Judging Director*

PLEASE USE ONE (1) REGISTRATION FORM PER PERSON

REGION 8 CONGRESS

June 29—July 2, 2006

Fort Lauderdale, FL

FOR INFORMATION CONTACT: SHARYN STRICKLAND
strickgym@earthlink.net 800-841-4977

NAME: _____
USAG #: _____ EXP. DATE: _____ SAFETY EXP.: _____
MAILING ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
HOME PHONE: _____ WORK: _____
FAX: _____ EMAIL: _____
GYM AFFILIATION: _____ JUDGING RATINGS: _____

I give permission to publish this information (signature): _____

\$197 Early Registration by April 17th, 2006

\$10 discount per entry for 4 or more on one club check (if entry received by June 1st)

\$217 After April 17th and on site—no discount

Please make checks payable to: **USA Competitions**

I **WILL** OR **WILL NOT** ATTEND THE FRIDAY NIGHT BANQUET. (Please circle one)

MAIL REGISTRATION TO:

USA Competitions

3100 NW Boca Raton Blvd. #308

Boca Raton, FL 33431

FOR OFFICE USE ONLY:

DATE RECEIVED: _____ AMOUNT RECEIVED: _____
CHECK #: _____ PAID BY: _____

GET READY FOR THE NEW JO CHANGES!

AVAILABLE IN JUNE! ORDER EARLY!

JO OPTIONAL & COMPULSORY RESOURCES

For Coaches & Judges

COMPULSORY CARD

Set Price \$12.00

Compulsory deductions at your finger tips for all **SIX LEVELS**. These new sets are 8½ x 11 in full color—coded by event. Eleven full size cards.

OPTIONAL EVENT CHARTS

Set Price \$8.00

For easy reference of Value Parts — these charts for BARS, BEAM and Floor are great to use for that quick element value part check while judging. These charts list value parts in **ENGLISH and judges shorthand** and each value part letter is printed in its own color for rapid identification. Four full size cards.

OMNI CARD

Price \$10.00

You have to see it to believe it! One card with **Levels 7-10** covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.

BAR INDEX

Price \$3.00

A list of bar elements in alphabetical order for JO value, element number, and **Code of Points** page number. In full color.

FLASH CARDS

Set Price \$25.00

Business Card size — these two sided cards have every element from the new **JO Code of Points** for Bars, Beam and Floor. One side has word description and shorthand symbol and the other side gives code reference number with JO value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event.

WALL CHARTS

Set Price \$20.00

Easy reference of Value Parts. **Now in full color** like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.

NCAA OMNI CARD

Price \$6.00

AVAILABLE IN OCTOBER

One card covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions based on NCAA rules and requirements.

CONTACT: DEBBY KORNEGAY

394 Stonebridge Road • Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email:DebGK@Bellsouth.net

ORDER FORM

JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name _____

Shipping Address _____

City, State, ZIP _____

Phone _____ Email: _____ @ _____

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	COMPULSORY CARDS	\$ 12.00 set	
	FLASH CARDS	\$ 25.00 set	
	OPTIONAL EVENT CHARTS	\$ 8.00 set	
	BAR INDEX	\$ 3.00 each	
	OMNI CARD (FORMERLY LAMINATED CARD)	\$ 10.00 each	
	NCAA OMNI CARD	\$ 8.00 each	
	WALL CHARTS	\$ 20.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 63.00 packet	
	JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE	\$ 42.00 packet	
SHIPPING CHARGES:			
	\$20.01 - \$40.00 — \$9.00	SUB TOTAL	
Up to \$10.00 — \$4.00	\$40.01 - \$70.00 — \$10.00	SHIPPING	
\$10.01 - \$20.00 — \$6.00	\$70.01 and up — \$14.00	TOTAL	

PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS

Make all checks payable to: GYMNASTICS EVENTS
 email: DebGK@Bellsouth.net • phone/fax (205) 951-0184

Mail to: Debby Kornegay
 394 Stonebridge Road • Birmingham, AL 35210-4111

COACHES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
 Wall Charts
Cost Including Shipping
\$63.00

JUDGES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
Cost Including Shipping
\$42.00

BID FORM FOR

2007 Future Stars Training Camp • TBD, 2007

2007 Level 8 & 9 TRAINING CAMP • TBD, 2007

2007 Level 9, 10 & Elite REGION 8 TRAINING CAMP • TBD, 2007

Bid is for the site of the Camp. Region 8 Board will still organize and direct the event. Site Coordinator is responsible for arranging host hotel and meals for gymnasts.

PLEASE CHECK YOUR PREFERENCE:

- checkbox FUTURE STARS checkbox LEVEL 8 & 9 checkbox LEVELS 9, 10 & ELITE

SITE COORDINATOR _____

ADDRESS _____

PHONE (gym) _____ (home) _____

Email: _____ @ _____

NAME OF FACILITY _____

ADDRESS _____

HAVE YOU ATTENDED A REGION 8 TRAINING CAMP? checkbox Yes checkbox No

LEVEL(S) ATTENDED: checkbox Future Stars checkbox 8 & 9 checkbox 9, 10 & Elite

SIZE OF FACILITY: _____

OF VAULTS _____ # OF VAULT RUNWAYS _____

OF BARS _____ # OF SINGLE BARS _____

OF BEAMS(high) _____ # OF BEAMS(low) _____

OF FULL FX MATS _____ # OF TUMBLING STRIPS _____

OF PITS _____ SIZE _____

LIST EQUIPMENT OVER PITS _____

IS THERE A SEPARATE DANCE AREA? checkbox Yes checkbox No SIZE _____ SURFACE _____

LIST OTHER EQUIPMENT/APPARATUS/GYM AREAS THAT COULD BE USEFUL FOR A TRAINING CAMP _____

AIRPORT _____ DISTANCE FROM SITE _____

NAME OF HOTEL _____ DISTANCE FROM SITE _____

ROOM RATE _____

PLEASE INCLUDE A DESCRIPTION AND DIAGRAM OF FACILITY LAYOUT FOR A TRAINING CAMP SET-UP;

DATE _____ SIGNATURE _____

RETURN TO: DEB KORNEGAY 394 Stonebridge Road Birmingham, AL 35210 FAX 205-951-0184

DEADLINE FOR TRAINING CAMP BIDS MUST BE RECEIVED BY October 10, 2005

REGION 8 ATHLETE FUND

1. All athletes competing to an elite Classic or higher competition or qualifying to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.
2. A club will receive no more than a combined total of three sets or pieces of coach's apparel.
 - a) All clubs that provided one coach who worked at the regional training camps will receive:
 - 1) One set of coach's apparel per Level 10 athlete qualified to Nationals (6/30/99)
 - 2) One piece of coach's apparel per Level 9 athlete qualified to Eastern Nationals (6/30/99)
 - b) All clubs that provided additional coaches to work at any regional training camps will receive one additional set of apparel. (7/9/03)
3. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel only.
5. All coaches with qualified athletes may purchase a shirt to wear for competition.
6. Apparel items will be offered for sale.
7. All coaches and judges who have worked camp or donated \$50 will receive a regional shirt.
8. Gymnasts qualified to Nationals who attended Training Camp or whose coaches worked camp will receive a bonus pack.
9. Apparel will be provided to the current members of the Regional Committee.

REGION 8 ATHLETE FUND -

This fund supports our efforts in the region to give some extra rewards for our gymnasts who qualify to Regional and National meets in their respective levels - Elite, Level 10, Level 9 and Level 8.

**WE NEED
EVERYONE'S
SUPPORT!**

THANK YOU TO THESE CONTRIBUTORS!

Sue Ammerman, Portia Bodenheimer - Central Carolina Gymnastics
and Brock White

REGION 8 ATHLETE FUND CONTRIBUTION

Name _____

Club _____

Address _____

Amount \$ _____ Make checks payable to Region 8 USA Gymnastics

PLEASE MAIL YOUR CONTRIBUTION TO:
Debby Kornegay
394 Stonebridge Road • Birmingham, AL 35210

All Around News

Region 8 Committee Meeting Minutes

June 9, 2005

Reno Nevada

Meeting was called to order at 9:06 am by Debby Kornegay.

Roll Call

Debby Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC (9:30)
Toni Rand	RECC
Sheila Ragle	NAWGJ

(Non Vote) Present for Judges Selection only

Deb Walls	Alabama
Mike McCabe	Florida
Peggy Simpson	Georgia
Patricia Boudreaux	Louisiana
Nancy Hawkins	Mississippi
Jennie Adams	N. Carolina
Joanne Child	S. Carolina
Bob Valley	Tennessee

Deb Kornegay reminded everyone about the need for the use of Confidentiality Statement especially for new state Committee members.

Thank you notes and comments from Regionals were passed around.

MOTION: To use NAWGJ as regional judges contractor for 2005-06.

Motion D. Walls
Second J. Child

Passed unanimously

WTC

Review of why national office has decided to remove JCI's certification responsibilities. The course in Louisville went well. A good core of Level 10's recertified. An item analysis will take place to make sure the tests are valid.

The in-house decision to assume JCI's responsibilities was made by the national office so that USAG could make sure

changes would happen when requested, not having to wait on another entity. USAG now needs to make sure that the judges are continuing to have professional education. (CPE) State chairs will need to appoint someone in each state to maintain CPE records. Before, NAWGJ coordinated this task with an active status coordinator in each state. It's suggested that each state USAG use NAWGJ as the contractor and include the CPE coordinator duties in the motion of the booking contract. The system has been in place and has been working. On the surface, Region 8 will see little change.

The active status card system will be changed. Cards will be stamped at the end of each educational opportunity. WTC is looking for feedback for card design. Judges will keep his/her own signed cards, but send the cover sheet of verification to the authority in each state. Random auditing by the National office will occur in all states. Clinics must be approved; the details are to be determined. Sanctioning requirements will be also determined. It is probable that each counting clinic will have to be publicized and open to the public. The amount of hour-credit will be determined by absolute clock time. There may be some carry over of accrued time. If a Committee member is a Level 10 or higher, then that person does not have to turn in CPE card. New card requirements will start on June 1 2005 and end July 31, 2006. Refer to USAG website for these guidelines. The amount of education is set on a sliding scale according to the level of judge. Higher rated judges will require more hours of education. States will need to request these cards. Each clinic will have it's own unique card. Request for permission for CPE is a work in progress. A determination will be made on who will give permission for CPE on clinics.

Judges assignments for JO Nationals, Level 9 Easterns, Level 9 & 10 Regionals and Level 8 Regionals were distributed.

There was some discussion regarding judges usually available for regionals that did not appear on the list.

CONTINUED →

All Around News

Marian explained that the list was comprised of those judges that returned their form in a timely manner.

MOTION: To approve the Level 10 National panel as presented.

Motion M. Dykes
Second P. Padron
Passed unanimously

MOTION: To approve the Level 9 Eastern National panel as presented.

Motion M. Dykes
Second P. Simpson
Passed unanimously

MOTION: To approve the Level 9/10 Regional panel as presented.

Motion M. Dykes
Second P. Boudreaux
Passed unanimously

MOTION: To approve the Level 8 Regional panel as presented.

Motion M. Dykes
Second D. Walls
Passed unanimously

We'll vote on our Judges assignment criteria at the Winter meeting.

In-gym cards were distributed.

Sheila asked that we revisit the uniform requirement at Regionals (slacks). Discussion that followed concluded that our Region needs to maintain the professionalism of visual perception.

Questions were asked about a state's rights to amend the judging uniform at sanctioned invitationals. Specific questions should be referred to NAWGJ and USAG Rules and Policies.

Sheila Ragle stated that there were only 6 people registered for the optional update at Auburn. She asked the state chairs to remind the membership of the August 20 deadline. Deb will e-mail the forms to state chairs.

MOTION: To forego the silent auction at Region 8 training camp.

Motion D. Walls
Second M. McCabe
Passed unanimously

MOTION: That each state donate \$1000 to the apparel fund.

Motion N. Hawkins
Second M. McCabe
Passed unanimously

Deb K. reminded everyone that all need to be there to help with training camp and clinic/update. Deb asked state chairs to organize a work schedule the way they're going to help.

State judging selections are to be sent to Marian by November 1st.

Deb Kornegay passed around the Committee member address list asking for updates or changes.

State calendars will not go in newsletter any more, but will go on the web site.

New 2005-2009 planners were handed to members updated with national office information.

Deb Kornegay asked for the dates of each state's 8, 9, & 10 State Meets. Mississippi does not know; Tennessee may go to March 3-4; All the rest are March 10-12, 2006

9/10 Regional time schedule - Request to not go as late on Sunday to get folks home. Start sessions on Thursday. Meet Director suggested that this change in the schedule occur. Deb stated that if there are more kids then we may have to go Thursday night. The idea was to not start with 10's first because they traditionally travel more.

One bid for 9/10 Training Camp was received and two bids for 8/9 Training Camp.

MOTION: To accept the 9/10 Training Camp from Ultimate Gymnastics in Atlanta.

Motion P. Simpson
Second M. McCabe
Passed unanimously

It was suggested to have October 6-7 as the dates for the 9/10 training camp.

All Around News

MOTION: To accept the Future Stars Training Camp from Balcony Gymnastics in Ocala Florida.

Motion M. McCabes
Second D. Walls

Passed unanimously

MOTION: To accept the 8/9 Training Camp bid from Salem Gymnastic in Winston-Salem, North Carolina.

Motion J. Adams
Second P. Simpson

Passed unanimously

It was suggested to have July 28-30, 2006 for 8/9 Training Camp and Future Stars on June 23-25, 2006.

MOTION: To accept the bid for 2006 Region 8 Congress from Boca Twisters in Boca Raton, Florida.

Motion M. McCabe
Second P. Simpson

Passed unanimously

2006 Region 8 Congress will be held June 29-July 2, 2006.

Level 8 Regionals and Level 9/10 Regionals Financial Statements were presented and accepted.

Deb Kornegay asked everyone to please be careful counting the qualifying numbers to Level 8 Regionals. Call Deb if we have any deviation from what we think are the final numbers ; ie. scratches, foreign athlete numbers, etc.

A suggestion was made to divide the age groups into two groups in order for there to be two golds and two silvers. Give the same number of awards, instead of 1-12, giving two age groups of 1-6.

Next newsletter deadline is August 22, 2005.

Sophomore/Junior sheets are needed again.

Deb Walls. suggested that Deb Kornegay be allowed to make a decision about the use of Region 8's donation to the Hall of Fame Ceremony for seats, i.e. whether place at table be used to help athletes attend the event, etc.

In presenting the JO report, Paul relayed that Region 8 was asked to not give apparel to the Elite athletes from Region 8. We discussed gift ideas for those Region 8 Elite gymnasts going on international trips. Deb Walls

suggested a pastel, cool colored passport cover. Region 8 will purchase and get them for Elite athletes.

Deb Kornegay discussed sanction violations from the Region. Apparently a meet director who received a violation letter last year was reported to have had a meet again this year with a time violation. Mike suggested that a fine be levied. Jennie suggested that the meet become a non-qualifier. Others suggested to levy a fine. If other violations occur, then put a non-qualifying status on future meets.

MOTION: To send a letter after an initial sanction violation. A second violation will result in a maximum fine. The third violation will result in a loss of designation as a qualifying meet.

Motion J. Adams
Second P. Boudreaux

Passed unanimously

An additional \$100 will be given by each state at the fall meet to be placed in the Sunshine Fund.

Paul would like all coaches at Easterns and/or Nationals to wear the Regional apparel. In order for the Region to appear more unified, we have to display a more unifying appearance. Paul would like to provide two shirts, t-shirt, and a warm-up suit to the coaches and gymnasts going to Easterns and Nationals. We encourage all coaches to wear the apparel at Easterns and Nationals. More forcefully, if the apparel is not worn, then the states will incur the cost of the apparel. If those coaches do not work training camp, then the apparel would have to be paid for. Mike suggested that the Booster clubs be requested to help encourage the apparel be worn.

Plan B - One set of apparel will be two collared shirts plus one T-shirt. For the first gymnast qualified the coach will be issued two sets of apparel. For each additional gymnast qualified one more set will be awarded up to a maximum of two sets. If the coach volunteered for Training Camp, then the coach will have a custom Region 8 National warm-up suit mailed to the gym. All expressed approval with this plan.

The Committee gave suggestions to Paul for apparel for 2006.

All Around News

TOPS report. All dates for TOPs Testing are in the new planner.

State Chairman's concerns: Paul polled the Committee to see how each state was working with Levels 2 & 3. It was suggested that a state could call the last meet a State Cup and give the awards as each state chooses. 11 states are registering Level 2 & 3's except Tennessee. Most are having a season ending meet.

Financial statements are July 10th. Deb will e-mail the ending balance.

Inventory report due July 10, 2005.

Athletes registering for levels 2 & 3 should appear on the national printout.

Deb Kornegay praised each state for sending the 8, 9, 10 state meet results by e-mail in Excel.

REPORTS

ELITE Toni has a meeting in July. She is excited about the changes for Elites, but points out that the JO and Elite programs are diverging in philosophy and practice.

RTC - Ask judges to keep in touch with Marian with this changing system.

JO Initial judgment of new routines has been positive. Paul wants to start working on our reward trip with regional athletes. He would like to ask Brad Harris to coordinate.

RC Deb Kornegay indicated that there's some confusion on non-profit status. Our financial reports might be sent to Region 8 and to John Hewitt.

Winter Meeting date January 7, 2006 at Amelia Island unless there is a national conflict.

Committee members voted on Silver Quill award.

Motion to adjourn 2:45 P.M.

Motion J. Adams
Second P. Padron

Passed unanimously

Respectfully submitted
Jennie Adams
6-9-05

Region 8 NAWGJ Regional and State Directors

REGIONAL JUDGING DIRECTOR	SHEILA RAGLE sragle@bellsouth.net	1870 Eagle Summit Court Lawrenceville, GA 30043-6669	770-513-7015 Home 770-682-6289 Fax 770-361-4249 Cell
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LOUISIANA	BRENDA EBERHARDT BLEgym@aol.com www.NAWGJLouisiana.org	4008 Ellen Drive Marrero, LA 70072-6222	504-347-4089 Home 504-341-8153 Fax 504-400-8213 Cell
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SOUTH CAROLINA	MENDI KNISLEY mendi-gary@juno.com	400 McCue Street Easley, SC 29642	864-306-9180 Day 864-306-9180 Fax 864-320-8602 Cell
TENNESSEE	SIBBY LANE	2121 Mark Lane	865-984-3738 Home/Fax

All Around News

RULES & REGULATIONS FOR REGION 8

Compilation of Region 8 USA Gymnastics Committee Minutes

Prepared by Marian Dykes, RTCC

Revised 9/9/05

JUNIOR OLYMPIC PROGRAM

The JOCC will form a Regional JO Committee. Each state must appoint one person for the JO Committee. Brad Harris will serve as Assistant JO Chairman and will work with Paul Padron to setup and administer Training Camps. (7/3/02)

The WTC is encouraging the flashing of Start Values at all Level 8, 9 & 10 competitions. (7/3/02)

SANCTION VIOLATIONS

If the SACC knows ahead of time about possible irregularities, he/she should try to warn Meet Director. If SACC learns of violations after the fact, he/she should follow-up after the meet with a written letter to RCC and the national office. (11/6/04)

Gyms that host a meet that results in a sanction violation will be handled as follows:

- initial sanction violation send a letter indicating a one (1) year probation
- second violation - a maximum fine
- third violation - loss of designation as a qualifying meet (6/9/05)

STATE MEETS

Base score video were discussed. SACC's must mandate the use of base score videos at Level 8, 9 & 10 State Meets. (7/3/02)

SACC's were reminded to have judging selection for Optional State Meet to Marian Dykes, RTCC by November 1st of each year. (7/3/02)

Region 8 strongly recommends that each state use 4-judge panels for all state championships. (12/20/02)

Region 8 USAG Committee suggest the Optional State Meet entry fees, set by USAG State Committees, not exceed \$75, with consideration to facility, equipment, judging expenses and awards. (10/18/99) (12/20/02)

Regional Meet entry forms should be Xeroxed (copied) from form. Four copies should be made:

1 to RACC, 1 to RTCC, 1 for Meet Director, 1 for State Chair to keep. (12/18/99)

Regional Meet entries must be paid with one club check. Individual checks cannot be used. (12/18/99)

ELITE REGIONALS

If a gymnast's Regional Meet entry is NOT turned in by deadline date, in order to enter the gymnast(s) in the Regional Meet, the following penalty will apply to the coach:

A \$25 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director.

\$200 fine payable to Regional 8 USA Gymnastics for each meet involved.

Fines must be received prior to training day (6/7/00)

Elite Competitions Entry fees are \$75.00 for one part and \$125.00 for two parts. (11/6/04)

REGIONALS

The Level 8, 9 & 10 Regional entry fee be \$85 because of the required use of outside facility, air conditioning, equipment rental, and regional representation of judges. (7/27/01)

The Meet Director will pay a fee of \$10 per athlete from all Regional Championships to the regional account. (7/27/01)

Region 8 will pay half the cost of awards at Level 9/10 Regional Championships, the other half to be paid by the Meet Director. The Level 8 Meet Director pays the entire awards expenses. (7/27/01)

Region 8 will give all-around awards to 33% of competitors at Level 8, 9 & 10 Regionals, or at Level 10 to all athletes qualifying to Nationals, whichever is greater. (7/27/01)

All graduating seniors at Regional Meets will be presented with flowers by the region. (1/4/97)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

If a gymnast's Regional Meet entry is NOT turned in at the State Meet, in order to enter the gymnast(s) in the Regional Meet, the following penalty will apply to the coach:

A \$25 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director.

A \$200 fine payable to Regional 8 USA Gymnastics for each meet involved.

Fines must be received prior to training day (6/7/00)

Injury petitions are accepted for Level 9 & 10 regionals. All petition information along with the entry check still must be sent to Marian Dykes, RTCC with a copy to Paul Padron, RJOCC. A regional Entry Form will be published in the Winter Region 8 Newsletter and will include a place for petitioned gymnasts. (7/3/02)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform. (6/9/05)

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

LEVEL 10 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

Qualification to Regionals 34.00 AA at State meet with no minimum number guaranteed (6/27/96)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform and that females wear skirts and men wear ties. (7/9/03)

LEVEL 10 NATIONALS

Region 8 Level 10 National alternates work out in the work out gym. These alternates will not be included during the designated Region 8 workout on the competition equipment. (7/9/03)

All coaches are encouraged to wear the apparel at Easterns and Nationals. More forcefully, if the apparel is not worn, then the states will incur the cost of the apparel. If those coaches do not work training camp, then the apparel would have to be paid for by the coach. (6/9/05)

LEVEL 9 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8,9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform. (6/9/05)

LEVEL 8 REGIONALS

The RACC will set the meet schedule (order of age groups) to facilitate the schedule of the entire competition (7/9/03)

The RACC will do the draw for Level 8, 9 & 10 Regionals by computer program before open workout day and post the draw on the Region 8 web page. (7/9/03)

The number of gymnasts at Level 8 Regionals All Stars is 208 + all ties + an additional 54 athletes. The number of team members is 64 (8 per state with 5 scores counting for team). There are no petitions accepted to Level 8 Regionals. The additional 54 athletes are determined by a percentage of those scoring a 34.00+, by the designated deadline, from all 8 states. (6/7/00)(12/19/03)

Each session will be divided into two age groups. Awards will be given for six (6) places in each age group. (6/9/05)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

A foreign athlete is eligible to compete as an all star at Level 8 Regionals as long as an additional gymnast from that state is accepted to Level 8 Regionals. The foreign athlete would receive duplicate awards at Regionals. Foreign athletes would be in addition to the percentage Level 8 numbers for each state. Foreign athletes cannot qualify on a state team. (7/3/02)

If a state does not have sufficient athletes to fulfill allotted spaces on state team at Level 8 Regionals, RACC will notify all-star with the highest All Around score from all State Meet results to fill available slots. (6/30/99)

Level 8 all-star alternates will be placed in any slots that become available up to forty-eight hours prior to the start of warm-ups of the first session of competition. (6/30/99)

Level 8 team alternate will be placed in any slots that become available up to the start of warm-ups of the first session of competition. (6/30/99)

All regional teams will receive plaques at Level 8 Regionals. The plaques will be presented prior to the team competition as the official state photograph is taken. The teams finishing first through third will receive additional tabs to attach to the plaques reflecting their respective finishing positions at the awards ceremony. (7/3/02)

Maximum gate fees are \$10.00 Adults, \$5.00 students and 5 and under free. Gate entry charges should be included in pre-meet information. (7/9/03)

Region 8 Committee strongly recommends that judges assigned to Regional Championships wear official NAWGJ uniform. (6/9/05)

If a tie for state team occurs at Level 8 Regionals Team competition the tie will not be broken. (7/9/03)

MINI-CONGRESS

The fee for using the Region 8 name for Regional Congress is \$1,000 base fee plus a \$5 per paid registrant in excess of 350 participants charged by Region 8 for hosting Region 8 Congress. (12/19/03)

TRAINING CAMP

The entry fee for the Regional 8/9 and 9/10 training camps is \$130. (7/27/01)

10% of all profits from regional training camps, elite clinics and TOPs testing will be earmarked for regional administrative cost. (6/17/98)

The region will administer as many training camps as needed. The Region will accept bids for a site for all training camps. Level 9's will be offered the option of attending either the 8/9 or the 9/10/E camp. (7/9/03)

TOPS National Team Members from the current or previous year be permitted to register for the Regional 9/10/Elite training camp. (12/16/00)

Petitions will be considered for acceptance to the training camps. Petitions are to be sent to the RTCC and a copy to RJOCC and reviewed under normal Rules & Policies petition guidelines. (6/27/96) (7/9/03)

Level 8 - All Level 8 gymnast who qualify to the State Meet and above are permitted to register for the Level 8/9 Regional Training Camp. (7/9/03)

Level 9 - All Level 9 gymnasts who qualify to the State Meet, but do not qualify to Level 9 Regionals Championships are permitted to register for the Level 8/9 Regional Training Camp. (1/9/99)

Level 9 - All Level 9 gymnasts who qualified to Regionals at State Meet, who competed at Regionals or had petitions accepted to regionals are eligible for the 9/10/E camp. (6/7/00)

Level 10 - All Level 10 gymnasts who qualified to Regionals at State Meet, who competed at Regionals, or had petitions accepted to Regionals are eligible for the 9/10/E camp (6/7/00)

Elite all current Elite gymnasts would be eligible for the 9/10/E camp. (6/27/96)

No fees will be paid for clinician service at training camps. Services will be donated to the region in order to use this as a fund-raiser for the Regional Apparel Fund. (6/27/96)

TOPs

TOPs clinic fees will be \$45/entry with no gate allowed and no awards given. (11/6/04)

The RED and the state coordinator will decide on the number and choice of clinicians. Each clinician will receive \$75 for each session of approximately 4 hours. The facility will receive \$5/athlete up to \$200. (11/6/04)

The \$40 testing fee WILL be split between the testing site - \$10, and the Region 8 TOPs account - \$15 after the \$15 mandatory fee is paid to the National office. (11/6/04)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

FINANCIAL STATEMENTS

Quarterly financial reports are required. Hard copies of receipts are needed if reports are faxed in. (7/3/02)

Each state chairman should publish financial statements in their newsletters on a regular basis. (7/3/02)(12/20/02)

JUDGING ASSIGNMENTS

Region 8 will use NAWGJ as the regional judging contractor. (6/9/05)

All Judging Availability Forms and In-Gym Cards for regional assignments must be received by the appropriate recipient (RTCC and RJD) by the deadline date to be considered for Regional Assignments (10/10/03)

Judging contracts for Regionals must be received by the deadline indicated on the contract or the contract is void. The RJD will go to the next designated alternate in consultation with the RTCC. (12/19/03)

In unusual gymnastics related circumstances, the Regional Committee delegates last minute assignment decisions to Region 8 JO Committee. (6/2/04)

The number of judging slots received by Region 8 will be filled based on the corresponding number of judges at the top of the judges' rotation. Should a Brevet who would be in a slot eligible for assignment make the decision not to take the assignment, or not judge once assigned, he/she will automatically be dropped to the bottom of the rotation.

Extenuating Circumstances: Should an emergency situation occur and cause the assigned Brevet to miss his/her assignment, the next judge in the rotation will move up. The situation will be presented to the committee to determine if the effected judge takes the rotation slot of the replacement judge or is dropped to the bottom of the rotation.

Should the circumstances occur in which Region 8 received additional slots because a meet is hosted in our region, consideration will be given to assigning National rated officials who are not formally in the rotation but meet the criteria (see below.)

CRITERIA FOR NATIONAL ASSIGNMENTS

In gym experience per existing regional guidelines every year. (12/20/02)

Volunteer to teach or work actively with the athletes at least one Region 8 training camp each year. In the case of a valid conflict, a written request for a waiver may be submitted with the Availability Form to Marian Dykes. Requests for waiver will then be submitted to the Regional Committee. Must work one camp the year of assignment and at least one of the three years before. The judge must work the full camp, from beginning to end to fulfill the requirement. (1/9/99) (12/20/02)(11/6/04)

Actively judging at the Junior Olympic level as required by Rules and Policies.

Judge or coached Regional Championship in the current year and 1 of the 2 prior years. (12/20/02).

If a judge recommended to Nationals does not judge at Regionals, the committee will replace that judge unless it decides, based on financial considerations, to keep the original judge (6/30/99)

International judging assignments supersede Region 8 Judges Criteria. (6/2/04)

If a judge does not satisfy the current elite active-status requirements, they will drop to the bottom of the rotation for Level 10 Nationals and Level 9 Easterns and will therefore be ineligible for that year. (7/27/01)

If a JO National meet or an Eastern national meet is held in Region 8, at least one judge recommended will reflect representation from hosts geographical area. (6/2/04)

No more than one-half of the Level 10 National judges recommended from Region 8 will be from the same state. (6/2/04)

PROCEDURE

The Regional Committee will decide upon judges assignments for each national and regional meet independently. Every attempt will be made to assign different judges to Level 10 Nationals and Level 9 Eastern Nationals within each year.

The order is as follows:

- Level 10 Nationals
- Level 9 Easterns
- Level 10 Regionals
- Level 9 Regionals
- Level 8 Regionals (8/21/98)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

Judges attending the Level 8/9 Training Camp be permitted to use that to satisfy their clinic attendance requirement for assignment to the following year's regional Level 8 or 9 meet. (1/4/97)

APPAREL

Level 8 State Team to Level 8 Regionals must have a minimum of competitive leotard provided by SACC at no cost to those athletes or their parents. (6/17/98)

10% of all profits from regional training camps, elite clinics and TOPs testing will be earmarked for regional administrative cost. (6/17/98)

Elite athletes competing at an elite Classic or higher competition who did not receive apparel as a J.O. athlete in the same season will receive a full set of Regional apparel. (Elite season from August to August) (12/19/03)

A committee will compile a slate of apparel items. This list will be presented to the gymnasts at Level 9, 10 and Elite Training Camp to vote on their selection. (1/4/97) (7/3/02)

All coaches are encouraged to wear the apparel at Easterns and Nationals. More forcefully, if the apparel is not worn, then the states will incur the cost of the apparel. If those coaches do not work training camp, then the apparel would have to be paid for by the coach. (6/9/05)

Regional apparel as follows:

1. All athletes competing at an Elite Classic or higher competition or to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated. (12/19/03)
2. A club will receive no more than a combined total of three sets or pieces of coach's apparel.
 - a) All clubs that provided one coach who worked at the regional training camps will receive:
 - 1) One set of coach's apparel per Level 10 athlete qualified to Nationals (6/30/99)
 - 2) One piece of coach's apparel per Level 9 athlete qualified to Eastern Nationals (6/30/99)
 - b) All clubs that provided additional coaches to work at any regional training camps will receive one additional set of apparel. (7/9/03)

3. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel only.
5. All coaches with qualified athletes may purchase a shirt to wear for competition.
6. Apparel items will be offered for sale.
7. All coaches and judges who have worked camp or donated \$50 will receive a regional shirt.
8. Gymnasts qualified to Nationals who attended Training Camp or who coaches worked camp will receive a bonus pack.
9. Apparel will be provided to the current members of the Regional Committee.

Possible plan to encourage coaches to wear Region 8 apparel at Eastern's and Nationals -One set of apparel will be two collared shirts plus one T-shirt. For the first gymnast qualified the coach will be issued two sets of apparel. For each additional gymnast qualified one more set will be awarded up to a maximum of two sets. If the coach volunteered for Training Camp, then the coach will have a custom Region 8 National warm-up suit mailed to the gym.

NEWSLETTERS

Regional Committee recommends that each state chairman produce 3-4 newsletters per year. (8/21/98)

Each state chairman should publish financial statements in their newsletters on a regular basis. (7/3/02) (12/20/02)

The Regional Newsletter will publish how much was raised from the Training Camps after expenses. (12/19/03)

There was no need to send newsletters to both officers at the USA Gymnastics office. Choose either Connie Maloney or Kathy Kelly. (6/7/00)

A Web Winner Award will be give annually as part of the best State communication effort for gymnastics. (7/9/03)

The Sophomore/Junior Information sheets should be placed in each state's newsletters at least once a year. (6/7/00)

All Around News

RULES & REGULATIONS FOR REGION 8 [Cont'd.]

ANNUAL REPORT

State Chairmen must submit an annual summary report. Office equipment purchases, the state chair is responsible for sending a copy of the annual equipment form to the RACC by July 10th of each year. (8/21/98) (12/20/02)

STATE COMMITTEE

A list of elected state committees should be sent to the RACC annually. Also a list of all other persons attending State Committee meetings. (8/21/98) (12/20/02)

Any appointed committee member or invited guests to a state or regional board meeting need only participate in a meeting during that portion that pertains to them. (8/21/98)

MISCELLANEOUS

Region 8 will charge a regional competition fee based on the number of registered athletes from the previous year. Each state should pay \$1.50 per gymnast to the regional account. (7/27/01) (12/19/03)

Each state will give the RC \$100 at the fall meet to be placed in the Sunshine Fund. (6/9/05)

NEW 2005 - 2008 Planner Now Available Four Year Planner for Coaches & Judges

Each year the Regional Board uses this Planner to prepare for the upcoming seasons. Now you can use this planner for all your activities. Some of the features for each month are:

One month per page with large squares and room for notes

Contact Info for Regional Board and NAWGJ Board

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All Around News

REGIONAL JO MEET BID INFORMATION

- Level 9 and 10 Meet will have 17 judges including Meet Referee.
- Level 8 Meet will have 17 judges including Meet Referee. There must be 2 judges per state.
- Cost for awards for Level 9 & 10 will be divided between Region and Meet Director. Level 8 is responsible for purchasing awards through the Regional Chairman.
- Meet Director receives entry fees, admissions, concessions, & other sales.
- Meet Director pays judges fees & expenses and any other expenses associated with meet (except ½ awards for Levels 9 & 10).
- Meet Director has responsibility to arrange for equipment contract for the meet and is responsible for this meet expense.
- Meet Director arranges for necessary skill cushion matting and score flashing equipment.
- Meet Director makes hotel arrangements and arrangements for judges transportation.
- Meet Director furnishes room accommodations for Regional officers acting in an official capacity at the meet (RACC, RTCC, RJOCC) - if not already covered as a judge or coach.
- An outside facility (other than a gymnastics business) must be used for JO Regional Meets (high school, college, convention center, city arena, etc.).
- The competitive gym area must accommodate 4 simultaneous events with proper distance and spacing requirements (refer to equipment section in R & P Book). There must be adequate seating for gymnasts and 4 judges per event.
- It is strongly recommended that a separate warm-up area be available. Equipment should be identical to competition equipment. (Floor may be a spring tumbling strip comparable to competition floor exercise mat).
- The spectator area must be adequate to accommodate the families and friends of 132 gymnasts per day. This includes adequate restroom facilities and parking.
- All equipment must meet the specifications as listed in the R & P Book.
- A separate meeting room adequate for 17 officials must be provided with TV & VCR.
- An area for changing clothes/leotards must be provided for the gymnasts.
- An EMT or equivalent personnel should be present at the site and a physician be on call should one be needed.
- Experienced computer scoring personnel is required with electronic score flashing.
- The facility must be air conditioned.
- The hotel should provide facilities and atmosphere conducive to athletes in a competitive situation.
- Facility must be available for open work-out on the day before competition begins.
- Competition fee of \$10.00 per gymnast must be paid to Region 8 USA Gymnastics.

BIDS NEEDED

Level 8 Regionals

April 13-15, 2007

Level 9 & 10 Regionals

April 20-22, 2007

BID FORM FOR REGION 8 USAG REGIONAL COMPETITIONS

Please read section on Regional Meet Bid Information

NAME OF COMPETITION _____ DATE _____

NAME OF HOST GROUP _____ HOW LARGE IS GROUP? _____

NAME OF MEET DIRECTOR _____ USAG # _____
(MUST HAVE MEET DIRECTOR CERTIFICATION)

ADDRESS _____

PHONE # (GYM) _____ (HOME) _____ E-MAIL: _____ @ _____

HOW MANY MEETS DID YOU CONDUCT IN THE LAST 2 YRS.? Inv. ____ Sect. ____ State ____ Reg. ____ Nat'l ____

WHAT WAS THE NUMBER OF ATTENDANCE AT YOUR LARGEST MEET? _____

HOW MANY MEETS DID YOU ATTEND IN THE PAST 2 YRS.? State ____ Reg. ____ Nat'l ____

FACILITY NAME _____

ADDRESS _____

SIZE OF COMPETITION AREA _____ SPECTATOR CAPACITY _____

NUMBER OF RESTROOMS: WOMEN ____ MEN ____ DRESSING ROOM FOR GYMNASTS: YES ____ NO ____

AIR CONDITIONED? YES ____ NO ____ SEPARATE MEETING ROOM FOR 17 JUDGES/OFFICIALS: YES ____ NO ____

DESCRIBE PARKING FACILITIES: _____

LENGTH OF VAULTING AREA (including runway, horse, mat area) _____

CLEARANCE DISTANCES: END OF VAULT MAT TO WALL _____ AROUND FX MAT _____

ENDS OF BEAM _____ ON BOTH SIDES (front & back) OF BARS _____

TYPE OF EQUIPMENT TO BE USED: (list manufacturer) _____

BAR SPREAD: MIN. ____ MAX. ____ TYPE OF RAILS _____

NO OF IDENTICAL WARM-UP EQUIPMENT: VAULT ____ BARS ____ BEAM ____ FLOOR ____

SEPARATE WARM-UP AREA? YES ____ NO ____ DIMENSIONS OF WARM-UP FACILITY _____

DISTANCE FROM WARM-UP AREA TO COMPETITIVE GYM _____

AMOUNT OF GATE TO BE CHARGED _____

WHAT TYPE OF EMERGENCY MEDICAL PERSONNEL AND SUPPLIES WILL BE AVAILABLE AT THE MEET SITE? _____

NEAREST AIRPORT(S) _____ DISTANCE FROM SITE _____

HOTEL ACCOMMODATIONS _____ COST _____ DISTANCE FROM SITE _____

*I certify that the above information is accurate. I agree to follow the guidelines as listed in the
USAG Women's Rules and Policies in the conduct of this meet.*

MEET DIRECTOR: _____ DATE: _____

MAIL ELITE BIDS TO: TONI RAND: 6805 Lyons Technology Circle, Coconut Creek, FL 32750 • (954) 755-1750 FAX
[You must mail a copy of your Elite Bids to Deb Kornegay]

MAIL JO BIDS TO: DEB KORNEGAY: 394 Stonebridge Road, Birmingham, AL 35210 • (205) 951-0184 FAX

DEADLINE FOR ELITE REGIONAL BIDS & JO REGIONAL BIDS MUST BE RECEIVED BY Oct. 10, 2005

SOPHOMORE / JUNIOR FORM

38

FOR JUNIORS GRADUATING 2007 AND SOPHOMORES GRADUATING 2008
LEVEL 9 & ABOVE OPTIONAL GYMNASTS ONLY

PERSONAL INFORMATION

Name _____ Height _____ Weight _____
Address _____
City _____ State _____ ZIP _____
Phone (_____) _____ Email: _____@_____

ACADEMIC INFORMATION

Please check one of the following: Junior Graduating 2007 Sophomore Graduating 2008
High School: _____ City _____ State _____
College Major: _____
GPA: _____ Out of: _____ ACT: _____ Date test was/will be taken: _____
(Grade Point Average) (4.0, 100, etc.) SAT: _____ Date test was/will be taken: _____

GYMNASTICS INFORMATION

Gym: _____ Present Level: _____ # of Years: _____
Address: _____ Previous Level: _____ # of Years: _____

Gym Phone: (_____) _____ Strongest Event(s): _____
Coach: _____

GYMNASTICS ACCOMPLISHMENTS

- ❖ **ONLY USAG Meets** qualify to be listed for Nationals, Regionals and State
- ❖ All other Meets should be listed under invitationals
- ❖ Only list event scores **if you placed in that event**

	YEAR	NAME OF MEET	AA SCORE	PLACE	VAULT	PLACE	BARS	PLACE	BEAM	PLACE	FLOOR	PLACE
Nationals:												
Regionals:												
State:												
Invitationals: (Limit 3)												

MAIL FORM TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 OR
FAX FORM TO: (205) 951-0184

FORMS MUST BE RETURNED BY OCTOBER 16, 2005!

All Around News

Financial
Report
4/1/05 - 6/30/05

INCOME:

Clinics/Workshop- - - - -	5,486.50
Competition Fees - - - - -	12,995.75
Competitions - - - - -	900.00
Donations - - - - -	110.00
Reimbursement for Travel - -	174.00
Promotional - - - - -	2,852.00
Rebates Athlete - - - - -	2,412.00
Rebates Pro - - - - -	2,287.20
Total Income - - - - -	<u>\$27,217.45</u>

EXPENSES:

Awards/Apparel - - - - -	17,011.19
Competitions - - - - -	602.50
Travel - Meetings - - - - -	4,247.32
Clinics/Workshop Exp. - - -	1,951.70
Communications - - - - -	7,904.02
Office- - - - -	4,677.90
Promotions - - - - -	321.59
Total Expenses - - - - -	<u>\$ 36,716.22</u>
OVERALL TOTAL	<u><u>-\$9,498.77</u></u>

Available in October 2005-2006

REGION 8 ADDRESS BOOK & DISK

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REGION 8 USAG WOMEN'S ADMINISTRATIVE COMMITTEE

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