

All Around News



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Qualifying Scores for Challenge: Pre Elites

Hopes – 45.00AA (using modified FIG rules)
Junior Pre Elite – 48.00 AA
Senior Pre Elite – 50.00 AA

Note: If a 12 year old competes using FIG rules (not modified) in an attempt to qualify to Classic or Challenge and does not hit the Junior Score, she can use that score to qualify to the HOPES division. However, an athlete that competes with the HOPES modifications CANNOT use that score to qualify into the Junior division of Challenge or Classic.

Any athlete may use verification scores from training camps to qualify to Classic or Challenge. Routines must be full set with normal dismount landings.

Challenge/Classic – July 27 – 30 in Kansas City, MO

Tentative schedule –

Friday - Challenge compulsory testing
Saturday – International Elites (Classic)
Sunday – Challenge Opt. (begin at 11:00am warm up)

Reminder – International Elites may only attend ONE regional qualifier to try to qualify to Classic – the first meet you enter will be your international qualifier – Athletes going to Challenge may attend as many as they wish.

Regional International Qualifier –

June 16th in Allentown, PA

With Region 7 – offering both compulsory testing and optionals

For additional Elite/TOPs information go to <http://www.usa-gymnastics.org/women/tops/tops.html>



We regret the omission...

In the Winter 2006 Newsletter two gymnasts from **Choice Gymnastics** in Summerville, South Carolina were omitted from the list of 2005 National TOP Testing Qualifiers. These gymnasts are **Kaila LeMatty** and **Jasmine Quinn**.

TOPS Testing for 2006

→All athletes must register for a TOP test online through the USAG website. (See page 2 in this newsletter for your state TOPs manager.) You may attend any test in the USA and register for as many tests as you wish to attend.

→All TOPS tests must be requested by a State TOPS manager. Individuals may not request or conduct a TOPS testing without a TOPS manager approval. Any scores from a test that is not listed at the National website will be disqualified and will not be allowed to be used

→State TOPS managers will all attend a National meeting in May to review the program. All expenses paid by National USAG

→National TOPS testing will be September 22 – 24 at the National Training Center in Houston (this is a change)

→Expenses/Fees for TOPS testing: All fees for tests will go to the National office. National office will pay all expenses for the test and pay each region a fee for every athlete that tests within their region.

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TOPS Test for Cast Handstand criteria:

- Test is performed on low bar
- Athlete may NOT use grips
- At least a skill cushion in addition to regular mats must be placed under bar
- Coach may stand next to bar but may not spot
- 7-8 year olds – maximum 5 cast attempts (2 points for each handstand made)
- 9 – 11 year olds – maximum 10 attempts (each handstand will receive 1 pt)
- Count only the correct handstand – legs must be straight and together, body must be straight, arms must be straight
- After 5 or 10 attempts the test is over (depending on age)
- Athlete may only wait 2 seconds between casts
- No excessive pumping allowed – if hips leave bar it is considered a turn
- 1 fall is allowed and athlete may continue test (fall attempt counts as a turn)
- after 2 falls the test is done
- A fall is cast to handstand and falls over or returns to bar and does a back hip circle (athletes may not pirouette – this will be considered a fall)
- If an athlete hits the handstand and then falls she will receive ½ a credit
- After a fall, athlete must immediately get back on bar with no rechalking

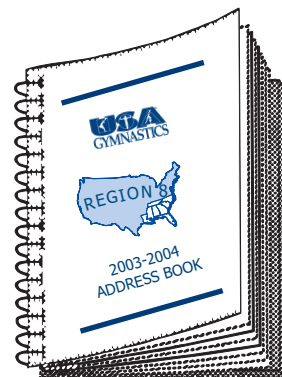
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