

All Around News



Paul Padron
RJOC

JO INFORMATION UPDATE

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Congratulations to all of the athletes, coaches and judges in Region 8 for the stupendous job you have done this year. Your hard work and dedication is reflected not only through the tremendous excellence in gymnastics, but also the willingness to share information and work together for the benefit of all our athletes. We have received many positive comments from other regions about our athletes, coaches and judges. Just the other day we received an email from one of the timers at JO Nationals stating how friendly and cooperative the group from Region 8 was and how she felt she needed to let us know.

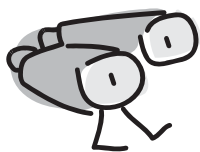
This summer we will be starting our first regional trip for our top 6 athletes from JO and East Nationals. Any Level 9 & 10 JO National AA champion will be selected first and remaining spaces will be filled based on AA scores. Specifics regarding the trip will be sent to all of the qualifiers and coaches by the end of May.

We have just completed our national JO Committee meeting. Please be on the look out for the approved minutes that will be posted on line and in Technique. There are a few changes and clarifications to the JO Program

Please remember that the training camps are just around the corner. We are really in need of volunteers for the Future Stars Training Camp in Florida. This is probably our most satisfying and important camp since it will help to develop our future optional gymnasts. If you have experience in working with optional gymnasts, then we need your help. I would rather have too many volunteers than not enough. In order to provide a quality training experience all of the training camps will be limited in size. No entries will be accepted once we have reached our camp limit. Please send in your registration as soon as possible in order to assure a space in the camps. All of the funds generated from these camps go to the direct support of our Region 8 athletes.

Enclosed in this newsletter please find an apparel survey. We are asking all coaches of qualifiers to JO Easterns or Level 10 Nationals to complete the survey and return it to me. We really need to know your opinions and what we can do to make the apparel program more effective.

In closing, I want to thank each and everyone for all that you do for our athletes. It is an honor to represent Region 8 and I look forward to serving you in the future. Have a great summer and do not hesitate to contact me should you need any assistance.



Looking for **U** to Volunteer to help at our Training Camps!

JUNE 23-25

FUTURE STARS CAMP

**BALCONY GYMNASTICS
OCALA, FL**

JULY 28-30

LEVEL 8 & 9

**SALEM GYMNASTICS
WINSTON-SALEM, NC**

OCTOBER 6-8

LEVEL 9, 10 & ELITE

**ULTIMATE GYMNASTICS
SUWANEE, GA**

Level 9 & 10 National Qualifiers - Region VIII Apparel Survey

Coaches please complete the following survey and fax to: 843 766-3008

ATHLETE APPAREL

Level of athlete qualified. Circle one: Level 9 Level 10 Both Levels

How would you rate the quality of the apparel your athlete received?

Circle One: Poor Fair Good Excellent

Did your athlete's apparel fit? Circle one: Yes No

Does your athlete wear her apparel to school? Circle one: Yes No

If not, why: _____

Which specific piece of apparel did your athlete like the most? _____

Which specific piece of apparel did your athlete like the least? _____

Is there anything specific your athlete would have liked instead? Circle one: Yes No

If yes please state what: _____

How can we improve the athlete apparel? _____

COACHES APPAREL

How would you rate the quality of the apparel your coach received?

Circle One: Poor Fair Good Excellent

Did your coach's apparel fit? Circle one: Yes No

Which specific piece of apparel did you like the most? _____

Which specific piece of apparel did you like the least? _____

Did you wear your coach's apparel at Nationals? Circle One: Yes No

If no, please state reason: _____

Is there anything specific your coach's would have liked instead? Circle one: Yes No

If yes please state what: _____

How can we improve the coach's apparel? _____

