

WINTER EDITION

All Around News

VOL. 19

WWW.REGION8GYMNASTICS.ORG

2006

PLEASE NOTE: MAJOR CHANGE IN VOTING PROCEDURE for USA GYMNASTICS SACC ELECTIONS

Deb Kornegay, RACC

A major change will happen with USA Gymnastics State Administrative Committee Chairman elections this Spring. **Instead of receiving a paper ballot to mail back, you will vote electronically.** See full election procedures with nomination form on pages 3-4 in this newsletter.

Listed below are the results of a poll taken of present State Chairmen and their decision to run for election:

Alabama	Deb Walls	Plans to seek re-election
Florida	Mike McCabe	Plans to seek re-election
Georgia	Peggy Simpson	Plans to seek re-election
Louisiana	Patricia Boudreaux	Does NOT plan to seek re-election
Mississippi	Nancy Hawkins	Plans to seek re-election
North Carolina	Jennie Adams	Plans to seek re-election
South Carolina	Joanne Child	Plans to seek re-election
Tennessee	Bob Valley	Does NOT plan to seek re-election

Be sure to check the article on pages 3-4 for the criterion for nomination and **send in your nominations immediately.** Be sure to check with your nominee for their willingness to run for this volunteer position.

Thank You from Region 8

Region 8 thanks **Nancy Hawkins** and **Toni Rand** for having the foresight to create the Region 8 Hurricane fund just days after Hurricane Katrina hit.

Thanks to **Auburn Gymnastics Academy** for hosting Level 9, 10 & Elite Training Camp for the third year in a row. Region 8 appreciates the ability to use this fabulous facility again.

Thank you to **Sheila Ragle, Marian Dykes** and the **Region 8 Committee** for administrating the Optional Update. It was a great Clinic with new and different topics once we had gotten into the new routines and rules.

A big **THANK YOU** to **Starlight Gymnastics** for hosting the Elite/TOPs Clinic and Competition in January. There was a great turnout of ninety athletes for the clinic and thirty-four competitors in the competition. Fifteen of the competitors passed the National Testing.

2007 Level 9 & 10 Regionals Awarded

Deb Kornegay, RACC

The Region 8 Committee awarded **2007 Level 9 & 10 Regionals to TG Hawkins**, Meet Control and MS USAG at the Bancorp South Center in Tupelo, MS. Bids are needed for 2007 Level 8 Regionals and all 2007 Training Camps. Use a bid form in this newsletter to bid on these events.

Regional Congresses

Deb Kornegay, RACC

USA Gymnastics National office will begin running Regional Congresses in 2006. Region 8's Regional Congress for 2006 was already bid out and National office will begin running Region 8 Congress in 2007.

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REGIONAL

State Administrative Committee Chairman ELECTIONS

Deb Kornegay, RACC

Criterion for Nomination

Nominees must be USAG Women's Program professional members for a minimum of two years in the state program in which they seek election.

Nominees must be at least 21 years old and be members in good standing.

It is strongly recommended that State Committee Chairman candidates have financial skills, organizational skills, communication skills, a working knowledge of the program, and the willingness to fulfill the duties and responsibilities of the position.

Duties and responsibilities of the SACC:

1. The SACC is responsible for the overall organization of the USAG program and events in the state.
2. The SACC provides for the State Administrative Committee, consisting of other members as determined by the state to best serve the needs of the program in the state.
3. The SACC oversees and sets up (in conjunction with the state committee) the following:
 - A. JO Competitions for all Levels
 - B. Sectional or qualifying meets and State Championships
 - C. Qualifying scores and procedures in the state.
 - D. Meet sites for qualifying, Sectional and State meets.
4. The SACC has the responsibility to:
 - A. Support the USAG Women's Program.
 - B. Follow Women's Program Committee rules, policies, procedures, Operating Code, and Code of Ethics.
 - C. Work to assure that the USAG competitions in the state follow the USAG Rules & Policies.
5. The SACC is responsible for helping to keep members informed of important information about the USAG program and about particular dates and items pertinent to the program in the state and region, (Region 8.)
 - A. The SACC should publish state newsletters on a periodic basis.
 - B. The SACC should conduct a minimum of 1 annual state meeting of the USAG professional members.
 - C. The SACC serves as the Women's Program Committee consultant for the state and should answer all correspondence directed to him/her.
6. The SACC is accountable for all state USAG funds.
 - A. The SACC is to keep a state checking account in accordance with the established financial procedures.
 - B. The SACC must file quarterly financial reports with the Regional Administrative Committee Chairman and USAG National Financial Officer.
7. The SACC is a member of the Regional Administrative Committee.
 - A. The SACC is expected to attend the meetings of the Regional Administrative Committee.
 - B. The SACC is directly responsible to the RACC and should work closely with all of the Regional personnel.

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REGIONAL

ELECTION PROCEDURE

State Administrative Committee Chairmen are elected by the women's professional members in their respective states. Names of candidates will be announced in February in the following manner:

1. The names of the candidates and voting procedures will be published on the Regional website (www.region8gymnastics.org), on the USAG National website (<http://www.usa-gymnastics.org>) and the State USAG websites. A postcard will also be sent to all members giving the names of the candidates and outlining the online voting procedure.
2. Ballots and resumes for the candidates will be published February 15, 2006 on the Regional website (www.region8gymnastics.org) and the USAG National website (<http://www.usa-gymnastics.org>) and the state websites. All current women's professional members in each state will then be allowed to sign in at <http://www.usa-gymnastics.org> and vote. The election period will be from March 1st through March 31st. Elections will be completed by June 1, 2006.

Term of office to begin July 1, 2006. **All votes will be tabulated electronically via the USAG National website.**

State Administrative Committee Chairmen are elected by a majority vote (1 over 50% of votes cast.) If no candidate receives a majority on the first ballot, a run-off election will be held between the 2 candidates receiving the most votes. Run off elections will be announced on the Regional and National websites on March 31st. If a run off election is needed, it will be conducted on the National website from April 1st to April 30th.

In the case of a tie in the run-off election, the State Administrative Committee will vote to break the tie. If only 1 nomination is received, the Regional Administrative Committee Chairman will cast one vote and the nominee will be elected by acclamation.

Nomination Form for State Committee Chairman

(Please type or print clearly)

Name of state: _____

I nominate the following person for State Chairman:

Name of Nominee: _____

Address of Nominee: _____

City: _____ State: _____ Zip: _____

Phone(home): _____ Phone(Work): _____

E-mail: _____ @ _____

Return completed form to: Debby Kornegay, RACC, 394 Stonebridge Road, Birmingham, AL 35210 **OR**

E-mail completed form to: DebGK@Bellsouth.net **OR**

Fax completed form to: 205-951-0184

All forms must be received by February 28, 2006

All Around News

Region 8 Hurricane Update Report

Deb Kornegay, RACC

Thanks to donations from all over the country through cartwheel-a-thons, bake sales, meet profits and even a ballroom dance class, **over \$100,000.00** has been raised for gyms and individuals who sustained damage from Hurricanes in 2005. In December the Hurricane Committee dispersed \$18,400.00 to clubs and judges. Receipts for moneys spent are due back to the Hurricane Committee in January and then more funds will be dispersed. There is a donation form in this newsletter.

Anyone who had damage should contact **Debby Kornegay at DebGK@Bellsouth.net** for forms to apply for funds.

Following are some thank-you letters, a letter from a donor and a list of contributors.

November 30, 2005

Dear Region 8 Gymnastics,

I am an 8th grader from Maui, Hawaii. I belong to Maui Gymnastics and I hosted a ballroom dance in your benefit. I hope this will help with your relief fund.

I am sorry it was not as much as I would have liked.

Sincerely,

Sarah Guerrero

**\$95.00
donation**

December 30, 2005

Dear Debby,

I would like to thank you and all of the gyms in Region 8 for your incredible generosity in your donations to help me recover from Hurricane Katrina. I cannot express how much humble gratitude I feel. Your kindness could not have come at a better time. After losing everything in the Hurricane, I have been really struggling to make ends meet. This donation is really going to help me a lot.

Please know that the funds are going to go to good use. I will use most of them to pay rent on the temporary apartment that I am currently in. Furthermore, I will use it to buy household goods and to pay utilities. I feel that, despite the hardship I have had to endure, this has been the best Christmas I have ever had. The generosity of everybody has really warmed my heart and renewed my faith in the kindness and love of strangers. I know that the only way I can repay this debt is to do the same for others in their time of need.

Thank you very much for your kindness and support.

Sincerely,

Kelly Pugh, Compulsory Team Head Coach
Elmwood Gymnastics Academy
Harahan, LA

December 22, 2005

Dear Debby,

We especially want to thank the Region 8 Hurricane Committee who organized and administered this fund-raising effort; we know this must have been an enormous and difficult task.

We are so pleased and so touched by the generosity of the world-wide gymnastics community who contributed to the Region 8 Hurricane Katrina Fund.

When we first came back from our evacuation to Baton Rouge, our destruction was complete, and we wondered if we would be able to recover. But with the help of our dedicated parents, and the generous grant which we have received from Region 8, we were able to reopen in less than 3 months. In addition, we would like to recognize Linda Stephan, the owner of GC2 Gymnastics in East Syracuse, NY, who also contributed to our recovery effort. Thank you to AIM Gymnastics owners and coaches in Prairieville, for hosting our family during our displacement.

We completely re-built one out of two FX floors, we gutted and re-carpeted and replaced the floor padding in the preschool area, we replaced water-damaged office equipment and supplies, replaced and repainted the walls in the entire gym—practice areas as well as offices and parents' waiting areas.

We got some additional mats, and in the near future we plan to re-pad and re-carpet the second FX area.

We could not have accomplished this much in this short time without your help. We were energized just by knowing that the Region 8 Gymnastics Community was ready to help us in our recovery; this knowledge kept us emotionally upbeat and hopeful for a bright future.

Thank you very much from all Ivanov's students, coaches and parents who were so happy to get our gym back.

Ivanov's Gymnastics Academy

Larisa and Anatoly Ivanov

Metairie, LA

All Around News

Region 8 Hurricane Update Report (cont)

Dear Region 8,

It is with an abundance of gratitude that I write this thank you note on behalf of my daughter, Erreca M. Cato, and our entire family. My tear ducts are filled as I contemplate your thoughtfulness and generosity during these trying times. May each and everyone who contributed be blessed many times over. The gift we received will help to pay for travel expenses incurred during the current gymnastics season.

Many, many thanks,

C. J. Cato

Elmwood Booster

Harahan, LA

Deb, wanted to thank you again for all of your help. I also want to thank the committee for spending the time and effort on raising money to help all of us. I sincerely thank you all from the bottom of my heart

Thank you,

Cindy Wallace

Lanier's Head Coach

January 5, 2006

Region 8

I would like to express my sincere gratitude for the generous gift of \$650.00 I received to use toward my daughter's (Manon) gymnastics fees and living expenses. I recently went through a long custody battle, so court costs coupled with Hurricane Katrina costs have put a strain on finances. This gift will help tremendously.

Once again, thank you, thank you, thank you!

Very sincerely,

Jackson Ellisor

January 1, 2006

Dear Debby,

I wish to thank the Region 8 Hurricane Committee for the \$200.00 grant that was sent to me to help with my hurricane recovery. It lifted my spirits and gave me hope, just knowing that help was being gathered from all over the USA and the world gymnastics community. This has shown me more than anything else that we who have gymnastics in our lives really do consider ourselves a family, and I am profoundly moved by this.

I am lucky, because although my house sat under 9½ feet of water for 3 weeks, when we were finally allowed to go in, there was still something there to salvage: all my daughter's medals and trophies from USAG Level 2 through NAIGC Nationals 2005 (Syracuse); I saved my china and glassware, and my collection of coffee mugs from all our family vacations; I got 4 afghans that had been made by my grandmothers, and the quilt my mother made me. But I am lucky; I know of other gymnastics parents and judges whose homes were blown to the 4 winds, leaving nothing of their lives to salvage. So it humbles me to think of them and their grief.

My most precious find was the last photo ever taken of my husband, on July 28, 2005, standing with me and the kids; it was balanced, amazingly dry, on the edge of the upturned dining room table. (He died of his brain tumor on October 4.) The photo was in perfect condition.

For what did I use the money? I cannot point to a specific purchase, but here is a list of what I needed just to go from Texas for 3 days to make a salvage expedition:

1. Truck rental
2. Cleaning supplies to decontaminate and restore salvaged items.
3. Hazmat suits, boots, gloves, respirator masks to enter the house
4. Flashlights
5. Buckets, bins and other plastic storage containers to transport and then clean the salvaged items

As of December 15, I have cleaned almost everything and stored it all in my sister's attic in Tennessee. Now I am in New Orleans, to discover if I can find a place to live, in order to go back to work at Ivanov's Gymnastics, and make my life a little bit ordinary again. And I look forward to getting the Compulsory DVD, as I have managed to save the Level 5/6 study cards that I had made while waiting for Hurricane Katrina to arrive.

Thanks again to everyone on the Region 8 Hurricane Committee,

Patricia Thomas

Louisiana Judge

All Around News

Hurricane Fund Contributors

ACE Gymnastics
Susan Adamczyk
Jennie Adams
Kristine Aguilar
ALNAWGJ
Alabama Starz
Alabama USA Gymnastics
Arizona USAG
Arkansas USAG
Amy Arnts
Artistic Gymnastics
Atlanta Gymnastics Center
Bayou Gymnastics
Norbert and Kim Bendixen
Lee Bjella
Susan Blair
Kathy Bradley
Rita Brown
Brown's Gymnastics
Denise Brumsey
Buchler YMCA
Buckeye Gymnastics
Debbie Butler
Cabarrus County Gymnastics
Carolina Gymnastics Booster Club
and gymnasts
Cartersville Twisters Booster Club
Central Carolina Gymnastics
Sennie Clark
Lem and Michele Clemmer
Clemmer Gymnastics
Cobb Challengers
Countryside Gymnastics
Jennifer Crunk
Jean DeArmon
DEM Cards
DeVeau's School of Gymnastics
Jefferson City Area YMCA Gymnastics
Team Diane
Mary Lou and Robert Dillard
Rick Dodson
Kathy Dwyer
Marian Dykes
Elite II
Elite Sportswear
EuroStars Gymnastics
Cecelia Everist
Debby Farrelly
Kathy Feldmann
GANAWGJ
Diane Garner
Georgia USA Gymnastics
Aimee Gerloff
Glendale Gymnastics Club
Joan and Ray Gnat
Tammye Goehring
Richard Graber
Sharon Griffin
Peter Gueorguiev
Sarah Guerrero
GymClub Owner's Boot Camp
Gymnastics Group LLC
Gymnastics World of Cliton, CT
Gymnastique
Paula Harris
Nancy Hawkins
Beth Heckman
Wynn Hernandez
Jack and Maryln Hester
Suzanne Hinkley
Mary Hoagland
Honoring Region 8 USA
Gymnastics Committee
Karen Hughes
Illinois USAG
James Harris YMCA Gymnastics Teams
Tom Koll - Jody Newman
Morgan Jones
Exxcel Gymnastics Kasey King
Craig Kirby
Klahhane Gymnastics
Gary and Mendi Knisley
Patti Komara
Deb & Tuck Kornegay
Julie and Jeff LaFleur
LaFleur's Tampa
Jessica Lane
Sibby Lane
Diane LeBlanc
Carole Liedtke
Augusta Lipsey
Dawn Wilensky Lori - Perretta
Beth and Joseph Lucchesi
Madison County Gymnastics
Madison County Gymnastics Parent
Committee
Annette Maloney
Yin E Alvarez Maria Gonzalez
Maryland NAWGJ
Mattoon Academy of Gymnastics
and Dance, Inc
Maui Gymnastics
Upstate Gymnastics Center
Maureen Williamson
Metry McGaugly
Cindy McLane
Mary Alice McLaurin
Md-USAG
Jeff Metzger
Michigan USAG
Mid-Atlantic Gymnastics
Miss Suzanne's Gymnastics
Bobbi Montanari
Mary Moore
MS US Assoc of Gymnastics
Camille Murphy
Sarah Myers
Naples Progressive Gymnastics
NC NAWGJ
René Niccollai
North Carolina USAG
North Shore Academy
North Shore Gymnastics Booster Club
Paula Northuis
Vladimir and Joanne Novikov
Ohio USA Gymnastics
Olympia Gymnastics Academy
Susan Osoria

All Around News

Hurricane Fund Contributors

Kathy Ostberg	South Carolina NAWGJ	USA Gymnastics Staff
Pantheon School of Gymnastics	Jerry Spencer	Joseph Velez
Leah Parker	Starkville Gymnastics	Virginia International Gymnastics Booster Club
Patti's All-American Gymnastics	Starlight Gymnastics	Jerry and Pattie Walkabout
Barbara Percer	Sun Country Gymnastics	Peter Walker
Lynn Perrot	Suzy Sport Center	Vicki Walker
Planet Gymnastics AL 7 MS	Swiss Turners	Mary Ann Wallace
Pottsville Gymnastics Training Center	Swiss Turners Gymnastics Girls Booster Club	Debbie Walls
Powerhouse Gymnastics	Bonnie Synol	Sally Weaver
Precision Gymnastics	Tampa Gymnastics	West Virginia USA Gymnastics
Premier Gymnastics	Tennessee NAWGJ	Ann Williams
Lisa Pruden	The Conde Family	Williamsburg Gymnastics - College of William and Mary
Region 5 NAWGJ	Diane Thompson	Will-Moor School of Gymnastics
Region 5 USA Gymnastics	Thoroughbred Gymnastic, Inc.	Heather Wolf-Erickson
Region 6 Gymnastics	Jennifer Torreggiani	Susan Wormley
Region 7 NAWGJ	Tri-County Gym Stars	Write on the Beach
Annette Rivera	Tumble Aid Participants	
John Roelhlisberger	U. S. Gold Gymnastics and Cheerleading Academy	
Grace Rokela	Ulimite Gymnastics, Cheer and Dance	
Sarasota YMCA	Ultimate Gymnastics	
Krista and Gina Schrimsher	United Gymnastix Girls Team	
Kathy Shufflin	Universal Gymnastics	
Teresa Simmons	Jan Urfer	
Peggy Simpson	USA Gymnastics	
Julie Smith		
Somerton Gymnastics		

Congratulations to Our Region 8 Elite Gymnasts

Deb Kornegay, RACC

The U.S. women captured the **gold at the 2005 Pan American Games** in Rio de Janeiro, Brazil in October. **Jana Bieger**, Boca Twisters, placed 2nd on Vault (9.400) and third on Floor (9.100) in the individual finals. Jana also competed in the World Gymnastics Championships in Melbourne, Australia in November and finished with the 5th highest score (9.412) on Uneven Bars at Worlds.

USA Region 8 Gymnastics had 3 gymnasts from Orlando Metro competing in the **Massilia Gym Cup in Marseilles, France** in October, 2005 where the USA teamed finished second..

Kassi Price won the All Around with a 36.700. She placed second on Vault (9.231), first Uneven Bars (9.560) and first on Floor (9.550). **Shayla Worley** placed second on the Uneven Bars with a 9.500. Unfortunately **Melanie Sinclair** injured her knee and was unable to compete.

Karlyann Santiago, a member of the Puerto Rican National team as a Junior Elite, competed in the qualifying meet in San Juan, Puerto Rico in June where she was selected to compete in the following meets:

Bulgaria - placed third in Balance Beam Finals
Jr. Pan Am Games, Cancun, Mex. - finals on Floor

Karlyann, from Coast Elite Gymnastics, also qualified to complete in the Central American games as an Elite Junior International in July of 2006.

All Around News

Additional Hurricane Fund Contributors

Jon Aardema
Samantha Abad
Ace Gymnastics Inc- MA
Aiken Gymnastics SC
Airborne Gymnastics
Fran Akins
Tiffany, Hanna & Emily Allen
Arena Gymnastics-Joliet, IL
Cindy Beasley
Diane Berry
Boca Twisters
Jonathan Boisselle
Ron Brant
Tisha & Emily Briggs
Tisha & Jessica Briggs
Tisha & Nicole Briggs
Carolina Gymnastics Academy
Central MS Foot Specialists, PLLC
Ceres AcroGymnastics
Kathy Chambers
Champion Gymnastics
Champion Gymnastics USA
Evelyn Chandler
Cheraw Gymchamps
Joanne Child
Jennifer & Madison Christenson
Cincinnati Gymnastics
Nancy Claar
ConXions Gymnastics - MS
Marvy Correa
Karen Dabritz
Tom Davidson
Carmen & JoLee Dobbs
Jennifer Draper
Dream It Gymnastics, Tifton GA
Donna & Rachel Dudas
Christie Dynes
Kristen Edwards
Leigh Edwards
The Eggenberger Family
Myra Elfenbein
Elite Gymnastics II Parents - MS
English Bulldog Grips
Tim Erwin Family
Flip City
FreeState Gymnastics
John Fry
Funtastics
Funtastics gymnastics Sarasota, FL
Angie Garner
Genie's Gymnastics
Mandy Glucroft

Camille Goldberg
Golden State Gymnastics, Bubank,
CA
Grand Blanc Gymnastics - MI
Grand Blanc Gymnastics, MI
Grand Blanc, MI
Gulf Breeze Gymnastics and Cheer
Gym Jester Gymnastics Center-
Saginaw, MI. (Region 5)
Gymnastics Academy of Atlanta
Gymnastics Inc, Myrtle Beach, SC
Gymnastics Spot IL, Gym Corner IL
Gymnastics Unlimited, Jax, FL
Gymnastique - NY
Bob Hallwig
Mellanie Heniff
Carole Ide
Indiana Gymnastics State Statistics
JFJ Elite, Hoover, AL
Barb Jirka
Linda Johnson
Laura Kaiser
Tim Keckler
Tim Keckler
Keystrokes Design & Marketing
Kidsport Gymnastics Academy
Adrienne Kirby
David Klein
Armand & Anne Kranick
Greg La Fleur
La Fleur's Gymnastics Wi
Rita Lanouette
Rita & Nicole Lanouette
Morgan Lewis
Lightning City Gymnastics
Annerin Long
Ginny Lucena
Noosha Mahmoudi
Cheri Marks
Marcy Martine
Cody & Max McCabe
Michael McCabe
Mike McCabe
Heather McElwee
Luanne McKenna
Lisa Mears
Region 2 Men's
John Meservey
MGF/Octaviano's Sunrays
Michigan Elite Gymnastics Academy
Pavel & Elena Miligoulo
Dan and Beth Miller

John Miller
Jacob Moran
Margaret Morgan-Lee
Morgan's Gymnastics Academy, NC
Linda Morton
MS-USAG
Sarah Myers
Yoshi Nakayama
Katrina Newby
Newnan School of Gymnastics
Sally Newton
Lu Ann Nix
The Noye Family
Ocean Tumblers Gymnastics-Virginia
Octaviano's Gymnastics
Odessa High School Gymnastics
Karen Owoc
Paul & Theresa Padron
Neil Palmer
Palmer Power Springs
Panthon School of Gymnastics - Hilo,
HI
Leah Parker
Charlene Polanosky
The Ponczoch Family
Judy Prestigiacomio Miller
Raleigh School of Gymn
Tim & Toni Rand
Otis Reeves
Region 7 Gymnastics
Rising Stars Gymnastics,
Darlene Rose
Rose's Gymnastics, NC
Royal Gymnastic Center/Wellington,
FL
Geoff Rupe
Vinnny & Anita Savastano
Victoria Sharer
Cricket Shelnutt
Randy & Kelly Sikora
Small Wonders Gymnastics,In
Eddie Smith
Jamie & Olivia Smith
Lori Snodgrass
South Carolina USAG
Teresa Stanley
Erica Stevens
Dominique Stinsky
Stacy Stith
Tommie Lynn & Alexis Sullivan

All Around News

Additional Hurricane Fund Contributors

Lawrence Tamburino
Kim Tanskanen
Grace Taylor
Eric Thompson
Linda Thorberg
TNT Tumblers
Jennifer & Alfred Torreggiani
Mary Lee Tracy
Triad Training Center
Tumble Bee Gym, Inc - Hamburg, NY
Tumblebees Ultimate Gym of
Greensboro
Tumbleweeds Gymnastics,FI
Tuscaloosa Tumbling Tides
Angie Tyler
USA Competitions
USA Sports Management
USAG Florida
USAG Men's Senior National Team
VA NAWGJ
Jerry & Pattie Walkabout
Rick & Melanie Walker
Alison Weinstein
Alison & Mollie Weinstein
Westside Dance & Gymnastics
Academy - Oregon
Jill Wierzba
Amanda & Emily Wright
Terri & Caitlin Wright
Elaine Wulf
Michele Zapple

All Around News

MAILING ADDRESS (GYM)
6805 Lyons Technology Circle
Coconut Creek, FL 33073
954-725-9199 Phone
954-725-9157 Fax
AmTwist@aol.com E-mail

Toni Rand, RECC

On January 25, 2006 I had a conference call and there is another conference call scheduled for the week of January 30. There will be changes in Pre-elite program, compulsory testing and challenge format.

All clubs will be e-mailed and the information will be on the National USAG website ASAP. Please e-mail DebGK@Bellsouth.net and AmTwist@aol.com to be added to the Elite e-mail group.

Upcoming Calendar Events for Elites

- March 18th** Testing Competition
Gym Stars in Tennessee
- May/June** Regional Zone qualifier
(combined with Region 7)
Both optional and testing - date TBD
- June 2- 4** National Qualifier in Texas
- July 7 9** National Qualifier in Texas
- July 27 30** US Classic and Challenge
- August 14 19** USA Championships in St Paul, MN

TOPS testing dates will be announced by March 1st, 2006 please check State and National TOPS website for dates and sites.

To enter the competitions above please do the following:

March 18th - Use Entry Form in this Newsletter

National Qualifiers - check USAG National website for information

Regional May/June zone - as soon as information is available, I will email clubs and we will post information on the region 8 website.

New **FIG Code of Points**: - As of January 1, 2006, all elite optional competitions will be judged under the new code rules. For more information on elite code go to:

<http://bios.fig-gymnastics.com>. I highly recommend that you check this website often as the code is still changing

Other qualifying opportunities

VIDEOS: Coaches may send in videos to the USAG National office of any athlete that you would like to be considered to be invited to an added camp for non-National team members. Videos should include current routine work, skills athlete is training along with age and current level. If an athlete is invited to attend a camp, the coach and athlete will both be responsible for all expenses to attend the camp.

Camp competitions and International competitions: Athletes will be able to use camp and international competitions for qualification to Classics/Champs as per the rules as set up by the IEC.

Qualifying Scores: We do not have optional qualifying scores as of this date. The compulsory testing program and scores have not been changed from last year as of this date.

JANUARY CLINIC

Thanks to our great host, **Starlight Gymnastics** that provided their beautiful facility for our annual Elite/TOPS clinic and testing competition. I would like to thank the staff and parents at Starlight for their hospitality. The clinic had 96 athletes attend with 32 athletes competing in the meet. I would like to thank our National clinicians, **Tammy Biggs** and **Tim Rand** for their direction and knowledge and our Regional staff: **Arnold Gwinn, Kathy Semok, Kathy Vaughn, Davita Ivey, Emily Hubbard** and our Brevet Judges **Rene Niccollai, Joan Gnat** and **Sue Ammerman** for their work with the coaches and athletes on the new code. Thanks to everyone for helping to make this event a great success!

For additional information on the Elite or TOPS program please email me at AmTwist@aol.com.

CONTINUED →

All Around News

Region 8 National Testing Competition Results

January 7, 2006

Starlight Gymnastics

Passing National Testing -35.00AA is required to enter as an elite in Classic
33.00AA is required to enter as a pre elite in the challenge

Pre-Elite

Amanda Castillo	Orlando Metro	36.25	Michelle Vera	Universal	34.80
Madison Turchin	Brandy Johnson	36.05	Reena Zaknaria	Universal	34.10
Jessica Gil	Universal	35.70	Tiffany Dawson	Suncoast	33.65
Britney Taylor	Gymstars	35.35	Ashleigh Gnat	ACE	33.45
Brittney Noble	Orlando Metro	35.15	Charly Santagado	Brandy Johnson	33.40
Clare Bregetti	Coast Elite	35.00	Danielle Levy	Suncoast	33.25
Samantha Montgomery	Starlight	35.00	Shannon Rose Forde	GAA	33.05

TOPs

Kennedy Baker	Gymstars	32.25
---------------	----------	-------

2005-2006

REGION 8 ADDRESS BOOK & DISK

Wire bound booklet with Addresses, Phone & Fax Numbers,
and Email Addresses for

Region 8 Clubs

Head & Assistant Coaches

Region 8 Board

Judges

Region 8 NA WGJ Board

BOOK ONLY

\$15.00

BOOK & DISK

(to make your own labels)

\$25.00

ORDER NOW

Name _____

Address _____

Phone _____

Email _____@_____

**AMOUNT
ENCLOSED**

\$ _____

MAIL TO: Region 8 Gymnastics, Debby Kornegay: 394 Stonebridge Road, Birmingham, AL 35210-4111

All Around News

National TOP Testing Qualifiers

2005 National TOP A Team

Katie Bailey	C & B Flip Force	NC	Chelsea Howes	Classics	FL
Kennedy Baker	GymStars Gymnastics	TN	Meghan Kessler	Sun Country Gymnastics	FL
Tiffany Dawson	Suncoast Gymnastics Academy	FL	Elizabeth Myers	GymStars Gymnastics	TN
Aziza Day	Gwinnett Gymnastics Center	GA	Gabrielle Roberts	Park Avenue Gymnastics	FL
Lillian Hardin	The Gym Company	NC	Taylor Sockwell	Alabama Starz	AL
Sommerlyn Henry	United Gymstars	AL			

2005 National TOP B Team

Heather Finnegan	ACE	FL	Dare Maxwell	GymStars Gymnastics	TN
Marina Gatinho	Universal Gymnastics	FL	Mallory Moredock	Georgia Gymnastics Academy	GA
Jessica Gracia	Superior	NC	Jenna Rachels	Gwinnett Gymnastics Center	GA
Zoe Greene	Try Star Gymnastics	TN	Jordan Shealy	Gymnastics Academy of Atlanta	GA
Eboni Jackson	Georgia Gymnastics Acad.	GA	Sydney Stallard	GCC	GA
Amanda Maharrey	JFJ Elite Gymnastics	AL			

Diamond Level & Diamond Level Alternate TOP Athletes

Sydney Converse	Gwinnett Gymnastics Center	GA	Diamond Level	Jacqueline Kessler	Sun Country	FL	Diamond Level
Hallie Gillam	GymStars Gymnastics	TN	Diamond Level				
Jacqueline Jacobs	Top Contenders	FL	Diamond Level	Shea Henry	United Gymstars	AL	Diamond

Gold & Silver Level TOP Athletes

Addie Irvin	JFJ Elite Gymnastics	AL	Gold Level	Mikaela Martin	ACE Gymnastics	FL	Silver Level
Eryn Underwood	Gymn. Acad. of Atlanta	GA	Gold Level	Phoebe Marx	Palm Beach Gymnastics	FL	Silver Level
				Sarah Mastrianni	Superior Gymnastics	NC	Silver Level
Mackenzie Aydelette	Starlight Gymnastics	FL	Silver Level	Elena Menendez	Park Avenue Gymnastics	FL	Silver Level
Amanda Bertorello	Starlight Gymnastics	FL	Silver Level	Alexis Miranda	Appalachain Gymnastics	TN	Silver Level
Joella Blasius	Top Contenders	FL	Silver Level	Michaela Nelson	Georgia Gymn. Academy	GA	Silver Level
Kristi Cooper	Gymn. Acad. of Atlanta	GA	Silver Level	Kensleigh Owens	The Gym Company	NC	Silver Level
Ashley Davis	KPAC	NC	Silver Level	Emily Ridings	Tennessee Acad. of Gymn.	TN	Silver Level
Emma Engler	Superior Gymnastics	NC	Silver Level	Macey Roberts	GCC	GA	Silver Level
Sydney Goad	Robin's Sports Academy	GA	Silver Level	Emily Schild	The Gym Company	NC	Silver Level
Addison Goodnight	Gymnastix Training Center	GA	Silver Level	Kandace Solomon	Charleston Twisters	SC	Silver Level
Adina Halzel	GymStars Gymnastics	TN	Silver Level	Jenna Thompson	Top Contenders	FL	Silver Level
Amanda Huang	Northwind Gymnastics	GA	Silver Level	Jaquie Tun	GCC	TN	Silver Level
Erica Len	Gymn. Acad. of Atlanta	GA	Silver Level				

Bronze Level TOP Athletes

Billie Alexin	GymStars Gymnastics	TN		Elan Davis	World Xtreme Gymnastics	GA	
Lalken Atkins	United Gymstars	AL		Erika De la Cruz	Universal Gymnastics	FL	
Kelli Aycock	Gwinnett Gymnastics Center	GA		Alison Denning	Charleston Twisters	SC	
Sammi Baez	Georgia Gymnastics Academy	GA		Grace Dirig	The Gym Company	NC	
Emma Baker	American Gymnastics	AL		Alyssa Disano	Summit Gymnastics	GA	
Katie Branham	GCC	TN		Avery Downing	GymStars Gymnastics	TN	
Caitlin Brookins	Superior Gymnastics	NC		Alison Drenning	Charleston Twisters	SC	
Alexis Buck	Chelle Stack's Brown's Gym	FL		Sadie Driggers	Huntsville Gymnastics Center	AL	
Chase Burton	Head Over Heels	AL		Sadie Duhm	American Elite Gymnastics	GA	
Mina Buzzek	Douglasville Gymnastics Club	GA		Callista Durrett	Suncoast Gymnastics Acad.	FL	
Courtney Canady	Northwind Gymnastics	GA		Maddie Dyke	Superior Gymnastics	NC	
Mackenzie Carlson	Gym South	GA		Hayley Elliot	Elite Gymnastics II	MS	
Courtney Cauady	Northwind Gymnastics	GA		Amber Fogarty	Prattville YMCA	AL	
Mackenzey Chavez	Chelle Stack's Brown's Gym	FL		Ashley Frye	Sun Country	FL	
Sarah Cureton	LaFleur's-Tampa	FL		Beth Gillis	South Georgia Gymn. Acad.	GA	

All Around News

National TOPs Testing Qualifiers

Bronze Level TOP Athletes (continued)

Haley Giordano	Suncoast Gymnastics Acad.	FL	Priya Parikh	World Xtreme Gymnastics	GA
Victoria Goodson	Gymnastics and More	SC	Lindsey Pascucci	Park Avenue Gymnastics	FL
Amber Gray	Octaviano's Studio of Gymnastics	FL	Bridgett Peterson	GymStars Gymnastics	TN
Aubry Hall	Suncoast Gymnastics Acad.	FL	Cassandra Powers	Houston County YMCA	GA
Dallas Hampton	Sun Country	FL	Kaela Reckard	Cabarrus County	NC
Evelyn Harris	Charleston Twisters	SC	Grace Redden	JFJ Elites Gymnastics	AL
Sydney Hill	Vidalia Gymnastics Center	GA	Cayla Reis	Park Avenue Gymnastics	FL
Bethany Holder	KPAC	NC	Carissa Rhodes	Charleston Twisters	SC
Julia Hollis	Douglasville Gymnastics Club	GA	Sydney Richeson	Sun Country	FL
Emilie Holloway	C & B Flip Force	NC	Ryanne Ritter	Head Over Heels	GA
Olivia Holt	GymStars Gymnastics	TN	Hannah Roberts	Houston County YMCA	GA
Jessica Horomanski	Greenville Gymn. Training Ctr	SC	Amanda Roldan	Universal Gymnastics	FL
Elliott Huxford	Charleston Twisters	SC	Jamie Sachs	C & B Flip Force	NC
Lauren Jennings	Head Over Heels	AL	Sydney Salinas	Starlight Gymnastics	FL
Allison Kieffer	Savannah Metro Gymnastics	GA	Megan Shannon	The Gym Company	NC
Rebecca Kovaric	Charleston Twisters	SC	Laney Sigmon	KPAC	NC
Sydney Labban	LaFleur's-Tampa	FL	Marissa Simerly	Gymnastix Training Center	GA
Amber Lake	Suncoast Gymnastics Acad.	FL	Madison Sims	Northwind Gymnastics	GA
Erika Laminack	American Elite Gymnastics	GA	Sakorya Sims	World Xtreme Gymnastics	GA
Elizabeth Lasley	Chelle Stack's Brown's Gym	FL	Emma Slappey	Starlight Gymnastics	FL
Addison Lee	Vidalia Gymnastics Center	GA	Morgan Slaughter	All American Gymnastics	FL
Karina Leon	Park Avenue Gymnastics	FL	Taylor Smallwood	Douglasville Gymnastics Club	GA
Hailey Leonard	Starlight Gymnastics	FL	Courtney Stevens	GCC	TN
Bailey Malvano	Elite Gymnastics II	MS	Kylie Stoffer	Superior Gymnastics	NC
Alexandra Marra	Genie's Gymnastics	FL	Destiny Strothers	Suncoast Gymnastics Acad.	FL
Savannah McCleary	Gulf Breeze Gymnastics	FL	Lily Swope	Georgia Gymnastics Academy	GA
Emily McEnerney	Starlight Gymnastics	FL	Emma Teague	Cabarrus County	NC
Bailey Metts	Vidalia Gymnastics Center	GA	Elena Thompson	Starlight Gymnastics	FL
Lauren Miller	Georgia Gymnastics Academy	GA	Raley Torrance	Starlight Gymnastics	FL
Marielle Mitchell	Georgia All-Star Gymnastics	GA	Alexandra Toyos	Gym Kidz Training Center	FL
Michele Mix	Gymnastix Training Center	GA	Haley Turner	GCC	TN
Molly Moran	Vidalia Gymnastics Center	GA	Raleigh Wauters	Cabarrus County	NC
Marilyn Moreno	Universal Gymnastics	FL	McKenna West	C & B Flip Force	NC
Tatum Myers	Cabarrus County	NC	Savannah Williams	Douglasville Gymnastics Club	GA
Morganne Neaville	Starlight Gymnastics	FL	Carson Williams	Head Over Heels	AL
Clair Norden	Sun Country	FL	Samantha Yonehiro	Gulf Breeze Gymnastics	FL
Madeline Nurge	Suncoast Gymnastics Acad.	FL	Abbie Zoeller	Gymnastix Training Center	GA
Isabella Palermo	Georgia All-Star Gymnastics	GA			

ADVERTISE IN YOUR REGION 8 NEWSLETTER!

THE REGION 8 NEWSLETTER ACCEPTS ADVERTISEMENTS FOR PUBLICATION.

1/4 page - - - - \$50.00

1/2 page - - - - \$75.00

full page - - - - \$100.00

*Your ad will also be with the Newsletter
on the Region 8 Web Page!*

Please send your ad Camera Ready.

Make checks payable to Region 8 USAG.

Dates of publication may vary. For further information, please contact:

Debby Kornegay, Regional Chairman

394 Stonebridge Road Birmingham, AL 35210-4111 (205) 951-0184 Phone/Fax Deb GK@Bellsouth.net

ELITE COMPULSORY TESTING ENTRY FORM

13

March 18, 2006

Gymstars Gymnastics - Memphis, TN

FEE: Elite Competition Testing

\$100.00

Deadline: February 20, 2006 \$25 late fee per gymnast

Entry on first come basis so **ENTER EARLY**

Team Name: _____ Date: _____

E-mail: _____ Phone: _____

Team Address: _____ Fax #: _____

City: _____ State: _____ Zip: _____

1. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____

2. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____

Competitor Name	Athlete #	Competition	TOPs	Elite	Date of Birth
1)					
2)					
3)					
4)					
5)					
6)					
7)					
8)					
9)					
10)					

Number of **GYMNASTS** for

Elite Competition Testing _____ x \$100.00 = _____

Late fee per gymnast _____ x \$25.00 = _____

MAKE CHECK PAYABLE TO REGION 8 USAG. ONE CHECK PER CLUB. NO PERSONAL CHECKS.

MAIL ENTRY FORM

WITH CHECK TO: Gymstars Gymnastics c/o Sara Maxwell, 435 Washington, Collierville, TN 38017-2734

MAIL COPY OF FORM TO: Toni Rand 6805 Lyons Technology Circle, Coconut Creek, FL 33073

OR FAX TO: (954) 725-9157

All Around News

TECH NOTES I C A L

MARIAN DYKES
RTCC

4651 Buford Highway
Atlanta, GA 30341
Work 770-451-6910
Fax 770-457-0943
Home 404-325-3745
Cell 404-408-6699

Boy, what a summer and fall of traveling and clinics. I think coaches and judges alike were pleased to have the new Junior Olympic rules final. The recertification of judges went well. Most judges have completed the process of recertification. The gymnast and coaches already working in this system also deserve much praise. I am not sure how you choreograph a routine when the rules are changing daily. What a challenge. Details to the new International judging system can be found at the FIG web site <http://bios.fig-gymnastics.com/down.htm>

FIG Brevet Course

Region 8 was represented by an outstanding group of judges at the FIG Brevet Course held in Indianapolis January 21-24. Region 8 participants included Sue Ammerman, Kristie Phillips Bannister, Sheryl Dundas Buroker, Lucy Fox, Joan Gnat, Carole Ide, René Niccollai, Chelle Stack and Olga Koroleva. I was lucky to attend as an audit.

The complicated new system is based on a combined total of two separate scores - The A and the B score. The A score is based on routine content and is comprised of difficulty value, event group requirements and connection value. The B score is based on performance and is comprised of execution, composition and artistry. The B score has a maximum of 10.0 - however, the final score is the combined total of the A and B scores. Therefore, the perfect 10 is for the B score only and not the final score. Scores seen on practice judging videos at the FIG Brevet course ranged from the mid tens to fifteen plus. At this point, what a truly championship routine will score is a little of a question. The scoring system is open ended.

The ladies at this course are to be commended. The system is so new, with clarification on the rules coming out daily. In addition to having to have a tremendous working knowledge of the new system, judging shorthand and perfect technique, there is a new challenge to computing a score - the mathematics involved. As all judging courses, there was a great deal of stress. Region 8 congratulates all of the outstanding judges who attended the FIG Brevet Course.

With new rules in place, many questions are coming up. The RTCC portion of the Region 8 web site is under construction. It should be back up and running very soon. There will continue to be a question and answers section of my web page. This is a great resource for rules clarifications. Always feel free to submit a question to me via e-mail. Please be patient in waiting for an answer. I may take a couple of weeks to get your reply back depending on volume of questions and my meet travel schedule.

Time moves so fast. Plans are already underway for clinics next summer. The Region 8 Congress in Ft. Lauderdale promises to be a great clinic with a variety of topics. Whether you select Region 8 Congress to attend or another clinic, I would encourage judges to attend techniques sessions and coaches to attend rules sessions. At all levels, this blend of rules and techniques is invaluable in making you a more proficient gymnastics professional.

Availability forms for 2007 Regional Championships are in this newsletter. You will not receive an individual mailing. Completed forms must be returned to Marian Dykes by June 1, 2006.

All Around News

Region 8 2005-2006 Verification of In-Gym Experience

Name: _____ Rating: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: (H) _____ (W) _____ Email: _____ @ _____

DATE OF VISIT	HOURS IN GYM	GYM CLUB	LEVEL OF GYMNASTS	COACH'S SIGNATURE
TOTAL				

You must have this card completely filled out with at least 9 hours of in-gym experience, signed and returned to Marian Dykes, 4651 Buford Highway, Atlanta, Ga 30341. Completed cards **must be received by June 1, 2006** to be eligible to judge any 2007 Region 8 Regional Competition. Fax - (770) 457-0943. You will receive confirmation of receipt within ten days.

In order to be eligible to judge a regional meet in 2007 in Region 8, a judge must have in gym experience. A judge must complete at least 9 hours of in gym experience between 6/2/05 and 6/1/06.

Each experience must be a minimum of 2 hours. The level of gymnasts must be equal to or greater than the level of meet the judge wishes to be considered for. (i.e. Level 9 & 10 Regionals = in gym experience with Level 10 or Elite. Level 8 Regionals = in gym experience with Level 8, 9, 10 or Elite, etc.) Training sessions at a meet may not be used.

A maximum of 3 hours may be completed in a college setting.

A maximum of 3 hours may be from a Regional or National JO or Elite Training Camp. (A training camp may only count for either in gym experience or clinic experience - not both.)

This experience must be an interactive experience; it is not sufficient to sit in the stands and watch workout. Judges must call ahead to schedule gym time. The judge's activities should be under the supervision of the gym's coach.

The judge should keep in mind that the gym club you are visiting is a business. The judges should remain professional and cordial at all times.

All Around News

Paul Padron
RJOCC

JO INFORMATION UPDATE

1 Cutchin Court
Charleston, SC 29414
Phone / Fax 843-766-3008
E-mail: phpadron@knology.net

Dear Membership,

Good news from the USAG office. Effective immediately all foreign athletes who qualify to nationals will now be able to attend. This is something that our regional board has been requesting for several years. Speaking of nationals, in an effort to increase team unity and regional pride, we have revised our coach's attire for this year as follows:

Following applies to coaches of Level 9 or 10 Nationals.

Teams that qualify 1 - 3 athletes to either nationals will be given 2 sets of coach's apparel.

Teams that qualify 4 - 6 athletes will be given 3 sets of coach's apparel.

Teams that qualify 7 or more athletes will be given 4 sets of coach's apparel.

Coach's apparel consists of 1 T-shirt and 2 collared coaching shirts.

In addition, all coaches/judges that volunteered at one of the training camp will receive the Regional Warm-up Suit as a token of appreciation for their time and dedication.

It is extremely important that coaches, who receive this apparel, wear it at nationals. The cost of this apparel comes at the expense of many athletes, coaches and judges who attend and volunteer at the various training camps to raise funds for this purpose. **Coaches of Level 9 & 10 Nationals qualifiers, its time to put our Region 8 Team first.**

The JO Committee will be meeting after JO Nationals. If there are any concerns regarding the new compulsories or JO optional programs please relay them to me, so it can be addressed at the meeting. In closing, I wish you all a safe and successful optional season and please do not hesitate to contact me should you have any questions or concerns.

NEW 2005 - 2008 Planner Now Available Four Year Planner for Coaches & Judges

Each year the Regional Board uses this Planner to prepare for the upcoming seasons. Now you can use this planner for all your activities. Some of the features for each month are:

One month per page with large squares and room for notes

Contact Info for Regional Board and NAWGJ Board

COST
\$15.⁰⁰

HOLIDAYS

Regional, National and International Gymnastic Published Events

ORDER NOW

Name: _____
Address: _____
Phone: _____
Email: _____@_____

**AMOUNT
ENCLOSED**

\$ _____
Please make check payable to **REG. 8 USAG**

MAIL TO: Region 8 Gymnastics, Debby Kornegay: 394 Stonebridge Road, Birmingham, AL 35210-4111

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Check here if any of this info is different from last year

Name: _____ Home #: _____

Address: _____ Work # _____

City: _____ State: _____ Zip: _____

E-mail address _____@_____

USA Gymnastics #: _____ Expiration Date: _____

Current Ratings Held (2005-2009): _____ (Must hold a new Level 10 or higher rating)

AVAILABLE	NOT AVAILABLE	NAME OF MEET	SITE	DATES
<input type="checkbox"/>	<input type="checkbox"/>	Level 8 Regionals	TBD	April 12-15, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 & 10 Regionals	TBD	April 19-22, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 Eastern Nationals**	TBD	May 11-13, 2007*
<input type="checkbox"/>	<input type="checkbox"/>	Level 10 J.O. Nationals**	TBD	May 18-20, 2007*

* Please note that travel may be necessary on Thursday, Friday and/or Monday if you are assigned to one of these meets.

** Please refer to criteria in the Region 8 Rules and Regulation in Fall 2005 Region 8 Newsletter.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have attended at least one of the following clinics. Please indicate which clinic(s) you have attended:

- 2005 National Technical Workshops (Louisville, KY or Reno, NV)
- 2005 NAWGJ Symposium (Portland, OR)
- 2005 Region 8 Level 8 & 9 Training Camp (Orlando, FL) (For Level 8 Regionals only)
- 2005 USA Gymnastics National Congress (Indianapolis, IN)
- 2005 Region 8 Level 9/10 Training Camp and Optional Update (Auburn, AL)

If you wish to have any other clinic(s) considered, you must submit your request **in writing** to Marian Dykes for approval by the Region 8 USAG committee. Please list the date, site, instructors and what this experience afforded you.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have at least 9 hours in-gym experience **at the level of regional you are assigned to or higher**. Was this card completed and filed by 6/01/06? Yes No

How many Junior Olympic optional invitationals have you judged or contracted to judge from 6/14/2005 to 6/1/2006? _____

*This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2006 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

...continued on other side

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Please specify miscellaneous expenses for which you would expect reimbursement:

- \$ _____ Airport Parking
\$ _____ Travel to/from the Airport @ current IRS rate x _____ miles round-trip
\$ _____ Tolls
\$ _____ Other Expenses (be specific)

Please indicate the nearest departure airport: _____

Do you have any special dietary restraints? [] Yes [] No

Please list dietary restraints _____

OTHER INFORMATION

Gym Affiliation: _____

Place of Employment: _____ How early can you leave? _____

You must return this form to: Marian Dykes
4651 Buford Highway
Atlanta, GA 30341

Please send a copy to: Sheila Ragle
1870 Eagle Summit Court
Lawrenceville, GA 30043-6669

This form must be send back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2006 indicates you DO NOT wish to be considered for the above-mentioned meets.

All Around News

REGION 8 CALENDAR • 2006

March 2006

- 10-12 Last week for 9-10 State Meets
- 18 Elite Compulsory Testing
GymStars - Memphis, TN
- 30-Apr. 2 Level 9 & 10 Regionals
Kennesaw, GA

April 2006

- 7-9 Level 8 Regionals
Huntsville, AL
- 21-23 Level 9 Eastern Nationals
Vanderbilt Memorial Gym
Nashville, TN
- 28-30 Level 10 Nationals
Oklahoma City, OK

June 2006

- 23-25 Future Stars Training Camp
Balcony Gymnastics, Ocala, FL
- 29-July 2 Region 8 Congress
Ft. Lauderdale, FL

July 2006

- 28-30 Level 8 & 9 Training Camp
Salem Gymnastics,
Winston-Salem, NC

August 2006

- 16-20 USAG National Congress &
Championships
Saint Paul, MN

October 2006

- 6-8 Level 9, 10 & Elite Training Camp
Ultimate Gymnastics,
Suwanee, GA

March 2007

- 23-25 Last week for 9-10 State Meets

April 2007

- 12-15 Level 8 Regionals
TBD
- 20-22 Level 9 & 10 Regionals
Tupelo, MS

May 2007

- 11-13 Level 10 Nationals
TBD
- 18-20 Level 9 Eastern Championships
TBD

August 2007

- 15-19 USAG National Congress &
Championships
San Jose, CA

Financial Report

10/1/05 - 12/31/05

INCOME:

Clinics/Workshop	- - - -	7,251.75
Competition Fees	- - - -	500.00
Donations	- - - -	500.00
Promotional	- - - -	5,155.95
Rebates Athlete	- - - -	5,016.32
Rebates Pro	- - - -	3,614.40

Total Income - - - - - \$22,038.42

EXPENSES:

Awards/Apparel	- - - -	1,664.31
Certifications	- - - -	80.00
Travel - Meetings	- - - -	1,932.33
Clinics/Workshop Exp.	- - - -	2,691.60
Communications	- - - -	1,578.20
Office	- - - -	535.98
Promotions	- - - -	530.00

Total Expenses - - - - - \$ 9,012.42

OVERALL TOTAL \$13,026.00

All Around News

LEVEL 9 & 10 REGIONALS

Marietta, GA

2 0 0 6

March 30 - April 2

HOST CLUB

Gymnastics Academy of Atlanta
Jon Aardema
(770) 975-8337
Email:
jona@gymnasticsacademyofatlanta.com
Web Page:
www.gymnasticsacademyofatlanta.com

AIRPORT

Atlanta, GA
[ATL]

COMPETITION SITE

Life University
AAI Elite Equipment - Wynn-Wynn Athletic
Capitol Cup Format

SCHEDULE

Thursday March 30 Level 9 Competition
Friday March 31 Level 9 Competition
Saturday April 1 Level 9 & 10 Competition
Sunday April 2 Level 10 Competition

Final Schedule Posted at
www.Region8Gymnastics.org
by 3/17/06

The Region 8 Board voted in their July 2003 meeting that at Level 9 & 10 Regionals, the RACC will set meet schedule (order of age groups) to facilitate the schedule of the entire competition. The order of competition will not be guaranteed to be youngest to oldest.

HOST HOTELS

Marietta Conference Center and Resort
\$109.00 (770) 427-2500
Block – The Gymnastics Academy of Atlanta

Courtyard by Marriott
Double \$94.00/King w Sofa bed \$84.00
(770) 956-1188
Block – The Gymnastics Academy of Atlanta

Drury Inn Atlanta NW Marietta (limited availability)
Double/King - \$89.00 / King Suite - \$120.00
(800) 325-0720
Block – The Gymnastics Academy of Atlanta

Comfort Inn Marietta -
\$79.00 (770) 952-3000
Block – The Gymnastics Academy of Atlanta

Wingate Inn Marietta
\$79.00 (770) 989-0071
Block – The Gymnastics Academy of Atlanta

Hampton Inn Marietta
\$75.00 (770) 425-9977
Block – The Gymnastics Academy of Atlanta

REMEMBER: If you have athletes that qualify to Level 9 Eastern Nationals and/or Level 10 Nationals, you must fill out the **new entry forms** at Regionals immediately after each session. You will need a separate club check per level (NO PERSONAL CHECKS ACCEPTED) plus an extra check to purchase the great Region 8 apparel available for sale at Level 9 & 10 Regionals.

All Around News

LEVEL 8 REGIONALS

Huntsville
Alabama

2 0 0 6

April 7 - 9, 2006

HOST CLUB

Huntsville Gymnastics

James Linderholm

256-883-0566 phone
3062 Leeman Ferry Road

Huntsville, AL 35801

Email: jglinderholm@comcast.net

AIRPORT

Huntsville/Madison
County

[HSV]

COMPETITION SITE

Von Braun Center

700 Monroe Street

Huntsville, Alabama 35801

Equipment -AAI Elite - Midwest Gym
Supply

Capitol Cup Format

SCHEDULE

Friday April 7

8:00 a.m. - 4:00 p.m. Open Training Day
(advanced sign-up required)

4:00 p.m. - 10:00 p.m.
Level 8 individual competition Session 1

Saturday April 8

Level 8 individual competition Sessions 2 & 3
Team Competition Session 4

Sunday April 9

Level 8 individual competition Sessions 5 & 6

Final Schedule Posted at
www.Region8Gymnastics.org
by 3/17/06

HOST HOTELS

All reservations must be made through
Marie Arighi at Von Braun Center

256-551-2379 Phone

256-551-2203 Fax

OR

marighi@vonbrauncenter.com

Courtyard by Marriott

4804 University Drive
Huntsville, AL 35816

Room Rate \$85.00

LEVEL 8 ALTERNATES: Please call your State Chair or Deb Kornegay if you have a scratch.

Alternates for all-star (individual) slots will be replaced up to 48 hours before the start of timed warm-ups for the first competitive session, which is 4:00 P.M. Friday. Therefore **no all-star (individual) alternates will be added after 4:00 P.M. Wednesday.**

Team alternates will be added up to the beginning of timed warm-ups of the first session.

If a state does not have sufficient numbers to fill their assigned percentage numbers the Regional Chairman will notify the highest all-star (individual) from state meet results from all eight states to fill available slots.

The Region 8 Level 8 Regional Team competition may include citizen or non-citizens.

All Around News

IMPORTANT INFORMATION FOR COACHES OF REGIONAL QUALIFIERS

REGIONAL MEET ENTRY:

Please be sure that you have **ALL necessary information** at your State Meet to enter your gymnasts in the Regional Meets -- USAG athlete number, birthdate, etc. - and one club check per Regional Meet for entry fees. **No checks from parents are allowed.**

Regional Meet entry fees and forms **MUST** be turned in to your State Chairman (or designated official) at your **State Meet -- within the specified time.**

If a gymnast's Regional Meet entry is **NOT** turned in at the State Meet; in order to enter the gymnast(s) in the Regional Meet the following penalty will apply to the coach:

- a \$25.00 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director
- a \$200.00 fine payable to Region 8 USA Gymnastics for each meet involved.

PLEASE MAKE SURE THAT YOUR GYMNAST HAS QUALIFIED (according to the **official** announcement of qualifiers) -- AND ENTER HER PROPERLY WITHIN THE SPECIFIED TIME.

PETITIONS: (No petitions for Level 8 Regionals)

1. Any petitions should be mailed to the RTC, Marian Dykes -- it is YOUR responsibility to get all information needed for petitions.
2. Marian must RECEIVE petition NO LATER THAN **WEDNESDAY** following State Meet.
3. You should call or FAX Marian to notify her that a petition is coming. (770-451-6910 Ph or 770-457-0943 Fax)
4. List all petitioning gymnasts on bottom of entry form under petition section.
5. Complete Petition Form from Region 8 Winter Newsletter.
6. **A photocopy of at least one pre-state, sanctioned meet results from the current season (at the level to which they are petitioning) showing a score at least one (1.00) point greater than the regional qualifying score.**
7. A club check for entry fee **MUST** accompany petition to Marian. She will forward check to Meet Director if petition is accepted. (Check will be returned if not accepted or injured gymnast is not release by doctor.)

AT REGIONALS:

To be allowed onto the floor of competition, all coaches **MUST** wear their **current** USA Gymnastics pro membership card with safety certification expiration date.

Level 9 & 10 coaches - you need to have with you **ALL** necessary information to enter your gymnasts in the National meets - including club checks for entry fees, extra T-shirt purchases, and any JO National apparel that you wish to purchase.

CHECK REGION 8 WEB PAGE FOR REGIONAL MEET SCHEDULES!
www.region8gymnastics.org

Ft. Lauderdale, FL June 29—July 2, 2006

At the
Hyatt Regency Pier 66 Resort

REGION 8 CONGRESS

Located on 22 tropical acres surrounded by
the beautiful Intracoastal Waterway

Registration:

\$197 Early Registration by April 17th, 2006

\$10 discount per entry for 4 or more on one club check (if entry received by June 1st)

\$217 After April 17th and on site—no discount

***Boca Twisters will rebate \$5.00 per attendee back to their “home state”
Administrative Committee!**

***SACC’s volunteering time will receive free Congress entry!**

SESSIONS TO INCLUDE:

Beginner-Advanced Sessions for Coaching and Judging
Pre-school and Class Programs
Business

JUDGES EXAMS

Hyatt Regency Pier 66 Resort

800-233-1234

Room Rate: \$149.00 per night

Bahia Mar Beach Resort

888-80-BAHIA

Room Rate: \$115 per night

(Ask for Congress 2006)

Reserve by June 5th to receive group rate!

Enjoy beautiful Ft. Lauderdale Beach!

For More Information, Contact :

Sharyn Strickland

800-841-4977

strickgym@earthlink.net

Or Visit:

www.USACompetitions.com

Featured clinicians will include :

- Region 8 Administrative Committee
- Tom Koll *Women’s J.O. Committee Chairman and Compulsory co-author.*
- Gary Anderson *National Elite Committee Chairman*
- Frank Sahlein *Owner of Wings Gymnastics, 3rd Level Business Consulting.*
- Brad Harris *Coach of Tampa Bay Turners, Florida USAG Board member*
- Rene` Niccollai *Brevet Judge, Florida USAG Board member*
- Catherine Batsche *Brevet Judge, Florida State Judging Director*

PLEASE USE ONE (1) REGISTRATION FORM PER PERSON

REGION 8 CONGRESS

June 29—July 2, 2006

Fort Lauderdale, FL

FOR INFORMATION CONTACT: SHARYN STRICKLAND
strickgym@earthlink.net 800-841-4977

NAME: _____
USAG #: _____ EXP. DATE: _____ SAFETY EXP.: _____
MAILING ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
HOME PHONE: _____ WORK: _____
FAX: _____ EMAIL: _____
GYM AFFILIATION: _____ JUDGING RATINGS: _____

I give permission to publish this information (signature): _____

\$197 Early Registration by April 17th, 2006

\$10 discount per entry for 4 or more on one club check (if entry received by June 1st)

\$217 After April 17th and on site—no discount

Please make checks payable to: **USA Competitions**

I WILL OR WILL NOT ATTEND THE FRIDAY NIGHT BANQUET. (Please circle one)

MAIL REGISTRATION TO:

USA Competitions

3100 NW Boca Raton Blvd. #308

Boca Raton, FL 33431

FOR OFFICE USE ONLY:

DATE RECEIVED: _____ AMOUNT RECEIVED: _____
CHECK #: _____ PAID BY: _____

REGION 8 USA GYMNASTICS REGIONAL MEET ENTRY FORM

Please Check One Level [Separate sheet for each level]

LEVEL 8 Regionals
 LEVEL 9 Regionals
 LEVEL 10 Regionals

TEAM NAME _____

ADDRESS _____

PHONE # GYM _____ HOME _____

FAX # _____ E-MAIL: _____ @ _____

List **ALL** coaches attending Regional competition:

NAME	USAG#	SAFETY EXPIRATION DATE
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

I give my permission for the above information to be used in the Region 8 Address book.
 Signature

COMPETITOR NAME (Last Name, First Name)	ATHLETE REGISTRATION	DATE OF BIRTH MM/DD/YYYY	GRADUATING SENIOR	
1. _____	_____	_____	Y__ N__	If a non-citizen athlete places in the top four (4) AA at JO Nationals, she will receive the award for her All-Around placement; however, she is not eligible to become a member of the US JO National Team. In this instance, the next US citizen in rank order will be placed on the JO National Team.
2. _____	_____	_____	Y__ N__	
3. _____	_____	_____	Y__ N__	
4. _____	_____	_____	Y__ N__	
5. _____	_____	_____	Y__ N__	
6. _____	_____	_____	Y__ N__	
7. _____	_____	_____	Y__ N__	
8. _____	_____	_____	Y__ N__	
9. _____	_____	_____	Y__ N__	
10. _____	_____	_____	Y__ N__	

PETITIONS: MUST fill out separate forms and separate check must be received by MARIAN DYKES, RTCC by WEDNESDAY following your State Meet.

1. _____	_____	_____	Y__ N__
2. _____	_____	_____	Y__ N__
3. _____	_____	_____	Y__ N__
4. _____	_____	_____	Y__ N__

TOTAL NUMBER OF ENTRIES : _____ X \$85.00 Level 8, 9 & 10 CHECK FOR \$ _____ ENCLOSED.

TOTAL NUMBER OF PETITIONS: _____ x \$85.00 LEVEL 9 & 10 CHECK FOR \$ _____ SENT TO RTCC

MAKE CHECKS PAYABLE TO MEET DIRECTOR - as instructed in meet information.

**GIVE TO STATE ADMINISTRATIVE CHAIRMAN AT STATE CHAMPIONSHIPS
SEPARATE SHEET FOR EACH LEVEL**

All Around News

Region 8 Petition Form for Level 9/10 Regionals

Deadline **receipt** by Wednesday following your state meet

Level of Regionals petitioning to: _____
Gymnast's Name: _____ USAG #: _____
Birth date: _____ Level & Age Division: _____
Coach's Name: _____ Coach's Phone #: _____
E-Mail: _____ @ _____
Gym Name: _____
Address: _____ City: _____ State: _____
Zip: _____ Gym Phone _____

- I. Attach a physician's written verification of nature of illness or injury & release to return to gymnastics training.
- II. A written request from the coach or parent.
- III. Attach a check for \$85 made out to the **Gymnastics Academy of Atlanta**
- IV. Please list the scores from one sanction meet that the AA score is 35.00 or greater. Attach a photocopy Results of a minimum of 1 Sanctioned Meet: (Scores from 2005 Regionals, Eastern's or National's may be used to satisfy this criteria.)

Vault _____

Bars _____

Beam _____

Floor _____

AA _____

Return completed form and all attachments to

Marian Dykes

Region 8 Technical Chair

4651 Buford Highway

Atlanta, GA 30341

Fax (770) 457-0943

2006 REGION 8 TRAINING CAMPS

FUTURE STARS CAMP

JUNE 23-25, 2006 • Balcony Gymnastics Ocala, Florida

TOPs
Testing
Available

Comp. Lev. 5-7 (must have already competed Lev. 5) For gymnasts with outstanding optional promise

HOTEL INFORMATION

LA QUINTA INN & SUITES OCALA

3530 SW 36th Avenue

Phone: 352-861-1137 FAX: 352-861-1157

\$76.00 per night

Reserved under: Region 8 Gymnastics Camp or Region 8 Gymnastics

Click here for link to the hotel site: [La Quinta Inn & Suites Ocala, Florida Hotel](#)

TOPs
Testing
Available

JULY 28-30, 2006

Level 8 & 9

Salem Gymnastics - Winston-Salem, North Carolina

Open to all Level 8 and Level 9 athletes who competed in Level 8 or 9 State or above

HOTEL INFORMATION

EMBASSY SUITES

\$109.00 per night

includes breakfast and happy hour

336-724-2300

50 Rooms Blocked under Region 8 TC

HOLIDAY INN

\$65.00 per night

full service restaurant and bar

336-765-6670

50 Rooms Blocked under Region 8 TC

DAYS INN

\$59.00 per night

continental breakfast

336-760-4770

50 Rooms Blocked under Region 8 TC

OCTOBER 6-8, 2006

Level 9, 10 & Elite

Ultimate Gymnastics - Suwanee, Georgia

Open to all Level 9, 10 & Elite athletes who qualified to Regionals and Level 9 athletes who competed ONLY at State are NOT eligible for this camp.

HOTEL INFORMATION

INFORMATION WILL BE IN THE SPRING NEWSLETTER AND ON
REGION 8 WEB PAGE: [Region8gymnastics.org](#).

Schedule different for ALL camps.

COST: \$130.00 per athlete (includes camp, lunch on Sat. and T-shirt)

\$50.00 per coach or judge (discounts if bringing athletes)

PROVIDE EMAIL INFORMATION FOR CONFIRMATION OF ENTRY AND FINAL SCHEDULE

Camps will fill on a first-come basis.

Registration forms are available at Regionals and in Region 8 newsletter. There will be **NO** direct mailing to clubs.

Camps open to all USAG Professional Members.

VOLUNTEERS:

No fee is required to attend camp and you will be eligible for apparel if your athlete qualifies to JO Nationals!

MAIL ALL FORMS WITH FEES TO: Debby Kornegay

394 Stonebridge Road, Birmingham, AL 35210

REGION 8 TRAINING CAMP 2006

29

CLINICIAN APPLICATION

If you will have coaches at the training camp and would like to offer their services to assist as clinicians, please fill in the form below. **THIS IS A VOLUNTARY POSITION.** Clubs will be notified in advance if services will be required. Thank you for your offer! Please plan to work the entire camp.

NAME OF GYM: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ FAX: _____

NIGHT PHONE: _____ EMAIL: _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

TRAINING CAMP YOUR COACHES WILL BE ATTENDING AND ARE ABLE TO WORK:

FUTURE STARS CAMP
June 23-25, 2006
Ocala, FL
Balcony Gymnastics

LEVEL 8 & 9
July 28-30, 2006
Winston-Salem, nc
Salem Gymnastics

LEVEL 9, 10 & ELITE
October 6-8, 2006
Suwanee, GA
Ultimate Gymnastics

NAME OF COACHES ATTENDING CAMP FROM YOUR GYM:

1. _____ USAG# _____ 2. _____ USAG# _____

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 NATIONALS IN 2006? YES NO

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 REGIONALS IN 2006? YES NO

IS THERE AN EVENT(S) THAT THE COACHES WOULD **NOT** WANT TO BE ASSIGNED TO?

1. _____ 2. _____

PLEASE SEND THIS FORM IN BY:

June 9 (Future Stars Camps), July 14 (Lev. 8 & 9), September 1 (Lev. 9, 10 & Elite)

TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

Thank you for offering to help! Your assistance will be greatly appreciated! You will be contacted with your event and day approximately 30-45 days prior to the Camp date. Everyone who volunteers that had an athlete at Level 9 Regionals or above will be assigned to work! All proceeds from these events will go to the 2006 Region 8 Apparel Fund.

Support your Region - Support your athletes - Volunteer to work today!

Clubs that have coaches work the camps will be eligible to receive apparel if they have athletes qualify to Nationals in 2007. Clubs who do not work and contribute at least \$1000.00 will also be eligible to receive apparel if athletes qualify to Nationals!

TRAINING CAMP REGISTRATION FORM

FOR COACHES & JUDGES WITHOUT PARTICIPATING GYMNASTS

NAME _____ COACH JUDGE

USAG# _____ EXP DATE _____

MAILING ADDRESS _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE _____ FAX _____

NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

COST: \$50.00

Make checks payable to REGION 8 USA GYMNASTICS

- FUTURE STARS CAMP** (Ocala, Florida [6/23&25/06]) DEADLINE 6/9/06 - FIRST COME, FIRST SERVE
- LEVEL 8 & 9 CAMP** (Winston-Salem, NC [7/28-30/06]) DEADLINE 7/14/06 - FIRST COME, FIRST SERVE
- LEVEL 9, 10 & ELITE CAMP** (Suwana, GA [10/6-8/06]) DEADLINE 9/1/06 - FIRST COME, FIRST SERVE

TRAINING CAMP REGISTRATION FORM

FOR VOLUNTEER JUDGES Please plan to work entire camp

NAME _____ RATING _____

USAG# _____ EXP DATE _____

MAILING ADDRESS _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE _____ FAX _____

NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

You will be actively working on the floor. Please check below any event(s) that the judge would **NOT** want to be assigned to? VAULT BARS BEAM FLOOR

COST: FREE - If assigned to work camp

- FUTURE STARS CAMP** (Ocala, Florida [6/23&25/06]) DEADLINE 6/9/06 - FIRST COME, FIRST SERVE
-
- LEVEL 8 & 9 CAMP** (Winston-Salem, NC [7/28-30/06]) DEADLINE 7/14/06 - FIRST COME, FIRST SERVE
- LEVEL 9, 10 & ELITE CAMP** (Suwana, GA [10/6-8/06]) DEADLINE 9/1/06 - FIRST COME, FIRST SERVE

REGION 8 TRAINING CAMP

CHECK ONE:

FUTURE STARS CAMP

Ocala, Florida
June 23-25, 2006

LEVEL 8 & 9 CAMP

Winston- Salem, NC
July 28-30, 2006

LEVEL 9, 10 & ELITE CAMP

Suwanee, Georgia
October 6- 8, 2006

TEAM NAME: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACHES NAME: _____

DAY PHONE: _____ FAX: _____

NIGHT PHONE: _____ EMAIL: _____ @ _____

If your coach is not planning to attend,
please designate 1 person to pick up all packets for your team: _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

GYMNAST	USAG#	DOB	AGE	CURRENT LEVEL	2006 REGIONAL SCORE	T-Shirt SIZE	FEE \$130.00

PETITION: Must fill out separate petition form

(Region 8 Petition Form for Level 9/10 Regionals) and mail to Marian Dykes and Paul Padron.

COACHES ATTENDING Additional fee to attend Optional Update	USAG#	Clubs with gymnasts attending COACHES - \$25 Each

I give my permission for the above information to be used in the Region 8 Address book.
 _____ Signature

FIRST COME - FIRST SERVE!

TOTALS \$ _____

\$25.00 processing fee on all refunds -
refunds will only be given if gymnast can be replaced
No refunds within two weeks of Training Camp

MAIL TO: Debby Kornegay
394 Stonebridge Road
Birmingham, AL 35210
(205) 951-0184

Please make checks payable to: **REGION 8 USA GYMNASTICS**

All Around News

Level 9, 10 & Elite Traing Camp October 15-16, 2005 Auburn, Alabama

Marian Dykes with Level 9 & 10 National Champions honored at Training Camp

First came work...

***and then we
honored our
Champions!***

REGION 8 ATHLETE FUND

- 1. All athletes competing to an elite Classic or higher competition or qualifying to JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.
- 2. A club will receive no more than a combined total of four sets or pieces of coach's apparel.
 Following applies to coaches of Level 9 or 10 Nationals:
 Teams that qualify 1-3 athletes to either nationals will be given 2 sets of coach's apparel.
 Team that qualify 4-6 athletes will be given 3 sets of coach's apparel.
 Teams that qualify 7 or more athletes will be given 4 sets of coach's apparel.
 Coach's apparel consists of 1 T-shirt and 2 collared coaching shirts.
- 3. All coaches/judges that volunteered at one of the training camps will receive the Regional Warm-up Suit.
- 4. All clubs that donate \$1,000 or more by State Meet will receive 1 set of apparel and the Regional Warm-up Suit.
- 5. Apparel items will be offered for sale.
- 6. Gymnasts qualified to Nationals who attended Training Camp or whose coaches worked camp will receive a bonus pack.
- 7. Apparel will be provided to the current members of the Regional Committee.

REGION 8 ATHLETE FUND -

This fund supports our efforts in the region to give some extra rewards for our gymnasts who qualify to Regional and National meets in their respective levels - Elite, Level 10, Level 9 and Level 8.

**WE NEED
EVERYONE'S
SUPPORT!**

**REGION 8
ATHLETE FUND CONTRIBUTION**

Name _____

Club _____

Address _____

Amount \$ _____ Make checks payable to Region 8 USA Gymnastics

**PLEASE MAIL YOUR CONTRIBUTION TO:
Debby Kornegay
394 Stonebridge Road Birmingham, AL 35210**

All Around News

Region 8 Committee Meeting Minutes

October 15, 2005
Auburn, Alabama

The Committee meeting was called to order by RACC Deb Kornegay.

Debby Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC
Toni Rand	RECC (Absent)
Sheila Ragle	NAWGJ (Non Vote) Present for Judges Selection only

Deb Walls	Alabama
Mike McCabe	Florida (7:38)
Peggy Simpson	Georgia
Patricia Boudreaux	Louisiana (Absent)
Nancy Hawkins	Mississippi
Jennie Adams	N. Carolina
Joanne Child	S. Carolina
Bob Valley	Tennessee

Deb K. appointed Jennie to be secretary.

Judging Assignments Adjustments:

Because the 2006 Level 9 Easterns had been awarded to Nashville, TN, Marian pointed out to the Committee that Region 8 could receive more judging slots. She asked that we look at our criteria for assignments to the Level 9 Eastern Nationals competition.

MOTION: In 2006, because the Level 9 Easterns are in Region 8, move to allow the Committee to make adjustment of criteria in order to be able to fill all allowed judges' slots.

Motion: Jennie Adams
Second: Deb W.

Passed unanimously

Marian was directed to adjust rotations.

Marian stated that all Level 9/10 Regional contracts were in. Two contracts for Level 8 Regionals were declined, Karen Pleasants NC, and Carol Olney, SC. Marian reviewed the remaining eligible judges.

MOTION To assign Shirley Tranquil to be one of the NC slots for Level 8 Regionals.

Motion: Jennie Adams
Second: Mike McCabe

Passed unanimously

It was recommended that if a judge elects not to travel from their home, airfare fees cost the meet director no more than airfare fees from a judge's home airport.

Joanne was asked to talk with Carol Olney to see if a compromise could be arranged with travel arrangements in order to keep the assignment within South Carolina.

At a Level 8 Regional each state's right to have judging representation should be protected. Because 2005 has been a judges' testing year, and because a former rating is only viable until Dec. 31, the final decision on a potential judge's eligibility may have to wait until Dec. 31st.

MOTION To have Deb K. become the alternate for Level 8 Regionals if no other alternate is available from a state.

Motion: Deb Walls
Second: Nancy Hawkins

Passed unanimously

In response to the fact that fewer judges had fulfilled all requirements for Regional assignment criteria for 2006, the Committee discussed that it was the individual judges' responsibility to be aware of deadlines. SJD's should take care of reminders to their own judges.

Marian reminded each state to send names of judging assignments for State Meets to her by Nov. 1.

Sheila left the meeting @ 8:00 pm.

Bids:

Thomas Hawkins, as meet director, submitted a bid for the 9/10 Regional meet in 2007.

All Around News

Region 8 Committee Minutes (continued) October 15, 2005

MOTION To accept the bid from Tupelo, MS for the April 2007, Level 9/10 Regional.

Motion: Marian Dykes
Second: Joanne Child

Passed unanimously

Deb K. presented a letter received from a gym with a sanction violation, requesting a waiver or reduction of a penalty received from a sanction violation imposed in the June 2005 Committee meeting. After reviewing USAG's policy on page 58 in the *Rules and Policies*, the Committee determined that Region 8's policy was more lenient and that the action taken in the Reno meeting on the violation shall stand. Region 8's procedure is that a written reprimand is sent as a warning for the first violation, a fine is imposed at the second violation, and after the third violation a sanction request will be refused.

Deb K. was directed to write a letter to the gym explaining the Committee's position.

Other Business:

The Committee requested that Marian take back to the Tech Committee the inequity of the time for CPE's during

the summer of 2006. As the procedure stands now, a judge would not be able to use any CPE credits received after June 1. Most judging education takes place during the summers. She asked that the Tech Committee look at moving the deadline to Aug. 1. Marian replied that she had already initiated the discussion and would pursue it again.

Marian also asked the Committee to help be pragmatic when making plans for Regional events. Many factors play into the success of events such as the Region 8 Congress, especially when such an event is paired with another activity, such as a Training Camp or a large meet.

Bob Valley asked the Committee to be vocal with any help or suggestions for insuring that the Level 9 Easterns would be successful.

MOTION Nancy Hawkins to adjourn
Second Deb Walls
Passed unanimously

8:45 pm

Respectfully submitted Jennie Adams

MEMORANDUM

FROM: Kathy Kelly, USAG National Office
TO: All USAG, NAWGJ Officers
RE: Clarification on raising scores at State Meet
DATE: 10/15/05

Confusion has arisen on the procedures for raising a score at the end of a State Meet to qualify the gymnast to the Regional Championships. (Usually the gymnast is very close to qualifying...up to 0.10)

Please refer to page 44 of the *Rules and Policies*.

J. Inquiry Regulations #3. "Inquiries must be submitted to the Meet Director or Meet Referee within 5 minutes of the completion of the squad's competition on that event."

If the inquiry results in a score change, that score must be reflected in the official results which determine the medal/award placement.

The confusion is this: In some areas of the country, the score has been changed AFTER the awards are given, thus allowing the gymnast to qualify to the next competition, but not receive the appropriate award. This is an incorrect procedure and must not continue.

The decisions made by the National Committee are outlined in the *Rules and Policies*. No committee has the authority to alter the *Rules and Policies* for matters that are above State Level.

Please publish this clarification in your next newsletter so all coaches and judges are informed and the athletes are assured of equality across the country.

Thanks for your assistance.

All Around News

Region 8 Committee Meeting Minutes

January 6, 2006

Courtyard by Marriott, Jacksonville, Florida

6:03 pm

RACC Debby Kornegay called the Committee meeting to order. Those in attendance were:

Debby Kornegay	RACC
Marian Dykes	RTCC
Paul Padron	RJOCC (Absent)
Toni Rand	RECC
Deb Walls	Alabama SACC
Mike McCabe	Florida SACC
Peggy Simpson	Georgia SACC
Patricia Boudreaux	Louisiana SACC
Nancy Hawkins	Mississippi SACC
Jennie Adams	N. Carolina SACC (6:15)
Joanne Child	S. Carolina SACC
Bob Valley	Tennessee SACC

Deb Kornegay. appointed Deb Walls to act as secretary until Jennie Adams arrived.

MOTION to approve minutes from the 10-15-05 Region 8 Committee meeting.

Motion: Nancy Hawkins

Second: Joanne Child

Passed unanimously

- Deb Kornegay requested that members turn off their cell phones.
- Deb Kornegay passed the Committee address list and requested that members update and verify the information.
- Thank you notes were circulated and reviewed.
- A typed Planner Update was distributed including dates of gymnastics activities for 2006 & 2007.
- The Regional Financial Statement was reviewed. Deb Kornegay presented and explained that an additional \$10,000 was deposited in the new Region 8 Travel Fund, raising the balance to \$20,015.26. She also

explained the mechanics of the Region 8 Hurricane Fund from the application process to the awarding of funds to gyms or gymnastics individuals who were negatively affected by Hurricane Katrina or other storms of 2005. As of 12/30/05 the national fund had received \$105,036.32. The Committee members responded with positive compliments about the generosity from all over the country. Toni Rand added that Hurricane Wilma had inflicted more damage to Florida than most folks realized. Deb Kornegay stated that the deadline for Wilma help requests was Jan. 10th. Deb Kornegay also praised the national USAG office for sending out thank you notes to contributors in a very timely manner.

- Deb Kornegay reminded the committee chairs of upcoming newsletter article deadlines.
- Deb Kornegay reminded SACC of work assignments for upcoming Regional meets. Bob Valley gave an update of the Level 9 Easterns to be held in Nashville on April 21-23, 2006. He asked members to contact Heather or Erin at bobvalley_masters@hotmail.com with offers of help or advice that could be provided. The committee decided that each state would provide 20 items for gift baskets to be given to officials at Easterns.
- Deb Kornegay relayed a request from the Regional Congress director asking for ideas from Committee members for breakout presentations. Tom Koll, Gary Anderson, and F. Saline had already committed to being clinicians. Deb Kornegay stated that she had only received state checks for the Athlete Fund from AL, GA, LA, and MS, indicating that the other four states needed to pay their assessment. She requested discussion about fund raising ideas for the Regional account as an alternative to the traditional auction at Regional Congress. It was agreed that the Committee members might provide items or services for continuing raffles throughout the 2006 event and would also continue to donate \$1,000.00 per state for

All Around News

Region 8 Committee Minutes (continued) January 6, 2006

- the Region 8 Athlete fund. Deb Kornegay reminded members of their responsibilities to introduce clinicians before each session.
- The next Regional Board meeting would take place at Regional Congress in Fort Lauderdale on Thursday, June 29, 2006 at 9:00 am.
- When asked to report on the finances of the 2005 Optional Update at Auburn in October, Marian Dykes stated that all issues had been settled with the site hotel. All overpayments were refunded. The remainder of the money collected was distributed among the clinicians. Jennie Adams stated for the record that the organization, quality of presentation, intimate atmosphere, and free exchange between coaches and judges concerning optional questions made the event the best of any of the rule presentations that summer.
- According to a memorandum issued by Kathy Kelly, 10-26-05, the National Office will administer future Regional Congresses. Much discussion followed.
- Deb Kornegay asked Mike McCabe to expand on the Region 8 Championship score e-file availability request that was discussed at the October 2005 meeting. Mike McCabe reasoned that while the individual judge's scores from Regionals were public at the competition and available to the Meet Director, they should also be available to the SACC's. Marian Dykes added that the Region, historically, did not desire to have the scores used as a post meet judging analysis. Much discussion followed.

MOTION That the Regional Meet Director provide all scores from Regional meets to the RACC, RJOC and RTCC. (in electronic form).

Motion: Jennie Adams

Second: Joanne Child

Motion passed. Bob Valley opposed, Marian Dykes abstained.

- Deb Kornegay presented information from a Kathy Kelly e-mail stating:

Effective immediately, non-citizen athletes who meet the above criteria will be eligible to compete and receive awards for all USA Gymnastics Junior Olympic sanctioned events including State, Regional, East/West, and JO Nationals.

If a non-citizen athlete places in the top four (4) AA at JO Nationals, she will receive the award for her All-Around placement, however; she is not eligible to become a member of the US JO National Team. In this instance, the next US citizen in rank order will be placed on the JO National Team.

MOTION That the Region 8 Level 8 Regional Team competition may include citizen or non-citizens when qualifying by placement alone.

Motion: Jennie Adams

Second: Peggy Simpson

Motion passed unanimously

Regional JO Program

- Deb Kornegay reported that there was no apparel information available at this time.

State Chairmen concerns

- Deb Kornegay reminded members that fourth quarter financial statements were due 1-15-06 with a reminder to e-mail statements to John Hewitt.
- After a discussion about fees paid to the Region by the states, it was decided that the fees would remain the same. The Committee may discuss the rate at a later meeting, after the states see how the athlete numbers may or may not change due to the addition of the Level 2's, 3's, Preps, and Level 4's. Deb Kornegay reminded the chairs that the 2006 Regional fees were now due.
- Deb Kornegay called for an adjournment at 8:00 pm until 8:20 pm.
- Deb Kornegay asked SACC for a roll call of who would be running for office again in 2006. Louisiana and Tennessee SACC's indicated that they do not plan to run for reelection. All other SACC's plan to seek reelection.
- Deb Walls reported to the Committee that Alabama had been allowed to use an alternative 30-second warm-up timing rule for the Level 2 and Level 3 competition during the fall season as a test case. The state found it was able to evaluate 122 gymnasts in 3 hours because of the reduced warm-up time. The National office, as a possible procedural adjustment, will evaluate this ability.

All Around News

Region 8 Committee Minutes (continued) January 6, 2006

- Deb Walls also requested that the use of achievement ribbons at Level 4 be terminated. Because Level 4 is not the first entry level of competition, they have lost their appeal to the athlete. SACC's should write Paul Padron concerning this matter.
- Mike McCabe suggested that the term of office for SACC's be studied. He believed that it takes two years to just learn the ropes of running a state position. He suggested that the length of term be extended to 4 years.
- Deb Kornegay will make all Regional forms available by e-mail to SACC. The state meet reporting process will remain the same for 2006. She reminded chairs not to use spaces before names, DOB, or teams on the reporting forms. The reporting date is early this year. (2-27-06). She also reminded the chairs to designate a state apparel coordinator for the Level 9/10 and Level 8 Regionals.

TOPS report

- Toni Rand. reported that the State TOP's managers had worked well this year. More athletes were registered for this weekend's testing that anyone expected. Toni Rand's report will be included in detail in the Winter newsletter.

WTC report

- Marian Dykes reminded members that judges' in-gym cards were due June 1st. She suggested to SACC that they encourage judges in their state to complete the process. Marian shared a request from judges to allow their judging course to fulfill the clinic criteria for assignment. The committee felt that a change in the middle of the year was not merited. This request was tabled to be addressed in the future. Marian said that

the Technical Committee is working on base-score tapes. However, there will be no tapes available for the 2006 state meets.

RACC report

- Deb Kornegay read excerpts from her administrative committee. The details will be published in more detail in the Winter newsletter. She reminded SACC that a financial report must be published at least once a year in a state publication. States were encouraged to award state meet sites considering geographical location as a criterion. State elections may be run through the National office in the future.
- Deb Kornegay reminded members of the National State Chair Workshop to be held in St Paul, MN on August 20th, at the end of National Congress.

Other Discussions:

- Bob Valley suggested that there be more uniformity for Prep rules across the region. SACC felt that many of the states in Region 8 have PREP Optional programs that are serving their state's needs. The consensus was that this should remain a state decision.
- Jennie Adams relayed that about 55% of Level 5 State Meet beam competitors were overtime in her state. The committee requested the RTCC and the RJOCC work with the national committees to find a solution to this issue.

MOTION to adjourn

Motion: Nancy Hawkins

Second: Jennie Adams

Passed unanimously

9:30 pm

**to send in your nominations for
your State Chairman Election
immediately!**

BID FORM FOR

2007 Future Stars Training Camp TBD, 2007

2007 Level 8 & 9 TRAINING CAMP TBD, 2007

2007 Level 9, 10 & Elite REGION 8 TRAINING CAMP TBD , 2007

Bid is for the site of the Camp. Region 8 Board will still organize and direct the event. Site Coordinator is responsible for arranging host hotel and meals for gymnasts.

PLEASE CHECK YOUR PREFERENCE:

- FUTURE STARS LEVEL 8 & 9 LEVELS 9, 10 & ELITE

SITE COORDINATOR

ADDRESS

PHONE (gym) (home)

Email: @

NAME OF FACILITY

ADDRESS

HAVE YOU ATTENDED A REGION 8 TRAINING CAMP? Yes No

LEVEL(S) ATTENDED: Future Stars 8 & 9 9, 10 & Elite

SIZE OF FACILITY:

OF VAULTS # OF VAULT RUNWAYS

OF BARS # OF SINGLE BARS

OF BEAMS(high) # OF BEAMS(low)

OF FULL FX MATS # OF TUMBLING STRIPS

OF PITS SIZE

LIST EQUIPMENT OVER PITS

IS THERE A SEPARATE DANCE AREA? Yes No SIZE SURFACE

LIST OTHER EQUIPMENT/APPARATUS/GYM AREAS THAT COULD BE USEFUL FOR A TRAINING CAMP

AIRPORT DISTANCE FROM SITE

NAME OF HOTEL DISTANCE FROM SITE

ROOM RATE

PLEASE INCLUDE A DESCRIPTION AND DIAGRAM OF FACILITY LAYOUT FOR A TRAINING CAMP SET-UP;

DATE SIGNATURE

RETURN TO: DEB KORNEGAY 394 Stonebridge Road Birmingham, AL 35210 FAX 205-951-0184

DEADLINE FOR TRAINING CAMP BIDS MUST BE RECEIVED BY June 22, 2006

All Around News

REGIONAL JO MEET BID INFORMATION

- Level 9 and 10 Meet will have 17 judges including Meet Referee.
- Level 8 Meet will have 17 judges including Meet Referee. There must be 2 judges per state.
- Cost for awards for Level 9 & 10 will be divided between Region and Meet Director. Level 8 is responsible for purchasing awards through the Regional Chairman.
- Meet Director receives entry fees, admissions, concessions, & other sales.
- Meet Director pays judges fees & expenses and any other expenses associated with meet (except ½ awards for Levels 9 & 10).
- Meet Director has responsibility to arrange for equipment contract for the meet and is responsible for this meet expense.
- Meet Director arranges for necessary skill cushion matting and score flashing equipment.
- Meet Director makes hotel arrangements and arrangements for judges transportation.
- Meet Director furnishes room accommodations for Regional officers acting in an official capacity at the meet (RACC, RTCC, RJOCC) - if not already covered as a judge or coach.
- An outside facility (other than a gymnastics business) must be used for JO Regional Meets (high school, college, convention center, city arena, etc.).
- The competitive gym area must accommodate 4 simultaneous events with proper distance and spacing requirements (refer to equipment section in R & P Book). There must be adequate seating for gymnasts and 4 judges per event.
- It is strongly recommended that a separate warm-up area be available. Equipment should be identical to competition equipment. (Floor may be a spring tumbling strip comparable to competition floor exercise mat).
- The spectator area must be adequate to accommodate the families and friends of 132 gymnasts per day. This includes adequate restroom facilities and parking.
- All equipment must meet the specifications as listed in the R & P Book.
- A separate meeting room adequate for 17 officials must be provided with TV & VCR.
- An area for changing clothes/leotards must be provided for the gymnasts.
- An EMT or equivalent personnel should be present at the site and a physician be on call should one be needed.
- Experienced computer scoring personnel is required with electronic score flashing.
- The facility must be air conditioned.
- The hotel should provide facilities and atmosphere conducive to athletes in a competitive situation.
- Facility must be available for open work-out on the day before competition begins.
- Competition fee of \$10.00 per gymnast must be paid to Region 8 USA Gymnastics.

BIDS NEEDED

Level 8 Regionals

April 13-15, 2007

BID FORM FOR REGION 8 USAG REGIONAL COMPETITIONS

Please read section on Regional Meet Bid Information

NAME OF COMPETITION _____ DATE _____

NAME OF HOST GROUP _____ HOW LARGE IS GROUP? _____

NAME OF MEET DIRECTOR _____ USAG # _____
(MUST HAVE MEET DIRECTOR CERTIFICATION)

ADDRESS _____

PHONE # (GYM) _____ (HOME) _____ E-MAIL: _____ @ _____

HOW MANY MEETS DID YOU CONDUCT IN THE LAST 2 YRS.? Inv. ____ Sect. ____ State ____ Reg. ____ Nat I ____

WHAT WAS THE NUMBER OF ATTENDANCE AT YOUR LARGEST MEET? _____

HOW MANY MEETS DID YOU ATTEND IN THE PAST 2 YRS.? State ____ Reg. ____ Nat I ____

FACILITY NAME _____

ADDRESS _____

SIZE OF COMPETITION AREA _____ SPECTATOR CAPACITY _____

NUMBER OF RESTROOMS: WOMEN ____ MEN ____ DRESSING ROOM FOR GYMNASTS: YES ____ NO ____

AIR CONDITIONED? YES ____ NO ____ SEPARATE MEETING ROOM FOR 17 JUDGES/OFFICIALS: YES ____ NO ____

DESCRIBE PARKING FACILITIES: _____

LENGTH OF VAULTING AREA (including runway, horse, mat area) _____

CLEARANCE DISTANCES: END OF VAULT MAT TO WALL _____ AROUND FX MAT _____

ENDS OF BEAM _____ ON BOTH SIDES (front & back) OF BARS _____

TYPE OF EQUIPMENT TO BE USED: (list manufacturer) _____

BAR SPREAD: MIN. ____ MAX. ____ TYPE OF RAILS _____

NO OF IDENTICAL WARM-UP EQUIPMENT: VAULT ____ BARS ____ BEAM ____ FLOOR ____

SEPARATE WARM-UP AREA? YES ____ NO ____ DIMENSIONS OF WARM-UP FACILITY _____

DISTANCE FROM WARM-UP AREA TO COMPETITIVE GYM _____

AMOUNT OF GATE TO BE CHARGED _____

WHAT TYPE OF EMERGENCY MEDICAL PERSONNEL AND SUPPLIES WILL BE AVAILABLE AT THE MEET SITE? _____

NEAREST AIRPORT(S) _____ DISTANCE FROM SITE _____

HOTEL ACCOMMODATIONS _____ COST _____ DISTANCE FROM SITE _____

*I certify that the above information is accurate. I agree to follow the guidelines as listed in the
USAG Women's Rules and Policies in the conduct of this meet.*

MEET DIRECTOR: _____ DATE: _____

MAIL ELITE BIDS TO: TONI RAND: 6805 Lyons Technology Circle, Coconut Creek, FL 32750 (954) 755-1750 F AX
[You must mail a copy of your Elite Bids to Deb Kornegay]

MAIL JO BIDS TO: DEB KORNEGAY: 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184 F AX

DEADLINE FOR ELITE REGIONAL BIDS & JO REGIONAL BIDS MUST BE RECEIVED BY June 22, 2006

Please donate to the Hurricane Gymnastics Relief Fund

Thanks to the wonderful response from individuals and clubs throughout the USA, our \$50,000 goal was met in three weeks. The goal of \$100,000 was reached in December. The need is still great. Please donate today.

Name of Club / Business: _____

Name of Individual: _____

Mailing Address: _____

Phone #: _____

Email Address: _____

Name that you want to appear on donation list:

Please make out your check to **Region 8 Hurricane Fund** and return this form with your donation to:

Debby Kornegay

394 Stonebridge Road

Birmingham, AL 35210-1000

All mail-in donations will be posted daily to the Region 8 web site
www.region8gymnastics.org

JO OPTIONAL & COMPULSORY RESOURCES

For Coaches & Judges

COMPULSORY CARD

Set Price \$12.00

Compulsory deductions at your finger tips for all **SIX LEVELS**. These new sets are 8½ x 11 in full color—coded by event. Eleven full size cards.

FLASH CARDS

Set Price \$25.00

Business Card size — these two sided cards have every element from the new JO Code of Points for Bars, Beam and Floor. One side has word description and shorthand symbol and the other side gives code reference number with JO value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event.

OPTIONAL EVENT CHARTS

Set Price \$8.00

For easy reference of Value Parts — these charts for BARS, BEAM and Floor are great to use for that quick element value part check while judging. These charts list value parts in **ENGLISH and judges shorthand** and each value part letter is printed in its own color for rapid identification. Four full size cards.

WALL CHARTS

Set Price \$20.00

Easy reference of Value Parts. **Now in full color** like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.

OMNI CARD

Price \$10.00

You have to see it to believe it! One card with **Levels 7-10** covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.

RULES & POLICY TABS

Set Price \$5.00

Preprinted tabs for your Rules and Policies.

BAR INDEX

Price \$3.00

A list of bar elements in alphabetical order for JO value, element number, and Code of Points page number. In full color.

NCAA OMNI CARD

Price \$6.00

One card covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions based on NCAA rules and requirements.

CONTACT: DEBBY KORNEGAY

394 Stonebridge Road

Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email:DebGK@Bellsouth.net

ORDER FORM

JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name _____

Shipping Address _____

City, State, ZIP _____

Phone _____ Email: _____ @ _____

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	COMPULSORY CARDS	\$ 12.00 set	
	FLASH CARDS	\$ 25.00 set	
	OPTIONAL EVENT CHARTS	\$ 8.00 set	
	BAR INDEX	\$ 3.00 each	
	OMNI CARD (FORMERLY LAMINATED CARD)	\$ 10.00 each	
	NCAA OMNI CARD	\$ 8.00 each	
	WALL CHARTS	\$ 20.00 set	
	RULES & POLICY TABS	\$ 5.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 63.00 packet	
	JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE	\$ 42.00 packet	
SHIPPING CHARGES:			SUB TOTAL
	\$20.01 - \$40.00 — \$9.00		SHIPPING
Up to \$10.00 — \$4.00	\$40.01 - \$70.00 — \$10.00		TOTAL
\$10.01 - \$20.00 — \$6.00	\$70.01 and up — \$14.00		

PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS

Make all checks payable to: GYMNASTICS EVENTS
 email: DebGK@Bellsouth.net • phone/fax (205) 951-0184

Mail to: Debby Kornegay
 394 Stonebridge Road • Birmingham, AL 35210-4111

COACHES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
 Wall Charts
Cost Including Shipping
\$63.00

JUDGES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
Cost Including Shipping
\$42.00

Region 8 USA Gymnastics 2006 State Team Information

In order to keep the Address Book current, you MUST return this form to be listed. We will NOT carry over any names from last year's Address Book.

Please fill in the below information, as you would like it printed in the State and Regional address books:

Team Name _____

Address to be shown in Address Book :

City _____ State _____ Zip + 4 _____

Gym Phone: (_____) _____

Fax (_____) _____ Cell Phone: (_____) _____

Email _____ @ _____ Web page: _____

**I give my permission for the above information to be published in
Region 8 Address book and State Address list or book.**

Signature

Please list employees below: **(Each individual employee must sign Okay to print or information can not be used)**

Gym Director _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

Head Coach _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

Assistant Coach _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

Assistant Coach _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

Assistant Coach _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

Assistant Coach _____

Okay to Print _____

Signature

Home Phone (_____) _____

Cell Phone (_____) _____

**Please mail or fax to your USA GYMNASTICS STATE CHAIRMAN - DEADLINE April 15, 2006
or FAX to DEBBY KORNEGAY (205) 951-0184 by April 29, 2006**

Region 8 USA Gymnastics 2006 Judges Information

In order to keep the Address Book current, you MUST return this form to be listed. We will NOT carry over any names from last year's Address Book.

Please fill in the below information, as you would like it printed in the State and Regional address books:

Name _____ Rating _____

Address _____

City: _____ State _____ Zip + 4 _____

Day Phone: (_____) _____ Night Phone: (_____) _____

Fax: (_____) _____ Cell Phone: (_____) _____

Email _____@_____

I give my permission for the above information to be published in
Region 8 Address book and State Address list or book.

Signature

Please mail to SJD or Fax SJD by **4/15/2006** or Fax to D. KORNEGAY (205) 951-0184 by **4/29/2006**

Region 8 NAWGJ Regional and State Directors

REGIONAL JUDGING DIRECTOR	SHEILA RAGLE sragle@bellsouth.net	1870 Eagle Summit Court Lawrenceville, GA 30043-6669	770-513-7015Home 770-682-6289Fax 770-361-4249Cell
ALABAMA	MARY ANN WALLACE Mawalsjd@bellsouth.net	P. O. Box 145 Killen, AL 35645	256-757-8403 256-335-0192 Phone/Fax Cell
FLORIDA	CATHERINE (COOKIE) BATSCHÉ cbatsche@tampabay.rr.com	17817 Green Willow Drive Tampa, FL 33647	813-973-1240Home 813-974-7196Work 419-818-7544Fax 813-334-5386Cell
GEORGIA	JEAN DeARMON jeangasjd@yahoo.com	544 James Street Lilburn, GA 30047	770-921-4182 404-862-1711 Cell
LOUISIANA	BRENDA EBERHARDT BLEgym@aol.com www.NAWGJLouisiana.org	4008 Ellen Drive Marrero, LA 70072-6222	504-347-4089Home 504-341-8153Fax 504-400-8213Cell
MISSISSIPPI	MARY THACKER mssjdmmt@msusag.org	926 Jackson Avenue Yazoo City, MS 39194	662-746-5639 662-571-2335 Phone Cell
NORTH CAROLINA	MARY W. HOAGLAND marygymjud@aol.com	6614 Creekr Ridge Road Wilmington, NC 28411	910-392-0885 910-790-3378Fax 910-612-6960Cell
SOUTH CAROLINA	MENDI KNISLEY mendi-gary@juno.com	400 McCue Street Easley, SC 29642	864-306-9180 864-306-9180 864-320-8602 Day Fax Cell
TENNESSEE	SIBBY LANE tnsjd@yahoo.com	2121 Mark Lane Maryville, TN 37803	865-984-3738 Home/Fax 865-567-8417Cell

REGION 8 USAG WOMEN'S ADMINISTRATIVE COMMITTEE

REGION 8 WEB PAGE: Region8gymnastics.org

REGIONAL ADMIN. COMM. CHAIRMAN	DEBBY KORNEGAY DebGK@Bellsouth.net	394 Stonebridge Road Birmingham, AL 35210-4111	205-951-0184 Ph/Fax
REGIONAL TECHNICAL COMM. CHAIRMAN	MARIAN DYKES marianidykes@aol.com www.wutka.com/marian	4651 Buford Highway Atlanta, GA 30341	770-451-6910 W 770-457-0943 F 404-325-3745 H 404-408-6699 C
REGIONAL JO COMM. CHAIRMAN	PAUL PADRON phpadron@knology.net	1 Cutchin Court Charleston, SC 29414	843-766-3008 PF 843-200-5429 C
REGIONAL ELITE COMM. CHAIRMAN	TONI RAND AmTwist@aol.com	6805 Lyons Technology Circle Coconut Creek, FL 33073	954-725-9199 Ph 954-725-9157 F
<hr/> STATE ADMINISTRATIVE COMMITTEE CHAIRMEN <hr/>			
ALABAMA SACC	DEB TAPSCOTT-WALLS DebWallsALASACC@aol.com www.alausag.org	308 East 6th Street Tuscumbia, AL 35674	256-381-1441 G 256-412-4152 US 256-381-1243 F
FLORIDA SACC	MIKEMcCABE mmccabe@cfl.rr.com www.usag-fl.org	416 E. Hillcrest Street Altamonte Springs, FL 32701	407-830-9222 Phone/Fax 407-461-3435 Cell
GEORGIA SACC	PEGGY SIMPSON psimpson@gymnasticsamerica.com www.gausag.org	7545 Industrial Court Alpharetta, GA 30004	770-475-6103 W 770-753-4546 F
LOUISIANA SACC	PATRICIA BOUDREAU LaUSGF@aol.com www.gymnasticsLA.com	37376 Cornerview Road Geismar, LA 70734-3205	225-673-4882 USAG phone 225-673-8425 Phone 225-673-4882 Fax
MISSISSIPPI SACC	NANCY HAWKINS nancy@msusag.org www.msusag.org	101 Miley Drive Starkville, MS 39759	662-615-5533 X102 USAG 662-323-9795 Fax
NORTH CAROLINA SACC	JENNIE KENNEL ADAMS jenniekadams@coastalnet.com www.nc-usag.org	86 Rollo Road Kennel's Beach Grantsboro, NC 28529	252-249-2825 Day/Night/Fax 252-514-5870 Cell
SOUTH CAROLINA SACC	JOANNE CHILD jchildscgym@bellsouth.net www.scgymnastics.org	403 Waterville Drive Columbia, SC 29229	803-788-1303 Ph 803-788-2808 W 803-788-2911 F
TENNESSEE SACC	ROBERT VALLEY Bobvalley_masters@hotmail.com www.tngym.org	175 Old Shackle Island Road Suite #7 Hendersonville, TN 37075	615-822-8116 G 615-824-8724 F 615-824-8724 USAG

All Around News

DEBBY KORNEGAY

Regional Administrative Committee Chairman
394 Stonebridge Road
Birmingham, AL 35210-4111