

# All Around News



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On January 25, 2006 I had a conference call and there is another conference call scheduled for the week of January 30. There will be changes in Pre-elite program, compulsory testing and challenge format.

All clubs will be e-mailed and the information will be on the National USAG website ASAP. Please e-mail [DebGK@Bellsouth.net](mailto:DebGK@Bellsouth.net) and [AmTwist@aol.com](mailto:AmTwist@aol.com) to be added to the Elite e-mail group.

## Upcoming Calendar Events for Elites

- |                     |   |
|---------------------|---|
| <b>March 18th</b>   | Testing Competition<br>Gym Stars in Tennessee   |
| <b>May/June</b>     | Regional Zone qualifier<br>(combined with Region 7)<br>Both optional and testing - date TBD |
| <b>June 2- 4</b>    | National Qualifier in Texas   |
| <b>July 7 9</b>     | National Qualifier in Texas   |
| <b>July 27 30</b>   | US Classic and Challenge  |
| <b>August 14 19</b> | USA Championships in St Paul, MN  |

TOPS testing dates will be announced by March 1st, 2006 please check State and National TOPS website for dates and sites.

To enter the competitions above please do the following:

**March 18th** - Use Entry Form in this Newsletter

**National Qualifiers** - check USAG National website for information

**Regional May/June zone** - as soon as information is available, I will email clubs and we will post information on the region 8 website.

New **FIG Code of Points**: - As of January 1, 2006, all elite optional competitions will be judged under the new code rules. For more information on elite code go to:

<http://bios.fig-gymnastics.com>. I highly recommend that you check this website often as the code is still changing

## Other qualifying opportunities

**VIDEOS:** Coaches may send in videos to the USAG National office of any athlete that you would like to be considered to be invited to an added camp for non-National team members. Videos should include current routine work, skills athlete is training along with age and current level. If an athlete is invited to attend a camp, the coach and athlete will both be responsible for all expenses to attend the camp.

**Camp competitions and International competitions:** Athletes will be able to use camp and international competitions for qualification to Classics/Champs as per the rules as set up by the IEC.

**Qualifying Scores:** We do not have optional qualifying scores as of this date. The compulsory testing program and scores have not been changed from last year as of this date.

## JANUARY CLINIC

Thanks to our great host, **Starlight Gymnastics** that provided their beautiful facility for our annual Elite/TOPS clinic and testing competition. I would like to thank the staff and parents at Starlight for their hospitality. The clinic had 96 athletes attend with 32 athletes competing in the meet. I would like to thank our National clinicians, **Tammy Biggs** and **Tim Rand** for their direction and knowledge and our Regional staff: **Arnold Gwinn, Kathy Semok, Kathy Vaughn, Davita Ivey, Emily Hubbard** and our Brevet Judges **Rene Niccollai, Joan Gnat** and **Sue Ammerman** for their work with the coaches and athletes on the new code. Thanks to everyone for helping to make this event a great success!

For additional information on the Elite or TOPS program please email me at [AmTwist@aol.com](mailto:AmTwist@aol.com).

# All Around News

## Region 8 National Testing Competition Results

January 7, 2006

### Starlight Gymnastics

Passing National Testing -35.00AA is required to enter as an elite in Classic  
33.00AA is required to enter as a pre elite in the challenge

#### Pre-Elite

<b>Amanda Castillo</b>	Orlando Metro	36.25	<b>Michelle Vera</b>	Universal	34.80
<b>Madison Turchin</b>	Brandy Johnson	36.05	<b>Reena Zaknaria</b>	Universal	34.10
<b>Jessica Gil</b>	Universal	35.70	<b>Tiffany Dawson</b>	Suncoast	33.65
<b>Britney Taylor</b>	Gymstars	35.35	<b>Ashleigh Gnat</b>	ACE	33.45
<b>Brittney Noble</b>	Orlando Metro	35.15	<b>Charly Santagado</b>	Brandy Johnson	33.40
<b>Clare Bregetti</b>	Coast Elite	35.00	<b>Danielle Levy</b>	Suncoast	33.25
<b>Samantha Montgomery</b>	Starlight	35.00	<b>Shannon Rose Forde</b>	GAA	33.05

#### TOPs

<b>Kennedy Baker</b>	Gymstars	32.25
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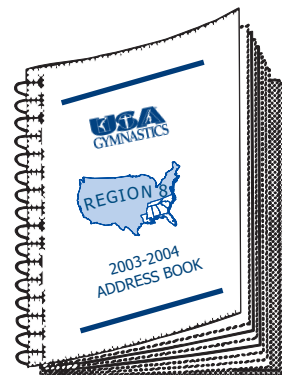
# 2005-2006

## REGION 8 ADDRESS BOOK & DISK

Wire bound booklet with Addresses, Phone & Fax Numbers,  
and Email Addresses for

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- **Head & Assistant Coaches**
- **Region 8 Board**
- **Judges**
- **Region 8 NAWGJ Board**

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MAIL TO: Region 8 Gymnastics, Debby Kornegay: 394 Stonebridge Road, Birmingham, AL 35210-4111