

Updated from May, 2006 WTC/JO Meeting
JO OPTIONAL & COMPULSORY RESOURCES
For Coaches & Judges

BAR INDEX	A list of bar elements in alphabetical order for JO value, element number, and Code of Points page number.	\$ 3.00
COMPULSORY CARDS	Compulsory deductions at your finger tips for all SIX LEVELS . These sets are 8½ x 11 in full color — coded by event. Eleven full size cards.	\$ 12.00 SET PRICE
FLASH CARDS	Business Card size - these two sided cards have every element from the new JO Code of Points and Updates for Bars, Beam and Floor. One side has word description and shorthand symbol and the other side gives code reference number with JO value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event.	\$25.00 SET PRICE
OMNI CARD	You have to see it to believe it! One card with Levels 7-10 covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.	\$ 10.00
OPTIONAL EVENT CHARTS	For easy reference of Value Parts - these charts for BARS, BEAM and FLOOR are great to use for that quick element value part check while judging. These charts list value parts in ENGLISH and judges shorthand and each value part letter is printed in its own color for rapid identification. Four full size cards.	\$8.00 SET PRICE
RULES & POLICY TABS	Preprinted tabs for your Rules and; Policies.	\$5.00 SET PRICE
WALL CHARTS	Easy reference of Value Parts. Now in full color like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.	\$20.00 SET PRICE

NCAA OMNI CARD AVAILABLE IN FALL.

CONTACT: DEBBY KORNEGAY

394 Stonebridge Road • Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email: DebGK@Bellsouth.net

Order online @ www.demcards.com

ORDER FORM

JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name _____

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Phone _____ Email: _____ @ _____

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	COMPULSORY CARDS	\$ 12.00 set	
	FLASH CARDS	\$ 25.00 set	
	OPTIONAL EVENT CHARTS	\$ 8.00 set	
	BAR INDEX	\$ 3.00 each	
	OMNI CARD	\$ 10.00 each	
	NCAA OMNI CARD	\$ 8.00 each	
	WALL CHARTS	\$ 20.00 set	
	RULES & POLICY TABS	\$ 5.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 63.00 packet	
	JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE	\$ 42.00 packet	
SHIPPING CHARGES:			SUB TOTAL
	\$20.01 - \$40.00 — \$9.00		
Up to \$10.00 — \$4.00	\$40.01 - \$70.00 — \$10.00		SHIPPING
\$10.01 - \$20.00 — \$6.00	\$70.01 and up — \$14.00		TOTAL

PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS

Make all checks payable to: **GYMNASTICS EVENTS**
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Mail to: **Debby Kornegay**
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COACHES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
 Wall Charts
Cost Including Shipping
\$63.00

JUDGES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
Cost Including Shipping
\$42.00