

Updated from May, 2006 WTC/JO Meeting

# JO OPTIONAL & COMPULSORY RESOURCES

## For Coaches & Judges

<b>BAR INDEX</b>	A list of bar elements in alphabetical order for JO value, element number, and <b>Code of Points</b> page number.	<b>\$ 3.00</b>
<b>COMPULSORY CARDS</b>	Compulsory deductions at your finger tips for all <b>SIX LEVELS</b> . These sets are 8½ x 11 in full color — coded by event. Eleven full size cards.	<b>\$ 12.00 SET PRICE</b>
<b>FLASH CARDS</b>	Business Card size - these two sided cards have every element from the new <b>JO Code of Points</b> and Updates for Bars, Beam and Floor. One side has word description and shorthand symbol and the other side gives code reference number with JO value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event.	<b>\$25.00 SET PRICE</b>
<b>OMNI CARD</b>	You have to see it to believe it! One card with Levels 7-10 covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.	<b>\$ 10.00</b>
<b>NCAAOMNI CARD</b>	Same as above but with NCAA requirements	<b>\$ 10.00</b>
<b>OPTIONAL EVENT CHARTS</b>	For easy reference of Value Parts - these charts for BARS, BEAM and FLOOR are great to use for that quick element value part check while judging. These charts list value parts in <b>ENGLISH and judges shorthand</b> and each value part letter is printed in its own color for rapid identification. Four full size cards.	<b>\$8.00 SET PRICE</b>
<b>RULES &amp; POLICY TABS</b>	Preprinted tabs for your <b>Rules and; Policies</b> .	<b>\$5.00 SET PRICE</b>
<b>WALL CHARTS</b>	Easy reference of Value Parts. <b>Now in full color</b> like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.	<b>\$20.00 SET PRICE</b>

**CONTACT: DEBBY KORNEGAY**

394 Stonebridge Road • Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email: [DebGK@Bellsouth.net](mailto:DebGK@Bellsouth.net)

Order online @ [www.demcards.com](http://www.demcards.com)

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# JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name \_\_\_\_\_

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Phone \_\_\_\_\_ Email: \_\_\_\_\_ @ \_\_\_\_\_

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	<b>COMPULSORY CARDS</b>	\$ 12.00 set	
	<b>FLASH CARDS</b>	\$ 25.00 set	
	<b>OPTIONAL EVENT CHARTS</b>	\$ 8.00 set	
	<b>BAR INDEX</b>	\$ 3.00 each	
	<b>OMNI CARD</b>	\$ 10.00 each	
	<b>NCAA OMNI CARD</b>	\$ 10.00 each	
	<b>WALL CHARTS</b>	\$ 20.00 set	
	<b>RULES &amp; POLICY TABS</b>	\$ 5.00 set	
	<b>COACHES PACKET - NO SHIPPING CHARGE</b>	\$ 63.00 packet	
	<b>JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE</b>	\$ 42.00 packet	
<b>SHIPPING CHARGES:</b>			<b>SUB TOTAL</b>
	\$20.01 - \$40.00 — \$9.00		
Up to \$10.00 — \$4.00	\$40.01 - \$70.00 — \$10.00		<b>SHIPPING</b>
\$10.01 - \$20.00 — \$6.00	\$70.01 and up — \$14.00		<b>TOTAL</b>

**PLEASE PAY BY MONEY ORDER OR CHECK • NO CREDIT CARDS**

**Make all checks payable to: GYMNASTICS EVENTS**  
 email: DebGK@Bellsouth.net • phone/fax (205) 951-0184

**Mail to: Debby Kornegay**  
 394 Stonebridge Road • Birmingham, AL 35210-4111

**COACHES PACKET**  
 Bar Index  
 Compulsory Cards  
 Optional Event Charts  
 Omni Card  
 Wall Charts  
**Cost Including Shipping**  
**\$63.00**

**JUDGES PACKET**  
 Bar Index  
 Compulsory Cards  
 Optional Event Charts  
 Omni Card  
**Cost Including Shipping**  
**\$42.00**