

All Around News

LEVEL 8 REGIONALS

Raleigh
North Carolina

2007

April 13 - 15, 2007

HOST

North Carolina NAWGJ

John O'Dell

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5431-201 Morning Creek Way

Raleigh, NC 27610

Email: j.odell@yahoo.com

AIRPORT

Raleigh-Durham

[RDU]

COMPETITION SITE

North Carolina State University

Reynold's Coliseum

2411 Dunn Avenue
Raleigh, NC 27695

Equipment -AAI

Capitol Cup Format

HOST HOTEL

SHERATON RALEIGH HOTEL

421 Salisbury Street

Raleigh, NC 27601

RATE: \$89.00

800-325-3535

Ask for
"USA Gymnastics - Team Block"

SCHEDULE

Friday April 13

8:00 a.m. - 4:00 p.m. Open Training Day
(advanced sign-up required)

4:00 p.m. - 10:00 p.m.
Level 8 individual competition Session 1

Saturday April 14

Level 8 individual competition Sessions 2 & 3
Team Competition Session 4

Sunday April 15

Level 8 individual competition Sessions 5 & 6

Final Schedule Posted at
www.Region8Gymnastics.org
by 3/30/07

LEVEL 8 ALTERNATES: Please call your State Chair or Deb Kornegay if you have a scratch.

Alternates for all-star (individual) slots will be replaced up to 48 hours before the start of timed warm-ups for the first competitive session, which is 4:00 P.M. Friday. Therefore **no all-star (individual) alternates will be added after 4:00 P.M. Wednesday.**

Team alternates will be added up to the beginning of timed warm-ups of the first session.

If a state does not have sufficient numbers to fill their assigned percentage numbers the Regional Chairman will notify the highest all-star (individual) from state meet results from all eight states to fill available slots.

The Region 8 Level 8 Regional Team competition may include citizen or non-citizens.