

All Around News

Region 8 "All-Stars" First Annual Trip to Grand Cayman

Hello Region 8:

The **Region 8 "All-Stars"** just returned from their first annual team trip in Grand Cayman. The team consisted of the following athletes:

LEVEL 9

Michaela Woodford	SunCountry Gymn.	3rd AA 36.775
Shannon LeBlanc	Sun Coast	AA 36.975
Sarah Wolford	Tampa Bay Turners	AA 36.950
Sarena Bumbarger	LaFleur's Largo	1st AA 37.750
Jenna Courtney	Orlando Metro	2nd AA 37.675
Leah Moen	Broadway	37.275
Kaley LaFleur	LaFleur's Largo	3rd AA 36.925

LEVEL 10

Brittney Noble	Orlando Metro	37.800 AA
Gloria Johnson	Elite LA	37.800 AA
Ashanee Dickerson	Gymn. Unlimited	37.650 AA
Andrea Mitchell	Premier No.-TN	3rd AA 37.950 AA
Brittney Hardiman	Orlando Metro	37.775 AA
Brittney Emmons	First City, Gymn.-FL	37.775 AA

The team was chosen using the below selection procedure:

- Any athlete(s) that placed first in the AA got first priority.
- Any athlete(s) that placed second in the AA filled any remaining spots.
- Any athlete(s) that placed third in the AA filled any remaining spots.
- If there were still spots available the athlete(s) with the highest AA score regardless of Age Group made up the remainder of the team.



The trip was absolutely fantastic. The athletes and coaches alike created memories and friendships that I feel will last a lifetime. Besides training at **Motions Unlimited** the athletes and coaches were able to enjoy the beautiful island and all it had to offer. The highlight had to be the boat excursion that included a stop at "stingray city." The team was able to walk on a sandbar loaded with live stingrays. **It was AWESOME!**

On behalf of all of the participating athletes and coaches I would like to thank **Paul Padron, Deb Kornegay, Marian Dykes, Tim Keckler** and the **staff and owners of Motions Unlimited** for all they did to make this trip possible and a huge success.

Everyone involved felt like the trip was and will continue to be a huge source of motivation and team building in Region 8 for years to come. It is everyone's goal to get Region 8 back on the national "powerhouse" stage again. I feel like this is a great start!

Respectfully -

Brad Harris

Region 8 "All-Star" Trip Delegation Leader