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WINTER EDITION



All Around News

VOL. 25

WWW.REGION8GYMNASTICS.ORG

2008

State Administrative Committee Chairman ELECTIONS for USA GYMNASTICS

Deb Kornegay, RACC

Just like two years ago, all State Administrative Committee Chairman elections will be done online. **You will not receive a paper ballot to mail back, YOU will vote electronically.** See full election procedures with nomination form in this newsletter on pages 3-4.

Listed below are the results of a poll taken of present State Chairmen and their decision to run for election:

Alabama	Deb Walls	Plans to seek re-election
Florida	Mike McCabe	Plans to seek re-election
Georgia	Peggy Simpson	Does NOT plan to seek re-election
Louisiana	Jackie Latino	Plans to seek re-election
Mississippi	Nancy Hawkins	Plans to seek re-election
North Carolina	Jennie Adams	Plans to seek re-election
South Carolina	Joanne Child	Plans to seek re-election
Tennessee	Larry Corrigan	Plans to seek re-election

Be sure to check the article on pages 3-4 for the criterion for nomination and **send in your nominations immediately.** Be sure to check with your nominee for their willingness to run for this volunteer position.

Thank You from Region 8

Deb Kornegay, RACC

A big **THANK YOU** to **Salem Gymnastics** for hosting Level 9, 10 & Elite Training Camp. Region 8 appreciates the ability to use this fabulous facility.

A big **THANK YOU** to **Orlando Metro Gymnastics** for hosting the Elite/TOPs Clinic and Competition in December. There was a great turnout for the clinic and the competition. For a special treat the athletes, coaches and judges got to hear a report on 2007 World Championships from Gold medalist, Shayla Worley and her coaches Jeff Wood and Christie Barineau. Shayla also signed autographs and was available for photos.

Judges Mileage Reimbursement

Deb Kornegay, RACC

Effective January 1, 2008, the rate for mileage reimbursement is \$0.50/mile to reflect the upcoming change in the IRS standard mileage rate for 2008.

Bids Needed *Deb Kornegay, RACC*

Bids are needed for 2009 Level 9 & 10 Regionals and all 2009 Training Camps. Use the bid forms in this newsletter to bid on these events.

Region 8 Address Book

Deb Kornegay, RACC

You will notice that there are no Address book forms in this newsletter. All corrections to the 2008-2009 edition of the Region 8 Address Book will be done online. Please go to <http://www.region8gymnastics.org/pages/forms.html> and fill out your information **TODAY!**

New Training Camp System

Deb Kornegay, RACC

Be sure to read JO Information Update by Brad Harris, RJOCC to find out the new and exciting changes for 2008 Training Camps. The Regional Team, National Team and Level 8, 9 & 10 Training Camp format and qualification procedures are all explained.

Why electronic?

Deb Kornegay, RACC

Region 8 USA Gymnastics Committee had decided to move into the electronic age next Fall. Due to a sudden illness and death of the Region's longtime typesetter and printer, we are going to be electronic from now on!!!

2007 TOPs National TOP Team, TOP Diamond Team and B Camp Invitees

Below are listed the 2007 National TOP, Diamond and B Camp Invitees. Congratulations to all these athletes and their coaches. If you are interested in the TOPs program please contact Toni Rand or your State TOPs Manager. State TOPs Managers are listed below.

Alyssa McCune	ACE Gymnastics	Diamond Team
Alexandria Ruiz	ACE Gymnastics	Diamond Team
Emily Drauss	ACE Gymnastics	TOP B Camp Invite
Emily Holt	ACE Gymnastics	TOP B Camp Invite
Alyssa Mair	ACE Gymnastics	TOP B Camp Invite
Ashley Davis	American Twisters	TOP B Camp Invite
Jenna Deer	Brook-Lin Center	National TOP Team Member
Kristen Gibson	Brook-Lin Center	National TOP Team Member
Zion Lewis	Georgia All-Stars Gymnastics	TOP B Camp Invite
Sydney Converse	Gwinnett Gymnastics Center	National TOP Team Member
Erica Len	Gymnastics Academy of Atlanta	National TOP Team Member
Makenzie Kitchens	Gymnastics Academy of Atlanta	TOP B Camp Invite
Eryn Underwood	Gymnastics Academy of Atlanta	TOP B Camp Invite
Haylee Young	Gymnastics Academy of Atlanta	TOP B Camp Invite
Bridget Dean	Gymnastics World - FL	National TOP Team Member
Gabrielle Comnualdez	Nova Gymnastics	National TOP Team Member
Phoebe Marx	Palm Beach Gymnastics	National TOP Team Member
Amanda Bertorello	Starlight Gymnastics	National TOP Team Member
Raley Torrance	Starlight Gymnastics	TOP B Camp Invite
Ryan Shannon	Superior	Diamond Team
Sarah Caoili	Tampa Bay Turners Gymnastics	National TOP Team Member
Jacqueline Jacobs	Top Contenders Gymnastics	TOP B Camp Invite

TOPs State Managers

Alabama - Kathy Chambers kathy Chambersjff@hotmail.com
 Florida - Kathy Semok ksemok@juno.com and
 Mike Body bodym@talgov.com or bodym@mac.com
 Georgia - Judy Prestigiacomio Miller jprestomiller@charter.net
 Louisiana - Kelly Pugh Gymcoach12@msn.com
 Mississippi - Terry Musial tblc2003@bellsouth.net
 North Carolina - Barry Green badagreen@hotmail.com
 South Carolina - Davita Ivey iveygyim@bellsouth.net
 Tennessee - Emily Hubbuch emilyhubbuch@yahoo.com

2007 Elite Results

Debby Kornegay, RACC

Shayla Worley from **Orlando Metro Gymnastics** of Orlando, Florida was very successful at the 2007 World Championships in Stuttgart, Germany. Shayla scored a 15.575 for her bar routine which featured a Hindorf, toe-on Tkatchev and a double-front dismount. Worley led the United States off on Floor with a solid performance, which included a double Arabian and a front layout, front double full on her tumbling passes and a double pike dismount, to post a 14.625. "It was crazy," said Worley. "We made some mistakes (before floor) but we knew it wasn't too late. It was the most pressure I have ever had in my life, but it felt great to go out and do it. I am very excited for the team." Shayla has just been selected to compete at America Cup March 2nd! ***Congratulations Shayla for a great season!***

Olivia Courtney also from **Orlando Metro Gymnastics** was a member of the 2007 Gold Medal Junior Pan American Team. Olivia finished 5th All Around.

Have A Great Season!

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REGIONAL

State Administrative Committee Chairman ELECTIONS

Deb Kornegay, RACC

Criterion for Nomination

Nominees must be USAG Women's Program professional members for a minimum of two years in the state program in which they seek election.

Nominees must be at least 21 years old and be members in good standing.

It is strongly recommended that State Committee Chairman candidates have financial skills, organizational skills, communication skills, a working knowledge of the program, and the willingness to fulfill the duties and responsibilities of the position.

Duties and responsibilities of the SACC:

1. The SACC is responsible for the overall organization of the USAG program and events in the state.
2. The SACC provides for the State Administrative Committee, consisting of other members as determined by the state to best serve the needs of the program in the state.
3. The SACC oversees and sets up (in conjunction with the state committee) the following:
 - A. JO Competitions for all Levels
 - B. Sectional or qualifying meets and State Championships
 - C. Qualifying scores and procedures in the state.
 - D. Meet sites for qualifying, Sectional and State meets.
4. The SACC has the responsibility to:
 - A. Support the USAG Women's Program.
 - B. Follow Women's Program Committee rules, policies, procedures, Operating Code, and Code of Ethics.
 - C. Work to assure that the USAG competitions in the state follow the USAG Rules & Policies.
5. The SACC is responsible for helping to keep members informed of important information about the USAG program and about particular dates and items pertinent to the program in the state and region.
 - A. The SACC should publish state newsletters on a periodic basis.
 - B. The SACC should conduct a minimum of 1 annual state meeting of the USAG professional members.
 - C. The SACC serves as the Women's Program Committee consultant for the state and should answer all correspondence directed to him/her.
6. The SACC is accountable for all state USAG funds.
 - A. The SACC is to keep a state checking account in accordance with the established financial procedures.
 - B. The SACC must file quarterly financial reports with the Regional Administrative Committee Chairman and USAG National Financial Officer.
7. The SACC is a member of the Regional Administrative Committee.
 - A. The SACC is expected to attend the meetings of the Regional Administrative Committee.
 - B. The SACC is directly responsible to the RACC and should work closely with all of the Regional personnel.

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REGIONAL

ELECTION PROCEDURE

State Administrative Committee Chairmen are elected by the women's professional members in their respective states. Names of candidates will be announced in February in the following manner:

State Administrative Committee Chairmen (SACC) shall be elected by the Professional members of the Women's Program in their respective states. They shall serve for two (2) years and be elected in the spring on even numbered years. Elections to be completed by April 15th. Term of office to begin July 1st. Regional Administrative Committee Chairmen (RACC) shall solicit nominations from the regional Professional membership through the regional newsletters and websites. All nominees who are eligible candidates for each office will be placed on the online ballot. A call for nominations must be published and/or posted online for a minimum of one month prior to the submission deadline of no later than March 1.

The following statement will be placed on the USA Gymnastics national website and emailed to all Women's Professional Members who have current email addresses. Each Region and State should post it on their web-sites so that the Professional members are aware of the voting procedures and their responsibilities to ensure that their vote will be counted. Elections will be conducted on-line at www.usa-gymnastics.org from April 1 – April 15. In order to ensure that your vote can be counted, each Professional Members should make sure of each of the following:

1. That their address is current (specifically the State)
2. That they know their personal User ID (which is their Professional Member number)
3. That they know their password (a Professional Members password is their eight digit date of birth in a MMDDYYYY format unless they have otherwise instructed.)
4. Their Professional membership, safety certification and background check, if necessary, must be fully processed and current by February 28.

If you have any questions regarding your voting privileges, please call Rachel Brazo, Women's Program Manager at 317/237-5050.

Nomination Form for State Committee Chairman

(Please type or print clearly)

Name of state: _____

I nominate the following person for State Chairman:

Name of Nominee: _____

Address of Nominee: _____

City: _____ State: _____ Zip: _____

Phone(home): _____ Phone(Work): _____

E-mail: _____@_____

Return completed form to: Debby Kornegay, RACC, 394 Stonebridge Road, Birmingham, AL 35210 **OR**

E-mail completed form to: DebGK@Bellsouth.net **OR**

Fax completed form to: 205-951-0184

All forms must be received by February 29, 2008

All Around News

JO

Brad Harris
RJOCC

INFORMATION
UPDATE

2301 26th Street North
St Petersburg, FL33713

Phone 727-328-8500

Fax 727-328-8522

E-mail: Tbayturnrs@aol.com

Dear Region 8 Professional Members:

I am extremely proud and honored to follow the great work of Paul Padron and to be Region 8's new JO Chairman. I believe that with the numerous relationships I have created regionally and nationally over the past 18 years, I am highly qualified for this position. My extensive working knowledge of the entire Junior Olympic program should serve Region 8 well.

One of the first things that I want to take care of in my new role is to appoint a Region 8 Junior Olympic Committee. This volunteer committee will serve as a "sounding board" to each individual State in order to insure that all questions, concerns and suggestions are fielded properly and given the attention they deserve. If at any time a question should arise, please feel free to contact your particular State's representative, or myself, and we will do whatever we can to answer it. The new R 8 J.O. Committee includes one judge and one coach from each of Region 8's States and includes the following people:

Alabama

J- Mary Lou Dillard - Dillard1640@aol.com

C- Meg Henry - coaches@unitedgymstars.com

Florida

J- Rene Niccolai - JCIRene@aol.com

C - Laura Parraga - misslauraashley@hotmail.com

Georgia

J- Michelle Donovan - md-riley@mindspring.com

C - Elena Piskun - elena@northwindgymnastics.com

Louisiana

J- Brenda Eberhardt - BLEGYM@aol.com

C - Bryan Neal - bryangymcoach@yahoo.com

Mississippi

J- Mary Moore - msmiiwii@aol.com

C - Emily Lay - Emily@starkvillegymnastics.com

North Carolina

J- Kristie Phillips - kpacgym@yahoo.com

C - Kenny Morphis - kennymorphis@aol.com

South Carolina

J- Mendi Knisley - mendi-gary@juno.com

C - Louie Liguori - gymandmore@aol.com

Tennessee

J- Jeanna Lane - jlane@premierathletics.com

C - Adam Byrd - Gccgym04@aol.com

In addition to the implementation of the new J.O. Committee, you can look for the following changes in the Regional Junior Olympic landscape:

New Training Camp System

After much communication and question asking, I proposed a new three camp system to the Regional Board in December and it was adopted. The new camp system will begin in July and include the following camp experiences:

1 = "Regional Team" Training Camp - July 25-27, 2008 at Gymnastics Inc. - SC

Qualifiers:

Level 8 State "Regional" Team athletes (up to 64)

Level 8 Regional athletes that placed 1-3 at Regional Championships in non state team sessions.

TOP's National Qualifiers that competed L 7 and above in the previous year.

2 = “R 8 National Team” Training Camp – September 12-14, 2008 at GAA in Atlanta

Qualifiers:

All L 9 and 10 athletes that qualified to the previous year's Eastern/National Meet

All active elite athletes

This camp will serve as host for NAWGJ Symposium

3 = “L 8, 9, 10 Regional Training Camp” - October 3-5 at ACE in Florida

Qualifiers:

All L 8, 9 and 10 athletes that qualified to the previous year's Regional Championship meet or above.

I am confident that the new camp system we have put in place will provide the ultimate training and learning opportunities for our athletes, coaches and judges alike and help take Region 8 to the next level. With that said, however, the training camps cannot be a success without the support of our clubs. I would ask every club that qualifies athletes to Level 8-10 Regional Championships be a part of at least one of the three camps, as all of the funds raised go directly back to our athletes and coaches for apparel and our “All-Star” trip. Please do your part.

Another item that is very important to me and the Region 8 J.O. Committee is improved camaraderie and **team building** at our Championship meets. Below are my ideas on how to maximize Region 8's sense of team and oneness.

First of all, I am going to book a block of rooms at a local hotel at both Easterns and Nationals to be used as the Region 8 “Host” hotel. Detailed information will be distributed to our Eastern and National qualifiers, their families, and their coaches at Regionals. We are going to recommend that every R 8 parent and coach book their reservations in this particular hotel. I really feel that this is going to be a great step in team building and a feeling of togetherness.

I am also going to have a couple of meetings at the championship events to introduce the athletes to their teammates, hand out apparel, and to go over workout and march-in procedures. I hope that everyone will make a concerted attempt to attend. I really want to see everyone on the same page at these championships so that we can provide the ultimate feeling of camaraderie for the athletes of Region 8.

Finally, I want to give specifics on how the **Regional “All-Star” team** was selected in 2007 and will be selected in 2008. The top six – L 9's (plus ties) and the top six – L 10's (plus ties) from Eastern/National Championships will make up the team. The team is chosen as follows:

Any athlete(s) that place(s) first in the AA get first priority.

Any athlete(s) that place(s) second in the AA fill any remaining spots.

Any athlete(s) that place(s) third in the AA fill any remaining spots.

If there are still spots available the athlete(s) with the highest AA score, regardless of age group, will make up the remainder of the team.

Due to NCAA regulations, graduating seniors are ineligible for the trip.

Details on location, dates, and times will be available shortly following JO Nationals.

I really hope that everyone will be receptive to my ideas and will be supportive in this time of change. I really want to see Region 8 be all that it can be.

Thanks a lot and **GO Region 8!**

Brad Harris

Region 8 Junior Olympic Committee Chairman

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TECH
NOTES
ICAL

MARIAN DYKES
RTCC

4651 Buford Highway
Atlanta, GA 30341
Work 770-451-6910
Fax 770-457-0943
Home 770-939-3302
Cell 404-408-6699

As a new optional season starts, the membership needs to be reminded of several updates and changes.

Petition guidelines:

- In order to petition to the Level 9 or 10 Regional Championships, the coach must provide a photocopy of a least one pre-state meet score from the current season (at the level to which the gymnast is petitioning) indicating that she has achieved an All-Around score that is a minimum of 35.00 AA. If the gymnast competed in the previous year's Regional, East/West or National meet, she may submit that All-Around score, provided that it is a minimum of 35.00 AA and is also at the level to which the gymnast is petitioning.
- Petitions for Regionals should be mailed to Marian Dykes – it is the coaches responsibility to get all information needed for the petition. The petition must be received no later than the Wednesday following the state meet. Please call or FAX Marian to notify her that a petition is coming. A check for the entry fee must accompany the petition sent to Marian. If the petition is accepted, Marian will forward the check to the Meet Director.

2008 Updates

Judges' Meetings prior to competition (all levels)

Judges /Meet Referees are reminded that the following procedures should be considered for inclusion during the meeting prior to competition:

1. logistics of the meet/scoring system, meet mechanics, etc.
2. rule changes
3. equipment issues
4. info from Meet Director
5. professional protocol reminders

Official Score sheets

Per the R&P page 64. B.4. the judges are not required to sign the official score sheets. The Chief Judge checks that the scores of all judges, the average score, as well as time and line violations are properly recorded during the competition.

Determination of Final Event Score - R & P Page 10.D.

Clarification: The procedure of using the score of the Chief Judge or Meet Referee to average with

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the original average score of the two judges (Base score) is NO LONGER USED.

It is the professional responsibility of the judges to come to an agreement if their scores are initially out of range. If the judges are unable to compromise, the Chief Judge may mandate that the scores be brought into the allowable range.

Inquiries

Reminder to judges: if a coach has a question regarding an exercise during the competition, the judges should advise the coach to submit an Inquiry Form to officially receive information. There should be no casual conversation regarding the evaluation of an exercise between a coach and a judge during the competition.

Affiliation - R & P, Page 63:

Affiliation of an official at a specific meet refers to:

- An immediate family member is defined as a parent/step-parent, grandparent, sibling or any member of the household.
- A judge who is an immediate family member of a competing gymnast, or of a coach or club owner of a competing team, is considered affiliated with that specific club team and may not be assigned as a Chief Judge at meets in which that club is competing.

Refer to Rules and Policies, page 63, II.B: In non-qualifying Open Invitationals with two or four judge panels, affiliated judges may be assigned as Chief or Panel Judges, provided that the Meet Director lists the judges and their affiliation on the pre-meet information.

Start Value

Since the flashing of Start Values is now required, it is the responsibility of the meet director to insure that Start Value flashers are provided for each judge, unless the Start Values are to be written on the gymnast's competitor card.

Judges' Accreditation

Clarifications regarding procedures:

- Former judges who have no current rating may start testing again at the level they previously held.
- Judges who hold a current foreign Brevet and are now living in the U.S. will be required to submit documentation of their Brevet and attend a Level 10 Optional judging/rules clinic prior to being assigned to a Jr. Olympic meet. A person who held a foreign Brevet in the past, but does not hold a current Brevet rating, may begin testing at Level 10.
- All Optional-rated officials must test at Level 5/6 in order to judge at the Compulsory levels.
- CPE deficient: If there is a need to assign a judge who has not completed their CPE, the assignor must inform the meet referee, so that the specific judge's fee will be reduced by \$5.00 per hour as (per the Rules and Policies, page 66, A. 9. c.2).
- When hosting a clinic, it is the clinic organizer's responsibility to have staff available, in addition to the clinician, to sign the CPE forms. Reminder that for multi-track clinics (like Regional Congress), only sessions that pertain to coaching and/or judging of competitive gymnastics can be used for CPE hours. It was suggested to designate the CPE-eligible sessions by an asterisk and to title the judging/coaching tracks as Women's Artistic, rather than judges/coaches.

Courses for 2009

- Level 10 Re-certification was discussed and a decision was made to discontinue this level of certification. All individuals attempting to attain the Level 10 rating must successfully pass the Level 10 Theoretical and Practical exams at 80% on each part.
- National Course (multiple dates)
 - Eligibility:
 1. Current Brevet or National rating
 2. Held a Level 10 rating a minimum of two complete cycles (8 years)
 3. Must have attended a minimum of two USAG Regional or National Congresses or National NAWGJ Symposium in the current cycle (June 2005 – Dec. 31, 2008).
 4. Must hold a current USAG Professional membership and current safety certification
 5. Must be current with CPE requirements

Format:

Written Exam (10 questions on general and each event)

Practical exam (5 routines per event)

Criteria for attaining a National rating:

- 85% average with a minimum of 80% on each part (Written/Practical)
- If a judge scores a minimum of 80% on each part, but does not achieve an 85% total*, he/she will receive a Level 10 rating.
- Anyone scoring below 80% on either part must either take the National Course re-test or take the Level 10 exam.

* A one time National Course re-test will be offered at the National Congress

- USAG BREVET COURSE

Eligibility:

1. Current FIG or USAG Brevet
2. Previous Senior National (Elite) team member (minimum of 21 yrs. of age)
3. Current USAG Professional membership and safety certification
4. Current with CPE requirements

Course format/criteria for passing will be determined at a later date.

**Fill out and mail your availability
and In Gym card for 2009
TODAY!**

2009 REGIONALS

AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

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Check here if any of this info is different from last year

Name: _____ Home #: _____
 Address: _____ Work #: _____
 City: _____ State: _____ Zip: _____
 E-mail address _____@_____
 USA Gymnastics #: _____ Expiration Date: _____
 Current Ratings Held (2005-2009): _____ (Must hold a new Level 10 or higher rating)

AVAILABLE	NOT AVAILABLE	NAME OF MEET	SITE	DATES
<input type="checkbox"/>	<input type="checkbox"/>	Level 8 Regionals	Atlanta, GA	April 24-26, 2009*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 & 10 Regionals	TBD	April 16-19, 2009*
<input type="checkbox"/>	<input type="checkbox"/>	Level 9 Eastern Nationals**	Tupelo, MS	May 8-10, 2009*
<input type="checkbox"/>	<input type="checkbox"/>	Level 10 J.O. Nationals**	TBD	May 15-17, 2009*

* Please note that travel may be necessary on Thursday, Friday and/or Monday if you are assigned to one of these meets.

** Please refer to criteria in the Region 8 Rules and Regulation in Fall 2007 Region 8 Newsletter.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have attended at least one of the following clinics. Please indicate which clinic(s) you have attended:

- 2007 USAG National sponsored Regional Congress
- 2007 Region 8 Level 8 & 9 Training Camp (Melbourne, FL) (For Level 8 Regionals only)
- 2007 USA Gymnastics National Congress (San Jose, CA)
- 2007 Region 8 Level 9/10 Training Camp (Winston-Salem, NC)

If you wish to have any other clinic(s) considered, you must submit your request **in writing** to Marian Dykes for approval by the Region 8 USAG committee. Please list the date, site, instructors and what this experience afforded you.

In order to be considered to judge Level 10, 9 or 8 Regionals you must have at least 9 hours in-gym experience **at the level of regional you are assigned to or higher**. Was this card completed and filed with Marian Dykes with a copy to Sheila Ragle by 6/01/08? Yes No

How many Junior Olympic **optional** invitationals have you judged or contracted to judge from 6/14/2007 to 6/1/2008? Level 8 Level 9 Level 10

*This form must be sent back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2008 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

...continued on other side

2009 REGIONALS

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AGE GROUP REGION 8 JUDGES' AVAILABILITY and EXPERIENCE RESUMÉ

Please specify miscellaneous expenses for which you would expect reimbursement:

- \$ _____ Airport Parking
\$ _____ Travel to/from the Airport @ current IRS rate x _____ miles round-trip
\$ _____ Tolls
\$ _____ Other Expenses (be specific)

Please indicate the nearest departure airport: _____

Do you have any special dietary restraints? Yes No

Please list dietary restraints _____

OTHER INFORMATION

Gym Affiliation: _____

Place of Employment: _____ How early can you leave? _____

Please complete both sides of this form. Also be sure your In Gym Card was completed and sent or accompanies this form.

You must return this form to: **Marian Dykes**
4651 Buford Highway
Atlanta, GA 30341

Please send a copy to: **Sheila Ragle**
1870 Eagle Summit Court
Lawrenceville, GA 30043-6669

*This form must be sent back to Marian Dykes with a copy to Sheila Ragle. Failure to respond by June 1, 2008 indicates you **DO NOT** wish to be considered for the above-mentioned meets.*

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Region 8 Verification of In-Gym Experience for 2009 Regionals

Name: _____ Rating: _____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: (H) _____ (W) _____ Email: _____ @ _____

DATE OF VISIT	HOURS IN-GYM	GYM CLUB	LEVEL OF GYMNASTS	COACH S SIGNATURE
TOTAL				

You must have this card completely filled out with at least 9 hours of in-gym experience, signed and returned to Marian Dykes, 4651 Buford Highway, Atlanta, Ga 30341 with a copy to Sheila Ragle, 1870 Eagle Summit Court, Lawrenceville, GA 30043. Completed cards **must be received by June 1, 2008 to be eligible to judge any 2009 Region 8 Regional Competition.** Fax - (770) 457-0943. You will receive confirmation of receipt within ten days.

NEW CRITERIA

In order to be eligible to judge a regional meet in 2009 in Region 8, a judge must have in-gym experience. A judge must complete at least 9 hours of in-gym experience between 6/2/07 and 6/1/08.

Each experience must be a minimum of 2 hours. The level of gymnasts must be equal to or greater than the level of meet the judge wishes to be considered for. (i.e. Level 9 & 10 Regionals = in-gym experience with Level 10 or Elite. Level 8 Regionals = in gym experience with Level 8, 9, 10 or Elite, etc.)

Training sessions at an Elite National Qualifier competition or above meet may be used. Training sessions at Elite Regional or J.O. competition may not be used.

Division 1 NCAA in-gym training is allowed and considered comparable to Level 10.

Hours may be from a Regional or National JO or Elite Training Camp. (A training camp may only count for either in-gym experience or CPE credit - can not be simultaneous .)

This experience must be an interactive experience; it is not sufficient to sit in the stands and watch workout. Judges must call ahead to schedule gym time. The judge's activities should be under the supervision of the gym's coach.

The judge should keep in mind that the gym club you are visiting is a business. The judges should remain professional and cordial at all times.

REGION 8 USA GYMNASTICS REGIONAL MEET ENTRY FORM

Please Check One Level [Separate sheet for each level]

LEVEL 8 Regionals LEVEL 9 Regionals LEVEL 10 Regionals

TEAM NAME _____ USAG Club # _____

ADDRESS _____

PHONE # GYM _____ HOME _____

FAX # _____ E-MAIL: _____ @ _____

List **ALL** coaches attending Regional competition:

NAME	USAG#	SAFETY EXPIRATION DATE
_____	_____	_____
_____	_____	_____
_____	_____	_____

I give my permission for the above information to be used in the Region 8 Address book.
 _____ Signature

COMPETITOR NAME (Last Name, First Name)	ATHLETE REGISTRATION	DATE OF BIRTH MM/DD/YYYY	GRADUATING SENIOR	
1. _____	_____	_____	Y ___ N ___	If a non-citizen athlete places in the top four (4) AA at JO Nationals, she will receive the award for her All-Around placement; however, she is not eligible to become a member of the US JO National Team. In this instance, the next US citizen in rank order will be placed on the JO National Team.
2. _____	_____	_____	Y ___ N ___	
3. _____	_____	_____	Y ___ N ___	
4. _____	_____	_____	Y ___ N ___	
5. _____	_____	_____	Y ___ N ___	
6. _____	_____	_____	Y ___ N ___	
7. _____	_____	_____	Y ___ N ___	
8. _____	_____	_____	Y ___ N ___	
9. _____	_____	_____	Y ___ N ___	
10. _____	_____	_____	Y ___ N ___	

PETITIONS: MUST fill out separate forms and separate check must be received by MARIAN DYKES, RTCC by WEDNESDAY following your State Meet.

1. _____	_____	_____	Y ___ N ___
2. _____	_____	_____	Y ___ N ___
3. _____	_____	_____	Y ___ N ___
4. _____	_____	_____	Y ___ N ___

TOTAL NUMBER OF ENTRIES : _____ X \$90.00 Level 8, 9 & 10 CHECK FOR \$ _____ ENCLOSED.

TOTAL NUMBER OF PETITIONS: _____ x \$90.00 LEVEL 9 & 10 CHECK FOR \$ _____ SENT TO RTCC

MAKE CHECKS PAYABLE TO MEET DIRECTOR - as instructed in meet information.

**GIVE TO STATE ADMINISTRATIVE CHAIRMAN AT STATE CHAMPIONSHIPS
 SEPARATE SHEET FOR EACH LEVEL**

All Around News

Region 8 Petition Form for Level 9/10 Regionals

Petitions accepted as soon as you know your athlete will not be able to compete at State Meet.

Deadline receipt by Wednesday following your state meet

Level of Regionals petitioning to: _____

Gymnast's Name: _____ USAG #: _____

Birth Date: _____ Level & Age Division: _____

Gym Name: _____ USAG Club # _____

Address: _____ City: _____ State: _____

Zip: _____ Gym Phone _____

E-mail: _____ Preferred Contact person: _____

Preferred contact person will be notified by April 14, 2008.

- I. Attach a physician's written verification of nature of illness or injury & release to return to gymnastics training.
- II. A written request from the coach or parent.
- III. Attach a check for \$90 made out to Huntsville Gymnastics
- IV. Please list the scores from one sanction meet that the AA score is 35.00 or greater. Attach a photocopy Results of a minimum of 1 Sanctioned Meet: (Scores from 2006 Regionals, Eastern's or National's may be used to satisfy this criteria.)

Vault _____

Bars _____

Beam _____

Floor _____

AA _____

Contact Person: _____

Check preferred method of contact.

Phone #: _____

E-mail: _____

Return completed form and all attachments to

Marian Dykes

Region 8 Technical Chair

4651 Buford Highway

Atlanta, GA 30341

Fax (770) 457-0943

All Around News

IMPORTANT INFORMATION FOR COACHES OF REGIONAL QUALIFIERS

REGIONAL MEET ENTRY:

Please be sure that you have **ALL necessary information** at your State Meet to enter your gymnasts in the Regional Meets -- USAG athlete number, birthdate, etc. - and one club check per Regional Meet for entry fees. **No checks from parents are allowed.**

Regional Meet entry fees and forms **MUST** be turned in to your State Chairman (or designated official) at your **State Meet -- within the specified time.**

If a gymnast's Regional Meet entry is **NOT** turned in at the State Meet; in order to enter the gymnast(s) in the Regional Meet the following penalty will apply to the coach:

- a \$25.00 late fee per gymnast (in addition to the regular entry fee) must be paid to the Regional Meet Director
- a \$200.00 fine payable to Region 8 USA Gymnastics for each meet involved.

PLEASE MAKE SURE THAT YOUR GYMNAST HAS QUALIFIED (according to the **official** announcement of qualifiers) -- AND ENTER HER PROPERLY WITHIN THE SPECIFIED TIME.

PETITIONS: (No petitions for Level 8 Regionals)

1. Any petitions should be mailed to the RTC, Marian Dykes -- it is YOUR responsibility to get all information needed for petitions.
2. Marian must RECEIVE petition NO LATER THAN **WEDNESDAY** following State Meet.
3. You should call or FAX Marian to notify her that a petition is coming. (770-451-6910 Ph or 770-457-0943 Fax)
4. List all petitioning gymnasts on bottom of entry form under petition section.
5. Complete Petition Form from Region 8 Winter Newsletter.
6. **A photocopy of at least one pre-state, sanctioned meet results from the current season (at the level to which they are petitioning) showing a score at least one (1.00) point greater than the regional qualifying score.**
7. A club check for entry fee **MUST** accompany petition to Marian. She will forward check to Meet Director if petition is accepted. (Check will be returned if not accepted or injured gymnast is not release by doctor.)

AT REGIONALS:

To be allowed onto the floor of competition, all coaches **MUST** wear their **current** USA Gymnastics pro membership card with safety certification expiration date.

Level 9 & 10 coaches - you need to have with you ALL necessary information to enter your gymnasts in the National meets - including **club checks** for entry fees, extra T-shirt purchases, and any JO National apparel that you wish to purchase.

CHECK REGION 8 WEB PAGE FOR REGIONAL MEET SCHEDULES!
www.region8gymnastics.org

All Around News

LEVEL 9 & 10 REGIONALS

Huntsville
Alabama

2008

April 17 - 20, 2008

HOST CLUB

Huntsville Gymnastics

James Linderholm

256-883-0566 phone
3062 Leeman Ferry Road

Huntsville, AL 35801

Email: huntsvillegym@knology.net

AIRPORT

Huntsville/Madison
County

[HSV]

COMPETITION SITE

Von Braun Center

South Hall

700 Monroe Street

Huntsville, Alabama 35801

www.vonbrauncenter.com

Equipment -AAI Elite-Midwest Gym

Capitol Cup Format

SCHEDULE

Thursday April 17 Level 9 Competition (If needed)

Friday April 18 Level 9 Competition

Saturday April 19 Level 9 & 10 Competition

Sunday April 20 Level 10 Competition

Final Schedule Posted at
www.Region8Gymnastics.org
by 4/4/08

The Region 8 Board voted in their July 2003 meeting that at Level 9 & 10 Regionals, the RACC will set meet schedule (order of age groups) to facilitate the schedule of the entire competition. The order of competition will not be guaranteed to be youngest to oldest.

HOST HOTELS

Holiday Inn Select

Room Rate \$105.00 + tax Dbl/dbl

Book online at:

www.holidayinn.com/huntsvilleal

Use booking code "plg"

Embassy Suites

Room Rate \$139.00 + tax

Book online at:

www.embassysuiteshuntsville.com

Click through for reservations

Under Special Accounts - enter "HGA"
in box for Group/Convention Code

REMEMBER: If you have athletes that qualify to Level 9 Eastern Nationals and/or Level 10 Nationals, you must fill out the **new entry forms** at Regionals immediately after each session. You will need a separate club check per level (NO PERSONAL CHECKS ACCEPTED) plus an extra check to purchase the great Region 8 apparel available for sale at Level 9 & 10 Regionals.

All Around News

LEVEL 8 REGIONALS

**East Ridge
Tennessee**

2 0 0 8

May 2 - 4, 2008

HOST

TN Academy of Gymnastics
Larry Denham
2501 Riverside Dr.
Chattanooga, TN 37406
ph (423)697-1824
fax(423)697-9824
Email: larrydenham@comcast.net

AIRPORT

Chattanooga, TN
[CHA]

COMPETITION SITE

Camp Jordan Arena
www.campjordan.com
East Ridge, TN
Equipment -AAI Mid West
Capitol Cup Format

HOST HOTEL

Comfort Inn and Suites
423-893-7979
6710 Ringgold Road
Chattanooga, TN 37412
\$72.95 Standard Room
\$82.95 Suite

**Mention Tennessee Academy of Gymnastics
or Region 8 Gymnastics for above rates**

SCHEDULE

Friday, May 2

8:00 a.m. - 4:00 p.m. Open Training Day
(advanced sign-up required)
4:00 p.m. - 10:00 p.m.
Level 8 individual competition Session 1

Saturday, May 3

Level 8 individual competition Sessions 2 & 3
Team Competition Session 4

Sunday, May 4

Level 8 individual competition Sessions 5 & 6

Final Schedule Posted at
www.Region8Gymnastics.org
by 4/7/08

LEVEL 8 ALTERNATES: Please call your State Chair or Deb Kornegay if you have a scratch.

Alternates for all-star (individual) slots will be replaced up to 48 hours before the start of timed warm-ups for the first competitive session, which is 4:00 P.M. Friday. Therefore **no all-star (individual) alternates will be added after 4:00 P.M. Wednesday.**

Team alternates will be added up to the beginning of timed warm-ups of the first session.

If a state does not have sufficient numbers to fill their assigned percentage numbers the Regional Chairman will notify the highest all-star (individual) from state meet results from all eight states to fill available slots.

The Region 8 Level 8 Regional Team competition may include citizen or non-citizens.

All Around News

REGION 8 CALENDAR • 2008 -2009

February 2008

2-3 National Elite Qualifier
Parkettes - Allentown, PA

9-10 National Elite Qualifier
GAGE - Kansas City, MO

28-March 1 American Cup
New York, NY

March 2008

7 Elite Testing - JFJ Elite
Birmingham, AL

28-30 Last week for 9-10 State Meets

April 2008

4-6 Pacific Alliance - San Jose, CA

18-20 Level 9 & 10 Regionals
Huntsville Gymnastics
Huntsville, AL

May 2008

2-4 Level 8 Regionals
Camp Jordan Arena
East Ridge, TN (Chattanooga)

3-4 National Elite Qualifier
Training Center

9-10 Level 9 Easterns
Gymnastics Training Center
Dayton, Ohio

16-18 Level 10 JO Nationals
Orlando Metro, Kissimmee, FL

23-25 US Classic
Houston, TX

June 2008

3-8 Visa National Championships
Boston, MA

19-22 USA Olympic Trials & USA Congress
Philadelphia, PA

July 2008

18-20 Region 8 Congress
Omni Hotel - Jacksonville, FL

25-27 Regional Team Training Camp
Gymnastics, Inc., Myrtle Beach, SC

August 2008

8-24 2008 Olympic Games
Beijing, China

September 2008

12-14 National Team Training Camp
Gymnastics Academy of Atlanta
Atlanta, GA

October 2008

3-5 Levels 8, 9 & 10 Training Camp
Ace Gymnastics
Longwood, FL

March 2009

27-29 Last week for 9-10 State Meets

April 2009

17-19 Level 9 & 10 Regionals
TBA **NEED BID**

24-26 Level 8 Regionals
Life University
Marietta, GA

May 2009

9-10 Level 9 Easterns
Bancorp South Center
Tupelo, MS

15-17 Level 10 JO Nationals
TBA **NEED BID**

June 2009

12-14 Region 8 Congress
Omni Hotel - Jacksonville, FL

July 2009

25-27 Regional Team Training Camp
TBA **NEED BID**

September 2009

12-14 National Team Training Camp
TBA **NEED BID**

October 2009

3-5 Levels 8, 9 & 10 Training Camp
TBA **NEED BID**



2008 Region 8 Congress

GENERAL INFORMATION

DATE/SITE:

Region 8 July 18 – 20, 2008 Jacksonville, FL Omni Jacksonville Hotel

PURPOSE OF REGIONAL CONGRESSES:

The purpose of regional congress is to provide education to the teachers, coaches, judges and gymnastics business owners of the region. Education and training enable everyone to effectively and professionally serve in the development of the young gymnasts across the country.

REGION 8 EDUCATION:

Over 75 Sessions covering the following areas:

Coaches Education – Sessions covering popular topics for the developmental through elite gymnastics coach. Learn from leaders in the gymnastics community.

Recreational Education – A recreational track covering programs for tots through teens; be the best instructor in your gym!

Business Education – Sessions covering marketing, managing your business, staff retention and more.

Judges Education – Sessions covering compulsory, optional and elite judging criteria and technique.

Other – Men’s, Rhythmic, Sports Science and more.

Registration will begin on February 1, 2008 Online Registration will be available for members and printable forms will be available for all others at www.usa-gymnastics.org

<u>COST</u>	Early Bird (Ends May 17)	Regular Price (Ends July 3rd)	On-site Registration	<u>Full Dinner Banquet</u>
Professional, Jr. Pro & Instructor Members	\$145.00	\$175.00	\$200.00	\$25.00
Other Member Types and Non – Members	\$175.00	\$205.00	\$230.00	\$25.00
Member Clubs*	1st – \$145.00 2nd – \$135.00 3rd – \$125.00 4th – \$115.00 5th – \$105.00 6th or more – \$100.00	1st – \$175.00 2nd – \$165.00 3rd – \$165.00 4th – \$155.00 5th – \$155.00 6th or more – \$145.00	N/A	\$25.00/ea

*This offer is only available to Professional, Jr. Pro and Instructor Members affiliated with a Member Club. Members of a Non-Member Club would pay full rate.

HOUSING

A block of rooms has been reserved. Call by June 25, 2008

**National Travel Systems Sports Travel Team
6502 Slide Rd/Suite 404
Lubbock, TX 79424**

Toll Free: 1-888-603-8747; Main Line: 806-794-3135

Email: sportsinfo@nationaltravelsystems.com website: www.ntssportstravel.com

Single/Double Rate of \$115.00

Any reservations after the cut-off date will be based strictly on availability.

Omni Jacksonville Hotel

**245 Water Street
Jacksonville, FL 32202**

904-791-4841– local information only

**Please check the USA Gymnastics website – www.usa-gymnastics.org for a detailed daily schedule/speakers – coming soon.
Minimum age for Congress attendees is 16.**

There is a \$30.00 cancellation fee up until July 3rd; no refunds after July 3rd. (Substitution of participants will be allowed until July 3rd if submitted in writing.)

Region 8 Level 9, 10 & Elite Training Camp

October 5-7, 2007

Hosted by Salem Gymnastics, Winston~Salem, North Carolina

All Around News



MAILING ADDRESS
7957 Steeplechase Court
Port St. Lucie, FL 34986
9772-489-5982 Phone/Fax
AmTwist@aol.com E-mail

Toni Rand, RECC

Elite and Tops Update

Elite Testing and Clinic: We had over 50 athletes attend the clinic this year that was held at Orlando Metro in Orlando, Florida. Our staff, Tammy Biggs (USA National Staff Member), Gary Anderson (National Elite Chairman & American Twister Head Coach), Brad Harris (Regional JO Chairman & Tampa Bay Turners), Jim Chandler (Orlando Metro Staff member), Ray Gnat (ACE gymnastics & former Elite chairman) provided the athletes and coaches with an outstanding clinic experience. The Region thanks these coaches for their time and effort to help the region with this event.

I also wish to thank Orlando Metro and all of their staff for the wonderful hospitality that we received from them. As always, the Metro staff went out of their way to help make the event a success. A very special thank you to coaches Jeff Wood and Christie Barineau, and Gold medal winning World Team Member, Shayla Worley for taking the time to talk with the athletes, parents, coaches and judges about their World Experience. Shayla signed autographs and took pictures with the participants – all of the athletes were very excited to meet her. We wish Shayla and her coaches and all the coaches and athletes in the Region the best of luck in the upcoming Olympic Season!

Elite Testing Compulsory's: Changes have been made to the compulsory routines and have gone into effect (January 1, 2008). If you are training the testing and you have not received these changes, please email me and I will send you the changes. You can also check on line at the USAG website.

TOPS: We will be having a meeting in January/February to discuss possible changes in the TOPS program. If any changes are made, I will make them available to the TOPS managers as soon as possible and they will then send the changes to you.

Qualification to Classic or Challenge: National elite competitions that may be used to qualify to Classic or the Challenge have been set up by the National office. Please check the USAG website for an updated calendar or email me at AmTwist@aol.com

Regional Testing Competition: JFJ Elite will host a regional testing competition in Hoover, Alabama on March 7th, 2008. If you are interested contact Kathy Chambers at 205-979-7969 or use Entry form on page 24.

If you wish to receive updates from me on the TOPS or Elite program, please email me so I can add you to my list – thank you.

On a Personal Note: This has been a difficult time for me since the passing of my husband, Tim. As many of you know, Tim and I were extremely close and I was fortunate to have found my true soul mate in life.

I need to thank everyone for the thousands of letters, emails, gifts, cards and genuine concern and wishes that my family and I have received since August. I will never be able to thank all of you enough for helping me to pull through this and to realize how lucky both Tim and I were to have so many good friends. To this date, the Tim Rand Memorial fund has received nearly \$12,000 in donations that will be used for athlete support and/or coaches/judges education in our region. Hospice has also received nearly \$6,000 in Tim's name. Again, I thank you for your contributions to these organizations on behalf of Tim.

The Region has generously agreed to continue the Tim Rand Memorial Fund. This fund will continue to raise donations for the Region for athletes/coaches/judges education that will be used on a yearly basis to fund events that the Region needs. We will kick off this year's fundraiser with the American Twister Invite on March 15 & 16th, 2008 that will be in honor of Tim. Randy Sikora of Twisters and host of the competition have volunteered to donate \$5.00 per athlete in the meet to the TRMF. In addition, Tim Keckler of Lightning City Gymnastics has offered a cash donation to the fund. I will be sending information to clubs and individuals who would also like to contribute to the Region 8 Tim Rand Memorial fund – Tim as JO chairman, started our Regional Training camps as well as the athlete apparel fund in order to promote regional unity and to educate our coaches/athletes & he would want our region to remain strong and to grow. I hope that through this Memorial that we can achieve this goal. I hope every competition, business, and individual will consider donating to this fund on a yearly basis to keep Region 8 Great and to honor Tim Rand.

A big personal thanks to Brad Harris (our new JO Chairman) for the wrist bands that he had made in honor of Tim and had distributed to coaches/athletes/judges. Additionally, the region will be putting the initials “TR” on the sleeves of our National coaches shirts this year and I know that Tim would be so humbled and honored by your generosity.

I also need to send a special thank you to GK Elite Sportswear (Sally Weaver) for making and donating armbands in Tim's honor for some of the competitions around the USA. GK was the company that made our Team leotards (as well as the JO National suppliers for USAG) and I would recommend GK products to all of you.

And thanks to USA Gymnastics & International Gymnast magazine for the articles in the magazines and on the website for Tim.

If Tim were here, he would be mystified by all of this, however, so pleased that coaches/judges education and athlete support will continue to grow through the Tim Rand Memorial Fund. In closing I wanted to share a few words from John Geddert, Region 5 JO Chairman who Tim admired and, “borrowed” many ideas for our current Training camps and national apparel ideas that our region uses.

A portion of what John wrote follows:

“Out of all the coaches in the USA, Tim Rand has to have had as much impact on our athletes as any. Tim is responsible for setting our current standard of excellence and our blue collar work ethic philosophy. He has indirectly influenced the standard of gymnastics at Twistars and across the nation. He was brilliant in his application of gymnastic knowledge within his own club but never once hesitated sharing that wealth with those in search of the “answers.” The learning curve of coaching for many was significantly shortened due to Tim's willingness to share his ideas. He has given so much to this sport and gymnastics is without a doubt a better sport because of his presence. Say Thanks to Tim Rand.”

Again thanks to everyone for everything – from the bottom of my heart,

Toni

Elite Calendar

2008	all dates are subject to change	
Jan 23-27	National Team Training Camp	Training Center
Jan 27-Feb 1	National Team Training Camp	Training Center
Feb 2-3	National Elite Qualifier	Parkettes-Allentown, PA
Feb 9-10	National Elite Qualifier	GAGE-Kansas City, MO
Feb 18-22	Invitational Training Camp	Training Center
Feb 22-26	National Team Training Camp	Training Center
Feb 26-28	American Cup Training Camp	Training Center
Feb 28-Mar 1	American Cup	New York, NY
Feb 26-Mar 2	Gymnix	Montreal, CAN
Mar 4-9	Italy Exchange Competition	ITA
March 19-23	National Team Training Camp	Training Center
March 23-25	Pacific Alliance Camp	Training Center
March 25-30	Pacific Alliance	San Jose, CA
April 11-13	Cottbus World Cup	Cottbus, GER
April 29-May 3	Invitational Training Camp	Training Center
May 3-4	National Elite Qualifier	Texas Dreams, Dallas
May 4-8	National Team Training Camp	Training Center
May 8-14	International Exchange Camp	Training Center
May 7-11	Possible Junior International Exchange	Training Center
May 22-23	US Classic	Houston, TX
May 24-25	US Challenge	Houston, TX
June 3-8	Visa National Championships	Boston, MA
June 19-22	Olympic Trials	Philadelphia, PA
July 16-20	Olympic Selection Camp	Training Center
July 25-29	Olympic Preperation Camp	Training Center
August 8 -	Olympic Games - Opening Ceremonies	Beijing, CHN

revised 1/8/2008

ELITE COMPULSORY TESTING ENTRY FORM

24

March 7, 2008

JFJ Elite Gymnastics -Birmingham,AFL

FEE: Testing \$100.00

Deadline: February 14, 2008 \$25 late fee per gymnast

Entry on first come basis so ENTER EARLY

Team Name: _____ Club USAG #: _____

Phone: _____ Email: _____@_____

Team Address: _____ Fax #: _____

City: _____ State: _____ Zip: _____

1. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____

2. Coach _____ USAG # _____ Exp. Date _____ Safety Exp. Date _____

Competitor Name	Athlete #	Clinic	Testing	Date of Birth
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				

Number of **GYMNASTS**

Testing _____ x \$100.00 = _____

Late fee per gymnast _____ x \$25.00 = _____

TOTAL AMOUNT \$ _____

MAKE CHECK PAYABLE TO JFJ Elite. ONE CHECK PER CLUB. NO PERSONAL CHECKS.

MAIL ENTRY FORM WITH CHECK TO: Kathy Chambers • 3314 Old Columbiana Road • Hoover, AL 35226

MAIL COPY OF FORM TO: Toni Rand • 6805 Lyons Technology Circle, Coconut Creek, FL 33073
OR FAX TO: (954) 725-9157

Region 8 Elite Clinic

December 14-15, 2007

Hosted by Orlando Metro Gymnastics, Orlando, Florida

All Around News

2007 Training Camp Volunteers

THANK YOU

THANK YOU

THANK YOU

Phillip	Acton	Mountain Brook Gymnastics
Jennie	Adams	N C State Chairman
Andrey	Ageev	Superior Gymnastics
Donna	Alexin	Gymstars
Gene	Alexin	Gymstars
Michelle	Aspinnal	Gymnastics Unlimited
Robbie	Banta	Elite Gymnastics
Cookie	Batsche	Brevet Judge
Portia	Bodenheimer	National Judge
Elena	Bodrikova	Prattville YMCA
Jason	Braun	Salem
Heather	Breasbois	Tampa Bay Turners
Denise	Brumsey	TNT
Evelyn	Chandler	Brevet Judge
Nikolai	Cherchen	Southeastern Gymnastics
Joanne	Child	S C State Chairman
Kyle	Citty	Broadway
Larry	Corrigan	Tennessee State Chairman
Charlene	Devito	Salem
Jeff	Devito	Salem
Mary Lou	Dillard	Brevet Judge
Marian	Dykes	Brevet Judge RTCC
Brenda	Eberhardt	SJD - Louisiana
Boo	Ellis	Premier North
Devon	Everett	TNT
Catherine	Fariz	National Judge
Melanie	Ford	Powerhouse Gymnastics
Steve	Gunnerson	Broadway
Laurel	Hambrick	West Georgia Gymnastics
Judy	Hancock	Level 10 Judge
Brad	Harris	Tampa Bay Turners
Charles	Harrod	Douglasville
Nancy	Hawkins	Mississippi State Chairman
Mary	Hoagland	National Judge
Karen	Hughes	Artistic
Stephanie	Hyett	North Shore Flairs
Carole	Ide	Brevet Judge
Mariela	Igol	Judge
Davita	Ivey	Charleston Twisters
Teri	Jenkins	National Judge
Mendi	Knisley	SJD - South Carolina
Deb	Kornegay	Brevet Judge RACC
Olga	Koroleva	Brevet Judge
Sibby	Lane	SJD - Tennessee
Jackie	Latino	Louisiana State Chairman
Louie	Liquori	Gymnastics & More
Stephen	Maness	Salem
Metry	McGaughy	Elite Gymnastics II
Cindy	McLane	Brevet Judge
Beth	Morphis	Salem
Kenny	Morphis	Salem
Lisa	Music	Gymnastics Unlimited
Bryan	Neal	Cypress Point/M&M Gym
Doug	Neiman	Tampa Gymnastics

René	Niccollai	Brevet Judge
Carol	Olney	National Judge
David	Parraga	LaFleur's Largo
Laura	Parraga	LaFleur's Largo
Natalie	Pfister	GAA
Irina	Podgornaya	Gymnastics Acad of Atlanta
Judy	Prestigiacomio	GA Gymn Academy Law
Sheila	Ragle	Brevet Judge RJD
Tim	Rand	Former Nat. Team Coach
Jaime	Riggs	Douglasville
Kathy	Semok	Park Avenue Gymnastics
Wendy	Settles	National Judge
Ludmilla	Shobe	Southeastern Gymnastics
Peggy	Simpson	Georgia State Chairman
Sharyn	Strickland	Judge
Mary	Thacker	SJD - Mississippi
Patrick	Thomas	Georgia All-Star Gymnastics
Diane	Thompson	Brevet Judge
Phyllis	Thompson	SJD - Alabama Sub
Buddy	Thorton	High Point Gymnastics
Rob	Travers	High Point Gymnastics
Natalie	Valter	GAA
Deb	Walls	Alabama State Chairman
Brock	White	National Judge
Winnie	Witten	Brevet Judge
Colin	Womach	Rose's
Ellen	Woodley	Broadway
Chris	Yarussi	Southeastern Gymnastics

Sign up your athletes for
Training today. Forms in
this newsletter page 27-30.

Fill out your volunteer form
too!

**Region 8
NEEDS YOU!**

2008 REGION 8 TRAINING CAMPS

REGIONAL TEAM TRAINING CAMP

JULY 25-27, 2008 **Gymnastics Inc** Myrtle Beach , South Carolina

Level 8 State "Regional" Team athletes (up to 64)

Level 8 Regional athletes that placed 1-3 at Regional Championships in non state team sessions

TOP's National Qualifiers that competed Level 7 and above in the previous year.

Registration forms are available at Regionals and in Region 8 newsletter.

There will be **NO** direct mailing to clubs.



NATIONAL TEAM TRAINING CAMP

SEPTEMBER 12-14, 2008 **Gymnastics Academy of Atlanta** Atlanta, GA

NAWGJ SYMPOSIUM

All Level 9 and 10 that qualify to the previous year's Eastern/National Meet

All active Elite athletes

Invitations distributed after Easterns and Nationals.

OCTOBER 3-5, 2008 • Level 8, 9 & 10

ACE Gymnastics - Longwood, Florida

Open to all Level 8, 9 & 10 athletes who qualified to Regionals or above.

Registration forms are available at Regionals and in Region 8 newsletter.

There will be **NO** direct mailing to clubs.

Schedule different for ALL camps.

COST: \$130.00 per athlete (includes camp, lunch on Sat. and T-shirt)

\$50.00 per coach or judge (discounts if bringing athletes)

PROVIDE EMAIL INFORMATION FOR CONFIRMATION OF ENTRY AND FINAL SCHEDULE

Camps will fill on a first-come basis.

Camps open to all USAG Professional Members.

VOLUNTEERS:

No fee is required to attend camp and you will be eligible for apparel if your athlete qualifies to JO Nationals!

MAIL ALL FORMS WITH FEES TO: Debby Kornegay

REGION 8 WEB PAGE: Region8gymnastics.org 394 Stonebridge Road, Birmingham, AL 35210

REGION 8 TRAINING CAMP

CHECK ONE:

REGIONAL TEAM CAMP
 Myrtle Beach, SC
 July 25-27, 2008

LEVEL 8, 9, & 10 CAMP
 Longwood, FL
 October 3- 5, 2008

**Must use form with
 Invitation for
 NATIONAL TEAM CAMP**

TEAM NAME: _____

MAILING ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACHES NAME: _____

DAY PHONE: _____ FAX: _____

NIGHT PHONE: _____ EMAIL: _____ @ _____

If your coach is not planning to attend,
 please designate 1 person to pick up all packets for your team: _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

GYMNAST	USAG#	DOB	AGE	CURRENT LEVEL	2008 REGIONAL SCORE	T-Shirt SIZE	FEE \$130.00

**PETITION: Must fill out separate petition form
 (Region 8 Petition Form for Level 9/10 Regionals) and mail to Marian Dykes and Brad Harris.**

COACHES ATTENDING	USAG#	Clubs with gymnasts attending COACHES - \$25 Each

I give my permission for the above information to be used in the Region 8 Address book.
 _____ Signature

FIRST COME - FIRST SERVE!

TOTALS \$ _____

\$25.00 processing fee on all refunds -
 refunds will only be given if gymnast can be replaced
No refunds within two weeks of Training Camp

MAIL TO: Debby Kornegay
 394 Stonebridge Road
 Birmingham, AL 35210
 (205) 951-0184

Please make checks payable to: **REGION 8 USA GYMNASTICS**

REGION 8 TRAINING CAMP 2008

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CLINICIAN APPLICATION

If you will have coaches at the training camp and would like to offer their services to assist as clinicians, please fill in the form below. **THIS IS A VOLUNTARY POSITION.** Clubs will be notified in advance if services will be required. Thank you for your offer! Please plan to work the entire camp.

NAME OF GYM: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE: _____ FAX: _____

NIGHT PHONE: _____ EMAIL: _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

TRAINING CAMP YOUR COACHES WILL BE ATTENDING AND ARE ABLE TO WORK:

REGIONAL TEAM CAMP
July 25-27, 2008
Myrtle Beach, SC
Gymnastics Inc

National Team Camp
September 12-14, 2008
Atlanta, GA
Gymnastics Academy of Atl
NAWGJ SYMPOSIUM

LEVEL 8, 9 & 10 Camp
October 3-5, 2008
Longwood, FL
ACE Gymnastics

NAME OF COACHES ATTENDING CAMP FROM YOUR GYM:

1. _____ USAG# _____ 2. _____ USAG# _____

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 NATIONALS IN 2008? YES NO

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 REGIONALS IN 2008? YES NO

IS THERE AN EVENT(S) THAT THE COACHES WOULD **NOT** WANT TO BE ASSIGNED TO?

1. _____ 2. _____

PLEASE SEND THIS FORM IN BY:

July 7 (Regional Team), August 25 (National Team), September 15 (Lev. 8, 9 & 10)

TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

Thank you for offering to help! Your assistance will be greatly appreciated! You will be contacted with your event and day approximately 30-45 days prior to the Camp date. Everyone who volunteers that had an athlete at Level 9 Regionals or above will be assigned to work! All proceeds from these events will go to the 2008 Region 8 Apparel Fund.

Support your Region - Support your athletes - Volunteer to work today!

TRAINING CAMP REGISTRATION FORM

FOR COACHES & JUDGES WITHOUT PARTICIPATING GYMNASTS

NAME _____ COACH JUDGE

USAG# _____ EXP DATE _____

MAILING ADDRESS _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE _____ FAX _____

NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

COST: \$50.00

Make checks payable to REGION 8 USA GYMNASTICS

- REGIONAL TEAM CAMP** (Myrtle Beach, SC [7/25&27/08]) DEADLINE 7/7/08 - FIRST COME, FIRST SERVE
- NATIONAL TEAM CAMP/NAWGJ SYMPOSIUM** (Atlanta, GA [9/12-14/08]) DEADLINE 8/25/08- FIRST COME, FIRST SERVE
- LEVEL 8, 9 & 10 CAMP** (Longwood, FL [10/3-5/08]) DEADLINE 9/15/08 - FIRST COME, FIRST SERVE

TRAINING CAMP REGISTRATION FORM

FOR VOLUNTEER JUDGES Please plan to work entire camp

NAME _____ RATING _____

USAG# _____ EXP DATE _____

MAILING ADDRESS _____

CITY: _____ STATE: _____ ZIP: _____

DAY PHONE _____ FAX _____

NIGHT PHONE _____ EMAIL _____ @ _____

If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address

I give my permission for the above information to be used in the Region 8 Address book.

Signature

You will be actively working on the floor. Please check below any event(s) that the judge would **NOT** want to be assigned to? VAULT BARS BEAM FLOOR

COST: FREE - If assigned to work camp. National and Brevet rating for National Team Training Camp. Level 10 and above for all other camps.

- REGIONAL TEAM CAMP** (Myrtle Beach, SC [7/25&27/08]) DEADLINE 7/7/08 - FIRST COME, FIRST SERVE
- NATIONAL TEAM CAMP/NAWGJ SYMPOSIUM** (Atlanta, GA [9/12-14/08]) DEADLINE 8/25/08- FIRST COME, FIRST SERVE
- LEVEL 8, 9 & 10 CAMP** (Longwood, FL [10/3-5/08]) DEADLINE 9/15/08 - FIRST COME, FIRST SERVE

Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

REGION 8 ATHLETE FUND

- 1. All athletes competing at JO Nationals receive a base set of apparel. Level 9 Eastern National qualifiers will receive apparel as designated.
- 2. All judges who worked at a regional training camp and are assigned to judge Level 10 JO Nationals or Level 9 Easterns will receive apparel.
- 3. Apparel items will be offered for sale.
- 4. Apparel will be provided to the current members of the Regional Committee.

REGION 8 ATHLETE FUND -

WE NEED EVERYONE S SUPPORT!

This fund supports our efforts in the region to give some extra rewards for our gymnasts who qualify to Regional and National meets in their respective levels - Elite, Level 10, Level 9 and Level 8.

THANK YOU FOR CONTRIBUTIONS FROM:

Pat Murphy - Moultrie YMCA

REGION 8 ATHLETE FUND CONTRIBUTION

Name _____

Club _____

Address _____

Amount \$ _____ Make checks payable to Region 8 USA Gymnastics

**PLEASE MAIL YOUR CONTRIBUTION TO:
Debby Kornegay
394 Stonebridge Road • Birmingham, AL 35210**

All Around News

Region 8 Committee Meeting Minutes

December 14, 2007

Coronado Springs Resort • Orlando, Florida

The meeting was called to order by RACC Debby Kornegay at 9:15AM.

In Attendance:

Debby Kornegay	RACC
Marian Dykes	RTCC
Brad Harris	RJOCC
Toni Rand	RECC

Deb Walls	AL SACC
Mike McCabe	FL SACC
Peggy Simpson	GA SACC
Jackie Latino	LA SACC
Nancy Hawkins	MS SACC
Jennie Adams	NC SACC
Joanne Child	SC SACC
Larry Corrigan	TN SACC

Brad Harris, newly elected Regional Junior Olympic Committee Chairperson, was introduced.

A group picture was taken.

Jennie Adams was appointed secretary.

Thank you notes received from membership were circulated.

Updated list of Board addresses and information was circulated for approval.

Deb K presented a sheet with corrected dates for the Region 8 USA Gymnastics planner. Of Region 8 interest are the following:

May 2-4, 2008 Level 8 Regionals

Camp Jordan Arena, Chattanooga, TN

July 18-20, 2008

Region 8 Congress Jacksonville, FL

July 24-26, 2008

Regional Team Training Camp Myrtle Beach, SC

May 8-10, 2009

Level 9 Easterns Tupelo, MS

June 12-14, 2009

Region 8 Congress Jacksonville, FL

Deb K presented Region 8 and Regional event financial statements. The financial return from Regional Congress will be coming soon from USAG national office as well as corrected rebates for each state's account. Problems with the national USAG database for professional memberships and athlete membership continue to improve.

Deb K presented an update on Region 8's Hurricane Fund. \$600 remains in the fund, but the account is being charged a monthly fee. It was suggested to use money from another regional fund to increase the Hurricane Fund to a large enough amount to eliminate the fee. A general discussion suggested that the fund be renamed and "Emergency Fund," but no action was taken. Jackie L. will check in LA to see if there are additional individual or club needs.

Deb K reminded Regional officers of the early January deadline for newsletter articles.

Deb K explained that all 2008 9/10 Regionals hotel rooms must go through one booking agent. The hotel request form will be in the January newsletter. Deb explained past Regional Board apparel responsibilities. Brad had suggestions for new procedures. His Tampa Bay Turner staff has promised to be supportive. He also suggested that there be a pre-workout meeting at Nationals w/ coaches for Regional apparel distribution.

Deb K reminded the Board that Level 8 Regionals State Team rules concerning an injured athlete are the same as Easterns. (The injured athlete would move to become an all star, and the first alternate would move into the team). The Level 8 Meet Director asked for guidance in providing a banquet or social. Deb W suggested offering a hospitality room during the workout sessions. Mike Mc. suggested distributing local coupons. Brad H. suggested that states have alternate apparel available.

All Around News

Deb K. reminded the Board that a team consists of 8 gymnasts, but 4 will count toward team score.

The Committee discussion reaffirmed that the Level 8 all-star alternate rule will be followed – Alternates will be placed in any slots that become available up to forty-eight hours prior to the start of warm-ups of the first session of competition. (12-14-07)

Deb K reminded everyone that the Level 10 Nationals would be in Kissimmee. State Chairs shall take care of gifts for visiting officials, to be shipped to Mike Mc, who will transport to meet for assembly.

Because frequent regional events are to be held in Florida, (Regional Congress for two consecutive years in Jacksonville, etc.), Mike Mc asked for consideration in his ability to provide viable state educational fundraisers from FL- USAG account. Discussion followed but no resolution.

A discussion ensued on whether to have a banquet, another gathering, auction, etc. for the social/fundraiser at Region 8 Congress. If another auction were planned, states are encouraged to contribute approximately \$1,000 for the auction.

Deb K announced that the Regional Board should plan to meet at Regional Congress 2008 Thurs., July 17th at 9:00 am.

June 12 - 14, 2009 is the date for Regional Congress in Jacksonville, Fla.

Deb K distributed a finance/expense report from '07 Region 8 Congress. Suggestions were given concerning motivational speakers, informational speakers, or instructional speakers. (Jon Gordon of Jacksonville, FL & Jeff Lulla). It was also requested that the lecture room size and accommodations for judging sessions be enlarged at '08 Regional Congress

Marian D handed out a proposal for selection criteria for the Region 8 Hall of Fame. Extended discussion followed.

Motion to accept the Region 8 Hall of Fame criteria proposal presented as amended in the discussion beginning with the 2009 selections.

Motion: Marian Dykes

Second: Jackie Latino

PASSED unanimously

Nominations for 2008 Hall of Fame Class. Nominees had either trained or lived in Region 8 and were named to Olympic team.

Toni R reported on the Tim Rand Memorial Fund. Toni would like for the fund to be continued. She asked that the officers of the Board help determine how the money would be distributed. Toni will match raised funds up to \$5000. Toni suggested that the funds be used for coach education, athlete support, or wherever the need is for each year.

A pin and charm, developed by A-1 Awards, that might be placed on a medal at an invitational or State Meet was passed around for inspection.

Marian D opened a discussion on the Region 8 Judging Assignment criteria. Because costs are truly becoming prohibitive for judges' education, Marian requested that a 2-year extension on the requirements of the guideline be implemented.

Motion to amend the criteria for National judging assignments to include that a volunteer may work actively, teach, or **host** at least one Region 8 training camp **every other** year.

Motion: Brad Harris

Second: Marian Dykes

PASSED unanimously

In order to double check that criteria for judging assignments are being appropriately and relevantly applied, Marian suggested that each state chair re-analyze the criteria and make suggestions for changes. She reaffirmed that she will first check with state judging directors and state chairs to clarify any questions.

Break for lunch @ 12:10

Back @12:55

Brad H presented his first Regional JO Program report. He created a working Region 8 JO Committee expressing the rationale that the region needs informal communication with representatives from each state so that each state will always have a voice. Brad plans to use the representatives to help bring ideas from each state to the National JO Committee.

All Around News

In regards to Regional apparel, Brad wants the apparel to be what the athletes need, not necessarily what they want. He would like to have the athletes from the region have the appearance of a unified team on the workout day and whenever walking out onto the floor at Easterns or Nationals. The GK apparel would be given out later at the competition site.

Brad presented to the Board:

Samples of warm-up suits

Large draw-string gym bags (donated by Brad's gym this year in T. Rand's name)

Small Grip bag (donated by Cindy Pokrana – Busy Bodies in T. Rand's name)

Flip-flops provided by 10.0 basically at cost

T-shirts for under the warm-up suit and tank tops

And something to wear to the banquet so they'll look like a team there also.

The cost will be about roughly \$60 for each gymnast w/ the tank top; \$50 without the tank top.

Level 9's would only receive a tank leotard as restricted by National USAG regulations.

Written instructions will be given to coaches and gymnasts for when to wear what item.

Coaching apparel would include:

Warm-up jacket w/ embroidery (about \$50 each). Coaches would supply own black pants.

Coaches' shirts – work-out shirt – T-shirt w/ logo. (\$3.75 each)

Dry-wick T-shirt with embroidery. (\$15-\$18)

All coaches receive apparel whether they worked training camp or not.

Coaches would be encouraged to wear regional apparel at National meets .

Coaches would be encouraged to support Training Camps by sending to the camp either gymnasts or coaches, or both gymnasts and coaches. Specific support will be rewarded to the gymnasts from the participating program.

Brad will check on the cost of including the receipt of a warm-up jacket by the Level 9 coaches with gymnasts who have qualified to Easterns. Specific criteria will be created for the number of Level 9 coaches from a team who would receive the jacket. When a coach picks up apparel, each must sign a commitment of the number of team coaches going to Nationals. (If a coach is not going to Nationals, he/she would not receive apparel.)

Motion to accept the Region 8 Athlete Fund apparel distribution procedures be updated as presented.

Motion: Marian Dykes

Second: Brad Harris

PASSED unanimously

Brad shall revise the Regional Apparel forms to reflect the changes in the discussions.

Brad discussed the concerns from the previous training camps:

Level of quality – coaching and instruction – has decreased.

Motion to accept proposal to have a new training camp with a new level of expertise (any level 9 or 10 who qualified to the previous Easterns or Nationals). The Master staff would be assembled by Brad. This would be the best skill level of camp to work in conjunction with NAWGJ symposium.

Reserve spots by % of qualifiers at Nationals by a certain date, then open up to first- come-first-served basis, up to 100 gymnasts.

TOPS National qualifiers should be invited to the Level 8 training camp.

Motion: Nancy Hawkins

Second: Larry Corrigan

PASSED unanimously

Toni suggested having a few “paid” clinicians for the September Training Camp. It was also suggested that the July camp be called Regional Team Camp.

All Around News

Motion to have the R8 National Training Camp to be in GAA on Sept. 12-14, 2008.

Motion: Peggy Simpson
Second: Deb Walls

PASSED unanimously

Dates for the three training camps for 2009 were presented in the form of a motion.

Motion to plan the training camps at sites to be determined:

Regional Team Training camp on July 25-27, 2009

R8 National Team Training Camp – Sept 12-14, 2009

8,9,10 Training Camp – Oct. 2-4, 2009

Motion: Brad Harris
Second: Deb Walls

PASSED unanimously

Brad H proposed the idea of a State Developmental Clinic, bringing regional clinicians to the individual state clinics, to improve the quality of compulsories, perhaps becoming a biannual opportunity. It would be a good educational opportunity. A fee would be charged for the gymnasts (level 4-7) and the coaches, but the proceeds could go to the State and to the Region. \$75 and \$50 would be reasonable amount for fees. It would also serve as a great memorial to Tim Rand. The host state would share in the administrative duties. Marian would like to have the judging community included as clinicians. It was suggested that the athlete participants be limited to 80 gymnasts or so.

The National JO Committee voted to continue a National Coach of the Year. Region 8 will vote for a Regional Coach of the Year at Regionals as we did last year. Each state was encouraged to continue with own procedure. Each state's nominee must be presented to Region 8 Committee at Level 9 & 10 Regionals.

Brad will set up a Region 8 Host Hotel for Easterns and Nationals in order to better develop a tighter team concept. He will invite everyone to a meeting before the Regional workout where they'll receive apparel and listen to a "fire-up" speech.

Clarifications about the Region 8 All-Star trip were stated. Graduating seniors are ineligible for the trip. The selection criteria for the trip shall be: The top six gymnasts – L9's (plus ties) and the top six – L 10's (plus

ties) from Eastern/National Championships will make up the team.

Deb K stated that the State Chairperson's 4th quarter financial statements are due on Jan. 15, 2008.

State Chairs should pay the individual state's Regional competition fees to Deb before the end of the meeting.

The Regional reporting process had not changed and Deb went over the process. Deb K distributed the necessary information needed to give to coaches at individual state meets.

Deb K reminded State Chairs:

1) of the need to e-mail number of 9's & 10's at 34 and 8's at a 30 and at 34 by noon on St. Patrick's Day, March 17, 2008.

2) that distribution of Achievement Awards for Levels 4 and 5 State Meets were still required

3) that State Chairs (SACC's) should decide whether each would run again for the Chair's position and relay it to the State Board early in 2008.

Toni R reported that there are some changes in the Elite and TOPS program, but these would be available at the Elite clinic @ Metro later this weekend.

Marian D reported that the Technical Committee met and spent time streamlining the Regional Congress process. In order to have informational equity in each Region, the committee is working to create the same core of lectures, providing more uniformity of clinics throughout the nation.

Marian stated that the 2009 Tech 9/10 Training video is available.

Marian stated that new judging course dates are to come. The criteria for the National course are out and Marian will be asking for feedback. Everyone will be required to test. There will be no level 10 recertifications.

Deb K relayed the dates and times for meetings at National Congress in Philadelphia, PA.

·Women's Program Appreciation Lunch will be on Thursday, June 19, 2008.

·The State/Regional Administrative Chairman workshop will be on Sunday, June 22, 2008.

All Around News

New Chairs shall meet from 9:00-11:30, and all State Chairs shall meet from 12:30 – 4:30 pm on the same day, June 22nd.

·She also stated that the next Regional meeting would be at 9:00 A.M. on Thursday, July 17, 2008 @ Region 8 Congress in Jacksonville, FL.

Marian said that the mileage goes to \$.50 per mile on Jan. 1, 2008. Support information may be obtained from the national website.

Motion to adjourn

Motion: Jennie Adams

Second: Deb Walls

PASSED unanimously

4:15 pm

Respectfully submitted,

Jennie Adams

Dear Region 8,

What a great honor it was to be inducted into the 2007 class for Region 8 Hall of Fame. Never expecting to be recognized, just always loving the privilege of being a part of the wonderful sport of gymnastics. I was humbled and honored to be selected as a member of the 2007 class.

Since, being one of the first to see the development of this sport not only in our region, but all over America, it has been a wonderful experience to see the beginning, and the place to which we have now advanced.

This progress has been due to all the dedicated and motivated people, like those of you in Region 8, who were willing to set goals and work hard to achieve success. As I looked around the banquet hall many of those people were present and being honored.

It was in my memory a vision of the history of a sport that I have been a part of. Each one old, young, coach and judge played a part in that history.

I will be eternally thankful that my husband and I were seated at the table with Toni and Tim Rand. Having attended many clinics where he was one of the clinicians and working with him in training camps, I had learned much from his wealth of knowledge. I greatly admired him and will miss him. A chance was given to listen to him as he talked, and laughed about the many experiences he had been through during his career in gymnastics.

Again, thank you for honoring me and many others with this very special privilege of being inducted into the Region 8 Hall of Fame. It certainly was a highlight of my career in gymnastics.

Much love,

Lenette Calvin

All Around News

REGIONAL JO MEET BID INFORMATION

- Level 9 and 10 Meet will have 17 judges, including Meet Referee.
- Level 8 Meet will have 17 judges, including Meet Referee. There must be 2 judges per state.
- Cost for awards for Level 9 & 10 will be divided between Region and Meet Director. Level 8 is responsible for purchasing awards through the Regional Chairman.
- Meet Director receives entry fees, admissions, concessions, & other sales.
- Meet Director pays judges fees & expenses and any other expenses associated with meet (except ½ awards for Levels 9 & 10).
- Meet Director has responsibility to arrange for equipment contract for the meet and is responsible for this meet expense.
- Meet Director arranges for necessary skill cushion matting and score flashing equipment.
- Meet Director makes hotel arrangements and arrangements for judges transportation.
- Meet Director furnishes room accommodations for Regional officers acting in an official capacity at the meet (RACC, RTCC, RJOCC) - if not already covered as a judge or coach.
- An outside facility (other than a gymnastics business) must be used for JO Regional Meets (high school, college, convention center, city arena, etc.).
- The competitive gym area must accommodate 4 simultaneous events with proper distance and spacing requirements (refer to equipment section in R & P Book). There must be adequate seating for gymnasts and 4 judges per event.
- It is strongly recommended that a separate warm-up area be available. Equipment should be identical to competition equipment. (Floor may be a spring tumbling strip comparable to competition floor exercise mat).
- The spectator area must be adequate to accommodate the families and friends of 132 gymnasts per day. This includes adequate restroom facilities and parking.
- All equipment must meet the specifications as listed in the R & P Book.
- A separate meeting room adequate for 17 officials must be provided with TV & VCR.
- An area for changing clothes/leotards must be provided for the gymnasts.
- An EMT or equivalent personnel should be present at the site and a physician be on call should one be needed.
- Experienced computer scoring personnel is required with electronic score flashing.
- The facility must be air conditioned.
- The hotel should provide facilities and atmosphere conducive to athletes in a competitive situation.
- Facility must be available for open work-out on the day before competition begins.
- Competition fee of \$10.00 per gymnast must be paid to Region 8 USA Gymnastics.

BID NEEDED

Level 9 & 10 Regionals

April 16-19, 2009

BID FORM FOR REGION 8 USAG REGIONAL COMPETITIONS

Please read section on Regional Meet Bid Information

NAME OF COMPETITION _____ DATE _____

NAME OF HOST GROUP _____ HOW LARGE IS GROUP? _____

NAME OF MEET DIRECTOR _____ USAG # _____
(MUST HAVE MEET DIRECTOR CERTIFICATION)

ADDRESS _____

PHONE # (GYM) _____ (HOME) _____ E-MAIL: _____ @ _____

HOW MANY MEETS DID YOU CONDUCT IN THE LAST 2 YRS.? Inv. ____ Sect. ____ State ____ Reg. ____ Nat'l ____

WHAT WAS THE NUMBER OF ATTENDANCE AT YOUR LARGEST MEET? _____

HOW MANY MEETS DID YOU ATTEND IN THE PAST 2 YRS.? State ____ Reg. ____ Nat'l ____

FACILITY NAME _____

ADDRESS _____

SIZE OF COMPETITION AREA _____ SPECTATOR CAPACITY _____

NUMBER OF RESTROOMS: WOMEN ____ MEN ____ DRESSING ROOM FOR GYMNASTS: YES ____ NO ____

AIR CONDITIONED? YES ____ NO ____ SEPARATE MEETING ROOM FOR 17 JUDGES/OFFICIALS: YES ____ NO ____

DESCRIBE PARKING FACILITIES: _____

LENGTH OF VAULTING AREA (including runway, horse, mat area) _____

CLEARANCE DISTANCES: END OF VAULT MAT TO WALL _____ AROUND FX MAT _____

ENDS OF BEAM _____ ON BOTH SIDES (front & back) OF BARS _____

TYPE OF EQUIPMENT TO BE USED: (list manufacturer) _____

BAR SPREAD: MIN. ____ MAX. ____ TYPE OF RAILS _____

NO OF IDENTICAL WARM-UP EQUIPMENT: VAULT ____ BARS ____ BEAM ____ FLOOR ____

SEPARATE WARM-UP AREA? YES ____ NO ____ DIMENSIONS OF WARM-UP FACILITY _____

DISTANCE FROM WARM-UP AREA TO COMPETITIVE GYM _____

AMOUNT OF GATE TO BE CHARGED _____

WHAT TYPE OF EMERGENCY MEDICAL PERSONNEL AND SUPPLIES WILL BE AVAILABLE AT THE MEET SITE? _____

NEAREST AIRPORT(S) _____ DISTANCE FROM SITE _____

HOTEL ACCOMMODATIONS _____ COST _____ DISTANCE FROM SITE _____

*I certify that the above information is accurate. I agree to follow the guidelines as listed in the
USAG Women's Rules and Policies in the conduct of this meet.*

MEET DIRECTOR: _____ DATE: _____

MAIL ELITE BIDS TO: TONI RAND: 5950 NW 66 Way, Parkland, FL 33067 • (954) 755-1750 FAX
[You must mail a copy of your Elite Bids to Deb Kornegay]

MAIL JO BIDS TO: DEB KORNEGAY: 394 Stonebridge Road, Birmingham, AL 35210 • (205) 951-0184 FAX

DEADLINE FOR ELITE REGIONAL BIDS & JO REGIONAL BIDS MUST BE RECEIVED BY July 7, 2008

BID FORM FOR

2009 REGION 8 TRAINING CAMPS

July 24-26

Sept. 11-13

Oct. 2-4

Regional Team

National Team

Level 8, 9 & 10

Bid is for the site of the Camp. Region 8 Board will still organize and direct the event.

Site Coordinator is responsible for arranging host hotel and meals for gymnasts.

SITE COORDINATOR _____

ADDRESS _____

PHONE (gym) _____ (home) _____

Email: _____ @ _____

NAME OF FACILITY _____

ADDRESS _____

HAVE YOU ATTENDED A REGION 8 TRAINING CAMP? Yes No

LEVEL(S) ATTENDED: 8 & 9 9, 10 & Elite

SIZE OF FACILITY: _____

OF VAULTS _____ # OF VAULT RUNWAYS _____

OF BARS _____ # OF SINGLE BARS _____

OF BEAMS(high) _____ # OF BEAMS(low) _____

OF FULL FX MATS _____ # OF TUMBLING STRIPS _____

OF PITS _____ SIZE _____

LIST EQUIPMENT OVER PITS _____

IS THERE A SEPARATE DANCE AREA? Yes No SIZE _____ SURFACE _____

LIST OTHER EQUIPMENT/APPARATUS/GYM AREAS THAT COULD BE USEFUL FOR A TRAINING CAMP _____

AIRPORT _____ DISTANCE FROM SITE _____

NAME OF HOTEL _____ DISTANCE FROM SITE _____

ROOM RATE _____

PLEASE INCLUDE A DESCRIPTION AND DIAGRAM OF FACILITY LAYOUT FOR A TRAINING CAMP SET-UP;

DATE _____ SIGNATURE _____

RETURN TO: **DEB KORNEGAY**
394 Stonebridge Road
Birmingham, AL 35210
FAX 205-951-0184

DEADLINE FOR TRAINING CAMP BID MUST BE RECEIVED BY July 7, 2008

ORDER FORM

JO OPTIONAL & COMPULSORY RESOURCES

FOR COACHES AND JUDGES

Name _____

Shipping Address _____

City, State, ZIP _____

Phone _____ Email: _____ @ _____

QUANTITY	DESCRIPTION	UNIT PRICE	TOTAL PRICE
	BAR INDEX	\$ 3.00 each	
	COMPULSORY CARDS	\$ 12.00 set	
	OPTIONAL EVENT CHARTS	\$ 8.00 set	
	OMNI CARD	\$ 10.00 each	
	NCAA OMNI CARD	\$ 10.00 each	
	WALL CHARTS	\$ 20.00 set	
	RULES & POLICY TABS	\$ 5.00 set	
	COACHES PACKET - NO SHIPPING CHARGE	\$ 63.00 packet	
	JUDGES PACKET w/out flash cards - NO SHIPPING CHARGE	\$ 42.00 packet	
SHIPPING CHARGES:			
	\$20.01 - \$40.00 — \$9.00	SUB TOTAL	
Up to \$10.00 — \$4.00	\$40.01 - \$70.00 — \$10.00	SHIPPING	
\$10.01 - \$20.00 — \$6.00	\$70.01 and up — \$14.00	TOTAL	

PLEASE PAY BY MONEY ORDER OR CHECK NO CREDIT CARDS

Make all checks payable to: GYMNASTICS EVENTS
 email: DebGK@Bellsouth.net • phone/fax (205) 951-0184

Mail to: Debby Kornegay
 394 Stonebridge Road • Birmingham, AL 35210-4111

COACHES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
 Wall Charts
Cost Including Shipping
\$63.00

JUDGES PACKET
 Bar Index
 Compulsory Cards
 Optional Event Charts
 Omni Card
Cost Including Shipping
\$42.00

Updated from May, 2007 WTC/JO Meeting

JO OPTIONAL & COMPULSORY RESOURCES

For Coaches & Judges

<p>BAR INDEX UPDATED</p>	<p>A list of bar elements in alphabetical order for JO value, element number, and Code of Points page number.</p>	<p>\$3.00</p>
<p>COMPULSORY CARDS UPDATED</p>	<p>Compulsory deductions at your finger tips for all SIX LEVELS. These sets are 8½ x 11 in full color — coded by event. Eleven full size cards.</p>	<p>\$12.00 SET PRICE</p>
<p>FLASH CARDS Not Available at this time</p>	<p>Business Card size - these two sided cards have every element from the new JO Code of Points and Updates for Bars, Beam and Floor. One side has word description and shorthand symbol and the other side gives code reference number with JO value. Great study aid for testing judges and quick reference for coaches. Packaged in their own box for easy handling and color coded by event.</p>	<p>\$25.00 SET PRICE</p>
<p>OMNI CARD UPDATED</p>	<p>You have to see it to believe it! One card with Levels 7-10 covering Vault, Bars, Beam, Floor and General deductions, special connection bonus, special requirements, range, compositional faults, specific apparatus deductions and composition requirements. Also value part, start value and bonus requirements and restrictions for all Levels.</p>	<p>\$10.00</p>
<p>NCAA OMNI CARD UPDATED</p>	<p>Same as above but with NCAA requirements.</p>	<p>\$10.00</p>
<p>OPTIONAL EVENT CHARTS UPDATED</p>	<p>For easy reference of Value Parts - these charts for BARS, BEAM and FLOOR are great to use for that quick element value part check while judging. These charts list value parts in ENGLISH and judges shorthand and each value part letter is printed in its own color for rapid identification. Four full size cards.</p>	<p>\$8.00 SET PRICE</p>
<p>RULES & POLICY TABS</p>	<p>Preprinted tabs for your Rules and; Policies.</p>	<p>\$5.00 SET PRICE</p>
<p>WALL CHARTS UPDATED</p>	<p>Easy reference of Value Parts. Now in full color like the code size charts but enlarged to 11 x 17 to hang on the gym wall. These skills are written out in ENGLISH as well as shorthand symbol.</p>	<p>\$20.00 SET PRICE</p>

CONTACT: DEBBY KORNEGAY

394 Stonebridge Road Birmingham, AL 35210-4111

(205) 951-0184 Phone & Fax

email: DebGK@Bellsouth.net

Order online @ www.demcards.com



Team Gymnastics Camp

L's 4-Elite // June 26-29, 2008



The Tampa Bay Turners team gymnastics camp is designed to provide a very high level of instruction in a fun, enthusiastic and positive environment. We are confident that with the facilities provided and the incredible staff that we have assembled, this camp will give every attending athlete the opportunity to improve their gymnastics skill level.

Turners Team Camp is personally run by Region 8 J.O. Chairman and TBT Owner and Head Coach Brad Harris in their 25,000 square foot, state of the art Junior Olympic National Team Training Center. It has two full floor exercise areas, in-ground pit access on every event, an in-ground trampoline, a 40 foot Tumble-Trak and an indoor pool. If parents wish to watch camp in progress we also have a very comfortable observation area. TBT is also fully air conditioned.

Coaches Interested in bringing athletes or working the camp should contact Brad Harris at TBT (727) 328-8500 - E-MAIL: Tbayturnrs@aol.com - WEB: www.tampabayturners.com

CAMP FEES

Commuter Camp

(Levels 4-Elite) \$260.00

Includes camp and lunch Thurs.—Sat.

Commuter Camp + Sleepover

(L's 4-Elite) \$285.00

Includes camp and lunch Thurs.—Sat.

+ 6/28 Sleepover and Pizza Party

Overnight Camp

(Levels 7—Elite) \$400.00

Fee includes camp, housing, activities, and all meals Thursday through Sunday.

Dreamlight Activewear
WOMEN'S COMPETITIVE WEAR 2005

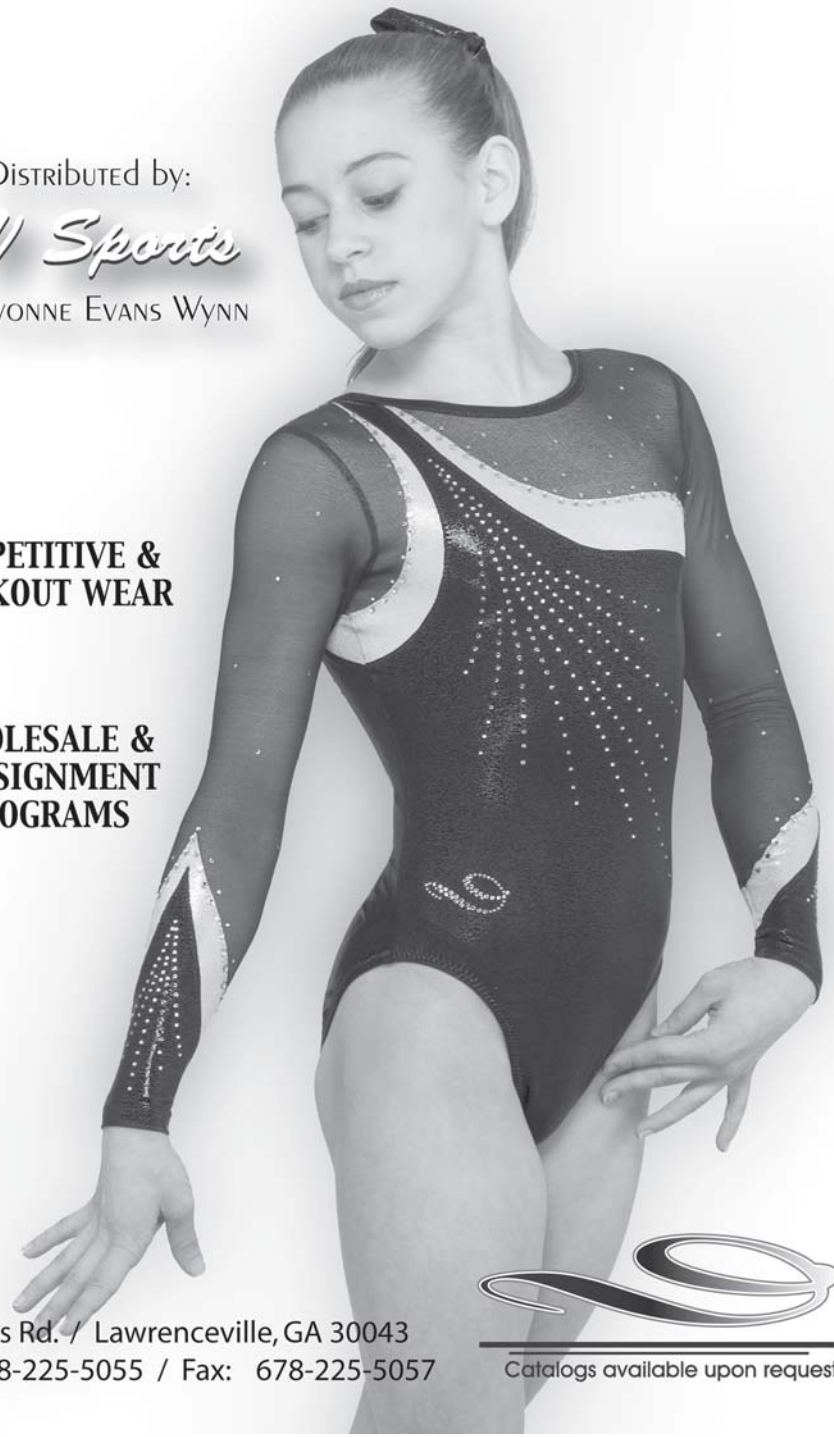
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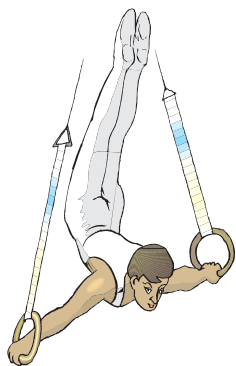
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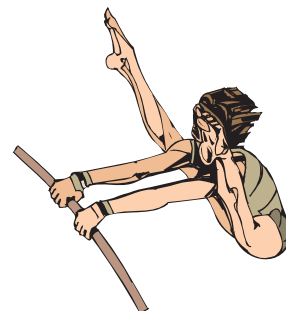
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